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ABSTRAK

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Gambaran Pengetahuan Perawat dalam Penerapan ABCDEF *Bundle* di *Intensive Care Unit* (ICU)

xxi + 278 halaman + 18 tabel + 3 gambar + 23 lampiran

ABCDEF *Bundle* (A, *Assess, prevent dan manage pain*; B, *Both Spontaneous Awakening and Spontaneous Breathing Trials* [SATs/SBTs]; C, *Choice of Analgesia and Sedation*; D, *Delirium, Assess, Prevent and Manage*; E, *Early mobility and exercise*; and F, *Family engagement and empowerment*) adalah sebuah panduan pemantauan pasien di ICU. Panduan ini digunakan untuk mengintegrasikan pengkajian, pencegahan dan penanganan nyeri, agitasi dan delirium, memfasilitasi program *weaning* ventilator, program mobilisasi dini dan latihan, dan melibatkan serta memberdayakan anggota keluarga dalam perawatan pasien di *Intensive Care Unit* (ICU). Tujuan penelitian ini adalah menjelaskan gambaran pengetahuan perawat dalam penerapan ABCDEF *Bundle* di ICU. Desain penelitian ini adalah deskriptif survei dengan pendekatan *cross-sectional*. Kuesioner ABCDEF *Bundle* berisi 38 item pertanyaan, telah melewati tahap uji validitas dan reliabilitas dengan hasil 0,950. Teknik sampling menggunakan total sampling, dengan jumlah responden 61 perawat yang berdinis di ICU RSPI Sulianti Saroso, Jakarta. Penelitian ini menggunakan analisis univariat. Hasil penelitian menunjukkan pengetahuan perawat dalam penerapan ABCDEF *Bundle* 9,8% memiliki pengetahuan baik, 18% cukup baik dan 72,2% memiliki pengetahuan kurang baik. Pengetahuan tertinggi 45,9% pada elemen A, 42,6% pada elemen E, 24,6% pada elemen B, 11,5% pada elemen C, 9,8% pada elemen F, dan 6,6% pada elemen D. Kesimpulan: Sebagian besar perawat memiliki pengetahuan yang rendah, dikarenakan belum adanya informasi dan kebijakan penerapan ABCDEF *Bundle* di ICU. Diperlukan peningkatan pengetahuan tentang ABCDEF *bundle*, maka perawat perlu mengikuti seminar/*workshop*, kebijakan penerapan *bundle* dalam bentuk SOP, penambahan materi pada pelatihan ICU dasar dan kurikulum pendidikan, serta penyediaan sarana penunjang di Rumah Sakit.

Kata kunci: Perawat, ABCDEF *Bundle*, pengetahuan.

Daftar pustaka: 71 (2001-2020)

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ABSTRACT

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Description of Nurses' Knowledge Regarding Implementation of ABCDEF Bundle in Intensive Care Unit (ICU)

xxi + 278 pages + 18 tables + 3 pictures + 23 attachments

ABCDEF Bundle (A, Assess, prevent and manage pain; B, Both Spontaneous Awakening and Spontaneous Breathing Trials [SATs/SBTs]; C, Choice of Analgesia and Sedation; D, Delirium, Assess, Prevent and Manage; E, Early mobility and exercise; and F, Family engagement and empowerment) a guide to monitoring patients in the ICU. This guide is used to integrate assessment, prevention and management of pain, agitation and delirium, facilitate weaning ventilator programs, early mobilization and exercise programs, and involve and empower family members in patient care in the Intensive Care Unit (ICU). The purpose of this study was to explain the description of nurses' knowledge in the implementation of the ABCDEF Bundle in the ICU. The design of this research was a descriptive survey with cross-sectional approach. This research used ABCDEF Bundle questionnaire which contained 38 question items and has passed the validity and reliability test phase with a result of 0.950. The sampling technique used total sampling, with the number of respondents were 61 nurses working in ICU of Sulianti Saroso Hospital, Jakarta. This study used univariate analysis. The results showed that nurses' knowledge in implementing ABCDEF Bundle 9.8% had good knowledge, 18% was quite good and 72.2% had poor knowledge. The highest knowledge were 45.9% on element A, 42.6% on element E, 24.6% on element B, 11.5% on element C, 9.8% on element F, and 6.6% on element D Conclusion: Most nurses have low knowledge, due to the lack of information and policies on the implementation of the ABCDEF bundle in the ICU. So, it is necessary to increase knowledge about the ABCDEF Bundle, so nurses need to attend seminars/workshops, policies for implementing bundles in the form of SOPs, adding material to basic ICU training and educational curricula, as well as providing supporting facilities in hospitals.

Keywords: Nurse, ABCDEF Bundle, Knowledge.

References: 71 (2001-2020).