

DEPARTEMEN ILMU KEPERAWATAN

FAKULTAS KEDOKTERAN

UNIVERSITAS DIPONEGORO

JUNI, 2022

ABSTRAK

M. Fikky Hafidz Kalamulloh

KAJIAN LITERATUR : *SELF MANAGEMENT* PADA PASIEN STROKE

xii + 58 Halaman + 2 Gambar + 4 Tabel + 1 Lampiran

Latar Belakang: Stroke merupakan penyakit yang menyerang pada neurologis secara mendadak. Stroke berulang dapat dicegah dengan memaksimalkan *self management* individu. *Self management* penting dilakukan bagi pasien stroke. **Tujuan:** Kajian literatur ini bertujuan untuk menganalisis artikel terkait jenis-jenis *Self management* pada pasien stroke. **Metode:** Metode dalam penelitian ini adalah kajian literatur dengan mengidentifikasi artikel terkait *self management* pada pasien stroke melalui Science direct, ProQuest, EBSCO Host, Spinger Link dan Pubmed dengan kata kunci *self management* dan *stroke* atau *stroke self-management*. Temuan berjumlah 10 artikel dalam bahasa Inggris tahun publikasi 2013-2022 dengan responden dalam artikel adalah pasien stroke. Artikel dianalisis dan disintesis dalam bentuk matriks sehingga didapatkan beberapa jenis *self management* yang diberikan sehingga memberi dampak pada pasien stroke. **Hasil:** Berdasarkan 10 artikel yang telah dilakukan *review* terdapat beberapa jenis intervensi *self management* yang memberikan peningkatan terhadap *self management* pada pasien stroke. **Kesimpulan:** Penelitian ini menyimpulkan bahwa adanya berbagai macam jenis intervensi *self management* yang diberikan dapat memberikan dampak yang lebih baik pada pasien stroke.

Kata Kunci : *self management, stroke, stroke self-management*

Daftar Pustaka : 37 (2009 – 2022)

DEPARTMENT OF NURSING
FACULTY OF MEDICINE
DIPONEGORO UNIVERSITY
JUNE, 2022

ABSTRACT

M. Fikky Hafidz Kalamulloh

Literature Review : Self Management of Patient with stroke

xii + 58 pages + 2 pictures + 4 Tables + 1 attachments

Background: Stroke is a disease that attacks the neurological suddenly. Recurrent stroke can be prevented by maximizing individual self-management. Self management is important for stroke patients. ***Purpose:*** This literature review aimed to analyze articles related to the types of self management in stroke patients. ***Methods:*** The method in this study is a literature review by identifying articles related to self management in stroke patients through Science direct, ProQuest, EBSCO Host, Spinger Link and Pubmed with the keywords self management and stroke or stroke self-management. The findings are 10 articles in English for the 2013-2022 publication year, with the respondents in the articles being stroke patients. Articles were analyzed and synthesized in the form of a matrix so that several types of self-management were obtained so that they had an impact on stroke patients. ***Results:*** Based on 10 articles that have been reviewed, there are several types of self-management interventions that provide an increase in self-management in stroke patients. ***Conclusion:*** This study concludes that the various types of self-management interventions provided can have a better impact on stroke patients.

Keywords : stroke, self management, stroke self-management

Bibliography : 37 (2009-2022)