

Hubungan Antara *Future Work Self* Dengan Adaptabilitas Karir (*Career Adaptability*) Pada Mahasiswa Peserta Program Magang Merdeka Kampus

Merdeka

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *future work self* dengan adaptabilitas karir pada mahasiswa peserta program Magang Merdeka Kampus Merdeka. Salah satu aspek terpenting dalam karir adalah adaptabilitas karir. Adaptabilitas karir pada mahasiswa terutama mahasiswa magang berperan penting agar mahasiswa mampu memprediksi dan menghadapi halangan, tantangan, serta rintangan yang berkaitan dengan karir. Hipotesis yang diajukan peneliti yaitu terdapat hubungan yang positif dan signifikan antara *future work self* dengan adaptabilitas karir pada Mahasiswa peserta program Magang Merdeka Kampus Merdeka. Populasi dalam penelitian ini adalah Mahasiswa peserta program Magang Merdeka Kampus Merdeka, jumlah subjek penelitian adalah 200 Mahasiswa peserta program Magang Merdeka Kampus Merdeka. Teknik pengambilan sampel menggunakan teknik *purposive sampling*. Alat ukur yang digunakan yaitu Skala *Future Work Self* (24 aitem, $\alpha=0.926$) dan Skala Adaptabilitas karir (23 aitem, $\alpha=0.919$). Metode analisis data yang digunakan adalah analisis korelasi Spearman. Hasil analisis menunjukkan koefisien korelasi 0,502 dengan tingkat signifikansi korelasi $p=0,000$ ($p<0,05$), yang menunjukkan bahwa terdapat hubungan yang positif dan signifikan antara *future work self* dengan adaptabilitas karir pada Mahasiswa peserta program Magang Merdeka Kampus Merdeka. Artinya semakin tinggi *future work self* maka diikuti dengan semakin tinggi pula adaptabilitas karir pada Mahasiswa peserta program Magang Merdeka Kampus Merdeka.

Kata kunci: Adaptabilitas karir, *future work self*, Mahasiswa, Magang Merdeka Kampus Merdeka

**Correlation Between Future Work Self And Career Adaptability In
University Students Participating In The Magang Merdeka Kampus
Merdeka Program**

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ABSTRACT

This study aims to determine the relationship between future work self and career adaptability in university students participating in the Magang Merdeka Kampus Merdeka program. One of the most important aspects of a career is career adaptability. Career adaptability for university students, plays an important role so that students are able to predict and face obstacles and challenges related to careers. The hypothesis proposed by the researcher is that there is significant positive relationship between future work self and career adaptability in university students participating in the Magang Merdeka Kampus Merdeka program. The population in this study were University students participating in the Magang Merdeka Kampus Merdeka program, the number of research subjects was 200 university students participating in the Magang Merdeka Kampus Merdeka program. The sampling technique used purposive sampling technique. The measuring instrument used is the Future Work Self Scale (24 items, $\alpha = 0.926$) and the Career Adaptability Scale (23 items, $\alpha = 0.919$). The data analysis method used is Spearman correlation analysis. The results of the analysis show a correlation coefficient of 0.502 with a correlation significance level of $p = 0.000$ ($p < 0.05$), which indicates that there is a positive and significant relationship between future work self and career adaptability in students participating in the Merdeka Campus Internship program. This means that the higher the future work self, the higher the career adaptability of students participating in the Magang Merdeka Kampus Merdeka program.

Keywords: Career Adaptability, Future work self, University student, Magang Merdeka Kampus Merdeka