

**HUBUNGAN ANTARA DUKUNGAN SUAMI DENGAN  
PSYCHOLOGICAL WELL-BEING DI MASA PANDEMI COVID-19  
PADA PERAWAT DI RSUD KOTA SALATIGA**

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**ABSTRAK**

Kemunculan virus bernama *Severe Acute Respiratory Syndrome Coronavirus 2* (SARS-CoV-2) yang sering dikenal dengan nama COVID-19 melanda Indonesia. Setiap hari kasus COVID-19 di Indonesia terus meningkat. Peningkatan kasus COVID-19 dapat memicu timbulnya gangguan kesehatan mental pada petugas kesehatan. Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan suami dengan *psychological well-being* di masa pandemi COVID-19 pada perawat. Sampel penelitian ini adalah perawat wanita RSUD Kota Salatiga yang berjumlah 78 orang. Sampel sebanyak 78 orang yang diperoleh dengan menggunakan teknik *convenience sampling*. Data diperoleh dengan menggunakan Skala Dukungan Suami (48 aitem valid,  $\alpha = 0,989$ ) dan Skala *Psychological Well-Being* (48 aitem valid,  $\alpha = 0,983$ ). Hasil analisis regresi sederhana yang dilakukan menunjukkan adanya hubungan positif yang signifikan antara dukungan suami dengan *psychological well-being* ( $r_{xy} = 0,785$ ;  $p < 0,05$ ), yang artinya semakin tinggi dukungan suami yang dimiliki, maka semakin tinggi *psychological well-being*. Begitu pula sebaliknya, semakin rendah dukungan suami maka semakin rendah pula *psychological well-being* pada di masa pandemi COVID-19 pada perawat di RSUD Kota Salatiga.

**Kata kunci:** dukungan suami, *psychological well-being*, perawat, COVID-19

**THE CORRELATION BETWEEN HUSBAND SUPPORT AND  
PSYCHOLOGICAL WELL – BEING DURING THE COVID-19  
PANDEMIC ON RSUD KOTA SALATIGA**

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**ABSTRACT**

The emergence of a virus called Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) which is often known as COVID-19 hit Indonesia. Every day the case of COVID-19 in Indonesia continues to increase. An increase in COVID-19 cases can trigger mental health problems for health workers. This study aims to determine the correlation between husband's support and psychological well-being during the COVID-19 pandemic in nurses. The sample of this study were female nurses at the RSUD Kota Salatiga, with total number 78 people. The sample of 78 people was collected using convenience sampling technique. The data were collected using the Husband's Support Scale (48 valid items,  $\alpha = 0.989$ ) and the Psychological Well-Being scale (48 valid items,  $\alpha = 0.983$ ). The results of the simple regression analysis showed that there was a significant positive relationship between husband's support and psychological well-being ( $r_{xy} = 0.785$ ;  $p < 0.05$ ), which means that the higher of husband's support, so the psychological well-being higher too. Vice versa, the lower the husband's support, so the psychological well-being lower too during the covid-19 pandemic on RSUD Kota Salatiga.

**Keywords:** husband's support, psychological well-being, nurse, COVID-19