

**GAMBARAN *REMARRIAGE* PADA WANITA YANG PERNAH
DISELINGKUHI DALAM PERNIKAHAN: SEBUAH *INTERPRETATIVE
PHENOMENOLOGICAL ANALYSIS***

Wasudin

Fakultas Psikologi Universitas Diponegoro

wasudinudin10@gmail.com

Abstrak

Perselingkuhan merupakan tindakan menyimpang sebagai bentuk pengkhianatan dalam ikatan pernikahan. Wanita yang pernah diselingkuhi dalam pernikahan akan mengalami ketakutan untuk menikah kembali dan memilih hidup menjanda, namun beberapa wanita membuka hatinya untuk menikah kembali. Menikah kembali atau *remarriage* adalah proses mengikat hubungan suami istri dalam pernikahan dengan pasangan baru yang sebelumnya telah melakukan pernikahan. Penelitian ini bertujuan untuk memahami gambaran pernikahan kembali pada wanita yang sebelumnya bercerai karena diselingkuhi. Sampling purposif digunakan dalam memilih partisipan penelitian sebanyak tiga orang berusia 30-45 tahun. Wawancara dilakukan secara semi-terstruktur. Transkrip wawancara kemudian dianalisis menggunakan teknik *Interpretative Phenomenological Analysis* (IPA). Hasil penelitian menemukan tiga tema induk yaitu kondisi internal diri, kondisi eksternal diri, dan gambaran *remarriage*. Proses menemukan gambaran dalam *remarriage* terdiri dari sembilan tema superordinat yang mencakup (1) luka masa lalu, (2) konsep diri, (3) persepsi positif terhadap suami, (4) keputusan melakukan *remarriage*, (5) pandangan terhadap *remarriage* (6) harapan pasca *remarriage*, (7) pembelajaran hidup, dan (8) kesuksesan pernikahan, dan (9) keadilan Tuhan.

Kata kunci: *remarriage*, selingkuh, pernikahan.

**DESCRIPTION OF REMARRIAGE IN WOMEN WHO HAVE BEEN
AFRAID IN MARRIAGE: AN INTERPRETATIVE
PHENOMENOLOGICAL ANALYSIS**

Wasudin

Faculty of Psychology, Diponegoro University

wasudinudin10@gmail.com

Abstract

Infidelity is a deviant act as a form of betrayal in the marriage bond. Women who have been cheated on in marriage will experience the fear of remarrying and choose to live as a widow, but some women open their hearts to remarry. Remarriage or remarriage is the process of binding a husband-and-wife relationship in marriage with a new partner who has previously been married. This study aims to understand the description of remarriage in women who previously divorced because of an affair. Purposive sampling was used in selecting research participants as many as three people aged 30-45 years. Interviews were conducted in a semi-structured manner. The interview transcripts were then analyzed using the Interpretative Phenomenological Analysis (IPA) technique. The results of the study found three main themes, namely the internal condition of the self, the external condition of the self, and the picture of remarriage. The process of finding a picture in remarriage consists of nine superordinate themes which include (1) past injuries, (2) self-concept, (3) positive perception of husband, (4) decision to remarriage, (5) views on remarriage (6) expectations post remarriage, (7) life learning, and (8) marital success, and (9) God's justice.

Keywords: remarriage, cheating, marriage.