

## DAFTAR PUSTAKA

1. Frenkel LD. The global burden of vaccine-preventable infectious diseases in children less than 5 years of age: implications for COVID-19 vaccination. how can we do better? *Allergy and Asthma Proceedings* [Internet]. 2021 Sep 1;42(5):378–85. Available from: <https://doi.org/10.2500/aap.2021.42.210065>
2. Anisykurlillah R, Supit P. Evaluasi pembangunan kesehatan dalam upaya penurunan angka kematian ibu dan bayi di kabupaten malang. *Journal Publicuho* [Internet]. 2023 Apr 11;6(1):257–66. Available from: <https://doi.org/10.35817/publicuho.v6i1.116>
3. Ikawati B, Ramadhani T. Pencapaian target angka kematian neonatus dan bayi dalam program kesehatan ibu dan anak (KIA) dan langkah strategis selanjutnya. *Jurnal Kebijakan Kesehatan Indonesia* [Internet]. 2022 Mar 31;11(1):68–78. Available from: <https://doi.org/10.22146/jkki.68782>
4. World Health Organization. World Health Statistic 2025 monitoring health for SDGs, Sustainable Development Goals [Internet]. 2025. 38 p. Available from: <https://www.who.int/publications/b/78420>
5. UNICEF. Under-five mortality. UNICEF Data [Internet]. 2025; Available from: <https://data.who.int/indicators/i/E3CAF2B/2322814?m49=360>
6. Hasan M, The F. Analisis deskriptif ISPA pada anak dan balita di Pulau Moti. *Techno: Jurnal Penelitian* [Internet]. 2020 Jun 1;9(1):382. Available from: <https://doi.org/10.33387/tjp.v9i1.1654>
7. Kementerian Kesehatan Badan Kebijakan Pembangunan Kesehatan. Survei Kesehatan Indonesia (SKI) dalam angka data akurat kebijakan tepat [Internet]. Kemenkes Badan Kebijakan Pembangunan Kesehatan. 2023. Available from: <https://www.badankebijakan.kemkes.go.id/ski-2023-dalam-angka/>
8. Portal Data Jawa Tengah. Proporsi kasus pneumonia dan ISPA pada balita tahun 2023 [Internet]. 2024. Available from: <https://data.jatengprov.go.id/dataset/proporsi-kasus-pneumonia-dan-ispa->

pada-balita-tahun-2023

9. Dinas Kesehatan Kota Semarang. Profil kesehatan Kota Semarang 2024. Dinas Kesehatan Kota Semarang [Internet]. 2024; Available from: <https://pustakadata.semarangkota.go.id/public/upload/pdf/469-buku-profil-kesehatan-tahun-2024.pdf>
10. Dinas Kesehatan Kota. Profil kesehatan Kota Semarang [Internet]. Dinas Kesehatan Kota Semarang. 2023. Available from: <https://profil-kesehatan.dinkes.semarangkota.go.id/>
11. Localisade SDGs. Sustainable development goals [Internet]. Localisade SDGs Indonesia. 2025. Available from: <https://localisesdgs-indonesia.org/17-sdgs>
12. Abainpah M, Sir A, Riwu Y. Analisis faktor risiko kejadian ISPA pada balita di wilayah kerja Puskesmas Kapan. SEHATMAS: Jurnal Ilmiah Kesehatan Masyarakat [Internet]. 2025 Apr 20;4(2):342–53. Available from: <https://doi.org/10.55123/sehatmas.v4i2.4373>
13. Oktafani AM, Utami IT, Kartikasari P. Optimasi backward elimination pada klasifikasi penyakit ISPA menggunakan algoritma naive bayes classifier. Jurnal Gaussian [Internet]. 2025 Feb 14;14(1):23–30. Available from: <https://doi.org/10.14710/j.gauss.14.1.23-30>
14. Suciati S. Pemberdayaan keluarga dalam terapi batuk pilek tanpa obat pada anak. JANITA : Jurnal Pengabdian Kepada Masyarakat [Internet]. 2023 Feb 25;2(2):51–5. Available from: <https://doi.org/10.36563/pengabdian.v2i2.581>
15. Sapsford T, Dawson B, Anderson D. Approach to paediatric nasal obstruction. Australian Journal of General Practice [Internet]. 2022 Oct 1;51(10):787–91. Available from: <https://doi.org/10.31128/AJGP-12-21-6256>
16. Núñez C, Chiatti MC, Tansella F, Coronel-Rodríguez C, Risco E. Efficacy and tolerability of SEDIFLÙ in treating dry or productive cough in the pediatric population (SEPEDIA): A pilot, randomized, double-blind, placebo-controlled, multicenter clinical trial. Clinical Pediatrics [Internet].

- 2024 Nov 7;63(11):1510–9. Available from: <https://doi.org/10.1177/00099228241228074>
17. Milani GP, Alberti I, Bonetti A, Garattini S, Corsello A, Marchisio P, et al. Definition and assessment of fever-related discomfort in pediatric literature: a systematic review. *European Journal of Pediatrics* [Internet]. 2024;183(11):4969–79. Available from: <https://doi.org/10.1007/s00431-024-05753-7>
  18. Lasselin J, Ingre M, Regenbogen C, Olsson MJ, Garke M, Brytting M, et al. Sleep during naturally occurring respiratory infections: A pilot study. *Brain, Behavior, and Immunity* [Internet]. 2019 Jul;79(January):236–43. Available from: <https://doi.org/10.1016/j.bbi.2019.02.006>
  19. Mohinur A, Farida D, Dildora M, Dildora S. Benefits of sleep. *Internasional Scientific Journal* [Internet]. 2025;4(4):780–9. Available from: <https://doi.org/10.5281/zenodo.15208777>
  20. Li E. The effects of sleep on human physiology and its regulation. *Highlights in Science, Engineering and Technology* [Internet]. 2023 Dec 29;80:111–5. Available from: <https://doi.org/10.54097/2vtc5641>
  21. Suryati S, Oktavianto E. Hubungan kualitas tidur dengan perkembangan bayi usia 3-10 bulan. *Health Sciences and Pharmacy Journal* [Internet]. 2021 Feb 18;4(2):33–40. Available from: <https://doi.org/10.32504/hspj.v4i2.211211>
  22. Liu J, Ji X, Rovit E, Pitt S, Lipman T. Childhood sleep: assessments, risk factors, and potential mechanisms. *World Journal of Pediatrics* [Internet]. 2024;20(2):105–21. Available from: <https://doi.org/10.1007/s12519-022-00628-z>
  23. Garbarino S, Lanteri P, Bragazzi NL, Magnavita N, Scoditti E. Role of sleep deprivation in immune-related disease risk and outcomes. *Communications Biology* [Internet]. 2021 Nov 18;4(1):1304. Available from: <https://doi.org/10.1038/s42003-021-02825-4>
  24. Siregar K, Savitri M, Sari F, Nuraini. Efektivitas pijat bayi dengan aroma terapi peppermint terhadap gejala ISPA pada balita. *Jurnal Penelitian Keperawatan Kontemporer* [Internet]. 2025 Jul 31;5(4). Available from:

<https://doi.org/10.59894/jpkk.v5i4.1033>

25. Zhao XS, Yan JL, Wu B, Zheng D, Fang X, Xu W. Sleep cycle in children with severe acute bronchopneumonia during mechanical ventilation at different depths of sedation. *BMC Pediatrics*. 2022;22(1):1–10.
26. Liu Z, Li M, Lv J, Wang Y, Yang D, Gao L, et al. Impact of COVID-19 infection on the sleep of infants and toddlers. *BMC Pediatrics* [Internet]. 2025 Sep 24;25(1):689. Available from: <https://doi.org/10.1186/s12887-025-05841-z>
27. Gutierrez MJ, Nino G, Landeo-Gutierrez JS, Weiss MR, Preciado DA, Hong X, et al. Lower respiratory tract infections in early life are associated with obstructive sleep apnea diagnosis during childhood in a large birth cohort. *Sleep* [Internet]. 2021 Dec 10;44(12):1–10. Available from: <https://academic.oup.com/sleep/article/doi/10.1093/sleep/zsab198/6370190>
28. Guo Y, Zhang X, Liu F, Li L, Zhao D, Qian J. Relationship between Poorly Controlled Asthma and Sleep-Related Breathing Disorders in Children with Asthma: A Two-Center Study. *Canadian Respiratory Journal*. 2021;2021.
29. Ma Y, Tang J, Wen Y, Hu Y, Liang J, Jiang L, et al. Associations of sleep problems with asthma and allergic rhinitis among Chinese preschoolers. *Scientific Reports* [Internet]. 2022;12(1):1–8. Available from: <https://doi.org/10.1038/s41598-022-12207-3>
30. Thalia Natasha, Sari Mariyati Dewi Nataprawira, Susy Olivia Lontoh. Kualitas tidur dan gejala gangguan saluran pernapasan atas pada mahasiswa kedokteran Universitas Tarumanagara angkatan 2019-2020. *Tarumanagara Medical Journal* [Internet]. 2023 Oct 31;5(2):384–9. Available from: <https://journal.untar.ac.id/index.php/tmj/article/view/25276>
31. Badan Pusat Statistik Kota Semarang. Luas wilayah, jumlah penduduk, dan kepadatan penduduk (jiwa/km<sup>2</sup>), 2023 [Internet]. 2024. Available from: <https://semarangkota.bps.go.id/id/statistics-table/2/NDgjMg==/kepadatan-penduduk.html>
32. Putri SP. Faktor risiko kejadian pneumonia pada balita di Sumatera Barat. 2025;9. Available from: <http://scholar.unand.ac.id/id/eprint/510104>

33. Kemenkes RI. Bayi dan Balita < 5 [Internet]. Ayo Sehat Kemenkes. 2023. Available from: <https://ayosehat.kemkes.go.id/kategori-usia/bayi-dan-balita%0A>
34. Abubakar ML, Hafisah, Ismayanty D, Ernita, Sarliana, Apriyanti I, et al. Asuhan neonatus dan bayi. Rahmawati, editor. Cilacap: Media Pustaka Indo; 2024. 212 p.
35. Aisyaroh N, Fadhilah N, Fajri NF, Nisa U, Maulida K, Lestari FA, et al. Pelatihan pengisian KMS pada kader posyandu balita sebagai upaya optimalisasi pemantauan tumbuh kembang balita. *Community Empowerment Journal* [Internet]. 2023 Dec 18;1(4):143–50. Available from: <https://doi.org/10.61251/cej.v1i4.29>
36. Nurmalasari R, Qudus A. Karakteristik perkembangan anak usia 1-5 tahun pada anak usia dini. *Reslaj : Religion Education Social Laa Roiba Journal* [Internet]. 2024;6:5867–78. Available from: <https://doi.org/10.47476/reslaj.v6i6.2735>
37. Calista R, Ayubi D. Faktor-faktor yang berkaitan dengan status gizi balita di masa pandemi tinjauan literatur sistematis. *NERSMID : Jurnal Keperawatan dan Kebidanan* [Internet]. 2023 May 30;6(1):40–59. Available from: <https://doi.org/10.55173/nersmid.v6i1.143>
38. Rosidi I, Rajia R. Optimalisasi gizi dan kesehatan dalam periode emas 1000 hari pertama kehidupan. *Abdimas Polsaka* [Internet]. 2022 Sep 2;1(2):73–8. Available from: <https://doi.org/10.35816/abdimpolsaka.v1i2.21>
39. Widyandika R, Suwanti I. Studi korelasi status gizi dengan tingkat keparahan ISPA pada balita. *Jurnal Pengembangan Ilmu dan Praktik Kesehatan* [Internet]. 2025;4(2). Available from: <https://doi.org/10.56586/pipk.v4i2.457>
40. Pop-Jordanova N. Identification and management of child development - practice parameters. *Archives of Public Health* [Internet]. 2022 Jun 23;14(1):1–9. Available from: <https://doi.org/10.3889/aph.2022.6040>
41. Surury I, Azizah M, Prastiwi ND. Spatial analysis of acute respiratory infection (ARI) based on the air pollution standard index (PSI) at DKI

- Jakarta Region in 2018-2019. *Jurnal Kesehatan Lingkungan* [Internet]. 2022 Apr 28;14(2):90–8. Available from: <https://doi.org/10.20473/jkl.v14i2.2022.90-98>
42. Simanjuntak J, Santoso E, Studi P, Informatika T, Komputer FI, Brawijaya U. Klasifikasi penyakit infeksi saluran pernapasan akut ( ISPA ) dengan menerapkan metode fuzzy k-nearest neighbor. 2021;5(11):5023–9. Available from: <http://j-ptiik.ub.ac.id>
  43. Suparti S. Analysis of the phenomenon of acute respiratory infection (ARI) in children under five at the Boyolali Regency Regional Health Center. *Contagion: Scientific Periodical Journal of Public Health and Coastal Health* [Internet]. 2025 Jul 28;7(2):1. Available from: <https://doi.org/10.30829/contagion.v7i2.24819>
  44. Indra I, Mahdang P, Setyawan D, Tarnoto K, Rosyida R, Sunarto, et al. *Epidemiologi penyakit menular: epidemiologi penyakit menular ISPA*. 1st ed. Penerbit Tahta Media Group; 2022.
  45. Erlin T. *Penyakit saluran pernapasan*. Sunda Kepala Pustaka; 2018.
  46. Desouza J, Patil M, Thomas I, Desouza J. Current clinical profiles of acute respiratory tract infections in children between 2 months to 5 years. *International Journal of Contemporary Pediatrics* [Internet]. 2024 Jan 25;11(2):152–6. Available from: <https://doi.org/10.18203/2349-3291.ijcp20240089>
  47. Widyawati W, Hidayah D, Andarini I. Hubungan status gizi dengan angka kejadian infeksi saluran pernapasan akut (ISPA) pada balita usia 1-5 tahun di Surakarta. *Smart Medical Journal* [Internet]. 2020 Dec 28;3(2):59. Available from: <https://doi.org/10.13057/smj.v3i2.35649>
  48. Aghadiati F. Relationship of nutritional status with acute respiratory infection incidence in toddlers. *Journal of Applied Food and Nutrition* [Internet]. 2022 Nov 20;3(1):30–5. Available from: <https://doi.org/10.17509/jafn.v3i1.48287>
  49. Wahyuni F, Mariati U, Zuriati TS. Hubungan pemberian asi eksklusif dan kelengkapan imunisasi dengan kejadian ISPA pada anak usia 12-24 bulan.

- Jurnal Ilmu Keperawatan Anak. 2020;3(1):9.
50. Ginting JB, Anggraini N, Syukriyah Syaputri Pasaribu B, Nur R, Buenita B. Dominant risk factors for the incidence of “acute respiratory infection” “ARI” in toddlers. *Jurnal Berkala Epidemiologi*. 2024;12(2):173–81.
  51. Prihandani OR, Fatmawati J, Ratnaningrum K. Hubungan pola pengasuhan dan sikap orangtua dengan kejadian infeksi saluran pernapasan akut (Ispa) Pada Balita. *Ahmad Dahlan Medical Journal*. 2023;4(1):49–57.
  52. Birawida AB, Daud A, Ibrahim E, Sila N, Khaer A. Faktor risiko kejadian infeksi saluran pernapasan akut ditinjau dari kondisi lingkungan fisik pada masyarakat di kepulauan spermonde: penelitian observasional. *Health Information : Jurnal Penelitian [Internet]*. 2023 May 1;15(1):67–77. Available from: <https://doi.org/10.36990/hijp.v15i1.820>
  53. Dullah AAM, Liliskarlina L, Hamzah H, Rahmatika S. Hubungan variabel lingkungan dengan risiko kejadian penyakit ISPA pada balita. *Patria Artha Journal of Nursing Science [Internet]*. 2023 Nov 2;7(2):77–88. Available from: <https://doi.org/10.33857/jns.v7i2.727>
  54. Sudirman S, Muzayyana M, Nurul Hikma Saleh S, Akbar H. Hubungan ventilasi rumah dan jenis bahan bakar memasak dengan kejadian ISPA pada balita di wilayah kerja Puskesmas Juntinyuat. *Media Publikasi Promosi Kesehatan Indonesia (MPPKI)*. 2020;3(3):187–91.
  55. Apriyan N, Adawiyah AR, Agustin D, Calista RA. Hubungan kelembaban, kepadatan hunian dan kebiasaan merokok terhadap kejadian infeksi saluran pernapasan akut pada balita di Puskesmas Kecamatan Cipayung. *Jurnal Untuk Masyarakat Sehat (JUKMAS) [Internet]*. 2025 Oct 17;9(2):227–34. Available from: <https://doi.org/10.52643/jukmas.v9i2.6528>
  56. Budi PSA, Benvenuto AF, Azmi F, Arjita IPD. Hubungan tingkat pendidikan ibu dan status gizi anak dengan kejadian ISPA pada anak usia 0-5 tahun di Kabupaten Lombok Utara Provinsi Nusa Tenggara Barat (NTB). *AVERROUS: Jurnal Kedokteran dan Kesehatan Malikussaleh [Internet]*. 2022 Nov 30;8(2):40–50. Available from: <https://doi.org/10.29103/averrous.v8i2.9044>

57. Nova LS, Rachmawati F, Siahainenia HE. Hubungan kejadian ISPA pada anak balita menurut aspek individu dan lingkungan fisik rumah di Desa Sukadanau. *Jurnal Bidang Ilmu Kesehatan* [Internet]. 2021 Dec 31;11(2):171–84. Available from: <http://ejournal.urindo.ac.id/index.php/kesehatan/article/view/1490>
58. Suhada SBN, Novianus C, Wilti IR. Faktor-faktor yang berhubungan dengan kejadian ISPA pada balita di Puskesmas Cikuya Kabupaten Tangerang tahun 2022. *Environment Occupational Health and Safety Journal* [Internet]. 2023 Feb 12;3(2):115. Available from: <https://jurnal.umj.ac.id/index.php/EOHSJ/article/view/14985>
59. Jovisic M, Mambetsariev N, Singer BD, Morales-Nebreda L. Differential roles of regulatory T cells in acute respiratory infections. *Journal of Clinical Investigation* [Internet]. 2023 Jul 17;133(14). Available from: <https://www.jci.org/articles/view/170505>
60. McCarthy C, Geraghty P. Respiratory immune responses during infection and pollution inhalation. *Medicina* [Internet]. 2023 Jan 27;59(2):242. Available from: <https://www.mdpi.com/1648-9144/59/2/242>
61. Kremplevskaya SP, Muzyka AD, Melekhina EV, Fokina VA, Barykin VI, Mirzonov VA, et al. Effect of nutritional status on the course and outcomes of acute respiratory infections in children affecting the lower respiratory tract. *Russian Medical Inquiry* [Internet]. 2020;4(11):691–7. Available from: [https://www.rusmedreview.com/articles/infektsionnye\\_bolezni/Vliyanie\\_nutritivnogo\\_statusa\\_na\\_techenie\\_i\\_ishody\\_ostryh\\_respiratornyh\\_zabolevaniy\\_u\\_detey\\_protekayuschih\\_s\\_poragheniem\\_nighnih\\_otdelov\\_respiratornogo\\_trakta/](https://www.rusmedreview.com/articles/infektsionnye_bolezni/Vliyanie_nutritivnogo_statusa_na_techenie_i_ishody_ostryh_respiratornyh_zabolevaniy_u_detey_protekayuschih_s_poragheniem_nighnih_otdelov_respiratornogo_trakta/)
62. DeMartino JK, Lafeuille MH, Emond B, Rossi C, Wang J, Liu S, et al. Respiratory syncytial virus–related complications and healthcare costs among a medicare-insured population in the United States. *Open Forum Infectious Diseases* [Internet]. 2023 May 3;10(5):1–10. Available from: <https://doi.org/10.1093/ofid/ofad203>
63. Klu D, Alhassan A, Dansu CA. Acute respiratory infections and its

- associated risk factors among children aged 6–59 months in Ghana: a multinomial regression analysis of the 2022 demographic and health survey. *Frontiers in Public Health* [Internet]. 2025 Jun 16;13. Available from: <https://www.frontiersin.org/articles/10.3389/fpubh.2025.1518427/full>
64. Melunović M, Lisičić-Konaković M, Krdžalić– Zečević B, Kulašević A, Kurtalić L. Correlation between physical activity and acute respiratory infections in preschool children. *Medicinski Glasnik* [Internet]. 2025 Feb 3;22(1):173–8. Available from: <https://medicinskiglasnik.ba/article/2127>
  65. Nino G, Restrepo-Gualteros SM, Gutierrez MJ. Pediatric sleep apnea and viral respiratory infections: what do clinicians need to know? *Expert Review of Respiratory Medicine* [Internet]. 2022 Mar 4;16(3):253–5. Available from: <https://doi.org/10.1080/17476348.2022.2045959>
  66. Engert LC, Besedovsky L. Sleep and inflammation: a bidirectional relationship. *Somnologie* [Internet]. 2025 Jan 27;29(1):3–9. Available from: <https://doi.org/10.1007/s11818-025-00495-6>
  67. Zielinski MR, Gibbons AJ. Neuroinflammation, sleep, and circadian rhythms. *Frontiers in Cellular and Infection Microbiology* [Internet]. 2022 Mar 22;12(March):1–16. Available from: <https://doi.org/10.3389/fcimb.2022.853096>
  68. Djajasmita D. Pengaruh gangguan tidur dan peranan sitokin terhadap luaran stroke iskemik. *Jurnal Neuroanestesi Indonesia* [Internet]. 2021 Feb 28;10(1):63–70. Available from: <https://doi.org/10.24244/jni.v10i1.336>
  69. World Health Organization. Guidelines on physical activity, sedentary behaviour. 2019.
  70. Kemenkes RI. Lama Waktu Tidur yang Dibutuhkan oleh Tubuh [Internet]. UPK Kemenkes. 2022. Available from: <https://upk.kemkes.go.id/new/lama-waktu-tidur-yang-dibutuhkan-oleh-tubuh>
  71. Juginović A. Sleep science made simple [Internet]. Springer. Cham: Springer Nature Switzerland; 2025. Available from: <https://doi.org/10.1007/978-3-031-92060-8>
  72. Jiang F. Sleep and early brain development. *Annals of Nutrition and*

- Metabolism [Internet]. 2019;75(Suppl. 1):44–54. Available from: <https://doi.org/10.1159/000508055>
73. Lenehan SM, Fogarty L, O'Connor C, Mathieson S, Boylan GB. The architecture of early childhood sleep over the first two years. *Maternal and Child Health Journal* [Internet]. 2023 Feb;27(2):226–50. Available from: <https://doi.org/10.1007/s10995-022-03545-9>
74. Hartini S, Sunartini S, Herini ES, Takada S. Item analysis and internal consistency of children's sleep habit questionnaire (CSHQ) in Indonesian version. *Belitung Nursing Journal* [Internet]. 2017 Dec 28;3(6):645–55. Available from: <https://doi.org/10.33546/bnj.184>
75. Carson M, Leichman ES, Mack MC, Rotella K, Mindell JA. Exploratory study of bedtime resistance in toddlers. *European Journal of Pediatrics* [Internet]. 2025;184(10):1–8. Available from: <https://doi.org/10.1007/s00431-025-06453-6>
76. Haugland BSM, Hysing M, Baste V, Wergeland GJ, Rapee RM, Hoffart A, et al. Sleep duration and insomnia in adolescents seeking treatment for anxiety in primary health care. *Frontiers in Psychology* [Internet]. 2021 Mar 24;12(March):1–11. Available from: <https://doi.org/10.3389/fpsyg.2021.638879>
77. The American Academy of Sleep Medicine (AASM). Health advisory: child sleep duration [Internet]. American Academy of Sleep Medicine (AASM). 2019. Available from: <https://aasm.org/advocacy/position-statements/child-sleep-duration-health-advisory/>
78. Deng Y, Zhang Z, Gui Y, Li W, Rong T, Jiang Y, et al. Sleep disturbances and emotional and behavioral difficulties among preschool-aged children. *JAMA Network Open* [Internet]. 2023 Dec 14;6(12):e2347623. Available from: <https://doi.org/10.1001/jamanetworkopen.2023.47623>
79. Liu J, Ji X, Pitt S, Wang G, Rovit E, Lipman T, et al. Childhood sleep: physical, cognitive, and behavioral consequences and implications. *World Journal of Pediatrics* [Internet]. 2024;20(2):122–32. Available from: <https://doi.org/10.1007/s12519-022-00647-w>

80. Gigliotti F, Esposito D, Basile C, Cesario S, Bruni O. Sleep terrors a parental nightmare. *Pediatric Pulmonology* [Internet]. 2022 Aug;57(8):1869–78. Available from: <https://doi.org/10.1002/ppul.25304>
81. Fadzil A. Factors affecting the quality of sleep in children. *Children* [Internet]. 2021 Feb 9;8(2):122. Available from: <https://doi.org/10.3390/children8020122>
82. Arganbright JM, Tracy M, Hughes SS, Ingram DG. Sleep patterns and problems among children with 22q11 deletion syndrome. *Molecular Genetics & Genomic Medicine* [Internet]. 2020 Jun 28;8(6). Available from: <https://doi.org/10.1002/mgg3.1153>
83. Nguyen-Thi-Phuong M, Nguyen-Thi-Thanh M, Goldberg RJ, Nguyen HL, Dao-Thi-Minh A, Duong-Quy S. Obstructive sleep apnea and sleep disorders in children with attention deficit hyperactivity disorder. *Pulmonary Therapy* [Internet]. 2025;11(3):423–41. Available from: <https://doi.org/10.1007/s41030-025-00299-x>
84. Thiyagarajan D, Sarfo A, Swarray-Deen A, Sefogah PE, Lawrence E, Compton S. Factors associated with poor sleep quality on the pittsburgh sleep quality index among hospitalized Ghanaian obstetrical patients. *AJOG Global Reports* [Internet]. 2025 Aug;5(3):100542. Available from: <https://doi.org/10.1016/j.xagr.2025.100542>
85. Marušić E, Lušić Kalcina L, Pavlinac Dodig I, Đogaš Z, Valić M, Pecotić R. Daytime sleepiness from preschool children’s and parent’s perspectives: is there a difference? *Children* [Internet]. 2024 May 8;11(5):568. Available from: <https://doi.org/10.3390/children11050568>
86. Leong RLF, Tian L, Yu N, Teo TB, Ong JL, Chee MWL. Bidirectional associations between the duration and timing of nocturnal sleep and daytime naps in adolescents differ from weekdays to weekends. *SLEEP* [Internet]. 2024 Sep 9;47(9):1–9. Available from: <https://doi.org/10.1093/sleep/zsae147>
87. Faverio P, Zanini U, Monzani A, Parati G, Luppi F, Lombardi C, et al. Sleep disordered breathing and chronic respiratory infections: a narrative review in

- adult and pediatric population. *International Journal of Molecular Sciences* [Internet]. 2023 Mar 13;24(6):5504. Available from: <https://doi.org/10.3390/ijms24065504>
88. Agustina N. *Metodologi penelitian 1*. Haryanti S, editor. Media Sains Indonesia. Bandung; 2023.
  89. Adiputra IMS, Trisnadewi NW, Oktaviani NPW, Munthe SA. *Metodologi penelitian kesehatan*. Watrianthos R, Simarmata J, editors. Denpasar: Penerbit Yayasan Kita Menulis; 2021.
  90. Syapitri H, Amila, Aritonang J. *Buku ajar metodologi penelitian kesehatan*. In: Ahlimedia Press. 2021.
  91. Wahyudi, Avianti W, Martin A, Jumali, Andriyani N, Prihatiningsih D, et al. *Metode penelitian dasar praktik dan penerapan berbasis ICT*. 1st ed. Novitasari E, editor. Deli Serdang: PT. Mifandi Mandiri Digital; 2023.
  92. Haq H. Hubungan kondisi fisik rumah dengan kejadian ISPA pada balita di wilayah kerja Puskesmas Tlogosari Kulon Kota Semarang [Internet]. Diponegoro University; 2025. Available from: <https://eprints2.undip.ac.id/id/eprint/32975/>
  93. Setyawan IDA. *Hipotesis dan variabel penelitian*. 1st ed. Tahta Media Group. Surakarta; 2021.
  94. Owens JA, Spirito A, McGuinn M. The children's sleep habits questionnaire (CSHQ): psychometric properties of a survey instrument for school-aged children. *Sleep* [Internet]. 2000 Dec 1;23(8):1–9. Available from: <https://doi.org/10.1093/sleep/23.8.1d>.
  95. Duarsa ABS, Arjita PD, Ma'ruf F, Mardiah A, Hanafi F, Budiarto J, et al. *Buku ajar penelitian kesehatan*. Fakultas Kedokteran Universitas Islam Al-Azhar. 2021.
  96. Hansen S, Rostiyanti S, Priyanto S. *Etika penelitian : teori dan praktik*. Jakarta Barat: Podomoro University Press (PU PRESS); 2023.
  97. Anisa S, Astuti I, Wijayanti K. Hubungan Perilaku Keluarga Dengan Kejadian Ispa Pada Balita Di Puskesmas Bangetayu Semarang. *An-Najat* [Internet]. 2025 Apr 13;3(2):371–89. Available from:

<https://doi.org/10.59841/an-najat.v3i2.2552>

98. Sari F, Muhani N, Aryawati W, Perdana A, Dwiyanana M. Hubungan pengetahuan dan sikap ibu dengan pencegahan ISPA pada balita di Puskesmas Rajabasa Indah. *Jurnal Dunia Kesmas*. 2023;12(4).
99. Ilmaskal R, Wati L, Hamdanesti R, Rahmi A. Insiden infeksi saluran pernafasan akut (ISPA) pada balita di wilayah kerja Puskesmas Pauh dan faktor determinannya. *Jurnal Ilmu dan Teknologi Kesehatan Terpadu (JITKT)*. 2023;3(1):31–7.
100. Lukitasari D, Pratama O, Nurhidayah I. Hubungan peran ibu dengan status gizi balita di Kelurahan Padasuka. *Healthcaring: Jurnal Ilmiah Kesehatan [Internet]*. 2025;4(1):14–24. Available from: <https://doi.org/10.47709/healthcaring.v4i1.6119>
101. Muthohharoh N, Yuniartika W. The role of mother’s knowledge in managing stunting: a systematic review. *Journal of Nursing & Health*. 2024;9(2):169–80.
102. Mauluddia Y. Keterlibatan ayah dalam mengasuh terhadap kesejahteraan psikologis ibu dan anak. *Ceria (Cerdas Energik Responsif Inovatif Adaptif)*. 2024;7(2):158–71.
103. Zega RA, Tinggi S, Kesehatan I, Elisabeth S. Gambaran pengetahuan orangtua balita tentang Ispa di Puskesmas Pembantu Tanjung Anom wilayah kerja Gunung Tinggi tahun 2024. *Journal of Innovative and Creativity [Internet]*. 2025;5(3):24708–14. Available from: <https://doi.org/10.31004/joecy.v5i3.3652>
104. Papatungan F. Karakteristik perkembangan masa dewasa awal developmental characteristics of early adulthood. *Journal of Education and Culture (JEaC)*. 2023;3(1).
105. Oktavia S, Haryanti RP, Sulastri D. Hubungan peran keluarga tentang penanganan ispa dengan kejadian ispa berulang pada balita. *The Journal of Mother and Child Health Concerns [Internet]*. 2025 Oct 1;4(7):507–15. Available from: <https://doi.org/10.56922/mchc.v4i7.1591>
106. Booth AT, Macdonald JA, Youssef GJ. Contextual stress and maternal

- sensitivity: A meta-analytic review of stress associations with the Maternal Behavior Q-Sort in observational studies. *Developmental Review* [Internet]. 2018 Jun;48:145–77. Available from: <https://linkinghub.elsevier.com/retrieve/pii/S0273229717300230>
107. Farah S, Wahyu F, Nugraheni T, Tri W. Hubungan tingkat pendidikan dan pengetahuan orang tua dalam pencegahan Ispa Pada balita di poli anak RSUD dr. R. Koesma Tuban. *Jurnal Pendidikan Tambusai* [Internet]. 2023;7(3):20450–7. Available from: <https://doi.org/10.31004/jptam.v7i3.9511>
  108. Putri L, Yuliwulandari R, Arifandi F. Hubungan tingkat pendidikan dan pengetahuan orang tua dengan kejadian penyakit Infeksi Saluran Pernapasan Akut (ISPA) pada balita di Puskesmas Cianjur Kota dan tinjauan menurut pandangan islam. *Jurnal Pendidikan dan Konseling* [Internet]. 2022;4(6):6225–34. Available from: <https://doi.org/10.31004/jpdk.v4i6.9278>
  109. Aisyiah IK, Effandilus ET, Badriah N. Hubungan jenis kelamin dan berat badan lahir dengan kejadian ispa pada balita. *Jurnal Kesehatan Tambusai* [Internet]. 2023;4(4):6031–7. Available from: <https://doi.org/10.31004/jkt.v4i4.21835>
  110. Dengo SW, Kadir L, Amalia L, Masyarakat JK, Ung FOK. Faktor yang berhubungan dengan kejadian infeksi saluran pernapasan akut (ISPA) pada balita usia 24-59 bulan di wilayah puskesmas Kota Timur. *Gorontalo Journal and Science Community* [Internet]. 2023;7(3). Available from: <https://doi.org/10.35971/gojhes.v7i3>
  111. Nyomba MA, Wahiduddin W, Rismayanti R. Faktor yang berhubungan dengan kejadian ISPA pada balita di sekitar wilayah tpa sampah. *Hasanuddin Journal of Public Health* [Internet]. 2022 Dec 23;3(1):8–19. Available from: <https://doi.org/10.30597/hjph.v3i1.19796>
  112. Wulandari S. Status imunisasi sebagai determinan utama infeksi saluran pernafasan akut di rumah sakit islam Gondanglegi Malang. *Jurnal Penelitian Kesehatan “SUARA FORIKES” (Journal of Health Research “Forikes*

- Voice”) [Internet]. 2024 Sep 28;15(September):430–3. Available from: <http://dx.doi.org/10.33846/sf15316>
113. Reynaud E, Vecchierini M, Heude B, Charles M, Plancoulaine S. Sleep and its relation to cognition and behaviour in preschool-aged children of the general population: a systematic review. *Journal of Sleep Research* [Internet]. 2018 Jun 22;27(3):1–13. Available from: <https://onlinelibrary.wiley.com/doi/10.1111/jsr.12636>
  114. Cook G, Appleton J V, Wiggs L. The relationship between parents’ cognitions, bedtime behaviours and sleep-related practices with their child’s sleep. *Journal of Sleep Research* [Internet]. 2023 Apr 13;32(2):1–12. Available from: <https://onlinelibrary.wiley.com/doi/10.1111/jsr.13627>
  115. Mariani R. Faktor-faktor yang mempengaruhi pola tidur pada anak yang menjalani hospitalisasi di ruang rawat inap anak RSD. Mayjend. HM. Ryacudu Kotabumi tahun 2016. *Jurnal Keperawatan Abdurrah* [Internet]. 2019 Jan 6;2(2):42–9. Available from: <https://doi.org/10.36341/jka.v2i2.624>
  116. D’Cruz AFL, Downing KL, Sciberras E, Hesketh KD. Are physical activity and sleep associated with emotional self-regulation in toddlers? a cross-sectional study. *BMC Public Health* [Internet]. 2024 Jan 2;24(1):61. Available from: <https://doi.org/10.1186/s12889-023-17588-2>
  117. Mindell J, Owens J. *A clinical guide to pediatric sleep diagnosis and management of sleep problems*. 3rd ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins; 2015.
  118. Larsen KL, Erp LA, Jordan M, Jordan SS. Bedtime routines of young children, parenting stress, and bedtime resistance: mediation models. *Child Psychiatry & Human Development* [Internet]. 2023 Jun 3;54(3):683–91. Available from: <https://doi.org/10.1007/s10578-021-01275-7>
  119. Kohyama J. Which is more important for health: sleep quantity or sleep quality? *Children* [Internet]. 2021 Jun 24;8(7):542. Available from: <https://doi.org/10.3390/children8070542>
  120. Gipson K, Lu M, Kinane TB. Sleep-disordered breathing in children. *Pediatrics In Review* [Internet]. 2019 Jan 1;40(1):3–13. Available from:

<https://doi.org/10.1542/pir.2018-0142>

121. Marcus CL, Brooks LJ, Draper KA, Gozal D, Halbower AC, Jones J, et al. Diagnosis and management of childhood obstructive sleep apnea syndrome. *Pediatrics* [Internet]. 2012 Sep 1;130(3):576–84. Available from: [10.1542/peds.2012-1671](https://doi.org/10.1542/peds.2012-1671)
122. Aishworiya R, Chan P, Kiing J, Chong SC, Laino AG, Tay SKH. Sleep behaviour in a sample of preschool children in Singapore. *Annals of the Academy of Medicine, Singapore* [Internet]. 2012 Mar 15;41(3):99–104. Available from: [10.47102/annals-acadmedsg.V41N3p99](https://doi.org/10.47102/annals-acadmedsg.V41N3p99)
123. DelRosso LM. Global perspectives on sleep health: definitions, disparities, and implications for public health. *Brain Sciences* [Internet]. 2025 Mar 13;15(3):304. Available from: <https://doi.org/10.3390/brainsci15030304>
124. Hockenberry MJ, Wilson D, Rodgers C. Wong's nursing care of infants and children. 11th ed. Elsevier Health Sciences; 2019.