HOLDEN CAULFIELD'S DENIAL AND RATIONALIZATION AS ADOLESCENT DEFENSE MECHANISM IN J.D. SALINGER'S *THE CATCHER IN THE RYE*

A THESIS

In Partial Fulfillment of the Requirements

for S-1 Degree Majoring English Literature in the English Department, Faculty of Humanities Diponegoro University

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PRONOUNCEMENT

I honestly state that this thesis, with the title of "Holden Caulfield's Denial and Rationalization as Adolescent Defense Mechanisms in J. D. Salinger's *The Catcher in the Rye*," is written by myself without taking any works from other researchers in any university, in diploma degree, S-1, S-2, and S-3 degree. I also ascertain that I did not take any material from other works except from the references mentioned.

Semarang, 28 April 2026



Annisa Mumpuni Handayani

MOTTO AND DEDICATION

"And Allah is with you wherever you are. And Allah is All-Seeing of what you do."

Qur'an, Surah Al-Hadid [57]: 4

"Know that victory comes with patience, relief comes with hardship, and with difficulty comes ease."

H.R Tirmidzi

"Don't lose sight of yourself all the time, and never forget to be thankful to yourself."

Evan Lee

"You should believe in yourself and don't let anyone bring you down, you know negativity does not exist it's all about positivity, so keep that on mind."

Mark Lee

This thesis is dedicated to Allah,

my beloved mom, dad, my sisters

and those whom I hold dear

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APPROVAL

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This thesis is nowhere near perfection and it still needs many improvements; I greatly appreciate any constructive criticism and suggestions aimed at enhancing it in the future. I truly hope that this thesis will be of benefit to anyone who wants to learn literary studies, particularly in the denial and rationalization as defense mechanism of adolescence.

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Annisa Mumpuni Handayani

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