

CHAPTER IV

CONCLUSION

Sophia Kingsley, as one of the main characters of *I Think I Love You*, is analyzed through a psychological approach by applying Sigmund Freud's Psychoanalysis theory with the structure of personality (*id*, *ego*, and *superego*). The writer analyses the relation of her *id*, *ego*, and *superego* in the story through her dialogue and actions in the novel. The result of the study shows that she expresses that she does not trust people to have a relationship with her due to her parents' divorce. She portrays a discomfort of being close emotionally to someone and having fears that she is going to lose them someday. As the story goes, Sophia begins to acknowledge her feelings and accepts that she feels comfortable enough to trust Emma.

In her journey to develop trust and heal herself, Sophia expresses moral anxiety after following her *id*, in result to her impulsive behavior, to convey her disagreement considering the moral principle she holds onto. She confesses guilty and ashamed of her behaviors towards her mother, father, and Tom. Additionally, Sophia depicts *ego* defense mechanism behaviors such as denial, repression, and rationalization. She denies, represses her feelings, and rationalize the behaviors of people around her, in order to protect herself from feeling hurt.

Despite encountering anxiety and expressing *ego* defense mechanisms along the story, Sophia is eventually capable of dealing with the struggles within herself and with those around her. Sophia's journey to overcome her trauma with her parents' divorce clarifies that an individual goes through many phases in life. Life

always changes and people always come and go. Hence, an individual has to move on and continue their journey, because life is not going to stop only in one certain moment or event.

While conducting this study, the writer also finds that this novel can be analyzed by applying gender theory regarding of the characters' sexual orientation dynamics. However, the writer does not include that analysis in this study and may become a new insight for fellow writers who are interested in conducting the study about gender theory.