



**DEFENSE MECHANISMS OF THE MAIN
CHARACTER ‘SOPHIA KINGSLEY’ IN
AURIANE DESOMBRE’S *I THINK I LOVE YOU***

A THESIS

**In Partial Fulfillment of the Requirements
for S-1 Degree Majoring Literature in the English Department,
Faculty of Humanities Diponegoro University**

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2025

PRONOUNCEMENT

I hereby declare that I wrote this thesis without plagiarizing the scientific work of other researchers, whether at the S-1, S-2, S-3, or diploma level. Hence, I confirm that I did not take references from anywhere except from the references mentioned.

Semarang, 28 November 2025

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MOTTO AND DEDICATION

Through hardship to the stars.

Anonymous

*This thesis is dedicated to
My beloved family, friends,
and everyone who assists me completing this thesis.*

APPROVAL

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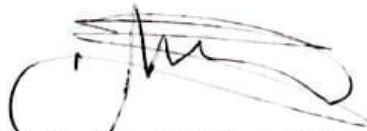
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The writer realizes that this thesis is far from perfect. Therefore, the writer will appreciate any constructive criticism that can make this thesis better. The writer also expects that this thesis will be useful for readers, specifically those who wish to read something which is related to psychoanalysis and ego defense mechanisms.

Semarang, 28 November 2025

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ABSTRACT

This thesis aims to reveal the structure of the personality (*id*, *ego*, *superego*), anxiety, and *ego* defense mechanisms toward trauma experienced by Sophia Kingsley, the main character in the novel *I Think I Love You*, by applying Sigmund Freud's psychoanalytic theory. The intrinsic elements that are analyzed in this thesis are character and characterization, setting, and conflict. The researcher finds that Sophia Kingsley's structure of personality affects the way she expresses herself through anxiety and ego defense mechanisms. There is also an impact of this that affects Sophia's interactions with the people around her and her environment.

Keywords: *character, setting, conflict, id, ego, superego, anxiety, defense mechanisms.*