

CHAPTER IV

CONCLUSION

The Wife Upstairs novel tells about the main character who suffers from psychological disorders due to Post-Traumatic Stress Disorder. Jane is a woman who has a fairly hard life and has a bad past, Jane is forced to change her fate and change her identity in order to improve her fate to be better. One day Jane meets a man named Eddie Rochester, where Eddie Rochester has a secret that has not been revealed. Jane herself has internal and external conflicts in her life. In the novel The Wife Upstairs tries to convey the struggle of a woman in dealing with trauma caused by negative experiences, past trauma, and being treated badly. There are three causes of trauma experienced by Jane, namely, having past trauma, being treated badly, and being afraid of her past being revealed. In addition to the causes of symptoms felt by Jane are having excessive vigilance, avoiding traumatic situations, feeling inferior, feeling disconnected from normal life, and having an impulsive attitude. The impact of the trauma that Jane feels is that Jane has difficulty controlling her emotions.

The main character, Jane, struggles to overcome her trauma. Jane has a bad past and is treated abusively.

The intrinsic discussion covers the characteristics of Jane as the main character novel. Jane's characterization is Jane is a liar person and Jane devious behaviour, setting of the time is modern era, setting of the place is in Thornfield Estates, and conflict covers internal and external conflict. The internal conflict is Jane's insecurity and Jane's fear of the past. Meanwhile, The Extrinsic conflict is conflict between Jane and Eddie Rochester. The extrinsic discussion covers causes, symptoms, and impacts of PTSD experienced by Jane. The causes of Post-Traumatic

Stress Disorder is Jane has a bad past trauma, Jane often receives manipulation and abusive treatment, Jane is a afraid that her past will be revealed. The symptoms of Post-Traumatic Stress Disorder is hypervigilance, Jane avoids trauma provoking situasion, Jane feels low self esteem, shame, and difficulties in relationship, Jane has a feeling of being disconnected from normal life, Jane has impulsive and risky behavior. The impact of Post-Traumatic Stress Disorder is Jane has a difficulty in controlling her emotion.