

DAFTAR PUSTAKA

1. Rancelina PI, Marliana T, Ifadah E, Heryandi R, Dianita IK, Safitri Y. Hubungan pola asuh orang tua dengan perilaku *body shaming* pada remaja. Vol. 10, JKJ): Persatuan Perawat Nasional Indonesia. 2022.
2. Mardiyanti R, Purwaningtyas FD. Kecenderungan perilaku *body shame* ditinjau dari *self acceptance* pada pemaja awal putri di SMP Y surabaya. Psikodidaktika. 2021;6.
3. Pratiwi I, Tri UG. Gambaran perilaku bullying verbal pada siswa sekolah dasar: literature review. JKEP. 2021;6(1).
4. WCNC. *Study: 94% of teenage girls have been body shamed* [Internet]. EDT. 2017 [cited 2023 Jan 19]. Available from: <https://www.wcnc.com/article/features/producers-picks/study-94-of-teenage-girls-have-been-body-shamed/275-436143277>
5. ZAP Beauty Index. ZAP beauty index Agustus 2019. Markplusinc. 2019;
6. Wardani DK, Mariyati M, Tamrin T. Eksplorasi pengalaman remaja yang menjadi korban bullying di sekolah. Jurnal Ners Widya Husada. 2019;6(1):15–22.
7. Atsila RI, Satriani I, Adinugraha Y. Perilaku *body shaming* dan dampak psikologis pada mahasiswa kota bogor. Jurnal Wima Komunikatif. 2021 Jul;10(1):84–101.
8. Iin R, Nurlianan CAJ. Strategi coping perempuan terhadap standarisasi cantik di ndonesia. Jurnal Perempuan, Agama dan Jender. 2019;18(2):133– 52.
9. Alini LNM. Gambaran kejadian *body shaming* dan konsep diri pada remaja di SMKN 1 Kuok. 2021;5(2).
10. Kurniawati Y, Lestari S. *Beauty bullying or body shaming?* upaya pencegahan *body shaming* pada remaja. 2021;3(1).

11. Dolezal. *The body and shame: phenomenology, feminism, and the socially shaped body*. 2015.
12. Lestari S. *Bullying or body shaming? young women in patient body dysmorphic disorder*. *Philanthr J Psychol*. 2019;3:59–66.
13. Rahmad H, Eka MRH. Hubungan perilaku body shaming dengan citra diri mahasiswa. 2019.
14. Trepal H, Cannon Y, Garcia J. *Using photovoice to promote body image resilience in college women*. *J Coll Couns*. 2020;23(1):44–56.
15. Ifdil AUD. Hubungan *body image* dengan kepercayaan diri remaja putri. *Jurnal Kaji Bimbingan Dan Konseling*. 2017;2(3):107–13.
16. McLean LL, LaGuardia AC. *Perceptions of being a woman and strategies for women's body image resilience*. *Qual Rep*. 2016;21(6):1118–31.
17. Patresia PN, Dewi EMPD, Ridfah A. Gambaran resiliensi korban fat shaming. *J Psikol Talent Mhs*. 2022;1(3):166–81.
18. Tini J dkk. Peran perawat dalam pelaksanaan perawatan kesehatan masyarakat (perkesmas). *Jurnal Ilmu Keperawatan Indonesia*. 2017;7(1):182–8.
19. Snapp S, Hensley CL, Ryu E. *A body image resilience model for first-year college women*. *Sex Roles*. 2012;67(3–4):211–21.
20. Karen RAS. *The resilience factor: 7 keys to finding your inner strength and overcome life's hurdles*. New York: Broadway Books; 2002.
21. Rivero A, Killoren SE, Kline G, Campione BN. *Negative messages from parents and sisters and latina college students' body image shame*. *Body image*. 2022 Sep 1;42:98–109.
22. Healy EK. *Working class women. body image resiliency, and media deoiction of the female body*. 2014.
23. Moe K. *Building body image resilience*. *Behavior Research and Therapy*. 2020.
24. Rudd NA. *Body image resilience and health in an era of 'the perfect*

- body': developing a personal sense of social responsibility. Fash Style Pop Cult. 2014;1(2):213–29.*
25. Nurfatmawati, Mansyur AY, Hamid H. Pengaruh kebersyukuran terhadap citra tubuh siswa SMKS. *J Psikol Talent Mhs.* 2022;2(1):97–107.
 26. Fasoli F, Ogden J, Johnson S. *Body positivity or humorous parody? the impact of instagram imagery on body image concerns.* *Journal Psychology.* 2023;157(5):273–96.
 27. Andrew R, Tiggemann M, Clark L. *Positive body image and young women's health: Implications for sun protection, cancer screening, weight loss and alcohol consumption behaviours.* *Journal Health Psychology.* 2016;21(1):28–39.
 28. Dewi G. Hubungan antara kecerdasan spiritual dengan tingkat stres masyarakat pada masa pandemi Covid-19 di Kota Denpasar. Repository Itekes Bali [Internet]. 2022
 29. Lazar A. *Gender differences in the structure and perception of religious support in a religious jewish sample.* *Psychology Religion Spiritual.* 2016;
 30. McCulloch KC, Parks SEJ. *Reaching resolution: the effect of prayer on psychological perspective and emotional acceptance.* *Psychology Religion Spiritual.* 2020;12(2):254–9.
 31. Tylka, Tracy L. Wood BNL. *The body appreciation scale-2: item refinement and psychometric evaluation.* *body image. Body Image J Res.* 2020.
 32. Phillippa C, Diedrichs CL. *Waif goodbye! Average-size female models promote positive body image and appeal to consumers.* *Psychology Health.* 2022.
 33. Aboody D, Siev J, Doron G. *Building resilience to body image triggers using brief cognitive training on a mobile application: a randomized controlled trial.* *Behavior Research Therapy.*

- 2020;134(August):103723.
34. Lucibello KM, Koulanova A, Pila E, Brunet J, Sabiston CM. *Exploring adolescent girls' experiences of body talk in non-aesthetic sport. Journal Adolescent.* 2021 Jun 1;89:63–73.
 35. Verma, Suman, Rao S. *Physical attractiveness and body image in adolescence: a longitudinal study.* Indian J Pediatr. 2020;
 36. CDC Healthy Schools. *Youth physical activity guidelines toolkit [Internet]. Centers for Disease Control and Prevention.* 2017.
 37. Nugraheni M. Resiliensi remaja korban *body shaming*. 2023.
 38. World Health Organization. *Promoting mental health: concepts, emerging evidence, practice : summary report / a report from the world health organization, department of mental health and substance abuse in collaboration with the victorian health promotion foundation and the univers.* 2021.
 39. Gordon RA, Crosnoe R, Wang X. *Social and human capital in adolescence and young adulthood: assets and distractions.* 2017;78(6).
 40. Kling J, Kwakkenbos L, Diedrichs PC, Rumsey N, Frisén A, Brandão MP. *Systematic review of body image measures.* Body Image. 2019;30:170–211.
 41. Alliance AHKG. Global matrix 4.0. 2022; Available from: <https://www.activehealthykids.org>
 42. Fajariani FT, Ratri RL. Memahami pengalaman *body shaming* pada remaja perempuan. 2019.
 43. Erdianti RN, Wasis W, Samira E, Al-Fatih S. Body shaming act as a crime in indonesian criminal law. *Justitia J Huk.* 2022 Apr1;6(1).
 44. Schlüter C, Kraag G, Schmidt J. *Body shaming: an exploratory study on its definition and classification.* Int Journal Bullying Prev. 2021;
 45. Ramahardhila D, Supriyono S. Dampak *body shaming* pada citra diri remaja akhir perempuan. *Jurnal Pendidikan, Sosial dan Budaya.* 2022

- Aug 22;8(3):961.
46. Aprilia Y. Pengaruh *body shaming* terhadap kepercayaan diri siswa SMA Negeri 1 Batulayar. *J Realita Bimbing dan Konseling*. 2021;6:1342.
 47. Warbrick I, Came H, Dickson A. *The shame of fat shaming in public health: moving past racism to embrace indigenous solutions*. *Public Health*. 2019;176:128–32.
 48. Khoir F, Kardiatur T, Ultari C, Hastuti L. *Body shaming* dengan harga diri dan mekanisme coping remaja. 2021;12(1):13–23.
 49. Johnson N, Saim NJ, Sarnon N, Mansor NH, Mohammad JKH. *Exploring the experiences of body shaming victims among teenagers in selangor*. *Journal social science humanity*. 2023;20(1).
 50. Rogers CB, Taylor JJ, Jafari N, Webb JB. “No seconds for you!”: *Exploring a sociocultural model of fat-talking in the presence of family involving restrictive/critical caregiver eating messages, relational body image, and anti-fat attitudes in college women*. *Body Image*. 2019 Sep 1;30:56–63.
 51. Shannon RM, Lynne DR, Lorraine S, Amy RC. *Examining the role of moral, emotional, behavioural, and personality factors in predicting online shaming*. 2023;
 52. Asmi YRRI, Brahim NB. Pengalaman siswi di SMK Kesehatan mengalami body shaming. Vol. 2, *Journal of community health issues*. 2022.
 53. Alice E, Schluger. *Body shaming: the effects and how to overcome it*. *Help Guide*. 2022;
 54. Alfiah R, Kartika A, Apriliana E. *Differences in video media and flash card effectiveness on knowledge and attitudes about body shaming in adolescents*. *Embrio*. 2021 May 31;13(1):28–38.
 55. Astuti YP, Ekowati W, Kusumawardani LH. Ekspolrasi tingkat pengetahuan dan perilaku body shaming mahasiswa di kota purwokerto. *Jurnal Ilmu Keperawatan Stikes Hang Tuah Surabaya*.

- 2022;17(1):57–63.
56. Lexi JM. *Metodologi Penelitian Kualitatif*. Bandung: PT Remaja Rosdakarya;
 57. Miles MB, Huberman AMSJ. *Qualitative data analysis*. In: *A Methodes Soursebook*. United States Of America: SAGE; 2014.
 58. Wenger AM. *The impact of gratitude on body image, exercise, and eating behaviors*. 2021.
 59. Alex M. Wood JJ. 'Gratitude and psychopathology: what we know and where the research agenda should go next.' in *the wiley handbook of positive clinical psychology*. 2020.
 60. Webster J, Tiggemann M. *The relationship between women's body satisfaction and self-image across the life span: The role of cognitive control*. *J Genet Psychol*. 2014;164(2):241–52.
 61. Khalaf. *The relationship between body appreciation and self-esteem and associated factors among omani university students: an online cross-sectional survey*. *Jurnal Obes*. 2021;
 62. Karinda FB. *Belas kasih diri (self compassion) pada mahasiswa*. *Cognicia*. 2020;8(2):234–52.
 63. Bacon L. *Body Respect: what conventional health books get wrong, leave out, and just plain fail to understand about weight*. 2014.
 64. Suseno AO, Dewi KS. *Hubungan antara ketidakpuasan bentuk tubuh dengan intensi melakukan perawatan tubuh pada wanita dewasa awal*. *Empati*. 2014;3 (3):20–31.
 65. Afifah N, Masrizal, Ayuning AY. *Kecantikan sebagai ideal self perempuan (studi kasus di Klinik Azqiara, Kecamatan Baiturrahman, Banda Aceh)*. *Jurnal Ilmu Mhs FISIP*. 2023.
 66. Ivada D, Restu DD, Novianti N. *Beauty care kebutuhan kultural perempuan metropolitan*. *Humanis*. 2022;26(3):216.
 67. Borawski, Pham. *The impact of psychoeducation on adolescent self-care behaviors: a longitudinal study*. *Journal Adolescent Health*. 2023;

68. Putri NR, Suhariadi F. Hubungan antara kepuasan pelanggan dengan word of mouth. *Jurnal Psikol Dan Ind.* 2013;02(1):1–8.