

## DAFTAR PUSTAKA

1. World Health Organization. World Health Organization calls for accelerated action to reduce anaemia [Internet]. 2019 [cited 2023 Sep 19]. Available from: <https://www.who.int/news/item/12-05-2023-who-calls-for-accelerated-action-to-reduce-anaemia>
2. Kementrian Kesehatan RI. Riset Kesehatan Dasar tahun 2018 [Internet]. Jakarta; 2018 [cited 2023 Sep 12]. Available from: [https://kesmas.kemkes.go.id/assets/upload/dir\\_519d41d8cd98f00/files/Hasil-risikesdas-2018\\_1274.pdf](https://kesmas.kemkes.go.id/assets/upload/dir_519d41d8cd98f00/files/Hasil-risikesdas-2018_1274.pdf)
3. Hiksas R, Irwanda R, Wibowo N. Anemia dalam kehamilan. Anemia defisiensi besi. *Persatuan Obstetri dan gynekologi Indonesia*. 2021;58–43.
4. Triharini M, Rahmawati A, Nastiti AA, Dewi YS, Mani SK. Factors affecting anemia prevention behavior in pregnant women based on Lawrence Green's Theory. *J Int Dent Med Res* [Internet]. 2021;14(4):1705–8. Available from: <http://www.jidmr.com>
5. Kanu FA, Hamner HC, Scanlon KS, Sharma AJ. Morbidity and Mortality Weekly Report Anemia Among Pregnant Women Participating in the Special Supplemental Nutrition Program for Women, Infants, and Children-United States, 2008-2018 [Internet]. 2022. Available from: [https://www.cdc.gov/mmwr/mmwr\\_continuingEducation.html](https://www.cdc.gov/mmwr/mmwr_continuingEducation.html)
6. Shi H, Chen L, Wang Y, Sun M, Guo Y, Ma S, et al. Severity of Anemia during Pregnancy and Adverse Maternal and Fetal Outcomes. *JAMA Netw Open*. 2022 Feb 4;5(2).
7. El-Kholy, Amal A., Eman A., Abdulaziz Al Abdulathim, Majed, Hassan Abdou, et al. Prevalence and associated factors of anemia among pregnant women and the impact of clinical pharmacist counseling on their awareness level: A cross sectional study. *Saudi Pharmaceutical Journal*. 2023 Aug 1;31(8).
8. Oumer A, Hussein A. Knowledge, Attitude and Practice of Pregnant Mothers towards Preventions of Iron Deficiency Anemia in Ethiopia: Institutional Based Cross Sectional Study. *Health Care Curr Rev*. 2019;07(01).
9. Balcha WF, Eteffa T, Arega Tesfu A, Abeje Alemayehu B. Maternal knowledge of anemia and adherence to its prevention strategies: A health facility-based cross-sectional study design. *Inquiry (United States)*. 2023 Jan 1;60.
10. Dhok A, Meshram A, Butola LK, Khare R. Knowledge, attitude and practice study among rural antenatal women regarding anaemia, iron rich diet and iron supplement. *Int J Curr Res Rev*. 2021;13(6):27–32.

11. Triharini M, Ketut N, Armini A, Nastiti AA. Effect of educational intervention on family support for pregnant women in preventing anemia. *Belitung Nurs J* [Internet]. 2018;4. Available from: <http://belitungraya.org/BRP/index.php/bnj/>
12. Keerthana B, Vishnu Priya V, Gayathri R. Knowledge and awareness on Iron Deficiency Anaemia among women - A questionnaire based survey. *Journal for Educators, Teachers and Trainers*. 2022 Jan 1;13(6).
13. Serbesa ML, Tefera Iffa M. Pregnant women's knowledge, attitude, and practice regarding the prevention of iron deficiency anemia among Ethiopian pregnant women. 2018; Available from: [www.caspjrm.ir](http://www.caspjrm.ir)
14. Kementerian Kesehatan RI. Pedoman penatalaksana Tablet Tambah Darah (TTD). 2018.
15. Kementerian Kesehatan RI. Pedoman pemberian Tablet Tambah Darah (TTD) bagi ibu hamil pada masa pandemi Covid-19 tenaga kesehatan. 2020.
16. Martina Pakpahan, Debora Siregar, Andi Susilawaty, Tasnim Mustar, Radeny Ramdany, Evanny Indah Manurung, et al. Promosi kesehatan dan perilaku kesehatan. I. Ronal Watrianthos, editor. Jakarta: Yayasan Kita Menulis; 2021.
17. Dinas Kesehatan Kependudukan & Pencatatan Sipil Provinsi NTT. Profil Kesehatan Provinsi Nusa Tenggara Timur Tahun 2021. Katalog. 2022;
18. Kesehatan Gizi Ibu dan Anak. Lampiran laporan anemia bidang kesmas dinas kesehatan kabupaten Alor tahun 2023. 2023.
19. Kepala Dinas Kesehatan Kabupaten Alor, Penasehat, Plt Sekretaris Dinas Kesehatan Kabupaten Alor, Ketua Tim Kasubag Program S, dan Pelaporan E, Anggota S, et al. Profile Dinas Kesehatan Kabupaten Alor tahun 2021. 2021.
20. Um S, Sopheab H, Yom A, Muir JA. Anemia among pregnant women in Cambodia: A descriptive analysis of temporal and geospatial trends and logistic regression-based examination of factors associated with anemia in pregnant women. Bancone G, editor. *PLoS One* [Internet]. 2023 Dec 7;18(12):e0274925. Available from: <https://dx.plos.org/10.1371/journal.pone.0274925>
21. Mirnawati, Tosepu R. Epidemiology of anemia in pregnant women in the Coastal Region of the North Buton Regency, Southeast Sulawesi. *KnE Life Sciences*. 2022 Sep 13;
22. Muhammad A, Saleem S, Ahmad D, Tariq E, Shafiq Y. Gutka consumption and dietary partialities explaining anemia in women of a coastal slum of Karachi, Pakistan: A mixed-method study. *PLoS One*. 2022 Oct 1;17(10 October).
23. Fitri AY, Armina G. Level of education and parity of pregnant women with anemia incidence in coastal health center Tarakan City, North Kalimantan.

- JNS: Journal of Nutrition Science Hartika [Internet]. 2023;4(1):1–5. Available from: <https://doi.org/10.35308/jns.v4i1.6960>
24. Dinas Komunikasi dan Informatika Kabupaten Alor. Potensi : pertanian [Internet]. 2022 [cited 2023 Dec 18]. Available from: <https://alorkab.go.id/new/index.php/potensi-daerah/pertanian>
  25. Syaiful Y, Fatmawati L. Asuhan keperawatan kehamilan. Cetakan I. Vol. 1. Surabaya: CV. Jakad Publishing ; 2019.
  26. Sunarti. Asuhan kehamilan [Internet]. 1st ed. Jakarta: Mitra Wacana Media; 2022. Available from: [www.mitrawacanamedia.com](http://www.mitrawacanamedia.com)
  27. Gibore NS, Ngowi AF, Munyogwa MJ, Ali MM. Maternal and pediatric nutrition dietary habits associated with anemia in pregnant women attending antenatal care services. Current Develoments in Nutrion [Internet]. 2022; Available from: <https://academic.oup.com/cdn/>.
  28. Kementrian Kesehatan RI. Pedoman gizi seimbang. 2014.
  29. Noroyono Wibowo, Rima Irwinda, Rabbania Hiksas. Anemia defisiensi besi pada kehamilan. Cetakan ke 1. Prof. Dr. dr. Noroyono Wibowo S, Dr.dr.Rima Irwinda S, dr. Rabbania Hiksas Bm (Hons), editors. Vol. Cetakan ke 1. Jakarta; 2021.
  30. Nilam Fitriani Dai. Anemia pada ibu hamil [Internet]. Pertama. Fitriani, editor. Pekalongan: Penerbit : NEM; 2021 [cited 2023 Sep 22]. 1–50 p. Available from: [https://books.google.co.id/books/about/ANEMIA\\_PADA\\_IBU\\_HAMIL.html?id=nX4xEAAAQBAJ&redir\\_esc=y](https://books.google.co.id/books/about/ANEMIA_PADA_IBU_HAMIL.html?id=nX4xEAAAQBAJ&redir_esc=y)
  31. Dartiwen, Yati Nurhayati. Asuhan Kebidanan pada Kehamilan - Google Books [Internet]. I. Aditya A.C, editor. Yogyakarta: Penerbit ANDI ( Anggota IKAPI); 2019 [cited 2023 Dec 4]. Available from: [https://www.google.co.id/books/edition/Asuhan\\_Kebidanan\\_pada\\_Kehamilan/zoX-DwAAQBAJ?hl=id&gbpv=1&dq=buku+kehamilan&printsec=frontcover](https://www.google.co.id/books/edition/Asuhan_Kebidanan_pada_Kehamilan/zoX-DwAAQBAJ?hl=id&gbpv=1&dq=buku+kehamilan&printsec=frontcover)
  32. Sohimah. Anemia dalam Kehamilan dan Penanggulangannya. Angewandte Chemie International Edition, 6(11), 951–952 [Internet]. 2019 [cited 2023 Sep 22];1–23. Available from: [https://books.google.com/books?hl=id&lr=&id=6tisDwAAQBAJ&oi=fnd&pg=PR5&dq=\(“Orang+tua%22+OR+ibu+OR+ayah\)+AND+\(pengetahuan\)+AND+\(thalassemia\)+AND+\(%22kualitas+hidup%22\).&ots=A-dbYJdR5-&sig=y-\\_jrVaj68\\_VcK3wm3EUrcuPsrc](https://books.google.com/books?hl=id&lr=&id=6tisDwAAQBAJ&oi=fnd&pg=PR5&dq=(“Orang+tua%22+OR+ibu+OR+ayah)+AND+(pengetahuan)+AND+(thalassemia)+AND+(%22kualitas+hidup%22).&ots=A-dbYJdR5-&sig=y-_jrVaj68_VcK3wm3EUrcuPsrc)
  33. Reni Yuli Astutik, Dwi Ertiana. Anemia dalam Kehamilan - Google Books [Internet]. Cetakan Pertama. Jember Jawa Timur; 2018 [cited 2023 Sep 22]. Available from:

- [https://www.google.co.id/books/edition/Anemia\\_dalam\\_Kehamilan/6tisDwAAQBAJ?hl=id&gbpv=1](https://www.google.co.id/books/edition/Anemia_dalam_Kehamilan/6tisDwAAQBAJ?hl=id&gbpv=1)
34. Kusumastuti E. Direktorat Jenderal Pelayanan Kesehatan. Anemia dalam kehamilan [Internet]. 2022 [cited 2023 Sep 22]. Available from: [https://yankes.kemkes.go.id/view\\_artikel/1132/anemia-dalam-kehamilan](https://yankes.kemkes.go.id/view_artikel/1132/anemia-dalam-kehamilan)
  35. Kementerian Kesehatan RI. Pedoman pencegahan dan penanggulangan anemia pada remaja putri dan Wanita Usia Subur (WUS). 2018.
  36. Means RT. Iron deficiency and iron deficiency anemia: Implications and impact in pregnancy, fetal development, and early childhood parameters. Vol. 12, *Nutrients*. MDPI AG; 2020.
  37. Bolka A, Gebremedhin S. Prevalence of intestinal parasitic infection and its association with anemia among pregnant women in Wondo Genet district, Southern Ethiopia: A cross-sectional study. *BMC Infect Dis*. 2019 May 30;19(1).
  38. Demeke G, Mengistu G, Abebaw A, Toru M, Yigzaw M, Shiferaw A, et al. Effects of intestinal parasite infection on hematological profiles of pregnant women attending antenatal care at Debre Markos Referral Hospital, Northwest Ethiopia: Institution based prospective cohort study. *PLoS One*. 2021 May 1;16(5 May 2021).
  39. Tegegne KT. “Does intestinal parasite infection causes anemia among pregnant women in ethiopia a systematic review and Meta-Analysis.” *Biomed J Sci Tech Res*. 2021 Sep 14;38(4).
  40. White NJ. Anaemia and malaria. Vol. 17, *Malaria Journal*. BioMed Central Ltd; 2018.
  41. Okia CC, Aine B, Kiiza R, Omuba P, Wagubi R, Muwanguzi E, et al. Prevalence, morphological classification, and factors associated with anemia among pregnant women accessing antenatal clinic at Itojo Hospital, south western Uganda. *J Blood Med*. 2019;10:351–7.
  42. Salam N, Ghosh C, Kumar Verma A, Mishra N, Ssa H. Epidemiology of malaria and anemia in high and low malaria-endemic North-Eastern districts of India. *Front Public Health*. 2022 Jun 28;
  43. Papaioannou I, Utzinger J, Vounatsou P. Malaria-anemia comorbidity prevalence as a measure of malaria-related deaths in sub-Saharan Africa. *Sci Rep*. 2019 Dec 1;9(1).
  44. Zegeye B, Keetile M, Ahinkorah BO, Ameyaw EK, Seidu AA, Yaya S. Utilization of deworming medication and its associated factors among pregnant married women in 26 sub-Saharan African countries: a multi-country analysis. *Trop Med Health*. 2021 Dec 1;49(1).
  45. Bankanie V, Moshi FV. Factors associated with the use of deworming drugs during pregnancy in Tanzania; an analysis from the 2015–16 Tanzanian HIV

- and malaria indicators survey. *BMC Pregnancy Childbirth*. 2022 Dec 1;22(1).
46. Traore SS, Bo Y, Kou G, Lyu Q. Iron supplementation and deworming during pregnancy reduces the risk of anemia and stunting in infants less than 2 years of age: a study from Sub-Saharan Africa. *BMC Pregnancy Childbirth*. 2023 Dec 1;23(1).
  47. Windi Chusniah Rachmawati. *Promosi kesehatan dan ilmu perilaku*. Malang: Wineka Media; 2019.
  48. UU RI. *Undang-Undang Republik Indonesia nomor 20 tahun 2003 Tentang Sistem Pendidikan Nasional*. Jakarta; 2023.
  49. Himawati, Febriana, Yani, Ahmad. *Pengaruh tingkat pendidikan terhadap kejadian anemia pada ibu hamil*. 2019.
  50. Al-Sattam Z, Hassan S, Majeed B, Al-Attar Z. Knowledge about anemia in pregnancy among females attending primary health care centers in Baghdad. *Open Access Maced J Med Sci*. 2022 Feb 6;10(B):785–92.
  51. Purborini SFA, Rumaropen NS. Hubungan Usia, Paritas, dan Tingkat Pendidikan dengan Kehamilan Tidak Diinginkan Pada Pasangan Usia Subur di Surabaya. *Media Gizi Kesmas*. 2023 Jun 28;12(1):207–11.
  52. Sulaiman MH, Flora R, Zulkarnain M, Yuliana I, Tanjung R. Defisiensi zat besi dengan kejadian anemia pada ibu hamil. *Journal of Telenursing (JOTING)*. 2022 Feb 6;4(1):11–9.
  53. Amini A, Pamungkas CE, Harahap APHP. Usia ibu dan paritas sebagai faktor risiko yang mempengaruhi kejadian anemia pada ibu hamil di wilayah kerja Puskesmas Ampenan. *Midwifery Journal: Jurnal Kebidanan UM Mataram*. 2018 Sep 30;3(2):108.
  54. Febrianta R, Made Alit Gunawan I, Sitasari A, Gizi Poltekkes Kemenkes Yogyakarta J. The effect of media video influence on knowledge and Attitude of pregnant women in the rork of anemia health district Nanggulan Kulon Progo. *Journal of Health Technology*. 2019;15(2):81–90.
  55. Tampubolon R, Lasamahu JF, Panuntun B. Identifikasi faktor-faktor kejadian anemia pada ibu hamil di Kecamatan Amahai Kabupaten Maluku Tengah. *Jurnal Sains dan Kesehatan*. 2021 Aug 31;3(4):489–505.
  56. Arikunto S. *Prosedur penelitian: suatu pendekatan praktik*. Rev.2013, Cet.14. Suharsimi Arikunto, editor. Jakarta: Rineka Cipta 2013; 2013.
  57. Kementerian Kesehatan RI. *Pedoman pemberian Tablet Tambah Darah (TTD) bagi ibu hamil pada masa pandemi Covid-19*. 2020.
  58. Mamuroh L, Nurhakim F. Anemia kehamilan dan faktor yang mempengaruhi: studi korelasi. *Jurnal kesehatan Bakti Tunas Husada : Jurnal Ilmu Keperawatan, Analis Kesehatan dan Farmasi*. 2021 Feb 1;21.

59. Triharini M, Mar'Ah Has EM, Nofita G. Determinant factors of anemia in pregnancy based on health belief model: a correlational study. *Jurnal Ners*. 2023;18(1):50–6.
60. Erryca P, Dewa Ayu Ketut Surinati I. Gambaran upaya pencegahan anemia pada ibu hamil. *Jurnal Gema Keperawatan*. 2022 Dec;15(2).
61. Awuah RB, Colecraft EK, Wilson ML, Adjorlolo LK, Lambrecht NJ, Nyantakyi-Frimpong H, et al. Perceptions and beliefs about anaemia: A qualitative study in three agroecological regions of Ghana. *Matern Child Nutr*. 2021 Oct 1;17(4).
62. Muhammad Ilham Aldika Akbar, Bayu Agung Sangkara Putra. Defisiensi mikronutrisi (zat besi, magnesium, zinc, kalsium, vitamin D. *Indonesia Journal of Obstetrics & Gynecology Science*. 2022 Sep 2;5.
63. Tamrin A, Hendrik A, Lestari RS, Gizi J, Kemenkes K, Gizi AJ. Asupan zat besi, asam folat, dan seng terhadap kadar hemoglobin pada ibu hamil di puskesmas paccerakkang kecamatan biringakanaya kota. *Asupan Zat Gizi*. 2019;26.
64. Desy Rahmiyanti, Darmawaty. Prevalensi anemia defisiensi zat besi pada ibu hamil the prevalence of iron deficiency anemia (IDA) in pregnant women. *Jurnal Ilmiah Mahasiswa Keperawatan*. 2018;
65. Triharini M, Nursalam, Sulistyono A, Adriani M, Armini NKA, Nastiti AA. Adherence to iron supplementation amongst pregnant mothers in Surabaya, Indonesia: Perceived benefits, barriers and family support. *Int J Nurs Sci*. 2018 Jul 10;5(3):243–8.
66. Direktorat Gizi dan Kesehatan Ibu dan Anak, Direktorat Jenderal Kesehatan Masyarakat. Panduan indikator program Gizi dan KIA.
67. Sugiyono. Metode penelitian kuantitatif. Cet. 1. Bandung: Alfabeta; 2018. 523–526 p.
68. Syapitri H, Amila, Aritonang J. Buku ajar metodologi penelitian kesehatan [Internet]. Cetakan Pertama. Aurora Hawa Nadama, editor. Jawa timur: Ahlimedia Press; 2021. Available from: [www.ahlimediapress.com](http://www.ahlimediapress.com)
69. Siyoto S, Sodik Ali. Dasar Metodologi Penelitian. Cetakan 1. Ayup, editor. Yogyakarta: Literasi Media Publishing; 2015.
70. Masriadi, Baharudin A, Samsualam. Metodologi penelitian (kesehatan, kedokteran dan keperawatan). Maftuhin A, editor. Jakarta: Trans info media; 2022. x–422.
71. Laila J, Suroyo RB, Panjaitan IM. Faktor yang mempengaruhi terjadinya anemia pada ibu hamil di Puskesmas Luahagundre Maniamolo Kabupaten Nias Selatan Tahun 2022. *Ilmu Kesehatan dan Gizi (JIG)* . 2023 Jan 30;1(e-ISSN: 2964-7819; p-ISSN: 7962-0325):92–108.

72. Sukmawati, Restuning Widiasih, Lilis Mauroh, Furkon Nurhakim. Anemia Kehamilan dan faktor yang mempengaruhi: Studi Korelasi. *Kesehatan Bakti Tunas Husada : Jurnal Ilmu Keperawatan, Analisis Kesehatan dan farmasi*. 2021 Feb 1;21(Nomor I).
73. Atomei OL, Monor PP, Stana BA, Tarcea M. Nutrition in pregnancy – impact on anaemia in pregnant women. *Acta Marisiensis - Seria Medica*. 2022 Sep 1;68(3):114–9.
74. Nurmasari V, Sumarmi S. Hubungan keteraturan kunjungan antenatal care dan kepatuhan konsumsi tablet Fe dengan kejadian anemia pada ibu hamil trimester III di kecamatan Maron Probolinggo relation between regularity of antenatal care visits and compliance of iron tablets consumption with anemia in third trimester pregnant women in Maron Probolinggo. Departemen Gizi Kesehatan, Fakultas Kesehatan Masyarakat, Universitas Airlangga. 2019;Accepted:4–7.
75. Lumor O, Dzabeng F, Adanu RM. Factors influencing the use of anemia preventing measures among antenatal clinic attendees in the kintampo north municipality, Ghana. *Afr J Reprod Health*. 2019;23(2):35–43.
76. Faghir-Ganji M, Amanollahi A, Nikbina M, Ansari-Moghaddam A, Abdolmohammadi N. Prevalence and risk factors of anemia in first, second and third trimesters of pregnancy in Iran: A systematic review and meta-analysis. *Heliyon*. 2023 Mar 1;9(3).
77. Wemakor A. Prevalence and determinants of anaemia in pregnant women receiving antenatal care at a tertiary referral hospital in Northern Ghana. *BMC Pregnancy Childbirth*. 2019 Dec 11;19(1).
78. Riyani R, Siswani Marianna, Yoanita Hijriyati. Hubungan antara usia dan paritas dengan kejadian anemia pada ibu hamil. *Binawan Student Journal*. 2020;2(1).
79. Ningrum EW, Cahyaningrum ED. Status gizi pra hamil berpengaruh terhadap berat dan panjang badan bayi lahir. *MEDISAINS: Jurnal Ilmiah Ilmu-ilmu Kesehatan*. 2018;16(2):89.
80. Edeo Berarti A, Gebrie M, Beyene B. Adherence to iron folic acid supplementation and associated factors among antenatal CARE attending women in Sire district primary health care units, South-East Ethiopia: A facility based cross-sectional study. Vol. 18, *International Journal of Africa Nursing Sciences*. Elsevier Ltd; 2023.
81. Anggraini N E, Wijayanti T. Hubungan frekuensi ANC dengan kejadian anemia pada ibu hamil di Puskesmas Trauma Center Samarinda. *Borneo Student Research Universitas Muhammadiyah Kalimantan Timur, Samarinda*. 2021;2(3):2021.