

## CHAPTER IV

### CONCLUSION

#### 4.1. Conclusion

Ryan Murphy portrays Elizabeth Gilbert's moments of female empowerment and challenging limited expectations. However, the primary focus on individual journeys and self-transformation doesn't directly align with the core aims of emancipatory feminism. Her perspectives risk obscuring the structural nature of gender inequality and the ongoing need for collective action to achieve true liberation for women. The study's findings shed light on Liz Gilbert's character, which is that of a complex person on a journey of self-discovery with a strong sense of resilience. Furthermore, the examination of Liz's pursuits as an emancipatory feminist demonstrates her resolve to question traditional thinking and reshape her own route to self-actualization.

While *Eat, Pray, Love* may not explicitly present itself as a feminist text, Liz Gilbert's journey can be interpreted through a feminist lens, as it embodies themes of self-discovery including empowerment and the pursuit of personal fulfilment beyond traditional gender norms. *Eat Pray Love* delves into themes of self-discovery including spiritual exploration, and the pursuit of happiness through Liz's transformative journey across different countries

and cultures. As she learns to embrace her own identity, connect with her spirituality, and prioritise her happiness, Liz discovers a newfound sense of purpose and fulfilment in life.

The most prominent intrinsic element in *Eat, Pray, Love* is shown when the main major character faces conflicts. Elizabeth Gilbert struggles to escape the traditional and culturally embedded patriarchy in the society she lives in. Though Emancipatory Feminism deals with the attributes which differentiate man and woman, the world is filled with a patriarchal system which places man as superior. She shows how gender is not a problem when it comes to achieving dreams. Society thinks that the usual way of life is the best way. Liz shows them that something usual is not always right. It is usual because people practise for so long. It does not mean it is correct. She also shows that women are not supposed to wait and let men make any decisions. As men and women are equal, both may make any possible decision needed. She also shows how independent and strong women can be.

To sum up, *Eat, Pray, Love* is a movie that shows how a woman struggles to find her self-identity and heal from her past life while trapped in a patriarchal society. Though the nature of women to be sensitive and caring is unavoidable, Liz shows how problems can be solved from the perspective of a woman. It also shows the way Liz thinks. Rebirth comes from ruins, death leads to a resurrection. This hard truth, ruins, and change lead to a new beginning. Ryan Murphy portrays the protagonist, Liz Gilbert perfectly in the movie adaptation of *Eat, Pray, Love*.

## **4.2. Suggestions**

This study's findings are expected to be valuable in a variety of ways. This topic gives researchers a core meaning for understanding and improving their knowledge of feminism. The writer hopes that this undergraduate thesis is beneficial for any reader in general and every student at the Department of English in particular. The general reader can benefit from the experience which Elizabeth Gilbert shares in the movie, so he or she can learn lessons from what Gilbert endures in life. Moreover, the student can benefit from the intersection of literature and feminism in the movie, so he or she can learn both feminist literary theory and feminist film theory. This study is expected to have implications for future academics who perform studies on feminism-related literature. The author reckons this study will help readers understand, particularly scholars interested in starting Emancipatory Feminism research using different literary works.

