



**ANALYSIS OF GOVERNMENT POLICY ALIGNMENT ON
ADOLESCENTS' NON-COMMUNICABLE DISEASES
PREVENTION AND MANAGEMENT IN SEMARANG CITY**

THESIS

**Prepared to fulfill the requirements for completing the Bachelor's degree in
the Department of Politics and Government, Faculty of Social and Political
Sciences, Universitas Diponegoro**

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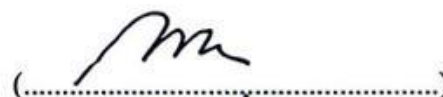
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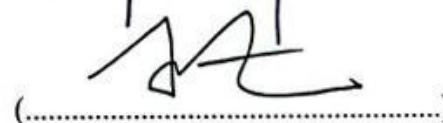
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MOTTO

"Maka sesungguhnya bersama kesulitan ada kemudahan. Sesungguhnya bersama kesulitan ada kemudahan."

(Q.S. Al-Insyirah: 5-6)

"There is no end to success for those who refuse to give up, because every step backward is a new opportunity to move forward even stronger."

(Bevan Pramudito)

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ABSTRACT

Non-communicable diseases (NCDs) pose a significant health threat in Indonesia, particularly among teenagers. Unhealthy lifestyles, including smoking and lack of exercise, contribute to this issue. Despite government initiatives like GERMAS, there are challenges in implementation, particularly in areas like Semarang City. Factors such as poor communication, socioeconomic conditions, and reliance on traditional medicine hinder progress. Collaborative efforts between the government and communities, like those seen in Boyolali and Gianyar, are essential for success. Improving communication, addressing socioeconomic factors, and enhancing health services are crucial steps in combating NCDs and promoting healthier lifestyles among Indonesians. The research method used is policy analysis study by collecting data through interviews with the Semarang City Health Office, Semarang City Children's Forum, Semarang City Regional Development Planning Agency, Semarang City Adolescents, and desk studies based on available sources, also observations to gain a comprehensive understanding of the Policy for the Prevention and Control of Non-Communicable Diseases in adolescents in the City of Semarang. Findings reveal proactive steps by the Semarang City Health Office, including health campaigns and education sessions for adolescents. While the government demonstrates capability in NCD management, challenges such as limited collaboration and incomplete data persist. These findings highlight the importance of enhanced collaboration, program evaluation, budget allocation, and communication strategies for effective NCD prevention and management. The study also acknowledges limitations, including incomplete data and stakeholder engagement challenges, which should be considered in future research and policy development.

Keywords: *Non-communicable Diseases, Adolescents, Government Policies*

FOREWORD

Assalamu'alaikum Warahmatullahi Wabarakatuh

Praise and gratitude to the presence of Allah SWT who has bestowed His grace, guidance, and blessings so that the author could complete the preparation of this thesis entitled "*Analysis of Government Policy Alignment on Adolescents' Non-Communicable Diseases Prevention and Management in Semarang City*" as one of the requirements for completing the Bachelor's degree in the Department of Politics and Government, Faculty of Social and Political Sciences, Diponegoro University. The author realizes that in the preparation of this thesis, it is inseparable from the guidance, directions, enthusiasm, and prayers from various parties. On this occasion, the author would like to express gratitude to all parties who have contributed greatly to completing this research thesis, namely:

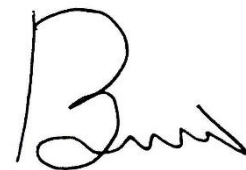
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With the completion of this thesis, it is hoped to contribute to the Government Science Program. The author realizes that there are still shortcomings in writing this thesis. Therefore, constructive criticism and suggestions are needed to perfect this thesis.

Wassalamu'alaikum Warrahmatullahi Wabarakatuh

Semarang, 29 Februari 2024

A handwritten signature in black ink, appearing to read 'Bevan', with a stylized flourish at the end.

Bevan Pramudito H.

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