



**FREUDIAN PSYCHOLOGICAL ANALYSIS ON THE
MAIN CHARACTER IN DESTIN DANIEL'S *SHORT
TERM 12* MOVIE**

A FINAL PROJECT

In Partial Fulfillment of the Requirement

For S-1 Degree in American Studies

In English Department, Faculty of Humanities

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PRONOUNCEMENT

The writer honestly state that, she completed this study by the effort of hes own without taking and imitating other results of studies from any university, S-1, S-2, S-3 and diploma degree. In addition, the writer also does not quote all of the materials from sources other than those stated in the bibliography.

Semarang, June 29, 2021

A handwritten signature in black ink, appearing to read 'Ellisa Nailizzulfa', written over a horizontal line.

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MOTTO AND DEDICATION

“But perhaps you hate a thing and it is good for you, and perhaps you love a thing and it is bad for you. Allah knows, while you know not.”

Q.S Al-baqarah:216

“Be patient, one by one.”

Kale, NKCTHI

“No one knows what you need to do more than you do. Cry when you need to. It's relieving. Laugh when you need to. It's healing.”

Najwa Zebian

*This paper is dedicated to
My beloved parents and myself
To everybody who supported me complete this project*

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I realize that this final project is far from perfect. Therefore, I will be glad to receive any advices, suggestions, and recommendations in order to make this project better than before. I hope, this final project will be useful for the readers.

Semarang, Juni 29, 2021



Ellisa Nailizzulfa

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ABSTRACT

This project discusses the interaction between the Id, Ego, and Super Ego of the main character, Grace, in *Short Term 12* Movie. Grace is a supervisor girl in one of the rehabilitation houses namely "Short Term 12". In this project the writer uses psychological approach by applying Freud's Psychoanalysis theory covering Id, Ego, Superego and Ego Defense Mechanism to analyze the main character. The result shows that Grace, the main character of the movie, is an independent, caring, protective, and brave girl. Grace's Id, Ego and Superego sometimes can not be controlled properly, so that there are several psychological conflicts with some members of Short Term 12. The Ego of Grace has a much more dominant role in her personality compared to her Id and Superego. This can be seen from Grace's decisions that she always tries to control the blind and irrational demands of the Id and the Superego with the realistic demands of the outside world. This often raises Grace's anxiety that makes her use the ego defense mechanism to protect herself from anxiety such as displacement and negation.

Keywords: Id, Ego, Superego, Psychological conflict, Ego defense mechanism

1. INTRODUCTION

1.1 Research Background

Communication is one of the most important aspects of human growth as a social being. Someone should communicate with other people around us because they have something that can help us facilitate the process of change in an increasingly positive direction. Communication problems can cause mental problems, as reflected in *Short Term 12* movie. *Short Term 12* focusses on the character, Grace, who does not want to expose her life until she finally meets Jayden. The woman with whom Grace feels that they have the same attachment to life. A story about an octopus giving himself to be eaten by a shark due to his affection as a friend that makes Grace realize that Jayden is not different from her. Feeling scared, stalked, and finally afraid to talk at all. There are some people, especially some teenagers as in this movie, they face the problems in their life which causes them not to feel to have a normal life. Their environment and their family do not make them feel comfortable with their life.

Short Term 12 is an American movie written and directed by Destin Daniel Cretton released on March 2013. The movie tells a story about a supervisor girl in a group of home for troubled teenagers named Grace. She cares for the teenagers in a rehabilitation center named “The Short Term 12” which is special for the teenagers who suffer from psychological disorders due to violence committed by their parents, society, etc. The purpose of their coming to the place

is to struggle approximately a year in order to return to the beautiful side of their lives, and out of the problem that has been haunting them. Grace is assisted by other supervisors, one of the supervisors is her boyfriend named Mason. *The Short Term 12* movie focuses on Grace, who does not want to explain her life story until she meets a new member of Short Term 12, Jayden. Jayden has the same life story with her. Grace understands what Jayden feels when Jayden tells her a story about an octopus eaten by pope. Because she loves making a close friend, Grace understands that Jayden is in the same condition.

Short Term 12 is a 2013 American independent drama film. The viewers are able to see that they are abused by their parents and society. They are forced to cover the fact because of their love to their parents. They just think that their parents do not know how to express their feelings of love as experienced by Grace suffering from psychological burden towards her father. Related to this project, the writer will analyze Id, Ego, Superego, the psychological conflict of the main character behavior, and Ego Defense Mechanism, Grace, in the *Short Term 12* movie.

1.2 Research Problems

Based on the title and background of the research, the writer formulates the research problems as follows:

1. How is the characterization of Grace in Destin Daniel's *Short Term 12* movie?

2. How is the Id, Ego, and Superego of Grace in Destin Daniel's *Short Term 12* movie?
3. How is Grace's internal and external psychological conflict in Destin Daniel's *Short Term 12* movie?
4. How is the Ego Defense Mechanism in Grace to protect from her anxiety in Destin Daniel's *Short Term 12* movie?

1.3 Purpose of the Research

Based on the research problems written above, the writer decides that the purposes of the study are as follows:

1. To describe the characterization of Grace in Destin Daniel's *Short Term 12* movie.
2. To analyze Id, Ego and Superego of Grace in Destin Daniel's *Short Term 12* movie.
3. To analyze Grace's internal and external psychological conflict in Destin Daniel's *Short Term 12* movie.
4. To analyze the Ego Defense Mechanism of Grace to protect herself from her anxiety in Destin Daniel's *Short Term 12* movie.

2. THEORETICAL FRAMEWORK

2.1. Psychoanalysis Theory

Anna Freud (1936) explains that psychoanalysis should be reserved for the new discoveries relating to the unconscious psyche life. The literary study which uses psychology as an approach is a study to explore for and to discover out the concept of the psychological perspective of the characters in a movie with the certain theory of psychology.

By utilizing psychological approach, the researcher will be able to induce it diverse characters, behaviors, and the reasons of the activity they have found inside the movie. They will get it the psychological world of the characters automatically.

2.2 Id, Ego, Super Ego

Freud (1923 : 6) explains that the structural theory to include three psyche elements, namely Id, Ego, and Superego.

1. Id is a portion that joins the foremost primitive and intuitively portion of the identity acquired organically. The id worked unwittingly with the thought to look for delight, fulfillment, and fulfill each drive.
2. Ego is the arbiter between id and reality. The Ego gives a reason, commonsense, and sound considering in endeavoring to control driving powers from Id. Both Id and Ego explore for joy, but Ego chooses how to attain it or whether it is in fact achievable essentially at all.

3. Super Ego is the portion of the personality that holds moral quality which Super Ego learns from family life and society. It as well looks for to execute the Ego's flawlessness and idealize standard, as a result, Super Ego is the "conscience" of the character. Super Ego may rebuke the Ego through causing a feeling of fault on the off chance that Ego gives in to Id request, especially within the occasion that it harms significant quality or benchmarks.

2.3 Ego Defense Mechanism

Defense mechanism is a shield that humans use to protect the ego (himself) from anxious states or circumstances that hurt them. When a situation threatens a person's ego unconsciously (usually spontaneously), the individual will use a self-defense mechanism to protect his ego from being hurt. In everyday life, self-defense mechanism is normal for someone to do, but the problem is when the self-defense mechanism becomes part of one's life style of habits, then it is certain that he is mentally unwell or abnormal. (McLeod, 2020:05)

There are many types of Ego defense mechanism such as, displacement, negation, denial, regression, projection, sublimation, and so on.

2.3.1 Displacement

Displacement is the redirection of an impulse (usually aggression) onto a feeble substitute target. The target can be an individual or an object that can serve as a typical substitute. Displacement happens when the Id needs to do something of which the Super ego does not allow. Ego finds a few other way of discharging

the psychic energy of Id. In this way there is an exchange of energy from repressed object-cathexis to more satisfactory object. (McLeod, 2020:05)

2.3.2 Negation

Alwisol (2004:38) defines negation is the impulses expressed in negative terms, a kind of denial to the impulse, id-impulses that pose a threat by the ego are denied by thinking they do not exist.

2.4 Character and Characterization

Character is one of some basic components that fantastically influence on the story. Character is made by the creator and played by on-screen character performing artist to talks the message in a movie.

Baldick (2001 : 37) defines characterization as “the representation of persons in story and dramatic works”. Characterization can be either direct or indirect. Direct characterization may be in frame of direct notices, depictions, or commentary of a character, whereas indirect characterization may be seen in a character’s activity, discourse, or appearance.

2.5 Conflict

A basic viewpoint in a film that develop the story line is conflict. According to Perrine, conflict is the presence of diverse activities, thoughts, wants, or wills. Where the main character will involvement a clash or irregularity with other actors, either external (with other actors) or internal (with himself). The conflict may be physical, emotional, mental, or moral. (1984: 42)

Conflict is an insightful component that incorporates a fight between two confining qualities, ordinarily protagonist and antagonist. Conflict builds the story and makes it gotten to be enthusiastic. It moreover impacts people's feeling. There are some kinds of conflict namely Man vs. Man, Man vs. Nature, Man vs. Society, Man vs. Self, Man vs. Technology.

The writer presumes that Man vs. Man is around a fight between two characters. This external conflict happens when a character fights against another character. Meanwhile, The Man vs. Self is called internal conflict.

3. RESEARCH METHOD

3.1 Research Approach

Based on the background of the research, the writer applies psychological approach to analyze Id, Ego and Superego of the main character. Psychological approach is an approach which applies psychological theory in analyzing the main character's personality (Freud,1923). The writer will focus on Grace's personality to examine the Id, Ego, Superego and Ego Defense Mechanism reflected in *Short term 12* movie.

3.2 Method of Data Collection

The research is conducted by implies of library research. According to Marx, library research is a sort of research that is done basically by investigating composed materials found in libraries, World Wide Web, and in virtual data base (2018:8). The materials are collected from printed and electronic sources. By

doing close reading and close viewing the writer tries to get it and review the movie in arrange to interpret a brief area of the substance and to center what the film creator is endeavoring to pass on. The main information of the project is *Short Term 12* movie which is directed by Destin Daniel Cretton.

4. DISCUSSION

4.1 Grace's Characterization as the main character in Destin Daniel's Short Term 12 movie

4.1.1 Grace's Direct Characterization

Grace is the main character in Destin Daniel's *Short Term 12* movie. She is beautiful with medium blonde hair, always wears jeans. Grace is a protagonist but sometimes weirdest with various kinds of her mindset, as Mason said in the scene below:

Mason: "These? Flowers. They represent the peculiar thoughts that grow out of your gorgeous mind." (19:05 minutes)

[...]

Mason: "Well, it's easy. It's because you are the weirdest, most beautiful person I have ever met in my whole entire life." (19:26 minutes)

(Cretton, 2012:23-24)



(18:57 minutes)



(19:05 minutes)

It can be inferred from the scene above that Grace is a woman who is difficult to understand because of her mindset caused by trauma in her past, but she is kindhearted. As Mason said, she has the peculiar thoughts that grow out of the gorgeous mind.

4.1.2 Grace's Indirect Characterization

4.1.2.1 An Independent Girl

Grace is an independent girl. She always uses her bicycle to commute to work. She does not have a mother, and her father is in prison because he has committed violence to her. She has a troublesome childhood, sexually abused by her father and ignored by her mother. She turns to self-harm and still struggles to have a healthy intimate relationship with her boyfriend.

4.1.2.2 A Caring, Protective and Brave Girl

Because of her past, she feels protective and caring for the children and will do anything to keep them safe, as in the scene when she tries to protect Jayde from her father. She is angry with the head of *Short Term 12*, Jack, for making the decision unilaterally and Grace think that the decision is wrong because he lets Jayden be brought to be back home by her father.

She is also a brave girl. One of the example is shown in the moment when she follows Jayden to her house and brings her back to *Short Term 12*, the rehabilitation house. She is not afraid that Jayden's father may hurt her.

4.2 Freudian Psychological Analysis on the Main Character in Destin

Daniel's *Short Term 12* Movie

The focus of the study is the personality of Grace. As the *Short Term 12* movie's main character, Grace's actions, and personality affect the whole story's plot. Grace lives with her boyfriend in their apartment and works in a youth rehabilitation center, where Grace has also experienced what they feel, she is still traumatized by her past, but she tries to cover it. She becomes an independent person living without her parents because her mother neglects her, and her father is in prison for the conflict of criminal violence committed against her. Indirectly, she is the one who causes her father to go to jail. At that time, she is terrified that she does not dare to speak out, but now she has grown into an adult woman who must be able to face unfair treatment and be more courageous in speaking up.

4.2.1. Grace's Id, Ego, Superego

4.2.1.1. Grace's Id

4.2.1.1.1. Grace asks her boyfriend's feeling

Id is about the "pleasure principle". Which means that Id is about human pleasure in the world. Such as eating, drinking, desire, love, and anything else.

The dialog between Grace and Mason as quoted below:

Grace: "Why are you so nice to me?" (19:06 minutes)

[...]

Mason: "Because you're the weirdest, most beautiful person I have ever met in my life." (19:17 minutes)

Grace likes that. She gives him a perfect kiss.

(Cretton, 2012:23-24)

Based on the script above, it can be seen that Grace's Id is pleurably satisfied. She just wants her boyfriend to always love her, and long last to live with her no matter what. Grace's Id does not ignore Grace's Ego, who is worried about something that will happen in the future. In that scene, she is controlled by her Id to seek pleasure from her boyfriend. All the energy of her Id devotes for the sole purpose of seeking pleasure regardless of whether the pleasure is appropriate or not to be shown.

4.2.1.1.2. Grace eats and cooks with her boyfriend

Grace's Id is pleurably satisfied because of the urge to eat and cook with her boyfriend. Grace's Id is the desire to eat because she feels hungry and feels happy when she cooks with her boyfriend. From this scene, it can be said that Grace's Id is more dominant than her Ego and Superego because she feels happy doing that, and her Ego is also pleurably satisfied after a day she feels tired taking care of the children in a rehabilitation home. It is paid off that by doing such things make her life happy.

4.2.1.1.3. Grace enjoys party with Mason's family

Grace's Id is also pleurably satisfied when Mason's family have a party. Mason invites Grace to the party then Mason introduces Grace to his family. They dance together with salsa music and having fun together. Mason gets Grace and holds her near, abating their pace. They move near his parents. Mason gets closer to her ears and whispers as quoted below:

Mason: "Will you marry me?" (01:03:20)

Grace: "Are you serious?" (01:03:27)

Mason: "Yeah, I'm dead serious" (01:03:30)

She smiles and nods, puts her head on Mason's shoulder, and lets the moment seep through her pores.

(Cretton, 2012 : 58)

Grace feels so excited with the party and believes that Mason loves her so much and is serious with their relationship. Her subconscious mind works and is able to destroy her thoughts that contradict one another.

4.2.1.2 Grace`s Ego

4.2.1.2.1. Grace's Ego tries to control the emotion

The Grace's Ego can be seen when she tries to intervene with Marcus, which stirs up Nate's words (the volunteer). According to Marcus, it offends him and his friends in the house because Nate called them "kids who are underprivileged." This causes a tense situation because it occurs while the meeting is in progress. The dialog between Nate, Marcus, and Grace is as follows:

Nate: "Um sure, yeah. As you know, my name is Nate and I, just uh, I took a year off of school to get some life experience, and I've always wanted to work with underprivileged kids."
(09:43 minutes)

Marcus: "What the fuck is that supposed to mean?" (09:52 minutes)

Grace: "Marcus, settle down" (09:53 minutes)

[...]

Marcus: "Then think about your fucking words before you speak."
(10:02 minutes)

Grace: "Hey! That's a level drop. Go to your room." (10:03 minutes)

(Cretton, 2012 : 12-13)

Based on the script above, it can be seen that Grace's Ego has difficulty in controlling her emotions, as evidenced by unconsciously injuring her hand. At that time, she is trying to control her Id and Superego with realistic demands from the

outside world; thereby, it is raising anxiety. She is trying to control her emotion, but she endures by self-harm, as shown in the picture below:



Scene 10:03



Scene 10:38

4.2.1.3 Grace`s Supergo

4.2.1.3.1 Grace accepts her pregnancy

Grace's Supergo is shown in the scene when she can accept her pregnancy as a gift that God has given her so that she fails to make the wish to abort her pregnancy. This happens while she is in his apartment after finally telling her boyfriend about her pregnancy, and Mason gives a positive reaction and wants Grace to keep the pregnancy. At the first time, Grace is still doubtful then she is reassured by Mason that they would be great parents. Finally, Grace accepts the fact that she will have a baby. This shows that Grace`s Supergo works well to do something good as a moral control.

4.2.1.3.2 Grace makes a cake and bracelets for all the house members

Grace's Supergo can also be seen when she makes a cake and bracelets for all the house members she makes by herself. She loves these children so much, even though caring for them is very tiring. This happens when Jayden returns to Short term 12's house after returning home and when Marcus will soon leave the house because she is 18 years old. Grace makes cakes with the help of her

boyfriend while making accessories she makes on her own. This indicates that Grace's Superego works well in terms of goodness as a moral control.

4.2.1.3.3 Grace tries to save Jayden from Jayden's father

Grace's Superego can also be seen when she tries to save Jayden from Jayden's father, who is bad and rude to Jayden. Grace does not accept when Jayden suddenly bring her father home from short term 12. Grace understands that her father treats Jayden badly. Her father often commits violence against her, and Grace experiences what Jayden experiences, so she really wants to protect Jayden from her father. She tries to protect her and bring her back to Short Term 12. This shows that Grace's Superego works to do something good as a moral control.

4.3. Grace's Psychological Conflict

4.3.1 Grace's Internal Conflict

4.3.1.1 Grace's internal conflict of accepting the reality of the pregnancy

Internal conflict is a conflict that comes from within Grace herself. This can be found in the conflict between the Grace's Ego and Superego, that is, when Grace wants to abort her pregnancy because she feels that she is unable to become a mother and feels unable to educate her child, and traumatized by her past pregnancy caused by her father. Her ego wants to do abort the pregnancy, but her Superego wants to keep the pregnancy.

After she overthinks and talks with Mason, her boyfriend, She knows that Mason is happy with her pregnancy. She also knows that abortion is not a good

solution to do as a quoted in the following conversation between Grace and Mason below:

Grace : "I have something to tell you." (37:11 minutes)
Mason : "What's that?" (37:15 minutes)
Grace : "We're going to have a baby" (37:27 minutes)
[...]
Mason : "Whoaaa, Um ah, give me a minute. Oh boy holy shit. Hey, you know we can do this right. We are going to be some amazing parents" (38:00 minutes)
(Cretton, 2012 : 38)

Based on the script, it can be seen that Grace finally accepts her pregnancy after her boyfriend, Mason, has responded well to her pregnancy. Even though her Ego feels that she has not taken this fact, her boyfriend, Mason, has accepted it. Grace's inner conflict in this scene includes internal conflicts, where the problem comes from within itself.

4.3.1.2 Grace`s internal conflict of accepting the reality of her father in

getting off from prison

Internal conflict also appears in the scene when Grace gets the news that her father will be getting off from prison after ten years. She is not ready to accept that fact. This causes her to do self-harm, pinching a part of her finger with a nail until it bleeds. Grace's Id and Superego can not control her Ego. Unconsciously, she is angry with her boyfriend, Mason, for this because her boyfriend initially hides the news about her father.

This makes Grace feel uneasy, worried, disappointed, and want to be angry. She consciously and unconsciously passes the inner conflict at that time,

then it reaches a point of acceptance for her father's release from prison when Mason finally manages to strengthen and calm her down.

4.3.2 Grace's External Conflict

4.3.2.1 The conflict between Grace's Ego and Jayden's Ego

The conflict between Grace's Ego and Jayden's Ego occurs when Jayden runs away from the rehabilitation center. Grace pursues her because she is worried that her father will hurt Jayden. Then, when Grace wants to hit Jayden's father with a baseball stick, Jayden stops her. They both end up destroying Jayden's father's car by breaking the glass of father's car by using a baseball stick alternately.

Grace : "Jayden, We have to do something about this"
(01:22:14 minutes)

Jayden : "Should we go bash his face in with a baseball bat while he's sleeping?" (01:22:17 minutes)

(Cretton, 2012 : 72)

Grace looks at the baseball stick for a moment before taking it from Jayden. She steps up onto the hood of the car, holds it above her head, and brings it down on the windshield with a smash. She hits it again and again. She is letting out all of her frustration until the entire thing is demolished. She stands there as the bouncing cubes of glass settle on the pavement as quoted below:

Grace : "Okay, now we should get out of here." (01:24:14 minutes)

(Cretton, 2012 : 73)

Grace packs Jayden on her bike as they journey tenderly down the road, Jayden embraces her from behind. Grace and Jayden ride into the parking lot.

Grace's Ego can not accept for Jayden's father need to Jayden, because she has experienced what Jayden has experienced, namely the violence of her own father committed to her when she is a teenager.

4.3.2.2 The conflict between Grace`s Superego and Marcus`s Id

The conflict between Grace's Superego and Marcus's Id occurs when Grace finds a drug in Marcus's room. Grace asks Marcus not to do that because he could go to jail, and Marcus says he is not afraid of it. Grace said that her father is in prison for ten years; therefore, Grace does not want Marcus to have the same fate as her father. In this case, Marcus obeys his Id rather than his Superego, while Grace is dominant in her Superego. Marcus's Id managed to keep him from feeling afraid of the threats Grace is putting against him and what might happen in the future. Mason wants to enjoy the drug and feel satisfied without thinking about its appropriateness or inappropriateness as quoted below:

Grace: "You need to tell me what the hell is going." (27:22 minutes)
"Assault and drug possession? You realize that's enough to
get your ass thrown in juvie." (27:45 minutes)

[...]

Marcus: "I ain't scared of shit." (28:02 minutes)

[...]

Grace: "My dad's been in there for ten years. I don't want that for
you." (28:25 minutes)

(Cretton, 2012 : 32)

4.3.2.3 The conflict between Grace`s Ego and Mason`s Superego

The conflict between Grace's Ego and Mason's Superego occurs when Grace asks to break up and wants to terminate the pregnancy, but Mason does not accept it. He wants to marry her and keep the pregnancy of Grace. Mason believes

that they both are able to become great parents for their children in the future, as quoted in the conversation below:

Grace: "I can't. I'm sorry." (1:15:12 minutes)
Mason: "You're sorry? Grace, are you serious?" (1:15:21 minutes)
[...]
Grace: "I can't do this. I can't.... I can't marry you. I can't have your baby. I can't do any of it. I can't do it." (1:16:04 minutes)
Mason: "So what do you want to do? You want to get an abortion?" (1:16:37 minutes)
[...]
Mason: "Do whatever you want, okay? Because I'm done." (1:17:16 minutes)

(Cretton, 2012 : 69)

Grace's Ego is unable to accept this reality while her Id and Superego can not control it. As a result, Grace's Ego gets into a conflict with Mason's Superego. While Mason's Superego has an opposite desire to Grace's Ego.

4.4 Ego Defense Mechanism

4.4.1 Grace's Displacement

4.4.1.1 Grace scolding, sulking toward Mason and ending their relationship

The defense mechanism that is psychologically done by Grace is Displacement. The reason that drives her to perform displacement is that Grace feels frustrated emotionally because of a problem in the rehabilitation house. She expresses her emotions by scolding and sulking towards Mason for no reason which makes Mason restless. It is as if Mason makes a mistake and Mason does not know for sure why Grace behaves that way. Mason has tried to calm Grace down, but he fails. Because of this, Grace also takes an immature decision and wants to end her relationship with Mason as quoted below:

Mason: “I know it’s been a really fucked up day, okey?”
(01:14:38 minutes)

[...]

Mason: “Then tell me. That’s how this works. Talk to me about it so that I can take your hand and fucking walk through this shit with you. That is what I signed up for, okay? But I cannot do that if you won’t let me in. Grace shakes her head.” (01:14:43 minutes)

Grace: “I can’t. I’m sorry.” (01:15:02 minutes)

(Cretton, 2012:68-69)



(01:14:38 minutes)



(01:15:02 minutes)

Scolding and ending her relationship with Mason is one of the basic forms of displacement committed by Grace in suppressing her anxiety and anger with the situation she is currently facing. She can not control her emotions and does not tell the truth about her worries, but she distracts her emotion by running away from her relationship with Mason that hurts him.

4.4.1.2 Grace slams Jack’s lamp and pushes the desk

Displacement is also psychologically done by Grace by shattering Jack’s beloved lamp. The displacement occurs when she learns that Jayden has been brought home by her father. She is angry with the head of the “Short term 12”, Jack, for allowing Jayden’s father to take her to his house. She does not accept and gets angry with Jack by trying to explain the conditions and circumstances that Jayden has experienced violence committed by her father, but so far Jayden

does not dare to tell it. Grace is very worried about Jayden, but Jack does not accept Grace's explanation and does not believe Grace's words. This makes Grace angry, by slamming the table lamp on Jack's desk. She lifts the lamp over her head and throws it down onto the asphalt, shattering it into a thousand pieces. Their wrangle can be seen based on the conversation quoted below:

Grace: "That's not even the point, Jack. Did you read my report?" (01:08:17)

Grace push the jack's desk.

Jack: "Of course I did, and I was very concerned. But when Jayden's social worker asked her about it, she said her father has never been abusive in any way." (01:09:21 minutes)

(Cretton, 2012:62-65)



(01:09:27 minutes)



(01:10:37 minutes)

Besides displacing her frustration and emotion toward Jack by "shattering Jack's lamp," it is also shown that Grace also pushes the jack's desk. This is a fairly common example of displacement, as Grace fears that she will not be able to solve the case in time.

4.4.2 Grace's Negation

The defense mechanism that is psychologically done by Grace is Negation. The reason that drives her to perform negation is that Grace is not ready and cannot accept her pregnancy. Due to the trauma of her past, she tries to deny the fact of her pregnancy. She does not tell her pregnancy to her boyfriend and tries to forget the fact. She has checked it seven times and the result is positive for pregnancy. When she is nauseous and is asked by Mason, she said that she is tired. The negation she has done for a few weeks after, finally, she has the courage to go to the obstetrician directly as quoted below:

Nurse Beth: “So, the test did come back positive.” (15:22 minutes)

Grace: “Lovely.” (sarcastic) (15:26 minutes)

Nurse Beth: “How are you feeling?” (15:31 minutes)

Grace: “I already took like seven of those tests at home, so I’m not really surprised.” (15:35 minutes)

(Cretton, 2012 : 19)



(15:26 minutes)



(15:31 minutes)

Grace's negation does not last long after she finally announces her pregnancy to her boyfriend. She thinks that denying could calm her down, but it actually makes her depressed, and her emotions has fluctuated because of the hormones of her pregnancy.

5. CONCLUSION

"*Short Term 12*" is a movie that tells the story of a rehabilitation home that describes teenagers with mental health disorders where they struggle to return to their normal life. This study focusses on the main character, Grace, who is a young supervisor who takes care of these teenagers.

Based on the writer's analysis, through the Freudian Psychoanalysis, the main character Grace has some psychological trauma caused by her past. Oftentimes, Grace's Id and Superego are not more dominant than her Ego. Therefore, she uses a defense mechanism to control her Ego, in the form of displacement and negation. She is a female supervisor who does her best to protect the children in the Short Term 12 house of rehabilitation.

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