



**THE STRUGGLES OF BEING AN ALCOHOLIC
AS DEPICTED ON KATE HANNAH
IN *SMASHED* BY JAMES PONSOLDT**

**A THESIS
In Partial Fulfillment of the Requirements
for the Bachelor Degree Majoring American Cultural Studies
in English Department
Faculty of Humanities Diponegoro University**

**Submitted by:
GISELA NASTITI NUGRAHANI
13020115120050**

**FACULTY OF HUMANITIES
DIPONEGORO UNIVERSITY
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2022**

PRONOUNCEMENT

The writer honestly confirms that she compiles this thesis by herself and without taking any result from other researches in S-1, S-2, S-3 and in diploma degree of any university. The writer ascertains that she does not quote any material from other publications or someone's paper except from the references mentioned.

Semarang, March 2022

Gisela Nastiti Nugraheni

MOTTO AND DEDICATION

Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

-1 Thessalonians 5:17-18

I would like to be remembered as someone who used whatever talent she had to do her work to the very best of her ability.

-Ruth Bader Ginsburg

*This thesis is dedicated to my parents,
my little brother, my best friends,
and the last one, myself.*

APPROVAL

**THE STRUGGLES OF BEING AN ALCOHOLIC
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Written by:

Gisela Nastiti Nugraheni

NIM: 13020115120050

is approved by the thesis advisor

on March 22, 2022



Rifka Pratama, S.Hum., M.A.

NIP. H.7.199004282018071001

The Head of English Department



Dr. Oktiva Herry Chandra, M.Hum.

NIP. 196710041993031003

VALIDATION

Approved by

Strata I Thesis Examination Committee

Faculty of Humanities Diponegoro University

on June 16, 2022

Chair Person



Arido Laksono, S.S., M.Hum.

NIP. 197507111999031002

First Member



Prof. Dr. Nurdien H. Kistanto, M.A.

NIP. 195211031980121001

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The writer realizes that this study is far from perfect. Therefore, the writer will be glad to receive any constructive criticisms and recommendations to make this study to be better. Finally, the writer expects that this study should be useful for all of the readers.

Semarang, March 18, 2022

Gisela Nastiti Nugraheni

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ABSTRACT

Alcoholic is someone who has an alcohol dependency. A person also can be called as an alcoholic if he craves for more alcoholic drinks and he has already consumed some of them in a day. In order to complete this study, the writer uses library research method and also mimetic and socio-psychological approach. The writer also uses alcoholism theory in this research. Kate Hannah is a representation of someone who is an alcoholic on a movie called *Smashed*. There are some causes of why Kate Hannah is being an alcoholic. After getting some bad impacts regarding her drinking habit, Kate Hannah finds some struggles to help her dealing with her alcohol dependency.

Keywords: alcoholism, causes, struggles, *Smashed*

ABSTRAK

Alkoholik adalah seseorang yang memiliki kecanduan terhadap alkohol. Seseorang juga bisa dikategorikan sebagai alkoholik apabila dia memiliki hasrat lebih untuk mengonsumsi minuman beralkohol dan dia sebelumnya sudah mengonsumsi beberapa minuman beralkohol sebelumnya dalam satu hari. Untuk menyelesaikan penelitian ini, penulis menggunakan metode studi pustaka dan juga pendekatan mimesis dan sosiopsikologi. Penulis juga menggunakan teori alkoholisme di penelitian ini. Kate Hannah merupakan gambaran seorang alkoholik di sebuah film yang berjudul Smashed. Terdapat beberapa sebab mengapa Kate Hannah menjadi seorang alkoholik. Setelah Kate menerima beberapa dampak buruk akibat kebiasaannya minum minuman beralkohol, Kate memutuskan untuk mencari beberapa perjuangan untuk membantu dirinya dalam hal mengatasi ketergantungan dia terhadap minuman beralkohol.

Kata kunci: alkoholisme, sebab, perjuangan, Smashed

CHAPTER I

INTRODUCTION

1.1. Background of the Study

The writer understands that alcoholic drinks may be important for the society. Wine is one of main parts in every Catholic mass. Rhum can be a good flavor enhancer either in a cake or in an ice cream. It is a fact that alcoholic drinks can be consumed by everyone who needs it.

Sudhinaraset, Wigglesworth and Takeuchi claim that alcoholic drinks can be consumed by any genders and race or ethnicity in the US (2016: 37). Sudhinaraset, Wigglesworth and Takeuchi observe that American Indian, Alaskan Natives and the Whites are the highest consumers of alcoholic drinks in the US (2016: 37). People who have high or low economic status also can consume alcoholic drinks in the US. People who are in high economic status tend to drink repeatedly than the others. Furthermore, people who are in low economic status like to consume big amounts of alcoholic drinks. Unfortunately, a drinking habit can lead into something bad for a family.

Straussner assumes that drinking habit can cause some problems for a family member (1994: 397). In alcoholic family system, there is no clear role and rule between every family member. Financial problem and domestic violence are some examples of how drinking habit can destroy a family. Unfortunately, there is also a couple who is the husband and wife are both alcoholic and both of them are still okay with that. As a result, when either the husband or wife is going to be sober,

their relationship may be over for them one day. There are some previous studies that also address some bad effects of being an alcoholic.

Some researches mention that there are some bad effects of being an alcoholic. Witkiewitz, Litten and Leggio presume that being an alcoholic can lead someone have a disease called Alcohol Use Disorder (2019: 44). Kranzler and Soyka also express that morbidity and mortality are the worst effects of being an alcoholic (2018: 322). Because of these statements, the writer wants to make a further discussion about this topic.

The writer wants to discuss this topic because the writer knows that there are a lot of people who like to drink recklessly. The writer also finds out that some bad things happened because of drinking habit. In this research, the writer wants to inform the reader about how bad our life can be if we live as an alcoholic. The writer can see that representation in *Smashed*.

Smashed is a movie that release on 2012. The movie is about Kate and Charlie Hannah. Kate is an elementary school teacher, and she has an addiction toward alcoholic drinks. She becomes so dependent on her alcoholic drinks, and she can not live without them. Because of her bad habit of drinking, she always gets into trouble. After reflecting some troubles because of her drinking problem, Kate tries to be sober and she does not want to be an alcoholic anymore. This movie is a good representation of why drinking habit can cause some serious problems for people's lives.

Based on what the writer explains above, the writer wishes that the reader will get more knowledge about some bad things because of being an alcoholic from

Kate Hannah's point of view through this research. The writer will also engage the reader to learn about the experience of being an alcoholic from Kate Hannah in *Smashed* movie by James Ponsoldt.

1.2. Scope of the Study

In this research, the writer wants to limit this research into a specific topic. The limitation of the intrinsic aspect is about character and characterization, conflict and setting in *Smashed*. Furthermore, the writer also wants to limit the extrinsic aspect for this study as well. This research is going to examine about the causes and impacts of being alcoholic as portrayed by Kate Hannah in *Smashed* movie by James Ponsoldt.

1.3. Purposes of the Study

1.3.1 To analyze the intrinsic aspects of *Smashed*.

1.3.2 To identify the causes of being an alcoholic as reflected on Kate Hannah in *Smashed*.

1.3.3 To discover Kate Hannah's struggles to be sober from being an alcoholic in *Smashed*.

1.4. Methods of the Study

In order to complete this research, the writer will use two types of method. The first method is the method of data collection, and the second method is the method of approach.

1.4.1. Method of Data Collection

The writer uses library research as the method of data collection for this research. George states that library research is a method that requires some sources in order to find some factual opinions from the experts about the question of the research (2008: 6). The writer will read some sources either from printed books or electronic sources in order to seek some scientific literatures to complete this study.

1.4.2. Method of Approach

The writer uses two approaches in this research. The first approach which will be used by the writer is mimetic approach. The writer uses mimetic approach in order to decipher the intrinsic aspect of the movie in this research. Abrams and Harpham mention that

“mimetic approach views the literary work as an imitation, reflection, or representation of the world and human life, and the primary criterion applied to a work is the “truth” and “adequacy” of its representation to the matter that it represents or should represent” (2013: 72).

The second approach that the writer will use is the socio-psychological approach. The writer will use socio-psychological approach in order to break down the extrinsic aspect of the movie in this research. Allport assumes that socio-psychological approach is a study that learns about behavior from a person to another person, and how his actions provoke the others or his doing is also a reaction from the others (1942: 12). From this approach, the audience will understand how a character will develop his own characteristics and it can be from someone else or his surroundings.

1.5. Organization of the Writing

Chapter I INTRODUCTION

This chapter consists of five sub-titles such as background of the study, scope of the study, purposes of the study, methods of the study and organization of the writing.

Chapter II SUMMARY AND BIOGRAPHY OF THE DIRECTOR

This chapter mentions about two things related to literary work which are the summary of *Smashed* movie and the biography of James Ponsoldt, the director of the movie.

Chapter III THEORETICAL FRAMEWORK

This chapter tells us about some theories that the writer uses to analyze the research.

Chapter IV ANALYSIS

This chapter contains the main point of the research. In this chapter, the writer will analyze both intrinsic and extrinsic aspects using some theories which have explained in Chapter III.

Chapter V CONCLUSION

This chapter is about the summary of the research.

CHAPTER II

SUMMARY AND BIOGRAPHY OF THE DIRECTOR

2.1. Summary of the Movie

There is a couple called Charlie Hannah and Kate Hannah. Kate Hannah works as an elementary school teacher. One day, Kate has to go to work. She has to take a bath quickly unless she will be late. When Kate takes a bath, she sneaks an alcoholic drink near her bathroom and she drinks an alcoholic drink in the morning.

After taking a bath, Kate goes to school by her car. Before going out of her car, she takes another drink. When Kate teaches, she suddenly throws up in the class. There is a student asking Kate if she is pregnant because she remembers of her mother when she was pregnant with her sister. Kate tells the students that she is pregnant. After that, Kate is in the principal room and the principal tells Kate to go home and rest. Before going home, Kate decides to visit the class. She wants to thank Vice Principal Davies for taking her role as a teacher. Davies confronts Kate if she throws up because she is hangover and he sees Kate drinking in the car in the morning. Kate tries to deny but end up telling him that she is indeed drinking. Kate asks Davies to not tell anyone about this matter.

Later, Kate is in a concert with her husband, Charlie. Kate looks so wasted and even she looks wasted, she decides to go home. Before going home, she looks at a woman sitting alone in front of the bar. Kate asks her and the woman mistakes Kate for offering a ride home. During the ride, Kate asks her what type of drugs

that she smokes. The woman says that she smokes a crack and she also offers Kate the crack. Kate refuses at first, but she still accepts it somehow. After Kate smokes a crack, she is on cloud nine. She rants out about how she ends up being a drinker.

Next day, Kate awakes at a dump place. She does not remember what happened on last night. Kate walks on the side road and trying to find her car. After finding her car, Kate goes home. She regrets that she smokes a crack last night. In her home, Kate's husband worries about her. Later, Kate tries to have sex with her husband but unfortunately, due to his hang over, he cannot do that. Kate becomes so pissed on his husband.

Later that night, Kate tries to drink another alcohol. She finds none at her house. Kate tries to buy some cheap wines in a mini market but unfortunately, the shop assistant refuses to sell the wines. It is late and it is two a.m. in the morning. Based on the rule, any shop cannot sell an alcoholic drink on two a.m. in the morning. Kate was so mad when she hears about that. Later, Kate steals the wine.

Next day, Kate wakes up near the river. Again, she does not remember about what happened to her last night. Kate goes to school and tries to look sober. Davies knows about Kate's problem and he tries to ask Kate to join an Alcoholics Anonymous meeting. It is a community when people try to be sober by joining a social support meeting. Davies is also an alcoholic survivor for four years so far. After reflecting the chaos because of her drinking problem, Kate decides to join Alcoholics Anonymous meeting in order to make Kate loose her interest toward alcoholic drinks.

In Alcoholics Anonymous meeting, Kate admires Jenny. Jenny is also an alcoholic survivor like Davies. Jenny is now a baker and she tries to change her addiction toward alcohol by eating some donuts. Listening to Jenny's confession, Kate really wants to be sober like Jenny. Kate talks to her husband when she wants to be sober and her husband does not really like that idea. Later, Kate visits her mother because she has not visited her for a long time. Kate also talks to her mother about joining the Alcoholics Anonymous meeting. Unfortunately, she is so skeptical about it because Kate's father left them after he joins an Alcoholics Anonymous meeting.

In the school, the principal and the teachers make a baby shower for Kate. Kate looks very shocked. She seems enjoy the party, but she also feels uneasy. Kate then goes home. In her house, Kate meets with his brother-in-law. Her brother-in-law unfortunately knows that Kate smokes a crack. When Kate hears about it, she is mad with Charlie, her husband. Later, Kate says that she wants to be honest with her principal. Charlie tells her that Kate may lose her job because of it. Kate says that if she loses her job, it can be a bad idea for both of them because she is the only one who works. Charlie is angry when he hears about it. Later, Kate and Charlie argue about their economy condition.

Next day, Kate goes to school and being a teacher just like any normal day. Suddenly, one of her student asks Kate why she does not look fat. Her student says that her mother is fat when she is pregnant. Kate tries to tell them that every pregnant woman condition is different. Another student asks Kate if she may kill the baby and saying that God will be mad with Kate. Kate ends up telling her

students that she has a miscarriage. The students look so shocked when they hear about this news.

Later, Kate is in the school principal's office. The principal worries about Kate because some parents call the school about what happened in the class. Kate tells the principal everything. Kate also mentions to her that she is not pregnant from the start. She throws up because she has a hangover. Kate tries to say sorry to the principal. Unfortunately, Kate gets fired from her job.

After getting fired, Kate goes to the bar. She drinks alcoholic drinks again. She looks so pissed after getting fired. Later, Jenny and Davies pick Kate up in the bar and bringing her home. Kate then talks about what happened to her husband. Charlie looks confused because he does not know how to help Kate. Because of Kate's unstable condition, Kate and Charlie starts fighting.

At the end of the movie, Kate is in an Alcoholics Anonymous meeting. She happily shares to the community that she has been an alcoholic survivor for a year. She also cries when she talks about her past. Unfortunately, Kate also separates with Charlie. Charlie tries to ask Kate to be with him again, but Kate does not want that. Charlie asks if Kate can be together with him again if Charlie goes to an Alcoholics Anonymous meeting like what Kate does. Kate says that if Charlie wants to heal, he has to do it for himself.

2.2. Biography of the Director

James Adam Ponsoldt is an American director and screenwriter. James Ponsoldt was born in Athens, Georgia on 25 June 1978. James gets married with his wife,

Megan Holloway, on 2015. James spent his high school in Athens, Georgia. He got his bachelor degree from Yale University and he got another degree from Columbia University. James also pursued his master degree in UCLA.

James Ponsoldt has made some movies. *Off the Black*, *Smashed*, *The Spectacular Now*, *The End of the Tour* and *The Circle* are some movies that made by James Ponsoldt. *The Spectacular Now* is one of James' well-known movies. *The Spectacular Now* is about the life of teenager. Shailene Woodley and Miles Teller are the actors who play in *The Spectacular Now*. James also has a new upcoming movie in 2022 called *Summering*.

Because of James' remarkable work, two of his movies were shown in a prestigious film festival called Sundance Film Festival. *Smashed* and *The Spectacular Now* are the movies which shown in Sundance Film Festival. *Smashed* movie also won an award the US Dramatic Special Jury Prize for Excellence in Independence Film Making.

CHAPTER III

THEORETICAL FRAMEWORK

3.1. Intrinsic Aspect

3.1.1. Narrative Elements

Narrative element is the element that shapes a literature work. Abrams and Harpham affirm that narrative is “a story, whether told in prose or verse, involving events, characters, and what the characters say and do” (2013: 233). In this study, the writer wants to discuss some narrative elements such as character and characterization, conflict and setting.

3.1.1.1. Character and Characterization

McKee assumes that “character is revealed in the choices a human being makes under pressure - the greater the pressure, the deeper revelation, the truer choice to the character’s essential nature” (1997: 101). The audience will see a character from the physical image in a movie. A character will also have its own “mask”. This mask is called characterization.

McKee presumes that characterization is “the sum of all observable qualities of a human being, everything knowable through careful scrutiny” (1997: 100). Some characters have different traits, looks, values and etc. This definitely makes some characters are different between each other. This differentiation also makes a character is unique with their own way. McKee also adds that a character is unique because of some combinations between his genetic from the parents and from his past experience (1997: 101).

3.1.1.2. Conflict

McKee says that conflict is “the story’s position on the hierarchy of human struggles” (1997: 69). Character lives in a circle of an identity and awareness. This circle tagged some levels of conflict in a character’s live. According to McKee, conflict can be divided into three levels such as inner conflict, personal conflict and extra-personal conflict (1997: 145).

3.1.1.2.1 Inner Conflict

Inner conflict is a conflict which is about the character and its own problem. The problem can be from its own nature such as mind, body and emotions (McKee, 1997: 145).

3.1.1.2.2 Personal Conflict

Personal conflict is about the character that has a problem with his surroundings. The problem can be from lovers, family and/ or friends (McKee, 1997: 146).

3.1.1.2.3 Extra-Personal Conflict

Extra-personal conflict is a trouble that caused by personal problem. The problem happens between an individual and another individual and/ or the society. For example, a man has a problem with his boss or a citizen has a problem with the government (McKee, 1997: 147).

3.1.1.3. Setting

McKee tells that “a story’s setting sharply defines and confines it possibility” (1997: 69). Even though a movie is a product of fiction, some events can be possible or probable. According to McKee, setting is divided into three parts such as setting of time, setting of place and setting of environment (1997: 69).

3.1.1.3.1 Setting of Time

Setting of time tells the audience about time throughout the movie. A movie can tell the audience about the time set-up such as second, minute, hour, day, week, month, year and even a precise time such as 22 December 2020 at 3 pm (McKee, 1997: 69).

3.1.1.3.2 Setting of Place

Setting of place describes about how a movie takes place in some places. Setting of place can be in any place such as street, city and/ or even country. Setting of place also describes about a specific place such as Golden Gate Bridge or Times Square (McKee, 1997: 69).

3.1.1.3.3 Setting of Environment

Setting of environment tells about the condition and the surroundings throughout the movie. Setting of environment can tell the audience about some things such as political and cultural environment in a movie (McKee, 1997: 69).

3.1.2. Cinematic Elements

Cinematic element is about some things regarding technical aspects in a movie making. Brown states that cinematic element is “all the techniques and methods of filmmaking that we use to add layers of meaning to the content” (2012: 14). Cinematic elements help the narrative elements from a plain story into a moving picture with some great sounds. Some narrative aspects will be combined with some methods of movie making so that, a movie maker can make a good movie for the viewers. In this research, the writer wants to examine about camera angle, camera distance and sound.

3.1.2.1. Camera Angle

3.1.2.1.1 Straight-On Angle

Straight-on angle is the common angle that people can see in a movie. This angle is taken from the same eye level. From this angle, the audience is in the same level as the subjects in the movie (Bordwell and Thompson, 2017: 188). (Picture 3.1)

3.1.2.1.2 High Angle

High angle captures a subject from the higher area. The camera is placed higher than the eye level. This angle makes the subject powerless in a movie (Bordwell and Thompson, 2017: 188). (Picture 3.2)

3.1.2.1.3 Low Angle

Low angle is made when the camera is placed below the eye level. This angle makes the subject can be superior in a movie (Bordwell and Thompson, 2017: 188). (Picture 3.3)



Picture 3.1

(Bordwell & Thompson, 2017: 188)



Picture 3.2

(Bordwell & Thompson, 2017: 188)



Picture 3.3
(Bordwell & Thompson, 2017: 188)

3.1.2.2. Camera Distance

3.1.2.2.1 Extreme Long Shot

Extreme long shot is made when a character looks very small. A character may barely be visible in extreme long shot. A movie maker mostly uses this method to shot a big area such as a landscape of a city (Bordwell and Thompson, 2017: 189).

(Picture 3.4)

3.1.2.2.2 Long Shot

Long shot is a shot about an object that is not visible in a movie. The shot is more likely tell the audience about the background of a movie rather than the object itself (Bordwell and Thompson, 2017: 189). (Picture 3.5)

3.1.2.2.3 Medium Long Shot

Medium long shot points out a shot from the head until the knees. The audience can have a good look from either the character itself or the surrounding of a movie. Moreover, the audience can also see the balance of the characters and the surrounding of the movie itself (Bordwell and Thompson, 2017: 189). (Picture

3.6)

3.1.2.2.4 Medium Shot

Medium shot shows the object from the head until the waist part. From this shot, the audience more likely will see some gestures and expressions from the characters (Bordwell and Thompson, 2017: 189). (Picture 3.7)

3.1.2.2.5 Medium Close-Up

Medium close-up captures someone's body from the head until the chest. The audience can see the characters closely from this shot (Bordwell and Thompson, 2017: 189). (Picture 3.8)

3.1.2.2.6 Close-Up

Close-up is a shot which displays small object such as head, legs and etc. The audience can see some detail facial expressions and gestures from this type of shot (Bordwell and Thompson, 2017: 188). (Picture 3.9)

3.1.2.2.7 Extreme Close-Up

Extreme close up portrays a more detailed part of a character. A movie maker uses this method to shot a special part of a human's body. For example, the audience only can see the lips in a movie's scene (Bordwell and Thompson, 2017: 189). (Picture 3.10)



Picture 3.4
(Bordwell & Thompson, 2017: 189)



Picture 3.5
(Bordwell & Thompson, 2017: 189)



Picture 3.6
(Bordwell & Thompson, 2017: 189)



Picture 3.7
(Bordwell & Thompson, 2017: 189)



Picture 3.8
(Bordwell & Thompson, 2017: 189)



Picture 3.9
(Bordwell & Thompson, 2017: 189)



Picture 3.10
(Bordwell & Thompson, 2017: 189)

3.1.2.3. Sound

Sound is one of important parts in a movie. Sound is all about the audio components in a movie. The director should choose some great sounds in order to make a good movie. Nelmes expresses that sound in a movie is about “the advent

of the recorded soundtrack had a profound effect on the stories films told and the possibilities of cinematic narration” (2012: 100).

Nelmes tells that audio can be identified as the diegetic or non-diegetic (2012: 100). Diegetic means that sound belongs to the world of the movie. Moreover, non-diegetic means that sound is out of the narrative aspect of a movie itself. For example, Nelmes says that a movie scoring mainly can be categorized as non-diegetic because scoring in a movie can be an element for entertainment purpose (2012: 100).

3.2. Extrinsic Aspect

3.2.1. Alcoholic Parameter

Jones mentions that someone can be categorized as an alcoholic if they consume too many alcoholic drinks (2015: 7). Men can be categorized as an alcoholic if they consume fifteen drinks or more per week. Furthermore, women can be categorized as an alcoholic if they consume eight drinks or more per week. It is also can be seen when someone comes into an occasion. Jones expresses that if a man can drinks five drinks in two hours on a single occasion, he can be considered as an alcoholic (2015: 6). Moreover, if a woman can drink up to four drinks in two hours on a single occasion, this woman is also can be considered as an alcoholic person.

Jones says that alcoholic people may feel that they are alcoholic if they cannot stop crave for alcoholic drinks. They cannot stop their desire to drink more alcoholic drinks (2015: 7). These alcoholic people also tend to drink whenever

they can despite their personal and/ or interpersonal problem. Jones also states that some alcoholic people may feel that they cannot limit their drinking problem (2015: 7). This alcohol dependency indeed can be a big trouble for those alcoholic people.

3.2.2. Causes of Being an Alcoholic

3.2.2.1. Alcoholic Drinks as Coping Mechanism

Kissin and Begleiter state that one of the factors of why someone has an alcohol dependency is a rough childhood (1976: 146). Later, he tries to forget his rough childhood by drinking alcoholic drinks. Someone also needs to turn his personal crisis into drinking alcoholic drinks. If a person continues to do this, he can be an alcoholic and have an alcohol dependency in the future.

3.2.2.2. The Absence of Parents

Kissin and Begleiter affirm that the absence of parents can be a factor of why someone becomes an alcoholic (1976: 129). This parental loss can affect some young girls and these young girls can be alcoholics in the future. Kissin and Begleiter also mention that there are thirty seven percents of alcoholic women who experienced parental loss before age of six and this problem causes a woman to be an alcoholic when they are older (1976: 129).

Kissin and Begleiter report that there is a research about why a person can be an alcoholic (1976: 130). It is written that someone who lives without his father may become alcoholics. This can happen because his father dies, his father goes home drunk or his father has some psychological problems. These factors may lead someone to have an alcohol dependency later in the future.

3.2.2.3. Alcoholism in Relatives

Kissin and Begleiter observe that a report estimates thirty three percents until sixty percents of women becomes an alcoholic because of their parents (1976: 130). This happens mostly to women who also have an alcoholic father. Kissin and Begleiter also add that this problem also can happen to a woman who have a history of alcoholic family members in the past (1976: 130).

Kissin and Begleiter acknowledge that a woman who has an alcoholic mother can have a problem during her life (1976: 215). A woman may have some unhappy moments when they were a child. This problem can make a woman can be very stressful and making a woman to be an alcoholic person.

Kissin and Begleiter reveal that a person can be an alcoholic and the parents are still okay with it (1976: 175). Some people may have this condition in their family. When the parents drink, some people may also have the drinks occasionally. Kissin and Begleiter also report that this parental practice on drinking can have a big impact for some people (1976: 176). If a mother has a bad drinking behavior, her kids may copy this trait. Furthermore, if a father is an alcoholic, his children may not do the same things like what their father does.

Kissin and Begleiter mention that some alcoholic women may look for an alcoholic person to be their husband (1976: 213). They do this because they need to satisfy their own unconscious need. They also need someone who also in need to drink continuously. Women also can choose a person who potentially can be a drinker like them. When a pair of couple is both drinkers, they may have the same

stress and the same problem because they feel that they can solve their problem together.

3.2.3. Someone's Struggles to be Sober from Being an Alcoholic

3.2.3.1. Social Support Network

Having a role in the society can be important to a lot of people. It is not only for men but also for women. Women can have different role in a society. They can be a wife, mother and also teacher. Zigner et al. say that women who have low social support may become vulnerable of using alcoholic drinks (2000: 154). This addiction may effect their role in the family and also society.

Zigner et al. mention that women who has an addiction toward alcoholic drinks may face a stigma by their society (2000: 154). This social stigma can be a problem for a woman's life. They may not be funcyioned well in their work environment and also society. These women who have an addiction toward alcoholic drinks can be treated by social support network method.

A social support can be important for people who want to be free from alcoholic drinks. Zigner et al. mention that it is important to notice about the key relationship between a patient and his family, lover or anyone who can give a moral support to a patient so that, the alcoholic treatment can be effective (2000: 161). Individuals from the patient's network also can be helpful to help a man to get rid of alcoholic drinks.

Zigner et al. say that if marital problem happens because of alcoholic drinks, it can can be discussed during a treatment (2000: 161). A couple should have taken a couple treatments to discuss this matter. Any differences regarding culture and

ethnic of a patient should be noticed so that, the therapist also can make some useful suggestions to the patients in order to solve this alcoholic problem.

An alcoholic man also can be involved in a meeting called Alcoholic Anonymous. Zigner et al. state that Alcoholic Anonymous can be helpful for an alcoholic man during his alcoholic treatment (2000: 161). Someone is also more likely being active in an Alcoholic Anonymous meeting if he finds the treatment that he joined can help him effectively.

Those statements above should be available if some people seek for some treatments regarding the alcoholic problem. It is a fact that not everyone needs all of those detailed treatments. Zigner et al. also state that specific treatment is needed by someone who needs it (2000: 161). If a support group cannot help, an alcoholic man also can see the professionals such as therapist and doctor in order to help them regarding this alcoholic problem.

3.2.3.2. Environment of Care

Zigner et al. claim that some women may have an alcoholic spouse if they are also alcoholics (2000: 154). If both husband and wife are alcoholics, it is hard for one of them when they do not drink like their spouse. This drinking trait may also affect their marriage into a marital disruption and difficulties. In order to prevent a marital disruption for a drinker couple, they can have an environment of care to help them to be sober.

There are several treatments for alcoholic people in order to make them being sober. Zigner et al. affirm that there are four ways to make a good environment of treatment for alcoholic people (2000: 158). First, a treatment should have a

physical and social setting to make someone is compatible in a treatment. Moreover, someone can also enjoy a treatment with their personal orientations and styles. Second, the environment's treatment should be good for anyone regarding their gender, role and status in a society. Third, treatment should be suitable for women and they should not feel being exploited and harassed during a treatment. Lastly, a treatment should provide some specific treatments for alcoholic people who need them.

Any treatment environment should be good for anyone who needs help. Zigner et al. suggest that this treatment environment can be mixed for both women and men (2000: 159). Furthermore, there is also a treatment only for women in order to make them feel safe during an alcoholic treatment.

A new friend from a treatment also can be helpful. Zigner et al. tell that a friend from a treatment or an Alcoholic Anonymous meeting can be helpful for a alcoholic people (2000: 160). They may feel the same things and they may heal together. Same struggles and how they heal together can be important and lift up their spirit in order to heal from alcoholic problem. A personal support is needed for someone in order to heal from alcohol dependency. This personal support is different with social support network such as Alcoholics Anonymous because someone have to have a person or some people who shares a close bound to make a person can be sober from being an alcoholic.

CHAPTER IV

ANALYSIS

4.1. Intrinsic Aspects

4.1.1. Characters and Characterizations

In *Smashed* movie, there are four characters that play an important part in this movie. There are Kate Hannah, Charlie Hannah, Dave Davies and Jenny. These four people have their own important role in the movie.

4.1.1.1. Kate Hannah

Kate Hannah is a young woman who is in late twenties. She has black and straight hair. Kate is an elementary school teacher. Kate teaches a class in the first grade. In *Smashed* movie, Kate looks passionate when it comes to teach. She also looks happy when she makes an interaction with her students. It can be seen from Picture 4.1 and Picture 4.2.



Picture 4.1
(00.02.47)



Picture 4.2
(00.48.49)

Kate in *Smashed* movie is an alcoholic. It can be seen in Picture 4.3 and Picture 4.4. Picture 4.3 reveals of how Kate starts a day. While taking a shower, Kate needs to drink an alcoholic drink. Furthermore, in Picture 4.4., Kate drinks

another alcoholic drink from flask bottle. She drinks before doing her work which is being a teacher in an elementary school.



Picture 4.3
(00.01.06)

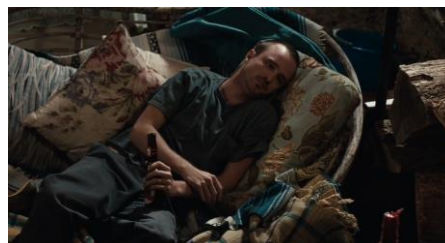


Picture 4.4
(00.02.16)

Later, in *Smashed* movie, Kate also appears to be someone who tries to be responsible of what she does. Kate once throws up in her class and telling the school principal that she is pregnant. In fact, Kate is never pregnant. She wants to tell the truth to the school principal, Patricia Barnes. Kate says “It’s not nothing. I lied to the kids and to my boss because I can’t take responsibility for my actions.” (Ponsoldt, 2012: *Smashed* 00.52.20).

4.1.1.2. Charlie Hannah

Charlie Hannah is the husband of Kate Hannah. Charlie in *Smashed* movie is also an alcoholic just like Kate, his wife. Charlie loves to have an alcoholic drink. Charlie can enjoy his drink with his wife. He sometimes drinks with his own brother, Owen. The portrait of Charlie Hannah is shown on Picture 4.5.



Picture 4.5
(00.47.40)

Charlie appears to be an irresponsible person in *Smashed*. Charlie is known as someone who likes to enjoy the alcoholic drinks and coming to some concerts with his brother, Owen. Kate says “I would rather worry about where my next meal is coming from than if in some drunken stupor marry a man who just wants to party and meet bands.” (Ponsoldt, 2012: *Smashed* 00.53.25). Kate is annoyed with this trait of Charlie. Charlie also says “I guess that you don’t need a job. We can just hang out and make out all the time. It’d be awesome.” (Ponsoldt, 2012: *Smashed* 00.53.16). From those previous lines, Charlie is definitely an irresponsible husband.

4.1.1.3. Dave Davies

Dave Davies in *Smashed* is the fellow teacher of Kate Hannah in the elementary school. The picture of Davies is shown on Picture 4.6. Davies appears to be someone who is an attentive person. It can be seen of how he cares of Kate’s condition. Davies says “I know meetings are weird. Especially at first. But, if you want to... I mean you never need to feel like you have to. But the ones I go to are pretty small, nice little groups. So, I’d be happy to take you. No pressure, okay?” (Ponsoldt, 2012: *Smashed* 00.25.20). He asks Kate to join Alcoholics Anonymous meeting in order to help Kate about her alcoholic matter. Davies knows that Kate may need a help about her alcohol dependency problem.

Davies is also an assertive person in *Smashed* movie. He confronts Kate and he tells her that he saw her drinking in the morning before teaching. Davies says “Well, I know you were drinking this morning. I saw you. Drinking when you’re

pregnant is really dangerous.” (Ponsoldt, 2012: *Smashed* 00.06.09). Davies in here tries to tell Kate that drinking while being pregnant can harm her and her children.



Picture 4.6
(00.24.14)

4.1.1.4. Jenny

Jenny in *Smashed* movie is a new friend of Kate from Alcohol Anonymous meeting which Kate joins with Davies. The picture of Jenny can be seen on Picture 4.7. Jenny appears to be a thoughtful person. It can be seen from a line of Jenny and Kate’s conversation during an Alcoholics Anonymous meeting. Jenny says “Oh, yeah, yeah, of course. I’ll be happy to explain it all to you. And we can also just talk.” (Ponsoldt, 2012: *Smashed* 00.30.37). Jenny in here tries to help Kate with her alcohol addiction.

Jenny in *Smashed* is depicted as an inspiring person. In Alcoholics Anonymous meeting, she shares her journey to be sober. There is a monologue which Jenny reveals of how she tries to rebuild herself from being an alcoholic.

I found a love in cooking. I have my own catering business now. And maybe I have replaced alcohol with chocolate chip cookies and vanilla wafers, banana pudding, doughnuts, jelly doughnuts to be specific, potato salad, shawarma and nacho cheese. Y’all know what I’m talking about. From now on, I’m going to enjoy my doughnuts. I prefer them over hungovers (Ponsoldt, 2012: *Smashed* 00.29.10 – 00.29.50).

She tells people of how she loves cooking now. Jenny also tells people in Alcoholics Anonymous meeting that she prefers to have some doughnuts than have a hangover.



Picture 4.7
(00.26.48)

4.1.2. Conflicts

4.1.2.1. Inner Conflict

Inner conflict is a conflict that happens between a character and also himself. In *Smashed* movie, Kate faces some conflicts with herself. First, Kate realizes that she is indeed an alcoholic. Kate also considers that being an alcoholic is actually okay. Later, Kate understands that being an alcoholic is a bad thing. She always has some troubles after consuming alcoholic drinks. She also confesses that she really wants to change. Kate needs to stop of being an alcoholic. Kate confesses this problem in front of her friends in an Alcoholics Anonymous meeting. There is also Picture 4.8 which tells of how Kate confesses her drinking problem in Alcoholics Anonymous meeting. This picture uses medium close-up method because the audience can see a detailed portrait of Kate when she confesses her feeling. A monologue below is a monologue from Kate when she tells her wish to stop of being an alcoholic in an Alcoholic Anonymous meeting.

And I've always drank a lot. Everyone I know drinks a lot. So I never really thought it was a problem. But lately, it kind of seems like it is, so... I wanna

be able to have a beer without it turning into 20 or wetting the bed. It seems like every time I drink, something awful happens and all the things that used to be funny are not really funny anymore and things have gone from embarrassing to scary, so... So, yeah, I'm kind of... I'm kind of scared.
(Ponsoldt, 2012: *Smashed* 00.31.04 – 00.31.12)



Picture 4.8
(00.32.09)

Second, Kate feels that her drinking problem is dreadful. She thinks that she needs to change her drinking habit. Kate says that “And the drinking is what leads to everything stupid that I do” (Ponsoldt, 2012: *Smashed* 00.16.17). In here, Kate believes that she her drinking habit can lead into some bad things. She realizes that she must change to be a better person.

Third, Kate tries to discuss her alcohol dependency problem with her husband, Charlie. Kate says that she wants to stop to be an alcoholic. The conversation between Kate and Charlie is mentioned below.

Kate : Listen, I think I can't do this anymore. I think I need to slow down.
Charlie : Yeah?
Kate : And... I might need help.
(Ponsoldt, 2012: *Smashed* 00.14.30 – 00.14.40)

When discussing this matter with her husband, Kate still enjoys a glass of beer with her husband. Picture 4.9 tells of how Kate still enjoys her beer while discussing her problem with Charlie. Unfortunately, Kate is in dilemma with her

thought. She says that she wants to stop her alcohol dependency, but at the same time, she still consumes a glass of beer.



Picture 4.9
(00.14.25)

4.1.2.2. Personal Conflict

Personal conflict is a conflict that can happen between a character and his family, lover and/ or friend. Personal conflict also can be arisen between a person with someone else who shares a close bound. In *Smashed* movie, Kate has a personal conflict with her husband, Charlie. Charlie does not like the “new version” of Kate. The dialogue between Kate and Charlie is mentioned below.

Charlie : You know what?

Kate : What?

Charlie : I fucking hate AA! It’s just.. It’s just turned you into a bitch. A brainwashed bitch.

(Ponsoldt, 2012: *Smashed* 54.34 – 54.59)

Kate turns into someone new after joining Alcoholic Anonymous meeting according to Charlie. It makes Charlie mad and Charlie is unhappy with Kate’s current condition.

Kate also faces another problem with her husband, Charlie later in *Smashed* movie. Kate does not like the way Charlie thought. The conversation between this pair is attached below.

Charlie : I mean, I guess that you don’t need a job. We can just hang out and make out all the time. It’d be awesome.

Kate : No. God, of course, I don't need a job, right? I could just stay home, like you, all day and never do anything responsible.
(Ponsoldt, 2012: *Smashed* 00.53.00 – 00.53.20)

Charlie thinks that Kate should stay at home and does nothing just like him. When Charlie mentions this, it drives Kate mad. Kate does not like Charlie's idea to be jobless and stay home like what Charlie does.

Kate also has another big argument with Charlie. Kate is annoyed with Charlie because he always relies on his rich parents. The conversation between Kate and Charlie is shown below.

Kate : Charlie... Having rich parents doesn't make you responsible, okay? In fact, I think it's done the opposite.
Charlie : Oh, I'm sorry for having a family that supports us. You know, and not the other way around.
Kate : What the fuck is that supposed to mean?
Charlie : I'm just saying that you can't be mad at me for having a family that has helped us out. You know, you should be grateful that we don't have to struggle.
(Ponsoldt, 2012: *Smashed* 00.53.35 – 00.54.00)

Charlie is happy with his current condition and he is glad that he does not have to suffer. This thought also makes Kate furious.

In *Smashed* movie, Kate also has to argue with her mother, Rochelle. Rochelle thinks that joining Alcoholic Anonymous is useless. The conversation between Kate and her mother is written below.

Kate : Oh, Charlie, drink if you want, okay? He didn't stop. I stopped. I stopped for me. And I'm going to 12-step meeting.
Rochelle : Oh, God, Assholes Anonymous. Katie's father went to those meetings a few years after we got married. Dried up, left us. You can see how well that worked out for me. I raised her all by myself in this palace while he was off in Florida with his shiny new wife and kids, the son of a bitch. Be careful. They can change, you know.
Kate : God, I kind of hoped you'd be happy for me, Mom.
(Ponsoldt, 2012: *Smashed* 00.41.50 – 00.42.30)

Rochelle thinks that Kate may turn into someone like her father. Rochelle is not certain with Kate's decision. Kate is disappointed because she feels that her mother cannot support her intention to stop of being an alcoholic by joining Alcoholics Anonymous.

4.1.2.3. Extra-Personal Conflict

Extra-personal conflict is a conflict of a character that happens outside the character's personal area. The conflict can happen between a character and a person outside his personal area. For example, an employee has an argument with his employer. This conflict is also experienced by Kate Hannah.

Extra-personal conflict in *Smashed* can be seen from Kate and Principal Barnes' situation. Kate finally admits her lie to Patricia Barnes, the school principal. The conversation between Kate and Principal Barnes is mentioned below.

Patricia : And then you lied to them and told them that you were pregnant.
 Kate : Well, one of the kids asked me if I was pregnant. And yes, it just sort of fell out of my mouth.
 Patricia : Oh, naturally, of course. Well, that makes perfect sense. I'm not... I don't know what to say, Kate. I'm... This is sickening, Kate. I'm extremely disappointed in you.
 Kate : I'm really sorry. I've been wanting to tell you the truth for a long time, okay. Honesty is something really important to me now and I am going to the meetings and I have a sponsor...
 Patricia : Do you know what you've done? Do you realize how humiliating this is? What you've done is completely and utterly irresponsible. And I'm afraid that I can't have you here at this school any longer.
 (Ponsoldt, 2012: *Smashed* 00.58.50 – 00.59.31)

Kate tries to make amend; unfortunately, Principal Barnes does not care about Kate's explanation. Later, Kate is fired and she cannot continue her role as an elementary school teacher.

4.1.3. Settings

4.1.3.1. Setting of Time

In *Smashed* movie, there is no exact information of how the time is described throughout the movie. Later, there is a scene of phone which Kate uses. The phone is Nokia E72. Nokia E72 is released on 2009. Time setting in *Smashed* movie can happen around 2009. The evidence of Kate's phone will be attached below on Picture 4.10.



Picture 4.10
(00.13.30)

In *Smashed* movie, some scenes look like in a spring season. It can be seen from Picture 4.11. On Picture 4.11, the viewers can see some beautiful green trees. Another proof of spring season in *Smashed* movie is also on Picture 4.12. This picture shows how the sun shines. The sun shines so bright on Picture 4.12. The sun also appears to be intense from this picture. Both Picture 4.11 and Picture 4.12 use long shot in order to take this picture. The audience barely sees the object and they can see a good portrait of the surroundings from these two representations. These two pictures also use straight-on angle. The viewers have the same eye level with the movie itself, so that these two pictures can be categorized as straight-on angle.



Picture 4.11
(00.39.02)



Picture 4.12
(00.43.07)

4.1.3.2. Setting of Place

Smashed movie takes place in Los Angeles, US. It can be seen from the Kate's car plate number. The audience can see it in Picture 4.13. If the audience can look closely, the plate car number is written Alhambra. Alhambra is a city in Los Angeles county. Another evidence is from Picture 4.14. In this picture, the audience can see downtown Los Angeles. Unfortunately, there is no further information of which avenue in Los Angeles from this picture. Picture 4.13 uses close-up method in order to capture a good picture of Kate Hannah's car. By using this method, the audience can see the car's plate number as well. Furthermore, Picture 4.14 uses long shot method. It can be seen from Picture 4.14 that this picture captures the surroundings rather than the object itself. These two pictures also uses straight-on angle because the picture has the same eye level with the viewers.



Picture 4.13
(00.38.53)



Picture 4.14
(00.01.45)

4.1.3.3. Setting of Environment

The environment in *Smashed* can be described as a middle-class people. It can be seen from Picture 4.15. From this picture, the audience can see Kate's house. It looks good and well-maintained. The house also looks quite big since there is only two people who lives inside it, Kate and Charlie Hannah. Another proof is on Picture 4.16. From this picture, the viewers can notice of how Kate's neighborhood looks like. The houses near Kate's look good and big. There are some cars parked on the road side. Those cars also seem in good condition as well. On Picture 4.17, the audience will recognize Kate's car. It is a Honda sedan car. Unfortunately, there is no further information about this car such as the type and the year of the car is produced. From previous explanations, setting of environment in *Smashed* movie is about the middle class people. Picture 4.15, Picture 4.16 and Picture 4.17 use medium long shot method. This method is used when the filmmaker wants to show the audience the balance of the object and its surrounding. These three pictures also use straight-on angle because the pictures have the same eye level with the audience.



Picture 4.15
(00.02.16)



Picture 4.16
(00.23.45)



Picture 4.17
(00.01.50)

4.2. Extrinsic Aspects

4.2.1. Kate Hannah's Alcoholism

Someone can be considered as an alcoholic if a man consumes fifteen drinks or more in a week. If it happens to a woman, she can be categorized as an alcoholic if she consumes eight drinks or more per week. A person also can be classified as an alcoholic if he craves for more drinks after consuming an alcoholic drink. These traits are experienced by Kate Hannah.

Kate Hannah can be considered as an alcoholic. Kate always craves for more alcoholic drinks. It can be a sign of why someone has an alcohol dependency. The evidence is Picture 4.18. It is shown that Kate drinks a pitcher of margarita. Margarita is known as one of alcoholic drinks out there. After drinking margarita, Kate is still not pleased. She craves for more drinks. She searches the alcoholic drinks in the kitchen and unfortunately, she finds nothing. All of the alcoholic bottles in the dining table are empty. Kate tries to drink straight from a bottle, but the bottle is empty. It can be seen in Picture 4.19. Kate also tries look for another bottle in the cupboard on her kitchen. Moreover, when Kate tries to drink the bottle, it is also empty. It is shown in Picture 4.20. Both Picture 4.18 and Picture 4.19 are used medium shot method. This method is used to capture the head until

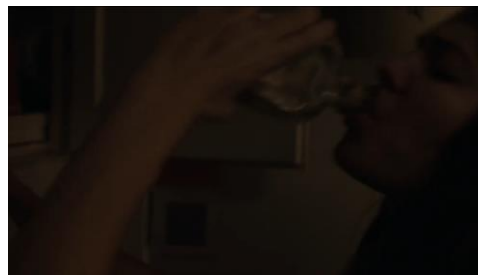
the waist part. Picture 4.20 uses close-up method because the audience can see the detail part of Kate Hannah's face.



Picture 4.18
(00.17.56)



Picture 4.19
(00.18.56)



Picture 4.20
(00.19.13)

4.2.2. Causes of Kate Hannah's Being an Alcoholic

4.2.2.1. Alcoholic Drink as Coping Mechanism

Alcoholic drink can be a tool for a coping mechanism. This coping mechanism means that someone needs a thing that makes him forget about another thing. One of the reasons why Kate Hannah's being an alcoholic is Kate thinks that alcoholic drinks as the tool for coping mechanism. Kate says all of those things in a monologue. The monologue can be seen below.

And yeah, I had a weight issue. I was kinda overweight until high school. I did, I admit that. But when I started drinking, I stopped eating so much. To be perfectly honest, eating used to be my thing. When I started drinking, though, I kinda stopped eating so much (Ponsoldt, 2012: *Smashed* 00.11.57 – 00.12.05).

Kate says that she used to be overweight. One thing which she does to reduce her craving is by drinking alcoholic drinks. Kate later admits that after drinking alcoholic drinks, her mind is shifted and the one she only thinks is about the alcoholic drinks.

4.2.2.2. The Absence of Parents

The absence of parents can be one of the causes of someone have an alcohol dependency. A young girl who grew up without his father can be an alcoholic in the future. It is happened with Kate. Kate's mother, Rochelle, tells us through a line below.

Oh, God, Assholes Anonymous. Katie's father went to those meetings a few years after we got married. Dried up, left us. You can see how well that worked out for me. I raised her all by myself in this palace while he was off in Florida with his shiny new wife and kids, the son of a bitch (Ponsoldt, 2012: *Smashed* 00.42.10).

From the evidence above, the audience knows that Kate grew up without her father. She was raised with her only mother. This is can be a reason of why Kate is an alcoholic.

4.2.2.3. Alcoholism in Relatives

Alcoholism in relatives can play a role of why someone can be an alcoholic. Kate grew up with an alcoholic mother. Rochelle, Kate's mother, even mentions this. She says "Don't believe that thing about not drinking when you're pregnant. That's a myth. I mean, I drank plenty with Katie when I was pregnant" (Ponsoldt, 2012: *Smashed* 00.41.10). Rochelle admits that she is an alcoholic since long time ago. Rochelle also reveals that it is okay to be an alcoholic if you are pregnant according to her. This means that Kate is surrounded with an alcoholic mother

since she was a kid and this can be the reason of why Kate has an alcohol dependency.

Rochelle, Kate's mother, is known as an alcoholic since a long time ago. She says that she is familiar with Bloody Mary. Bloody Mary is basically a red fruit juice with vodka. Rochelle says "Right? What's the matter, honey? You think I forgot how to mix them?" (Ponsoldt, 2012: *Smashed* 00.40.33). From that statement, the viewers of the film will notice that drinking Bloody Mary is a familiar thing for Rochelle. It is undeniable that Kate is already got used to with her mother being an alcoholic. This is also a reason of why Kate is also an alcoholic like her mother. Picture 4.21 shows that Kate's mother, Rochelle, drinks Bloody Mary. This picture uses medium close-up method and straight-on angle.



Picture 4.21
(00.40.50)

A woman who is an alcoholic may also have an alcoholic partner. She needs a man who can drink continuously. It is happened with Kate Hannah. Kate has a husband called Charlie Hannah and he is an alcoholic like Kate. These two is the perfect match because both of them are alcoholic. They also like to have some drinks together. Both Kate and Charlie usually drink in their house. They also can enjoy some drinks outside their house such as in the bar. Picture 4.22 below is the portrait of Kate and Charlie has a good time while drinking beers. Picture 4.22

uses medium shot method because the audience can have a good look on the head until the waist part from the object. Picture 4.22 also uses straight-on angle to get this picture.



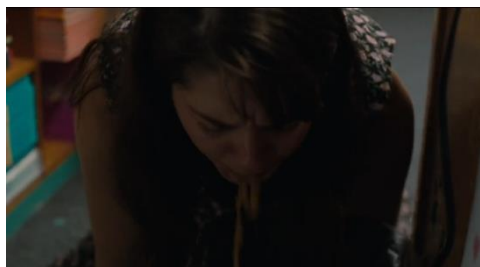
Picture 4.22
(00.08.06)

4.2.3. Kate Hannah's Struggles to be Sober from Being an Alcoholic

4.2.3.1. Social Support Network

Being an alcoholic can make some bad impacts in work environment. When someone drinks an alcoholic drink before he works, he may get hang over later. This hang over state can cause some problems in the future.

One day, Kate feels hang over and she vomits in front of her students in the class. There is an evidence of how Kate Hannah throws up in the class in front of her own students. The evidence is on Picture 4.23. Picture 4.23 uses close up method because the viewers can see the whole expression of Kate while throwing up in front of Kate's students in the class. Picture 4.23 also uses straight-on angle because the picture itself has the same eye level with the viewers.



Picture 4.23
(00.03.45)

Kate throws up because of her hangover state. Before she goes to the school, she drinks an alcoholic drink. She drinks it in her car and she drinks it straight from a flask bottle. Davies, Kate colleague, also saw what Kate did before she threw up which is drinking an alcoholic drink in the car. It is clear in here that being hangover can cause a problem. In this case, Kate cannot perform her job well in the school as a teacher.

There is another consequence of being an alcoholic which can make someone in a big trouble. They may not do their own job perfectly. If this trait continues, they also may lose their job in the future. Unfortunately, Kate has to experience this. Later in the movie, Kate decides that she has to tell the truth about her being an alcoholic to Patricia Barnes, the school principal. The conversation between Kate and Principal Barnes is mentioned below.

Kate : Principal Barnes, I was never pregnant.

Patricia : But, you vomited in class.

Kate : I know. I lied. I lied to you. I lied to the class because I was scared and when that happened, I panicked.

Patricia : Oh, my God, Kate...

(Ponsoldt, 2012: *Smashed* 00.56.46 – 00.59.31)

In here, Kate tries to admit what she did. She tells everything to Patricia Barnes, the school principal. Kate needs to tell her that she threw up because of her hangover state. It does not happen because of her being pregnant. In fact, Kate also drinks an alcoholic drink before doing her job as a teacher. Kate wants to tell the truth to Principal Barnes.

Being an alcoholic can lead into something bad in the future. Someone may lose his job because of his lack performance in his work. It also happens with Kate Hannah. Kate tries everything to tell Principal Barnes that she is not an

alcoholic anymore and she wants to change. Unfortunately, Principal Barnes is not pleased with what Kate did. The conversation between Kate and Principal Barnes is mentioned below.

Kate : I'm really sorry. I've been wanting to tell you the truth for a long time, okay. Honesty is something really important to me now and I am going to the meetings and I have a sponsor...

Patricia : Do you know what you've done? Do you realize how humiliating this is? What you've done is completely and utterly irresponsible. And I'm afraid that I can't have you here at this school any longer.

(Ponsoldt, 2012: *Smashed* 00.59.00 – 00.59.31)

Principal Barnes is speechless with all of the truths. After telling all of the truths, Kate is fired by Principal Barnes. She cannot work as a teacher in the school anymore. It happens because Kate's mistake in the past. Her mistake leads her into her unemployment. There is a proof of Kate brings all of her belongings after she is fired. The proof can be seen in Picture 4.24. Picture 4.24 uses medium shot method and straight-on angle.



Picture 4.24
(00.59.46)

One of the efforts to reduce someone's alcohol dependency is by joining the social support network. In here, hopefully, someone will have a good support system in order to make him sober from being an alcoholic. Kate does the same. She joins a meeting called Alcoholics Anonymous. Kate joins this because of her friend in school, Dave Davies. Davies asks Kate to join Alcoholics Anonymous

meeting to make her sober just like him. There is some pictures of Kate joins Alcoholics Anonymous meeting below. Those pictures can be seen on Picture 4.25 and Picture 4.26. Picture 4.25 uses medium shot method. From this picture, the audience can see the body of an object from the head until the waist part. Picture 4.26 uses long shot method. Long shot method is used to portray the condition of the surroundings rather than the object itself. Both Picture 4.25 and Picture 4.26 uses straight-on angle. Straight-on angle is used by the filmmaker when the picture has the same eye level with the viewers of the movie.



Picture 4.25
(00.28.16)



Picture 4.26
(00.32.54)

In Alcoholics Anonymous meeting, Kate tries to tell her experience of being an alcoholic to all the people who joins this meeting. She understands that she does not want to be an alcoholic person anymore. She realizes that being an alcoholic is a bad idea and she wants to heal herself by joining Alcoholics Anonymous meeting. Later, Kate also tries to come into Alcoholics Anonymous meeting diligently in order to make her being a sober person.

Someone hopefully also can be sober of joining Alcoholics Anonymous meeting. Kate Hannah decides to join Alcoholics Anonymous meeting to make her being a sober person. After a year joining Alcoholics Anonymous meeting,

Kate finally is sober. The conversation of Kate and her friends when they celebrate this occasion is shown below.

Davies : Happy birthday.
Kate : Thank you.
Jenny : I'm so proud of you.
Kate : Thank you.
Jenny : Oh honey, you deserve this.
Kate : Yeah.
(Ponsoldt, 2012: *Smashed* 01.05.44 – 01.05.58)

Kate looks very happy with her own achievement. After a year of joining a social support meeting which is Alcoholics Anonymous meeting, she can finally be a sober person. She gets to celebrate this occasion with Jenny and Davies in an Alcoholics Anonymous meeting. From those previous evidences, it can be seen that a person can be a sober person by joining an Alcoholics Anonymous meeting like Kate Hannah. Picture 4.27 can tell the audience of how Kate celebrates her one year of sober with Davies and Jenny. Picture 4.27 uses medium shot method and straight-on angle.



Picture 4.27
(01.05.40)

4.2.3.2. Environment of Care

Being an alcoholic can be a problem for everyone. Someone may feel that he can relate everything he does with his partner. It happens with Kate Hannah. Her

relationship with her husband, Charlie Hannah, is damaged because of her drinking habit. The evidence of Kate and Charlie Hannah argue is written below.

Charlie : No. Jesus, what the fuck is wrong with you?

Kate : What the fuck is wrong with me? What the fuck is wrong with me? Nothing's wrong with me. What the fuck is wrong with you? What the fuck is wrong with you? You know what? Because I try hard.

Charlie : Kate. No, Kate. Kate, I need you to just...

Kate : What about me? What do I need, Charlie? Because I can't... I can't drink because I'm crazy or something and I can't stay sober because of you.

Charlie : You're blaming other people for your problems.

Kate : Go. Go. Go. I can't be sober and be with you.

(Ponsoldt, 2012: *Smashed* 01.04.07 – 01.05.20)

Kate starts to drink again after being fired. Kate also rants non-stop about her life problems to Charlie, her husband. Kate blames Charlie for everything. Kate also feels that she cannot relate everything she does with Charlie. She thinks that she is mad and Kate also blames Charlie that she cannot be sober because of Charlie. After arguing non-stop, Kate cries. She looks very depressed. She is depressed because of her problem which is being fired from the school and her argument with Charlie. Later in *Smashed* movie, Kate and Charlie are separated and they live their own lives separately.

Environment of care helps an alcoholic to be sober. They feel like that they have a friend who has the condition like them. Environment of care is different with Alcoholics Anonymous because a person needs someone else who shares a close bond in order to help them heal from his drinking habit. This is what Kate does. She looks for a friend in an Alcoholics Anonymous meeting and she meets Jenny. Below is the proof of how Kate tries to befriend with Jenny.

Kate : I'm sorry, I don't really know how this works. Could I get your number? I don't know if I'll need it, I just...

Jenny : Oh, yeah, yeah, of course. I'll be happy to explain it to you. And we can also just talk.

Kate : Cool.

Jenny : Look, this is the kind of meeting where anyone can share. Sharing always helps me so try introducing yourself to the group.

(Ponsoldt, 2012: *Smashed* 00.30.03 – 00.30.55)

Later, Jenny is one of friends that Kate have and she literally shares everything with Jenny. Kate feels like Jenny is the one that she really needs. Even after arguing with Charlie, Kate tries to share her condition with Jenny. Kate realizes that she needs a friend like Jenny who can be her listener and also a good friend. A friend like Jenny is also can be a helper for Kate to heal from her alcohol dependency.

CHAPTER V

CONCLUSION

Kate Hannah in *Smashed* movie is an alcoholic. She can be categorized as an alcoholic because she can drink a lot of alcoholic drinks in one day. Kate can drink a jar of tequila and later, she still craves for more alcoholic drinks. From this representation, Kate Hannah can be described as an alcoholic person.

There are some factors of why someone has an alcohol dependency. In *Smashed* movie, there are three causes of why Kate is being an alcoholic. Kate feels that drinking alcoholic drinks can stop her hunger. She does not want to eat a lot because of her addiction toward alcoholic drinks. Another causes is the absence of Kate's parents. Kate grew up without her father. She only lives with her only mother. Alcoholism in relatives is another reason of why Kate is being an alcoholic. Charlie Hannah, the husband of Kate Hannah, is also an alcoholic. Kate's mother, Rochelle, is also an alcoholic. She is a long time alcoholic even when she was pregnant with Kate. She feels okay with that. Rochelle and Charlie find that Kate is being an alcoholic is totally fine.

Kate feels that she needs help for her alcoholic dependency. One day, Kate have a hangover and she throws up in her classroom in front of her students. She lies to them and telling them that she is pregnant. Unfortunately, she also has to tell her boss which is the school principal, Patricia Barnes. Later, Principal Barnes finds out about Kate's lie and she fires Kate as a school teacher. Later, Kate tries to join social support network called Alcoholics Anonymous. Kate joins this

social support network because she is being suggested by her fellow teacher in the school, Davies. Davies is a former alcoholic and he is already sober for nine years. Davies tries to ask Kate to join Alcoholics Anonymous meeting so that, Kate also can be sober like him. Kate also has a problem with her husband, Charlie. Kate and Charlie are both alcoholics. When Kate goes home after being fired, she is mad to her husband. She blames Charlie for everything. They also argue non-stop because of Kate's condition under alcohol. Later, Kate and Charlie are separated. Kate finds a new friend called Jenny in Alcoholics Anonymous meeting. Kate feels that Jenny can be a good helper for her in order to help her alcoholic dependency problem. She also believes that Jenny can be a good friend for her and someone that she can rely on. Personal help from a friend in Alcoholics Anonymous meeting may be good for Kate to heal her alcohol dependency. After a year joining Alcoholic Anonymous meeting, finally, Kate can be sober.

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