



2<sup>ND</sup> INTERNATIONAL CONFERENCE  
IN HEALTH SCIENCES

**FROM LIVING WELL  
TO AGING WELL:  
A MULTIDISCIPLINARY APPROACH**

Purwokerto, 4-5 November 2017

**Book of Abstract**



FACULTY OF HEALTH SCIENCES  
UNIVERSITY OF JENDERAL SOEDIRMAN,  
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# 2<sup>ND</sup> INTERNATIONAL CONFERENCE IN HEALTH SCIENCES

From Living Well To Aging Well: A Multidisciplinary Approach

Day/Date : Saturday, 4 November 2017  
 Room : Arjuna 9 (2<sup>nd</sup> Floor)  
 Time : 1:30 pm – 04:00 pm  
 Moderator : Dr. Ngadiman

No.	Names of Authors	Title
1.	Afnita Ayu Rizkitama, Muchlis Achsan, Udji Sofro, Martini (1039)	Factors of Education, Occupation and Number of Children Associated with Women's Participation in Tubectomy
2.	Rika Fianti, Rita Damayanti, Dadun, Hoirun Nisa (1051)	Perception and Participation Women of Childbearing age about Health Provider Role Towards Long Acting Permanent Method Determination
3.	Hariza Adnani, AA. Subiyanto, Diffah Hanim, Endang Sutisna Sulaeman (1026)	Intentions as Moderators of Influence of Subjective Behaviors and Norms-the behavior of Prevention of Infectious Diseases in The Order Public Places
4.	Masita Fatmawati, Priyadi Prabamurti, Kusyogo Cahyo (1030)	Practice of Smoking Adolescent at Nurul Huda Az Zuhdi Islamic Boarding School in Semarang City
5.	Siti Sugih Hartiningsih, Budi Utomo, Rita Damayanti (1025)	Effect of Usik Wiwitan Relaxation on Quality of Life Elderly with Hypertension in West Java
6.	Yeniar Indriana, Dinie Ratri Desiningrum (1029)	Post-Power Syndrome Tendency in Civil Servant's Retirees in Central of Java, Indonesia
7.	Tuti Surtimanah, Ejob Ruhyat, Trisno Subekti (1064)	Continues Technical Guidance Based on Health Promotion

**ICHS-1030**

**Practice of Smoking Adolescent at Nurul Huda Az Zuhdi Islamic Boarding School in Semarang City**

<sup>1</sup>Masita Fatmawati, <sup>2</sup>Priyadi Prabamurti\*, <sup>2</sup>Kusyogo Cahyo

<sup>1</sup>BPJS Kota Demak

<sup>2</sup>Faculty of Public Health Univ.of Diponegoro

\*Email: priyadinugraha@gmail.com

**Abstract**

The number of students smoking at Nurul Huda Az Zuhdi Islamic boarding school Semarang reached 62.9%. Most of the students who smoke experiencing respiratory infections, bronchitis, damage to the mouth and high blood pressure by 55% and amounted to 64.2% suffered from asthma for passive smokers. The goal of this study was to analyze the factors associated with adolescent moeslim students smoking behavior in Nurul Huda Az Zuhdi Islamic boarding school Semarang. Design of this research is observational with cross-sectional approach. The populations are adolescent male moeslim students in junior and senior high schools level with a total of 140 people and all were taken as saturated sampling. Analyzed using univariate and bivariate with Chi Square test (significance level 0.05). Respondents had poor knowledge (95.4%), favorable attitudes (98.2%), availability of cigarettes is available (97%), affordability of cigarettes is not affordable (64%), there is a commitment or smoking regulations in boarding school (82, 6%), smoking habits officer or head of boarding school (76.6%) and smoking behavior of friends (94%). Chi Square test results found there are relationship between knowledge, attitudes, availability of cigarettes, commitment or smoking regulations in boarding school, the smoking habit of the officer or leader and friend smoking behavior.

**Keywords:** islamic boarding school, adolescent, smoking behavior