

## CHAPTER IV

### CONCLUSION

This research thesis discusses the personality structure, anxiety, and defense mechanisms reflected in Princess Diana in the movie *Spencer* (2021) written by Steven Knight where the analysis uses a psychological approach with Sigmund and Anna Freud's theory as the model of analysis. The writer finds that the personality structure includes Id, Ego, and Superego, the types of anxiety consist of neurotic anxiety, and reality anxiety, and defense mechanism divided into rationalization, sublimation, acting out, and reaction formation exists in the movie based on the theory used. The discussion covers the intrinsic and extrinsic elements of the movie.

The analysis of the intrinsic element includes Characters and Characterization to be used as the supporting data for the extrinsic analysis. The characters and characterization explore the character of Princess Diana as a royal family member. The characterization is conducted through a showing and telling method, that the protagonist, Princess Diana is a complex character. Despite her rebelliousness, Princess Diana exhibits both mentally fragile and a strong capacity for empathy, which are integral aspects of her personality, revealing the complexity of her character.

The extrinsic elements discussion answers the research question regarding the personality structure, types of anxiety, and Defense mechanisms depicted in Princess Diana in the movie *Spencer*. The first extrinsic discussion covers the

psychoanalytical conflict experienced by Princess Diana represents the main conflict of the complex and difficult decisions she encounters within her relationship. The conflict is based on Prince Charles' affair and the pressures in their marriage life which contradicts Diana's ideology of loyalty and happiness.

The second extrinsic discussion covers the explanation of Diana's personality structure toward hunger and the death instinct of suicide. It delves into the fundamental impulses and motivations that influence her actions and decisions.

The third extrinsic discussion centers on the various forms of anxiety that Princess Diana encounters such as anxiety of lateness, anxiety of divorce, and anxiety of losing custody. It explores the origins and expressions of her anxieties, providing insight into the factors that contribute to her emotional turmoil.

The fourth extrinsic discussion explores Princess Diana's Defense mechanism, the specific defense mechanisms she employs to manage her anxieties. It covers the rationalization of breaking into the Park house and divorcement, sublimation of sharing story, acting out by self-harm, and reaction formation of rebellion. It examines how she protects herself from emotional distress and maintains her psychological health through defense mechanisms.

