



**THE ANXIETY AND DEFENSE MECHANISM OF PRINCESS
DIANA PORTRAYED IN THE MOVIE *SPENCER* (2021)
WRITTEN BY STEVEN KNIGHT**

A THESIS

**In of the Requirements for Bachelor Degree in English
Department Faculty of Humanities Diponegoro University**

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**FACULTY OF HUMANITIES
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SEMARANG
2023**

PRONOUNCEMENT

I, hereby, state that this thesis is written by myself without taking any works from other researchers in any university, in diploma degree, S-1, S-2, and S-3 degree. I also ascertain that I do not take any material from other works except from the references mentioned in this thesis.

Semarang, 06th July 2023

A handwritten signature in black ink, appearing to read 'Maria Qibtiah', written over two horizontal lines.

Maria Qibtiah

MOTTO AND DEDICATION

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do.

H. Jackson Brown Jr

Fear kills more dreams than failure ever will. Doubt kills more dreams than failure ever will.

Suzy Kassem

This thesis is dedicated to

My beloved family, friends, projects,

and my dreams

APPROVAL
THE ANXIETY AND DEFENSE MECHANISM OF PRINCESS DIANA
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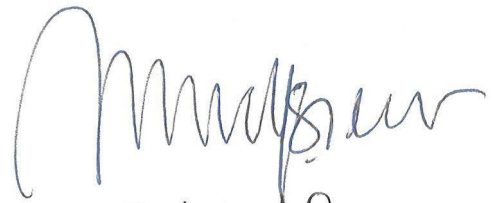
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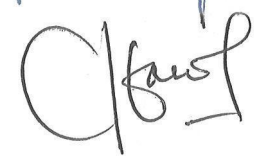
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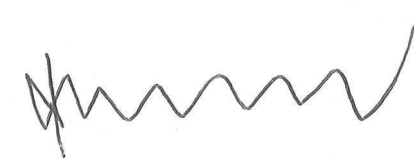
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6. My personal projects and original characters that motivate me to keep holding for a better future.
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I acknowledge that there is room for improvement in this thesis, as I am aware it is far from being perfect. Therefore, I welcome and greatly appreciate any recommendations or constructive suggestions. Ultimately, my hope is that this thesis proves valuable to those who have an interest in studying literature through biographical movies, particularly those that delve into the themes of anxiety and Defense mechanism.

Semarang, 06th July 2023



Maria Qibtiah

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ABSTRACT

This study examines the personality structures, types of anxieties, and Defense mechanisms of Princess Diana. The writer analyzes how Princess Diana's household problems cause anxieties and how she overcomes them by using Sigmund and Anna Freud's psychoanalysis focuses on theory of personality structure, anxiety and Defense mechanism. To support the analysis, the writer uses other theories, such as theories of character & characterization, and conflict to cover the intrinsic elements. Library research is used as the research method of this study, while psychological approach is used to analyze the extrinsic elements. The results show that anxiety and Defense mechanism are reflected in Princess Diana in the movie *Spencer* (2021). Anxiety covers the anxiety of lateness, the anxiety of divorce, and the anxiety of losing custody. Defense mechanism covers rationalization of breaking into the Park House and divorcement, sublimation of sharing story, acting out by self-harm, and reaction formation of rebellion.

Keywords: Sigmund Freud, Psychoanalysis, Personality Structure, Anxiety, Defense Mechanis

