



**THE EFFECT OF POST TRAUMATIC STRESS
DISORDER ON THEO FABER'S ROMANTIC
RELATIONSHIP IN ALEX MICHAELIDES NOVEL
*THE SILENT PATIENT***

A THESIS

**In Partial Fulfillment of the Requirements
for S-1 Degree Majoring Literature in the English Department,
Faculty of Humanities Diponegoro University**

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2023

PRONOUNCEMENT

The writer confirms faithfully that she does not incorporate any findings from other researcher's work into S-1, S-2, S-3, or any university's diploma program. The writer confirms that she only uses the publications and papers listed in the references and does not use any other sources.

Semarang, August 03rd 2023

Pandan Arum Rudatiningtyas

MOTTO AND DEDICATION

“Your direction is more important than your speed.”

- **Tatiana Soash**

“Focus on making progress, not perfection.”

- **Aaron Adjar**

*This thesis is dedicated to myself,
my beloved family, and everyone
who has supported and helped me finish this thesis*

APPROVAL

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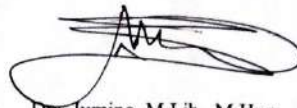
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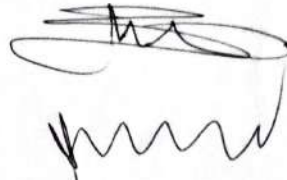
VALIDATION

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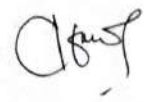
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This thesis has been compiled with much effort and prepared as best as possible, but the writer is aware that it still contains many flaws. Therefore, any suggestions and constructive criticism are welcomed. Finally, the writer hopes that the readers will find this thesis informative.

Semarang, August 03rd 2023

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TABLE OF CONTENTS

PRONOUNCEMENT	ii
MOTTO AND DEDICATION	iii
VALIDATION	v
ACKNOWLEDGEMENTS	vi
TABLE OF CONTENTS	viii
ABSTRACT	x
CHAPTER I	1
INTRODUCTION	1
1.1 Background of the Study	1
1.2 Research Problem	2
1.3 Objectives of the Study	3
1.4 Previous Studies	3
1.5 Scope of the Study	6
1.6 Writing Organization	6
CHAPTER II	8
THEORY AND METHODS	8
2.1 Theoretical Framework	8
2.1.1 Intrinsic Elements	8
2.1.1.1 Character and Characterization	8
2.1.1.2 Conflict	9
2.1.2 Extrinsic Elements	10
2.1.2.1 Post Traumatic Stress Disorder Theory	10
2.1.2.2 The Causes of Post Traumatic Stress Disorder	10
2.1.2.2.1 Intentional Human (Man-Made, Deliberate, Malicious)	11
2.1.2.3 Post Traumatic Stress Disorder Symptoms	11
2.1.2.3.1 Intrusive Symptoms	12
2.1.2.3.2 Avoidance Symptoms	12
2.1.2.3.3 Negative Alterations in Cognition and Mood	13
2.1.2.3.4 Arousal Symptoms	13
2.1.2.4 The Effects of Post Traumatic Stress Disorder in Relationship	14
2.2 Research Method	16
2.2.1 Method of Data Collection	16
2.2.3 Research Approach	17
CHAPTER III	18
THE DEPICTION OF POST TRAUMATIC STRESS DISORDER ON THEO FABER'S ROMANTIC RELATIONSHIP	18
3.1. Intrinsic Aspects	18
3.1.1 The Characters and Characterization of Theo Faber	18
3.1.1.1 Direct Characterization of Theo Faber	18
3.1.1.1.1 Theo Faber's Physical Appearance	18
3.1.1.1.2 Theo Faber as a Therapist	19
3.1.1.1.3 Theo Faber's Love Life	20
3.1.1.2 Indirect Characterization	20

3.1.1.2.1 Theo as an Introvert Person	20
3.1.1.2.2 Theo as an Ambitious Person	21
3.1.1.2.3 Theo's Self Loathing Habit	23
3.1.2 Conflict	24
3.1.2.1 Internal Conflict Between Theo and Himself	24
3.1.2.2 The Conflict between Theo and His Dad	25
3.1.2.3 The Conflict between Theo and Kathy	26
3.1.2.4 The Conflict between Theo and Gabriel	27
3.1.2.5 The Conflict between Theo and Alicia	27
3.2 The Depiction of Theo's Post-Traumatic Stress Disorder	28
3.2.1 The Causes of Theo's Post Traumatic Stress Disorder	28
3.2.1.1 Intentional Human Cause by Physical Abuse	28
3.2.1.2 Intentional Human Cause by Psychological Abuse	29
3.2.1.3 Intentional Human Caused by Kathy's Affair	29
3.2.2 The Symptoms of Theo's Post Traumatic Stress Disorder	30
3.2.2.1 Intrusive Symptoms of Theo Faber	30
3.2.2.2 Avoidance Symptoms of Theo Faber	31
3.2.2.3 Negative Alterations in Cognition and Mood of Theo Faber	32
3.2.2.4 Arousal Symptoms of Theo Faber	32
3.2.3 The Effects of Theo's Post Traumatic Stress Disorder in His Romantic Relationship	33
3.2.3.1 Trouble at Maintaining Emotions and Relationship on Theo Faber	34
3.2.3.2 Trust Issues on Theo Faber	35
3.2.3.3 Possessiveness on Theo Faber	36
CHAPTER IV	38
CONCLUSION	38
REFERENCES	40

ABSTRACT

The purpose of this study examines how post-traumatic stress disorder (PTSD) affects Theo Faber's romantic relationship with his wife, Kathy, that leads to unhealthy relationship in *The Silent Patient* written by Alex Michaelides. The writer analyzes the causes, symptoms, and effects of post-traumatic stress disorder (PTSD) on Theo Faber romantic relationship. To conduct this study, the writer uses post-traumatic stress disorder (PTSD) DSM-5 theory by American Psychiatric Association as the core theory. The writer collects data by using library research. The writer gathers the original data from the novel *The Silent Patient*, while secondary data from a few publications and articles. The writer also uses textual and contextual methods in this study. The result of this study shows that post-traumatic stress disorder (PTSD) affects Theo Faber's romantic relationship between him, and his wife inflict him to not be able regulating his emotions and maintaining his relationship with his wife, feel anxious, mistrust, and act possessively caused by his past trauma.

Keywords: Post Traumatic Stress Disorder, Main Character, Relationship, Anxiety, Trust Issue, Possessive.