

CHAPTER IV

CONCLUSION

For the Love of Nancy is a film which tells a story about Nancy Walsh who suffers from anorexia nervosa. The film portrays how Nancy develops anorexia nervosa and the impacts of anorexia nervosa Nancy experiences. The writer analyzes anorexia nervosa and its symptoms and impacts by using the concept of anorexia nervosa. Based on the analysis the writer found that Nancy has shown several symptoms of anorexia nervosa. Those symptoms of anorexia nervosa shown by Nancy are reluctance to preserve body weight, extreme dread of putting on weight or getting fat, disruption in the perception of the size of her body, and refusal to acknowledge her low weight. Nancy develops anorexia nervosa because of the factor which comes from her family, especially her mother, and also because of the psychological factor of Nancy being a perfectionist about things including her body weight. Anorexia nervosa gives Nancy serious impacts both mentally and physically, this disorder also gives impact to Nancy's relationship with people around her. Throughout the film, Nancy often feels anxious because of the disease and the disease also causes pyelonephritis or severe kidney infection. This disorder also gives impacts Nancy's relationship with her loved ones. The treatments of anorexia nervosa that Nancy experiences are nutritional rehabilitation and a psychosocial treatment which is support groups.

After conducting a thorough analysis, it can be concluded that anorexia nervosa is a serious illness which poses a significant threat to one's life. It is crucial

to note that this disease can affect anyone, regardless of their background, socio-economic status, or upbringing, and even those who come from a harmonious and happy family with a great life. It is critical to recognize the signs and symptoms of anorexia nervosa and seek professional help immediately. Timely intervention can help prevent the escalation of the disease and increase the chances of successful treatment and recovery. Moreover, it is essential to remember that anorexia nervosa is a mental health condition that requires comprehensive and compassionate care from a team of healthcare professionals. Therefore, people should be more aware when their loved ones show the symptoms of the disease because people suffering from anorexia nervosa need help and must recover since the disease is threatening lives.

In all, *For the Love of Nancy* is a good film. This film can portray anorexia nervosa realistically by showing the symptoms, the cause, the effects, and the treatments of this disorder. This film gives a positive lesson about the importance of supporting and helping loved ones, and this film also shows that it is important to have the courage to recover from a serious disorder and gain a better life. In particular, this film can portray how dangerous anorexia nervosa is. This film shows that anorexia nervosa is a severe disorder that gives a serious impact on someone's life, however, it is not impossible to be cured and there are treatments for people who suffer from it. Therefore, the audience can be aware if there are people around them who show the signs of this disorder so that they can help their loved ones before it is too late.