

## **CHAPTER I**

### **INTRODUCTION**

#### **1.1 Background of the Study**

Films often portray problems which arise in real life since. A film is the product of technological advancements which enable people to produce moving pictures, visualizing imaginations, and ideas. It is one of the media for portraying a story. Since the film is one of the storytelling media and can visualize many things, a film can portray problems which arise in a person's life during a certain time.

Adolescence is a time of many changes for a person. Those changes may be their surroundings, their bodies and lifestyle. Those changes may shock the person experiencing it, and it may also affect their mental state when they are not ready for those changes yet. In a worse case, those changes may trigger a person to develop a mental disorder. There are many types of mental disorders and eating disorder is one of them. Anorexia nervosa is a type of eating disorder characterized by individuals deliberately starving themselves.

The writer is interested in researching this disorder which can be harmful. This disorder gives severe effects both physical and mental. The effects of anorexia nervosa can be far-reaching, impacting an individual's physical health, social life, and overall well-being. Serious health complications such as organ damage, heart failure, and mortality can arise if this disease is left untreated. It is essential for

individuals who suspect they may have anorexia nervosa to seek professional help to receive proper treatment and support.

This phenomenon has been discovered in people for a long time, and it has become a unique phenomenon to be analyzed. In this study, the writer will analyze Paul Schneider's film *For the Love of Nancy*. *For the Love of Nancy* is a movie about Nancy Walsh, a girl who suffers from anorexia nervosa. The writer chooses this film since this film portrays what anorexia nervosa is and how anorexia nervosa affects someone's life. Therefore, the writer will analyze the symptoms of anorexia nervosa, factors that cause anorexia nervosa as well as the impacts of anorexia nervosa and the treatments of anorexia nervosa. The writer hopes that by conducting this study, people will have more knowledge about anorexia nervosa so that they could be more aware of this threatening illness and can help their loved ones when their family or friends around them are showing the symptoms of anorexia nervosa.

## **1.2 Research Problems**

- 1.2.1 What are the symptoms of anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*?
- 1.2.2 How does Nancy develop anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*?
- 1.2.3 What are the impacts of anorexia nervosa portrayed in Paul Schneider's film entitled *For the Love of Nancy*?
- 1.2.4 What are the treatments for anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*?

### **1.3 Objectives of the Study**

- 1.3.1 To describe the symptoms of anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*.
- 1.3.2 To describe how Nancy develops anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*.
- 1.3.3 To describe the impacts of anorexia nervosa portrayed in Paul Schneider's film entitled *For the Love of Nancy*.
- 1.3.4 To describe the treatments of anorexia nervosa in Paul Schneider's film entitled *For the Love of Nancy*.

### **1.4 Previous Studies**

The writer finds some undergraduate theses with the same topic of anorexia nervosa. The first research is written by Gustia Mega Putri, a student of UIN Sulthan Thaha Saifuddin Jambi. She writes an undergraduate thesis entitled *The Anorexia Nervosa Disorder that Reflected in "To the Bone" Film by Marti Noxon*. The research focuses on the characteristic, the cause, and the treatment of anorexia nervosa. The second research is written by Silvy Yosviana Meliala, a student at North Sumatra University. She writes an undergraduate thesis entitled *A Psychoanalysis of Anorexia Nervosa as Portrayed in Laurie Halsen Andeson's Novel "Winter Girls"*. The research focuses on the cause of anorexia nervosa. The third research is written by Amanda Destyanti, a student of Sanata Dharma University, she writes an undergraduate thesis entitled *Francesca's Anorexia Nervosa and Unconscious Regression in Steven Levenkron's The Best Little Girl in*

*The World*. The research focuses on anorexia as the defence mechanism of the main character. The fourth research is entitled *Linguistic Tendencies of Anorexia Nervosa on Social Media Users Facebook (Pragmatic Study)* by Gita Wincana, Wahyudi Rahmat, and Ricci Germani Tatalia. The research describes the linguistic tendency of anorexia nervosa on Facebook social media users. The fifth research is entitled *Ballet, Anorexia, and Self Image of Girls in Robert Des Noms Propres by Amélie Nothomb* by Tania Intan, a student of Padjajaran University. The research focuses to prove the existence of a relationship between ballet, anorexia, and the self-image of the main character of Robert Des Noms Propres by Amélie Nothomb. The sixth study is entitled *Eating Disorder Suffered by Woman in Marya Hornbacher's Memoir Entitled Wasted: a Memoir of Anorexia and Bulimia* by Yosef Bhakti K. The research focuses on analysing the memoir and its relation with patriarchy, capitalism, and mental illnesses suffered by women in the memoir. The seventh research is entitled *The Analysis of Defense Mechanism from Anorexia Nervosa in Ellen To The Bone Movie Script* by Lulpa Miadiani. The research focuses on the defence mechanism action experienced by Ellen in the movie script *To The Bone*. The eighth research is entitled *Anorexia of the Main Character in Movie Entitled "TO THE BONE"* by Jimmi, Bonita Nurulita, and Jianto Sidaruk. The research focuses on the symptoms and treatments of anorexia nervosa. The ninth research is entitled *Portrayal of Anorexia Nervosa in Young Adult Literature* by Kathleen Restifo. The research focuses on the anorexic characters and related psychological issues in three novels which are *Second Star to the Right* by Deborah Hautzig, *The Hunger* by Ivy Ruckman, and *The Bigger Book of Lydia* by Margaret W.

The studies mentioned do not discuss the impacts of anorexia nervosa, therefore the writer will analyze the symptoms, causing factors treatments, and also impacts of anorexia nervosa in this study.

The writer could not find any earlier research on *For the Love of Nancy* by Paul Schneider. However, the writer stumbled upon some articles discussing the reviews of the film. These reviews were from several websites such as IMDb and Rotten Tomatoes and primarily focused on the film's storyline and overall impressions. There is also an article by Alan Rich from Variety Magazine. The article contains a review and a synopsis of the film

### **1.5 Scope of the Study**

The study's focus is the portrayal of anorexia nervosa in Paul Schneider's *For the Love of Nancy* which is reflected throughout the film. This includes the symptoms of anorexia nervosa, the factor causing anorexia nervosa, the impacts of anorexia nervosa, and the treatment of anorexia nervosa.

### **1.6 Writing Organization**

#### **I. Introduction**

The first chapter of this study consists of the Background of the Study, Research Problems, Objectives of the Studies, Previous Study, Scope of the Study, and Writing Organization

#### **II. Theoretical Framework and Research Method**

The second chapter of this study includes the theories used by the writer. The theories included in the study are intrinsic theories and extrinsic theories, the second chapter also includes the method employed in collecting the data and analyzing the data.

### **III. Analysis**

The study's third chapter includes an analysis of the movie. The analysis of the film is from both its intrinsic and extrinsic elements.

### **IV. Conclusion**

The study's conclusion from the analysis of the film is presented in the last chapter.