



**The Portrayal of Gender Dysphoria in a Transgender
Reflected in *Cowboys* (2020): A Socio-Psychological
Analysis**

A THESIS

**In Partial Fulfillment of the Requirements
for S-1 Degree Majoring Literature in the English Department
Faculty of Humanities Diponegoro University**

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PRONOUNCEMENT

The writer honestly states that this thesis is written by himself without taking any works from other researchers in any University, in diploma degree, S-1, S-2, and S-3 degree. The writer ascertains that he did not take any material from other works except from the references mentioned.

Semarang, 17th March 2023

A handwritten signature in black ink, appearing to read 'Ala Dira Ariza', with a stylized flourish at the end.

Ala Dira Ariza

MOTTO AND DEDICATION

Everyone out there whose dreams are scaring you, whose dreams make you want to quit, just don't quit. That's good. Your dreams should be big, they should be scary. Just keep pushing through. It's about having no quit.

Chris Bumstead

The meaning of life is not simply to exist, to survive, but to move ahead, to go up, to conquer.

Arnold Schwarzenegger

*This thesis is dedicated to to all transgender
friends out there. You are not alone.*

APPROVAL

The Portrayal of Gender Dysphoria in a Transgender Reflected in *Cowboys* (2020): A Socio-Psychological Analysis

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On 17th March 2023

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VALIDATION

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On 17th May 2023

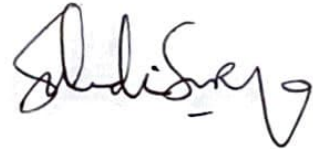
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The writer is fully aware of how imperfect this thesis is. Therefore, any constructive advice and suggestions would always be appreciated and welcomed.

Finally, the writer hopes that those who are interested in learning more about the gender dysphoria that the majority of transgender people experience will find this thesis to be useful.

Semarang, 17th March 2023



Ala Dira Ariza

ABSTRACT

This study analyzes the main character namely Joe Johnson in the movie *Cowboys* by Anna Kerrigan. This study aims to explain the symptoms, social causes, and the effects of gender dysphoria in the social life of the character Joe Johnson. Library Research is used as a data collection method in this study. The writer uses an objective approach to analyze the intrinsic aspects in the movie. In addition, the writer uses a socio-psychological approach that is supported by the theory of gender dysphoria symptoms by the American Psychiatric Association and George R. Brown, the theory of social causes of gender dysphoria by M. Paz Galupo et al, and the effects of gender dysphoria theory by Di Ceglie et al to analyze the extrinsic aspects of the movie. The results of the analysis show that Joe Johnson shows all the symptoms of gender dysphoria which are influenced by his social environment. This also indicates that gender dysphoria affects Joe's social life in the form of bullying that he has to face.

Keywords: gender dysphoria, social aspects, bullying

ABSTRAK

Penelitian ini menganalisis tokoh utama yaitu Joe Johnson dalam film berjudul *Cowboys* karya Anna Kerrigan. Penelitian ini bertujuan untuk menjelaskan gejala, aspek sosial yang mempengaruhi disforia gender, dan efek dari disforia gender dalam kehidupan sosial tokoh Joe Johnson. Studi Pustaka digunakan sebagai metode pengumpulan data dalam penelitian ini. Penulis menggunakan pendekatan objektif untuk menganalisis unsur intrinsik dalam film. Selain itu, penulis menggunakan pendekatan sosial-psikologi yang didukung oleh teori gejala disforia gender oleh American Psychiatric Association dan George R. Brown, teori pengaruh sosial dari disforia gender oleh M. Paz Galupo et al, dan teori efek disforia gender oleh Di Ceglie et al untuk menganalisis unsur ekstrinsik film. Hasil analisis menunjukkan bahwa Joe Johnson menunjukkan semua gejala disforia gender yang dipengaruhi oleh lingkungan sosialnya. Hal ini juga mengindikasikan bahwa disforia gender mempengaruhi kehidupan sosial Joe berupa *bullying* yang harus ia hadapi.

Kata Kunci: disforia gender, aspek sosial, *bullying*