



**EXPLORING THE CONCEPTUAL METAPHORS OF  
HEALTH AND ILLNESS IN MITCH ALBOM'S *TUESDAY***

***WITH MORRIE***

**AN ANALYSIS OF THE MAIN CHARACTER'S CONDITION**

**A THESIS**

**In Partial Fulfillment of the Requirements for  
the Sarjana Degree Majoring Linguistics in English Department  
Faculty of Humanities Diponegro University**

**Submitted by:**

**An Nisa Wijayanty**

**1302019130108**

**FACULTY OF HUMANITIES**

**DIPONEGORO UNIVERITY**

**SEMARANG**

**2023**

## **PRONOUNCEMENT**

I honestly state that this thesis is written by myself without taking any works from other researchers in any university, in diploma degree, S-1, S-2, and S-3 degree. I also ascertain that I do not take any material from other works except the references mentioned.

Semarang, June 2023

An Nisa Wijayanty

## MOTTO AND DEDICATION

*“Once you learn how to die, you learn how to live.”*

*“Love each other or perish.”*

**-Morrie Schwartz-**

*This thesis is dedicated to*

*My beloved parents,*

*and those who I love the most*

*and have been supporting me since day 1*

**APPROVAL**

**EXPLORING THE CONCEPTUAL METAPHORS OF HEALTH AND  
ILLNESS IN MITCH ALBOM'S *TUESDAY WITH MORRIE*  
AN ANALYSIS OF THE MAIN CHARACTER'S CONDITION**

Written by:

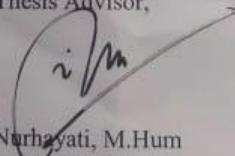
An Nisa Wijayanty

NIM: 13020119130108

is approved by the thesis advisor

on June 2023

Thesis Advisor,



Dr. Nurhayati, M.Hum

NIP. 196610041990012001

The Head of English Department



Dr. Oktiva Herry Candra, M.Hum.

NIP. 196710041993031003

VALIDATION

Exploring The Conceptual Metaphors Of Health And Illness In Mitch  
Albom's *Tuesday With Morrie*: An Analysis Of The Main Character's  
Condition

Submitted by:

An Nisa Wijayanty

13020119130108

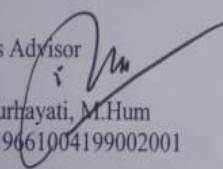
Approved by

Strata I Thesis Examination Committee

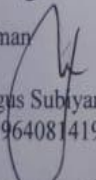
Faculty of Humanities

On June 27<sup>th</sup>, 2023

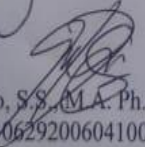
Thesis Advisor

  
Dr. Nurhayati, M.Hum  
NIP. 19661004199002001

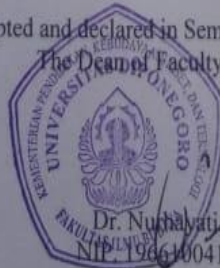
Chairman

  
Dr. Agus Subiyanto, M.A.  
NIP. 19640814199001100

Member

  
Prihantoro, S.S., M.A., Ph.D  
NIP. 198306292006041002

Accepted and declared in Semarang on June 27<sup>th</sup>, 2023  
The Dean of Faculty of Humanities



Dr. Nurhayati, M.Hum  
NIP. 19661004199002001

## ACKNOWLEDGMENT

Praise and thanks be to Allah SWT, the One to whom we seek assistance. Alhamdulillah for all the help, mercy, and grace bestowed upon us, allowing the writer to complete the thesis titled " **Exploring The Conceptual Metaphors Of Health And Illness In Mitch Albom's *Tuesday With Morrie: An Analysis Of The Main Character's Condition* "**. May blessings and peace be upon the Prophet Muhammad (SAW), who serves as a constant source of inspiration and the finest role model for humanity.

The deepest appreciation and gratitude are extended to Dr. Nurhayati, M. Hum, my advisor, who has spared his valuable time to patiently give his constructive suggestion, support and continuous guidance without which I would be doubtful to accomplish this thesis successfully.

The writer acknowledges the support and assistance received from various individuals throughout their studies and the completion of this final project. Therefore, it is fitting for the writer to respectfully express gratitude and pray that Allah grants the best rewards to:

1. Dr. Nurhayati, M.Hum., as the Dean of Faculty of Humanities, Diponegoro University.
2. Dr. Oktiva Herry Candra, M.Hum., as the Head of English Department, Faculty of Humanities, Diponegoro University.
3. All lecturers of English Department, Diponegoro University for the precious knowledge and their advice that would be unforgettable for the writer.

4. My father Pawit and my mother Nur Jannah, my sisters Azizah and Kirana, my brother in law Yudi, for the biggest reasons and motivations for the writer to finish her education, and to my lovely niece Attaya who always lighten up the mood.
5. Mitch Albom, the author of *Tuesday with Morrie*, who has given the writer an inspiration for her thesis through his novel.
6. Anak-Anak Ibu Gang (Nabila, Ria, Ullif, and Tidtaya,), Giffani Amalia, and Fadhila Puti for their time, support, and companion since the writer's first day of college.
7. Those who tirelessly provided assistance, reminder, and support to the writer throughout the completion of this thesis.

This thesis obviously still needs to be improved since the writer realizes that this is far from being perfect. Thus, any recommendation and constructive suggestion would always be welcomed and appreciated. Finally, the writer hopes that this thesis would be helpful for those who want to learn about conceptual metaphor or any related field in general.

Semarang, June 2023

An Nisa Wijayanty

## TABLE OF CONTENT

TITLE	i
PRONOUNCEMENT	ii
MOTTO AND DEDICATION	iii
APROVVVAL	iv
VALIDATION	v
ACKNOWLEDGEMENT	vi
TABLE OF CONTENTS	viii
ABSTRACT	x
CHAPTER I INTRODUCTION	1
1.1 Background of Study	1
1.2 Research Questions	2
1.3 Objectives of Study	3
1.4 Previous Studies	3
1.5 Scope of Study	6
1.6 Writing Organization	6
CHAPTER II THEORITICAL FRAMEWORK AND RESEARCH METHOD	8
2.1 Theoretical Framework	8
2.1.1 Conceptual Metaphor	9
2.1.2 Narratology	11
2.1.3 Metaphor Identification Procedure (MIP)	13



2.2 Research Method	15
2.2.1 Types of Research	15
2.2.2 Data, Population, Sample, and Sampling Technique	15
2.2.3 Method of Collecting Data	16
2.2.4 Method of Analyzing Data	17
CHAPTER III RESULT AND DISCUSSION	19
3.1 Result	19
3.1.1 Types of Metaphors Used to Describe Morie’s Health Condition and Illness	19
3.1.2 Mitch Perspective in Morrie’s Health Condition	21
3.1.3 Morrie’s Perspective in His Health Condition	22
3.2 Discussion	23
3.2.1 Structural Metaphor	23
3.2.2 Orientational Metaphor	31
3.2.3 Ontological Metaphor	38
CHAPTER IV CONCLUSION	47
REFERENCES	49
APPENDIX	51

## ABSTRACT

*Tuesday with Morrie* is a memoir typed novel written by Mitch Albom that recounts his time spent with his former sociology professor, Morrie Schwartz, who is dying of ALS. One aspect of the book that is often overlooked is the use of metaphoric expression in depicting the main character's health condition. This study uses a cognitive linguistic approach with conceptual metaphor theory by Lakoff and Johnson (2003). The purposes of this study are to explore the use of metaphoric expression as the representation of conceptual metaphors in *Tuesday with Morrie* and to analyze the main character's health condition through the lens of these metaphors. In conducting the research, the researcher focuses on Morrie's utterances and Mitch's description that contains metaphoric expressions regarding Morrie's health condition. This study is classified as a qualitative study. The result reveals that structural metaphor is the most prominent metaphor used in depicting Morrie's health condition, followed by ontological and orientational metaphor. Furthermore, in depicting Morrie's condition, Mitch and Morrie have opposite perspective where Mitch describes the issue under the metaphor LIFE IS WAR while Morrie expresses his condition under the metaphor LIFE IS JOURNEY.

Keywords: *conceptual metaphor, health condition, disease, Morrie, Mitch,*

*MIP*