

HUBUNGAN ANTARA *SELF-LEADERSHIP* DENGAN EFIKASI DIRI AKADEMIK PADA MAHASISWA FAKULTAS PSIKOLOGI UNIVERSITAS DIPONEGORO YANG SEDANG MENGERJAKAN SKRIPSI

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Abstrak

Keyakinan mahasiswa dalam mengerjakan skripsi memberikan dampak yang baik terhadap proses penyelesaian skripsi melalui kepemimpinan diri. Penelitian ini bertujuan untuk mengetahui hubungan antara *self-leadership* dan efikasi diri akademik pada mahasiswa Fakultas Psikologi Universitas Diponegoro yang sedang mengerjakan skripsi. Populasi yang digunakan pada penelitian ini berjumlah 490 mahasiswa Fakultas Psikologi Universitas Diponegoro yang mengambil mata kuliah skripsi dengan jumlah sampel sebanyak 138 mahasiswa yang diperoleh melalui teknik *simple random sampling*. Alat ukur yang digunakan pada penelitian ini adalah skala *Revised Self-Leadership Questionnaire* (31 aitem, $\alpha = 0,903$) dan skala *College Academic Self-Efficacy Scale* (35 aitem, $\alpha = 0,919$). Hasil analisis regresi linear sederhana menunjukkan nilai $r_{xy} = .537$ dengan $p = <0,001$ ($p < 0,05$) yang menunjukkan bahwa terdapat hubungan positif yang signifikan antara *self-leadership* dan efikasi diri akademik. Semakin tinggi *self-leadership* maka semakin tinggi tingkat efikasi diri akademik pada mahasiswa, begitupun sebaliknya. *Self-leadership* memberikan sumbangan efektif sebesar 28,9% terhadap efikasi diri akademik, sedangkan 71,1% sisanya dipengaruhi oleh faktor lain yang tidak diungkap pada penelitian ini.

Kata kunci: *self-leadership*; kepemimpinan diri; efikasi diri akademik; mahasiswa; skripsi

THE RELATIONSHIP BETWEEN SELF-LEADERSHIP AND ACADEMIC SELF-EFFICACY AMONG STUDENTS OF THE FACULTY OF PSYCHOLOGY AT UNIVERSITAS DIPONEGORO WHO ARE WORKING ON THESIS

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Abstract

Student confidence in working on the thesis has a good impact on the process of completing the thesis through self-leadership. This study aims to determine the relationship between self-leadership and academic self-efficacy among students of the Faculty of Psychology, University of Diponegoro who are working on their thesis. The population used in this study was 490 students of the Faculty of Psychology of Universitas Diponegoro who were working on thesis. A sample of 138 students has participated in this study and selected by simple random sampling technique. The measurement tools used in this study were the Revised Self-Leadership Questionnaire scale (31 items, $\alpha = 0.903$) and the College Academic Self-Efficacy Scale (35 items, $\alpha = 0.919$). The results of simple linear regression analysis showed a value of $r_{xy} = .537$ and $p = <0.001$ ($p <0.05$) which indicated that self-leadership has a significant positive relationship with academic self-efficacy. The higher the self-leadership, the higher the level of academic self-efficacy in students, and vice versa. Self-leadership makes an effective contribution of 28.9% to academic self-efficacy, while the remaining 71.1% are influenced by other factors that is not disclosed in this study.

Keywords: self-leadership; academic self-efficacy; college student; thesis