

## **BAB VI**

### **PENUTUP**

#### **6.1 KESIMPULAN**

Kesimpulan dari hasil penelitian yang telah dijelaskan pada bab sebelumnya, yaitu:

1. Responden penelitian yang paling banyak menjadi responden dalam penelitian adalah mahasiswa angkatan 2019. Responden paling banyak berjenis kelamin perempuan, usia responden bervariasi namun rata-rata usia responden 22 tahun. Responden paling banyak tinggal di rumah selama pembelajaran daring.
2. Kemampuan *self-directed learning* (SDL) mahasiswa S1 keperawatan secara umum sudah baik. Dimensi *self-directed learning* (SDL) yang paling dominan adalah *self-control*, kemudian *desire for learning*, dan yang terakhir *self-management*.
3. Kemampuan *self-directed learning* (SDL) berdasarkan angkatan keseluruhan sudah baik. Namun, angkatan 2020 memiliki score kemampuan paling tinggi dibandingkan angkatan lainnya.

#### **6.2 SARAN**

1. Bagi Mahasiswa Keperawatan

Mahasiswa Keperawatan dapat melakukan modifikasi dalam gaya pembelajaran menjadi lebih sistematis dan disiplin. Mahasiswa Keperawatan dapat menentukan prioritas kegiatan selama pembelajaran daring, dengan

membuat jadwal agar tidak mengganggu proses pembelajaran dengan kegiatan lain selama di rumah.

## 2. Bagi Institusi Pendidikan

Institusi pendidikan dapat memastikan jika kebutuhan sarana seperti bantuan kuota internet dapat terpenuhi sepenuhnya bagi mahasiswa. Institusi pendidikan juga dapat membuat pelatihan ataupun seminar terkait dengan pengembangan *softskill* untuk manajemen diri. Selain itu, institusi juga bisa membangun iklim pembelajaran yang berpusat pada mahasiswa sejak awal masa pembelajaran. Institusi pendidikan juga dapat membuat sistem evaluasi untuk mengetahui *feedback* dari mahasiswa setelah proses pembelajaran, untuk mengetahui kesulitan, serta sejauh apa kemampuan mahasiswa untuk belajar secara mandiri.

## 3. Bagi Peneliti Selanjutnya

Penelitian ini dapat ditindaklanjuti dengan penelitian lain yang membahas lebih lanjut seperti terkait faktor-faktor yang mempengaruhi *self-directed learning* (SDL).

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