

DAFTAR PUSTAKA

1. Agung L GS. Problematika jatuh cinta. *Filsafat-Teologi*. 2018;15(2):1–30.
2. Muawana.B.L. P. Kematangan emosi,konsep diri dan kenakalan remaja. *Psikologi*. 2012;7(1):490–500.
3. Ulfah.A.D. Hubungan kematangan emosi dan kebahagiaan pada remaja yang mengalami putus cinta. *Ilm Psikol*. 2016;9:93–8.
4. Anisa.N.P.Y. A. Hipnoterapi Teknik Part Therapy Untuk Menangani Siswa Kecewa Akibat Putus Hubungan Cinta Pada Siswa Sekolah Menengah Kejuruan. *Pinus*. 2018;11(1):1–5.
5. Agus AA SM. Hubungan Kegagalan Cinta Dengan Terjadinya Kejadian Depresi Pada Remaja. *LPPM AKES Rajekwesi Bojonegoro*. 2016;7(2):23–6.
6. Eisma MC, Tõnus D, de Jong PJ. Desired attachment and breakup distress relate to automatic approach of the ex-partner. *J Behav Ther Exp Psychiatry*. 2022;75(April 2021).
7. Carter KR, Knox D, Hall SS. Romantic Breakup: Difficult Loss for Some but Not for Others. *J Loss Trauma*. 2018;23(8):698–714.
8. Ng ZJ, Huebner ES, Hills KJ, Valois RF. Mediating effects of emotion regulation strategies in the relations between stressful life events and life satisfaction in a longitudinal sample of early adolescents. *J Sch Psychol [Internet]*. 2018;70(July 2017):16–26. Available from: <https://doi.org/10.1016/j.jsp.2018.06.001>
9. Rumondor PCB. Gambaran Proses Putus Cinta Pada Wanita Dewasa Muda Di Jakarta : Sebuah Studi Kasus. 4(1):28–36.
10. Kamelia L, Adnyana O. Cinta Dalam Perspektif Neurobiologi. *J Neurona*. 2012;30(1):1–8.
11. Smith MJ, Liehr PR. Understanding middle range theory by moving up and down the ladder of abstraction. *Middle Range Theory for Nursing, Fourth Edition*. 2018. 15–32 p.
12. Kennedy C, Deane FP, Chan AYC. Intolerance of uncertainty and difficulties in emotion regulation: Proposal for an integrative model of generalized anxiety disorder.

- J Context Behav Sci. 2021;21:48–56.
13. Eisma MC, Tõnus D, de Jong PJ. Desired attachment and breakup distress relate to automatic approach of the ex-partner. *J Behav Ther Exp Psychiatry*. 2022;75(April 2021).
 14. Larson M, Sweeten G, Piquero AR. With or Without You? Contextualizing the Impact of Romantic Relationship Breakup on Crime Among Serious Adolescent Offenders. *J Youth Adolesc*. 2016;45(1):54–72.
 15. Utami.T.F dan Nansi.D. Hubungan Antara Regulasi Emosi Dengan Perilaku Disiplin Santri Madrasah Aliyah Pondok Pesantren Qodratullah Langkan. *PSIKIS-Jurnal Psikol Islam Vol*. 2016;2(1):16–28.
 16. Gross.J. J. Chapter 1: Emotion Regulation: Conceptual and Empirical Foundations. *Handbook of Emotion Regulation*. 2014. 3–19 p.
 17. Langeslag SJE, Van Strien JW. Regulation of romantic love feelings: Preconceptions, strategies, and feasibility. *PLoS One*. 2016;11(8):1–30.
 18. Mirsu-Paun A, Oliver JA. How Much Does Love Really Hurt? A Meta-Analysis of the Association between Romantic Relationship Quality, Breakups and Mental Health Outcomes in Adolescents and Young Adults. *J Relationships Res*. 2017;8:1–12.
 19. De Smet O, Loeys T, Buysse A. Post-breakup unwanted pursuit: A refined analysis of the role of romantic relationship characteristics. *J Fam Violence*. 2012;27(5):437–52.
 20. Li X, Huang CYS, Shen ACT. Romantic involvement and adolescents' academic and psychosocial functioning in Chinese societies. *Child Youth Serv Rev*. 2019;96(November 2018):108–17.
 21. Quirk K, Owen J, Shuck B, Fincham FD, Knopp K, Rhoades G. Breaking Bad: Commitment Uncertainty, Alternative Monitoring, and Relationship Termination in Young Adults. *J Couple Relatsh Ther*. 2016;15(1):61–74.
 22. Ouellet C, Langlois F, Provencher MD, Gosselin P. Intolerance of uncertainty and difficulties in emotion regulation: Proposal for an integrative model of generalized anxiety disorder. *Rev Eur Psychol Appl*. 2019;69(1):9–18.
 23. Darmawanti I. Strategi Regulasi Emosi pada Mahasiswa dengan Banyak Peran. *J Penelit Psikol*. 2022;9(3):19–29.
 24. Fajriani SW, Sekarningrum B, Sulaeman M. Cyberspace: Dampak Penyimpangan

- Perilaku Komunikasi Remaja Cyberspace: The Impact of Adolescent Communication Behavior Deviation. *J Ilmu Pengetah dan Teknol Komun* [Internet]. 2021;23(1):63–78. Available from: <http://dx.doi.org/10.33169/iptekkom.23.1.2021.63-78>
25. Irwansyah. M. Penggunaan Media Sosial Facebook Bagi Remaja Laki-Laki Dalam Menjalinkan Hubungan Pacaran. *Translitera*. 2021;10(1):6.
 26. Mappiare A. Psikologi remaja. I. Yogyakarta: Idea Press; 2019. 82–143 p.
 27. Agustriyana A. Fully Human Being Pada Remaja Sebagai Pencapaian Perkembangan Identitas. *JBKI (Jurnal Bimbingan Konseling Indones*. 2017;2(1):9.
 28. Melani.V.,Kuswari.M. RAS. *Indonesian Journal of Human Nutrition*. 2018;5(2).
 29. Focken K, Jennifer A, Fredricks and Sandra D. Simpkins (eds): Organized Out-of-School Activities: Settings for Peer Relationships. *J Youth Adolesc*. 2014;43(1):161–3.
 30. Maulana H, Gumelar G. Psikologi Komunikasi Persuasi. Jakarta: FIP PRESS; 2013. 231 p.
 31. Lensch T, Clements-Nolle K, Oman RF, Evans WP, Lu M, Yang W. Adverse Childhood Experiences and Suicidal Behaviors Among Youth: The Buffering Influence of Family Communication and School Connectedness. *J Adolesc Heal*. 2021;68(5):945–52.
 32. Radjaguguk DL. Implementasi Pola Komunikasi Antar Pribadi Pada Remaja. *Ekspresi Dan Persepsi J Ilmu Komun*. 2019;1(01):49–63.
 33. Peeters E, Gool E Van, Walrave M. Exploring the role of social networking sites within adolescent romantic relationships and dating experiences. 2016;55:76–86.
 34. Cahyono EA, Sutomo, Harsono A. Literatur Review: Panduan Penulisan dan Penyusunan. *J Keperawatan*. 2019;12.
 35. Simbolon.D. Literature review untuk penelitian kesehatan. 1st ed. Yogyakarta: Bintang Pustaka Madani Yogyakarta; 2021.
 36. Cronin P, Ryan F, Coughlan M. Undertaking a literature review: a step-by-step approach. *Br J Nurs*. 2008;17(1):38–43.
 37. Supardi.S., Rachmat.M. S. Metodologi Penelitian. 1st ed. Kemenkes RI. Jakarta: Pusdik Sdm Kesehatan; 2016. 218–220 p.
 38. Samsu. Metode penelitian: teori dan aplikasi penelitian kualitatif, kuantitatif, mixed

- methods, serta research & development. 1st ed. Rusmini, editor. Pusat Studi Agama dan Kemasyarakatan (PUSAKA). Jambi: Pusaka jambi; 2017. 22–34 p.
39. Triyani, A.F, Dwidiyanti.M S. Gambaran Terapi Spiritual Pada Pasien Skizofrenia : Literatur Description Of Spiritual Therapy In Skizofrenia Patients : Literatur Review. *J Ilmu Keperawatan Jiwa*. 2019;2(1):20.
 40. Abdullah W, Johani A, Pascua GP. Impacts of Manual Handling Training and Lifting Devices on Risks of Back Pain among Nurses : An Integrative Literature Review. *Nurse Media J Nurs*. 2019;9(2):210–30.
 41. Fitriyani NI. Metode PRISMA Untuk Memprediksi Penyakit Kanker Payudara. *J Inov Inform Univ Pradita*. 2021;6(2):13–8.
 42. McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews [Internet]. 2020. Available from: <http://prisma-statement.org/prismastatement/flowdiagram.aspx>
 43. Showkat N. Research ethics. 2017;
 44. Panorama.M. M. Pendekatan Praktis Metode Penelitian Kualitatif dan Kuantitatif. 1st ed. Yogyakarta: Idea Press Yogyakarta; 2017. 23–30 p.
 45. Norona JC, Scharf M, Welsh DP, Shulman S. Predicting post-breakup distress and growth in emerging adulthood: The roles of relationship satisfaction and emotion regulation. *J Adolesc*. 2018;63(September 2017):191–3.
 46. Amelia R, Ina Savira S. Hubungan Antara Regulasi Emosi Dengan Sikap Terhadap Kenakalan Remaja Pada Siswa Mts Swasta “X” Surabaya. *Character J Penelit Psikologi*. 2018;5(2):1–6.