

REFERENCES

- Apgar, A. (2023). *The Disabled Child: Memoirs of a Normal Future*. University of Michigan Press. <https://doi.org/10.3998/mpub.12221256>
- Breitkreuz, R., Cadrain, L., Dyckerhoff, J., Abraham, H., & Robbenhaar, M. (2026). Encumbered: A critical feminist analysis of why mothers want part-time employment. *Community, Work & Family*, 29(1), 1–22. <https://doi.org/10.1080/13668803.2024.2333871>
- Bugden, M., McKenzie, H., Hanna, L., & Graham, M. (2026). Australian women's lived experiences of unrealistic motherhood and mothering expectations. *Journal of Family Issues*, 47(10), 1459–1481. <https://doi.org/10.1177/0192513X261419154>
- De Laat, K., & Baumann, S. (2016). Caring consumption as marketing schema: Representations of motherhood in an era of hyperconsumption. *Journal of Gender Studies*, 25(2), 183–199. <https://doi.org/10.1080/09589236.2014.927353>
- Dobris, C. A., White-Mills, K., Davidson, R. D., & Wellbrook, T. V. (2017). The *Spockian Mother*: Images of the “Good” Mother in Dr. Spock’s *The Common Sense Book of Baby and Child Care*, 1946–1992. *Communication Quarterly*, 65(1), 39–59. <https://doi.org/10.1080/01463373.2016.1176943>
- Hays, S. (1996). *The cultural contradictions of motherhood*. Yale University Press.
- Henderson, A. C., Harmon, S. M., & Houser, J. (2010). A New State of Surveillance? Applying Michel Foucault to Modern Motherhood. *Surveillance & Society*, 7(3/4), 231–247. <https://doi.org/10.24908/ss.v7i3/4.4153>
- ILO-Magdalene social experiment: Women spend 100 hours of unpaid care work a week | International Labour Organization. (2024, August 5). <https://www.ilo.org/resource/article/ilo-magdalene-social-experiment-women-spend-100-hours-unpaid-care-work-week>
- Lakämper, J. (n.d.). *Affective Dissonance: (Post)feminism And Popular Cultural Expressions Of Motherhood*.
- Lamar, M. R., Forbes, L. K., & Capasso, L. A. (2019). Helping Working Mothers Face the Challenges of an Intensive Mothering Culture. *Journal of Mental Health Counseling*, 41(3), 203–220. <https://doi.org/10.17744/mehc.41.3.02>
- Larossa, R., & Hays, S. (1998). The Cultural Contradictions of Motherhood. *Social Forces*, 76(3), 1159. <https://doi.org/10.2307/3005721>
- Liddy, S., & Flynn, D. (2025). *The Routledge Handbook of Motherhood on Screen* (1st ed.). Routledge. <https://doi.org/10.4324/9781003389712>

- McCabe, J., & Rich, A. (1978). Of Woman Born: Motherhood as Experience and Institution. *Frontiers: A Journal of Women Studies*, 3(2), 77. <https://doi.org/10.2307/3346405>
- Nichols, T. R., Gringle, M. R., & Pulliam, R. M. (2015). “You have to put your children’s needs first or you’re really not a good mother”: Black Motherhood and Self-Care Practices. *Women, Gender, and Families of Color*, 3(2), 165–189. <https://doi.org/10.5406/womgenfamcol.3.2.0165>
- O’Reilly, A. (2009). “I envision a future in which maternal thinkers are respected and self-respecting”: The Legacy of Sara Ruddick’s Maternal Thinking. *WSQ: Women’s Studies Quarterly*, 37(2), 295–298. <https://doi.org/10.1353/wsq.0.0165>
- Perreault, J. M. (2006). From Motherhood to Mothering: The Legacy of Adrienne Rich’s “Of Woman Born” (review). *University of Toronto Quarterly*, 75(1), 393–394. <https://doi.org/10.1353/utq.2006.0188>
- Sandopart, D. P. Y. A. L. (2025). Beban Ganda Perempuan Pekerja: Studi Kasus Sumber Stres pada Ibu yang Bekerja di Sektor Formal. *PERSEPTIF: Jurnal Ilmu Sosial Dan Humaniora*, 3(4), 183–195. <https://doi.org/10.70716/perseptif.v3i4.501>
- Sperling, J. H. (2013). Reframing the Work-Family Conflict Debate by Rejecting the Ideal Parent Norm. *SOCIAL POLICY*, 22.
- Slaughter, A. M. (2012, July/August). Why women still can't have it all. *The Atlantic*, 310(1), 84–102.