

INTISARI

Penelitian ini bertujuan untuk menganalisis hierarki kebutuhan tokoh Dara dalam film *Dua Hati Biru* karya Gina S. Noer dan Dinna Jasanti berdasarkan teori hierarki kebutuhan Abraham Maslow. Penelitian ini menggunakan pendekatan psikologi sastra dengan metode deskriptif kualitatif. Sumber data penelitian berupa dialog, adegan, dan tindakan tokoh Dara dalam film *Dua Hati Biru*. Data dikumpulkan melalui teknik simak dan catat, kemudian dianalisis dengan cara mengenali, mengelompokkan, menguraikan, dan menafsirkan data berdasarkan teori hierarki kebutuhan Abraham Maslow. Hasil penelitian menunjukkan bahwa tokoh Dara telah memenuhi kebutuhan fisiologis, kebutuhan rasa aman, kebutuhan kasih sayang dan rasa memiliki, serta kebutuhan mengembangkan potensi diri. Namun, kebutuhan penghargaan diri belum terpenuhi secara optimal karena tokoh Dara belum memperoleh pengakuan, penghargaan, dan penerimaan yang layak dari lingkungan sekitarnya. Kondisi tersebut memengaruhi keadaan psikologis tokoh Dara serta memengaruhi sikap dan perilakunya dalam menjalankan perannya sebagai istri, ibu, dan individu.

Kata kunci: hierarki kebutuhan, Abraham Maslow, psikologi sastra, *Dua Hati Biru*, Dara.

ABSTRACT

This study aims to analyze the hierarchy of needs of Dara, the main character in the film Dua Hati Biru directed by Gina S. Noer and Dinna Jasanti, based on Abraham Maslow's hierarchy of needs theory. This research employed a descriptive qualitative method with a literary psychology approach. The data source was the film Dua Hati Biru, while the data consisted of Dara's dialogues, actions, and scenes. The data were collected through observation and note-taking techniques and analyzed by identifying, classifying, describing, and interpreting the data based on Abraham Maslow's hierarchy of needs theory. The findings show that Dara fulfills her physiological needs, safety needs, love and belonging needs, and self-actualization needs. However, her esteem needs are not fully fulfilled due to the lack of appreciation, recognition, and acceptance from the people around her. This condition affects Dara's psychological well-being and influences her attitudes and behavior in carrying out her roles as a wife, a mother, and an individual.

Keywords: hierarchy of needs, Abraham Maslow, literary psychology, Dua Hati Biru, Dara.

