

DAFTAR PUSTAKA

- Antoniades, A. C. (1990). *Poetics of Architecture: Theory of Design*. Van Nostrand Reinhold.
- Badan Pusat Statistik Kota Semarang. (2024). *Kota Semarang Dalam Angka* (Vol. 51).
- Cambridge Dictionary. (t.t.). *Meaning of hub*. Cambridge University Press & Assessment.
Diambil <https://dictionary.cambridge.org/dictionary/english/hub>
- Csikszentmihalyi, M. (1990). *Flow: The Psychology of Optimal Experience*. Harper Perennial.
- Data Bridge Market Research. (2024). *Indonesia Health Tourism Market to 2032*.
- Devi Sofiyatun, Edy Soesanto, Farisa Eka Aulia, & Zahra Khairunnisa. (2025). Pentingnya Keseimbangan Unsur Cipta, Rasa, dan Karsa dalam Proses Pengembangan Potensi Diri. *Jurnal Insan Pendidikan dan Sosial Humaniora*, 3(1), 101–114.
<https://doi.org/10.59581/jipsoshum-widyakarya.v3i1.4656>
- Dijkstra, K., Pieterse, M., & Pruyn, A. (2006). Physical environmental stimuli that turn healthcare facilities into healing environments through psychologically mediated effects: systematic review. *Journal of Advanced Nursing*, 56(2), 166–181.
<https://doi.org/10.1111/j.1365-2648.2006.03990.x>
- Egnew, T. R. (2005). The Meaning Of Healing: Transcending Suffering. *The Annals of Family Medicine*, 3(3), 255–262. <https://doi.org/10.1370/afm.313>
- Global Wellness Institute. *WELLNESS TOURISM*. Diambil <https://globalwellnessinstitute.org/what-is-wellness/what-is-wellness-tourism/>
- Global Wellness Institute. (2025, November 19). *The Global Wellness Economy Hits a Record \$6.8 Trillion and Is Forecast to Reach \$9.8 Trillion by 2029*. Global Wellness Institute. <https://globalwellnessinstitute.org/press-room/press-releases/the-global-wellness-economy-hits-a-record-6-8-trillion-and-is-forecast-to-reach-9-8-trillion-by-2029/>
- Jencks, C. A. (1977). *The Language of Post-Modern Architecture*.
<https://doi.org/10.2307/429857>
- Kaplan, S. (1995). The restorative benefits of nature: Toward an integrative framework. *Journal of Environmental Psychology*, 15(3), 169–182. [https://doi.org/10.1016/0272-4944\(95\)90001-2](https://doi.org/10.1016/0272-4944(95)90001-2)
- Kellert, S. R. , H. J. , & M. M. (2008). *The Theory, Science and Practice of Bringing Buildings to Life*. www.biophilic-design.com

- Kementerian Pariwisata dan Ekonomi Kreatif Republik Indonesia. (2020). *Buku Pedoman Wisata Kebugaran Indonesia*.
- Kementrian Kesehatan Republik Indonesia. (2024, November 28). *Pentingnya Kesehatan Mental bagi Remaja dan Cara Menghadapinya*.
<https://ayosehat.kemkes.go.id/pentingnya-kesehatan-mental-bagi-remaja>
- Li, Q., Morimoto, K., Nakadai, A., Inagaki, H., Katsumata, M., Shimizu, T., Hirata, Y., Hirata, K., Suzuki, H., Miyazaki, Y., Kagawa, T., Koyama, Y., Ohira, T., Takayama, N., Krensky, A. M., & Kawada, T. (2007). Forest Bathing Enhances Human Natural Killer Activity and Expression of Anti-Cancer Proteins. *International Journal of Immunopathology and Pharmacology*, 20(2_suppl), 3–8.
<https://doi.org/10.1177/03946320070200S202>
- Mentayani, I., Ikaputra, & Rahima Muthia, P. (2017). *Menggali Makna Arsitektur Vernakular: Ranah, Unsur, dan Aspek-Aspek Vernakularitas*.
<https://doi.org/10.32315/ti.6.i109>
- Mueller, H., & Kaufmann, E. L. (2001). Wellness tourism: Market analysis of a special health tourism segment and implications for the hotel industry. *Journal of Vacation Marketing*, 7(1), 5–17. <https://doi.org/10.1177/135676670100700101>
- Norberg-Schulz, C. (1980). *Genius Loci: Towards a Phenomenology of Architecture*.
- Pallasmaa, J. (2005). *The Eyes of the Skin: Architecture and the Senses*. John Wiley & Sons.
- PERATURAN DAERAH KABUPATEN SEMARANG NOMOR 2 TAHUN 2015 TENTANG BANGUNAN GEDUNG. (2015).
- PERATURAN DAERAH KABUPATEN SEMARANG NOMOR 6 TAHUN 2023 TENTANG RENCANA TATA RUANG WILAYAH KABUPATEN SEMARANG TAHUN 2023-2043. (2023).
- Peraturan Pemerintah (PP) Republik Indonesia Nomor 50 Tahun 2011 tentang Rencana Induk Pembangunan Kepariwisata Nasional Tahun 2010-2025 (2011).
- Prijotomo, J. (1988). *Pasang-Surut Arsitektur di Indonesia*. CV. Ardjun.
- Qoriani, D., Darmawati, R., Nisrina, D., & Almira, S. (2025). *OMAH BUDOYO TEMPAT WISATA KREATIF SEBAGAI WADAH INTERAKSI SOSIAL DI YOGYAKARTA*. 8(1).
- Radite Rangi Ananta, Casriyah Casriyah, Moh. Rayya Ilham Rehardiyan, & Lovi Nugiantika Pasha. (2024). Analisis Dampak Fenomena Peningkatan Urban Heat Island Kota Semarang Tahun 2024. *Aliansi: Jurnal Hukum, Pendidikan dan Sosial Humaniora*, 2(1), 144–157. <https://doi.org/10.62383/aliansi.v2i1.676>

- Rony, M. K. K., & Alamgir, H. M. (2023). High temperatures on mental health: Recognizing the association and the need for proactive strategies-A perspective. *Health science reports*, 6(12), e1729. <https://doi.org/10.1002/hsr2.1729>
- Smith, M., & Puczko, L. (2009). *Health and Wellness Tourism*. Routledge. <https://doi.org/10.4324/9780080942032>
- Ulrich, R. S. (1984). View Through a Window May Influence Recovery from Surgery. *Science*, 224(4647), 420–421. <https://doi.org/10.1126/science.6143402>
- Ulrich, R. S. (1991). Effects of interior design on wellness: theory and recent scientific research. *Journal of health care interior design : proceedings from the ... Symposium on Health Care Interior Design. Symposium on Health Care Interior Design*, 3, 97–109.
- U.S. Department of Health and Human Services. (2023). *Our Epidemic of Loneliness and Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community*. <https://www.hhs.gov/surgeongeneral/reports-and-publications/connection/index.html>
- Wiryadhi Saidi, A., Putu Anggita Suma Astari, N., & Adi Prayoga, K. (2019). *PENERAPAN TEMA NEO VERNAKULAR PADA WAJAH BANGUNAN GEDUNG UTAMA DEWAN PERWAKILAN RAKYAT DAERAH PROVINSI BALI*. 11(2).
- World Health Organization. (t.t.). *Constitution of the World Health Organization*. World Health Organization. Diambil <https://www.who.int/about/governance/constitution>
- World Health Organization. (2025, September 1). *Mental health of adolescents*. <https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health>