



**FROM SURVIVAL TO ACHIEVE SELF-
ACTUALIZATION: MASLOW'S HIERARCHY OF
NEEDS AND B-VALUES OF ELODIE IN EVELYN
SKYE'S NOVEL "*DAMSEL*" (2023)**

A THESIS

**In Partial Fulfillment of the Requirements
for S-1 Degree Majoring English Literature in the English Department,
Faculty of Humanities Diponegoro University**

**Submitted by:
Fauzan Akbar Raidyarto
NIM 13020122100089**

**FACULTY OF HUMANITIES
DIPONEGORO UNIVERSITY
SEMARANG**

2026

PRONOUNCEMENT

The author hereby declares that this thesis entitled “From Survival to Self-Actualization: Maslow’s Hierarchy of Needs of Elodie in Evelyn Skye’s *Damsel*” is an original work, conducted independently and without plagiarism. No part of this research has been quoted from previous diploma or degree programs (undergraduate or graduate). All external sources and references have been duly acknowledged and cited in the bibliography.

Semarang, June 15th, 2026

Fauzan Akbar Raidyarto

MOTTO AND DEDICATION

What one can be, one must be

- **Abraham Maslow**

Hardships often prepare ordinary people for an extraordinary destiny

- **C.S. Lewis**

This thesis is dedicated

to my family, friends, and

everyone who supported me

throughout this journey

APPROVAL

**FROM SURVIVAL TO ACHIEVE SELF-ACTUALIZATION:
MASLOW’S HIERARCHY OF NEEDS AND B-VALUES OF
ELODIE IN EVELYN SKYE’S NOVEL “*DAMSEL*” (2023)**

Written by:

Fauzan Akbar Raidyarto

NIM: 13020122100089

Is approved by the thesis advisor

on June 11th 2026

Thesis Advisor

Sulistya Ningtyas, S.S, M.A.
NIP. 199007102024062002

The head of the English Department

Dr. Drs. Oktiva Herry Candra, M.Hum.
NIP. 196710041993031003

VALIDATION

FROM SURVIVAL TO ACHIEVE SELF-ACTUALIZATION: MASLOW'S HIERARCHY OF NEEDS AND B-VALUES OF ELODIE IN EVELYN SKYE'S NOVEL “*DAMSEL*” (2023)

Submitted by:

Fauzan Akbar Raidyarto
NIM. 13020122100089

Approved by

Strata 1 Thesis Examination Committee
Faculty of Humanities Diponegoro University

On June 10th, 2026

Chairman,

Drs. Jumino, M.Lib., M.Hum
NIP. 196207031990011001

Member,

Ariya Jati, S.S., M.A.
NIP. 197802282005011001

Member,

Sulistya Ningtyas, S.S, M.A.
NIP. 199007102024062002

Accepted and declared in Semarang on June 10th, 2026

The Dean of Faculty of Humanities

Prof. Dr. Alamsyah S.S., M.Hum.
NIP. 197211191998021002

ACKNOWLEDGEMENT

All praise and thanks be to Allah SWT who has blessed me with His countless grace and gifts, which have enabled me to complete this thesis. This research is dedicated as an expression of my sincere appreciation to everyone who has generously offered their help, encouragement, and support throughout this process. This appreciation may not be equal to their help and support.

The deepest gratitude and appreciation to my supervisor, Sulistya Ningtyas, S.S., M.A. who has generously devoted her valuable time and patiently provided valuable guidance and constructive suggestions, enabling this thesis to be completed successfully.

My greatest thanks also goes to the following:

1. Prof. Dr. Alamsyah S.S., M.Hum., as the Dean of Faculty of Humanities, Diponegoro University;
2. Dr. Oktiva Herry Candra M.Hum., as the Head of the English Department of the Faculty of Humanities, Diponegoro University;
3. All the lecturers of English Department Diponegoro University who have shared their precious knowledge and their advice would be remarkable;
4. My parents and brother who have been the biggest supporter and motivations to finish my education;
5. Some of my best friends, especially *Homo Erectus*: Pasha, Bintang, Nopal, and Alvin, who are my precious friends;

6. My English Department friends, Sahl, Luna, Ghea, Kyna, Eka, Diana, and Nila who have been great companions of mine;
7. My friends from my hometown, Arsyad, and Verlian, who always support each other;
8. My *KKN* friends, Dea, Kayla, Jida, Gathan, and Iqbal; thank you for your support;
9. All of my friends, whom unfortunately I could not mention one by one. The meaning of ‘thank you’ will not be enough to represent this gratitude of mine.

I acknowledge that this thesis is far from being perfect, and it still contains various limitations. This research thesis certainly has many weaknesses and needs improvement. Therefore, all forms of constructive suggestions and criticisms will always be appreciated and accepted to make this thesis better. I hope this thesis can be useful for those who read it.

Semarang, June 15th, 2026

Fauzan Akbar Raidyarto

TABLE OF CONTENTS

PRONOUNCEMENT	i
MOTTO AND DEDICATION	ii
APPROVAL	iii
VALIDATION.....	iv
ACKNOWLEDGEMENT	v
TABLE OF CONTENTS	vii
LIST OF FIGURES	x
ABSTRACT	xi
CHAPTER I INTRODUCTION.....	1
1.1 Background of the Study.....	1
1.2 Research Questions	4
1.3 Objectives of the Study	5
1.4 Previous Studies.....	5
1.5 Research Method.....	8
1.5.1 Type of Research.....	8
1.5.2 Research Approach.....	10
1.5.3 Data Source	10
1.5.4 Method of Data Collection.....	11
1.6 Scope of the Study	11
CHAPTER II THEORETICAL FRAMEWORK.....	13
2.1 Related Intrinsic Element Theories	13
2.1.1 Character and Characterization	13
2.1.2 Settings.....	14
2.1.3 Conflict.....	15
2.2 Maslow's Hierarchy of Needs.....	15
2.2.1 Physiological Needs	16
2.2.2 Safety Needs.....	17
2.2.3 Love Needs.....	18
2.2.4 The Esteem Needs.....	19

2.2.5	Self-Actualization	19
2.3	Maslow's B-Values	20
2.3.1	Truth	21
2.3.2	Goodness	21
2.3.3	Beauty	21
2.3.4	Wholeness or Dichotomy-transcendence	22
2.3.5	Aliveness	22
2.3.6	Uniqueness	22
2.3.7	Perfection or Necessity	23
2.3.8	Completion	23
2.3.9	Justice or Order	24
2.3.10	Simplicity	24
2.3.11	Richness	25
2.3.12	Effortlessness	25
2.3.13	Playfulness	25
2.3.14	Self-sufficiency	26
CHAPTER III RESULT & DISCUSSION		27
3.1	Intrinsic Elements.....	27
3.1.1	Character and Characterization	27
3.1.1.1	Elodie	27
3.1.1.2	Khaevis.....	28
3.2	Settings.....	30
3.2.1.1	Setting of Places	30
3.2.1.1.1	Inophe.....	30
3.2.1.1.2	Aurea.....	30
3.2.1.1.3	Mount Khaevis	31
3.2.1.2	Social Setting	32
3.2.1.3	Setting of Time.....	32
3.3	Conflict.....	33
3.3.1.1	Elodie's Internal Conflict	33
3.3.1.1.1	The Conflict Between Elodie and Her Conscience.....	33
3.3.1.2	Elodie's External Conflict.....	34

3.3.1.2.1	The Conflict Between Elodie and Henry	34
3.3.1.2.2	The Conflict Between Elodie and Khaevis	35
3.4	Hierarchy of Needs	36
3.4.1	Elodie's Physiological Needs	36
3.4.2	Elodie's Safety Needs	37
3.4.3	Elodie's Love & Belonging Needs.....	40
3.4.4	Elodie's Esteem Needs	44
3.4.5	Elodie's Self-Actualization Needs	46
3.5	B-Values	50
3.5.1	Elodie's Truth	50
3.5.2	Elodie's Goodness	51
3.5.3	Elodie's Beauty	52
3.5.4	Elodie's Dichotomy-Transcendence	52
3.5.5	Elodie's Uniqueness	53
3.5.6	Elodie's Justice.....	54
3.5.7	Elodie's Self-Sufficiency	54
CHAPTER IV CONCLUSION.....		56
REFERENCES.....		58

LIST OF FIGURES

Figure 1 Maslow's Hierarchy of Needs	15
--	----

PERPUSTAKAAN
FAKULTAS ILMU BUDAYA
UNIVERSITAS DIPONEGORO