

**CREATING A SHORT DOCUMENTARY FILM TITLED  
“STEP AWAY FROM HOME”  
ABOUT THE INTERNSHIP EXPERIENCE OF  
INDONESIAN UNIVERSITY STUDENTS IN JAPAN**



**FINAL ASSIGNMENT**

A Partial Fulfillment of the Requirements for the  
Applied Foreign Language Bachelor Degree

by:

Ghanim Faheema Damayanti

40020522650015

**BACHELOR OF APPLIED FOREIGN LANGUAGE  
VOCATIONAL COLLEGE  
UNIVERSITAS DIPONEGORO  
2026**

## STATEMENT OF ORIGINALITY

This to certify that thesis is my original work. I am completely responsible for the content of this thesis. Other writers, opinions or findings included in this project are quoted or cited following ethical standards. I understand the full consequences if I took somebody else's ideas, phrases, or sentences without proper references.

The undersigned below:

Name : Ghanim Faheema Damayanti

Student's ID : 40020522650015

Signature :

A handwritten signature in black ink, appearing to be 'Ghanim Faheema Damayanti', written in a cursive style. The signature is enclosed within a hand-drawn, irregular rectangular border.

Dates : 4th June 2026

**APPROVAL SHEET**

**A FINAL ASSIGNMENT**

**CREATING A SHORT DOCUMENTARY FILM TITLED “STEP AWAY  
FROM HOME” ABOUT THE INTERNSHIP EXPERIENCE OF  
INDONESIAN UNIVERSITY STUDENTS IN JAPAN**

**by**

**Ghanim Faheema Damayanti**

**40020522650015**

**Semarang, 22th June 2026**

**Approved by**

**Supervisor**



**Aditya Nur Patria, S.Hum., M.App.Ling.**

**NIP. 199012182020121007**




## ACCEPTANCE

The Final Project was submitted by :

Name : Ghanim Faheema Damayanti  
Student's ID Number : 40020522650015  
Study Program : Applied Foreign Languages  
Final Project/Bachelor Thesis Tittle : CREATING A DOCUMENTARY FILM  
TITLED "STEP AWAY FROM  
HOME" ABOUT THE  
INTERNSHIP EXPERIENCE  
OF INDONESIAN  
UNIVERSITY STUDENTS IN JAPAN

**This study has been examined and is accepted for impartial fulfillment of the requirement for the degree of Applied Bachelor in Applied Foreign Languages of Vocational College Universitas Diponegoro**

Board of Examiners:

Chairman : Aditya Nur Patria, S.Hum., M.App.Ling., (  )  
Examiner : Lilis Lamsehat Panjaitan, S.Pd., M.A. (  )  
Examiner : Althaf Gauhar Auliawan, S.Hum., M.Si. (  )

Semarang, 22th June 2026

Head of Applied Foreign Languages Study Program



Sriwahyu Istana Trahutami, S.S., M.Hum.  
NIP. 197401032000122001

## ACKNOWLEDGEMENTS

The researcher is grateful for the blessings and support that made it possible to complete this final assignment on time. This report is based on the production of a documentary film entitled *Step Away from Home*, which was created to fulfill the requirements as a student of the Applied Foreign Languages study program.

On this occasion, the researcher would like to express sincere appreciation for the guidance, support, and encouragement received throughout the process of completing this final assignment. The researcher's gratitude is addressed to:

1. Aditya Nur Patria, S.Hum., M.App.Ling., as the supervisor who has provided guidance, direction, and support in completing this final assignment,
2. Sriwahyu Istana Trahutami, S.S., M.Hum., as the Head of the Applied Foreign Language Study Program,
3. Prof. Dr. Ir. Budiyo, M.Sc., as the Dean of the Vocational College of Universitas Diponegoro,
4. All parties who have contributed and supported the researcher in completing this final assignment.

The researcher realizes that this work is still far from perfect. Therefore, suggestions and constructive criticism are highly appreciated in order to improve this work in the future.

Semarang, 4th June 2026



Ghanim Faheema Damayanti

## ABSTRACT

This final project aimed to create a short documentary film entitled *Step Away from Home* about the internship experiences of Indonesian university students in Japan. The documentary was developed to provide information regarding cultural adaptation, workplace challenges, language barriers, personal growth, and career opportunities experienced by Indonesian students during their internships in Japan. This study employed the Research and Development (R&D) method proposed by Borg and Gall (1983). Data were collected through interviews, documentation, and questionnaires. The documentary featured four sources consisting of two current interns and two former interns who had returned to Japan as permanent employees. The product was evaluated through *main field testing* involving Applied Foreign Languages students from Universitas Diponegoro and international respondents. The findings indicated that the documentary was positively received by the respondents and was considered informative, engaging, and effective in communicating internship experiences in Japan. Based on the evaluation results, *Step Away from Home* was considered a feasible documentary film that can serve as an informational and educational medium for students interested in participating in internship programs in Japan.

**Keywords:** Documentary Film, Internship Experience, Japan, Cultural Adaptation, Language Barriers

## ABSTRAK

Tugas akhir ini bertujuan untuk membuat film dokumenter pendek berjudul *Step Away from Home* yang mengangkat pengalaman magang mahasiswa Indonesia di Jepang. Dokumenter ini dikembangkan untuk memberikan gambaran mengenai kehidupan magang di Jepang, termasuk proses adaptasi budaya, tantangan di tempat kerja, hambatan bahasa, pengembangan diri, serta peluang karier setelah menyelesaikan program magang. Penelitian ini menggunakan metode *Research and Development* (R&D) yang dikemukakan oleh Borg dan Gall (1983). Data dikumpulkan melalui wawancara, dokumentasi, dan penyebaran kuesioner. Dokumenter ini menampilkan empat narasumber yang terdiri atas dua mahasiswa yang sedang menjalani program magang di Jepang dan dua mantan peserta magang yang telah kembali ke Jepang sebagai karyawan tetap. Produk diuji melalui tahap *main field testing* yang melibatkan mahasiswa Program Studi Bahasa Asing Terapan Universitas Diponegoro dan responden internasional. Hasil penelitian menunjukkan bahwa dokumenter memperoleh tanggapan positif dari responden serta dinilai informatif, menarik, dan efektif dalam menyampaikan pengalaman magang di Jepang. Berdasarkan hasil evaluasi, *Step Away from Home* dinyatakan layak digunakan sebagai media informasi dan edukasi bagi mahasiswa yang tertarik mengikuti program magang di Jepang.

**Kata Kunci:** Film dokumenter, Pengalaman Magang, Jepang, Adaptasi Budaya, Hambatan Bahasa

## TABLE OF CONTENTS

<b>STATEMENT OF ORIGINALITY .....</b>	<b>ii</b>
<b>APPROVAL SHEET .....</b>	<b>iii</b>
<b>ACCEPTANCE .....</b>	<b>iv</b>
<b>ACKNOWLEDGEMENTS.....</b>	<b>v</b>
<b>ABSTRACT.....</b>	<b>vi</b>
<b>ABSTRAK .....</b>	<b>vii</b>
<b>TABLE OF CONTENTS.....</b>	<b>viii</b>
<b>LIST OF TABLES .....</b>	<b>xi</b>
<b>LIST OF FIGURES .....</b>	<b>xii</b>
<b>LIST OF APPENDICES.....</b>	<b>xiv</b>
<b>CHAPTER I INTRODUCTION.....</b>	<b>1</b>
1.1 Background.....	1
1.2 Research questions.....	4
1.3 Research Objectives.....	4
1.4 Significance of the study.....	5
1.4.1. Practical Contribution .....	5
1.4.2. Theoretical Contribution.....	5
1.5 Output .....	6
<b>CHAPTER II LITERATURE REVIEW .....</b>	<b>7</b>
2.1 Internship Program.....	7
2.2 Cross-Cultural Adaptation in International Internship .....	8
2.3 Documentary Film .....	9
2.4 Film Production .....	11
2.4.1 Pre-Production .....	12
2.4.2 Production .....	13
2.4.3 Post-Production.....	20
2.5 YouTube .....	21

2.6 Previous Study .....	22
<b>CHAPTER III METHODOLOGY OF IMPLEMENTATION.....</b>	<b>25</b>
3.1 Methodology .....	25
3.2 Research and Development Stages .....	25
3.2.1 Research and Information Collecting .....	26
3.2.2 Planning .....	26
3.2.3 Developing Preliminary Form of the Product.....	29
3.2.4 Preliminary Field Testing .....	30
3.2.5 Revision .....	31
3.2.6 Main Field Test .....	31
3.2.7 Final Product Revision.....	35
3.2.8 Dissemination and Implementation .....	35
3.3 Timeline for Final Project Implementation.....	36
3.4 Cost Budget & Planning .....	37
3.4.1 Cost Budget.....	37
3.4.1 Research Planning.....	37
<b>CHAPTER IV RESULTS AND DISCUSSION .....</b>	<b>38</b>
4.1 Results.....	38
4.1.1 Research and Information Collecting .....	38
4.1.2 Planning .....	39
4.1.3 Developing Preliminary Form of Product.....	43
4.1.4 Preliminary Field Testing .....	65
4.1.5 Revision .....	66
4.1.6 Main Field Test .....	70
4.1.7 Final Revision .....	77
4.1.8 Dissemination and Implementation .....	79
4.2 Discussion.....	79
<b>CHAPTER V CONCLUSION AND SUGGESTION .....</b>	<b>81</b>
5.1 Conclusion .....	81

5.2 Suggestion.....	81
<b>REFERENCES.....</b>	<b>83</b>
<b>APPENDICES.....</b>	<b>88</b>

## LIST OF TABLES

Table 3.1 Documentary Sources and Identification Codes .....	27
Table 3.2 Aspects Assessment Scale .....	32
Table 3.3 Likert Scale Score .....	34
Table 3.4 Interval Guide .....	35
Table 3.5 Timeline for Final Project Implementation.....	36
Table 3.6 Timeline of the Research and Development (R&D) Process .....	36
Table 3.7 Cost Budget.....	37
Table 3.8 Research Planning.....	37
Table 4.1 Subtitle Revision 1 .....	69
Table 4.2 Subtitle Revision 2 .....	69
Table 4.3 Subtitle Revision 3 .....	70
Table 4.4 Subtitle Revision 4 .....	70
Table 4.5 Respondents in Main Field Testing .....	71
Table 4.6 Results from Applied Foreign Languages Students.....	72
Table 4.7 Results from International Respondents .....	75

## LIST OF FIGURES

Figure 1.1 Trends in the number of Indonesian students 2025 .....	2
Figure 3.1 Research and Development stages.....	25
Figure 3.2 Consent form .....	28
Figure 3.3 Storyboard template.....	30
Figure 3.4 Validation statement design.....	30
Figure 4.1. Interview questions for sources .....	40
Figure 4.2 The first interview.....	44
Figure 4.3 The second interview .....	44
Figure 4.4 The third interview .....	45
Figure 4.5 The fourth interview .....	46
Figure 4.6 Signed consent form .....	46
Figure 4.7 Grouping files .....	48
Figure 4.8 Editing video.....	49
Figure 4.9 Introduction of the main sources .....	50
Figure 4.10 Childhood photo as supporting footage.....	51
Figure 4.11 Internship acceptance via WhatsApp.....	52
Figure 4.12 Street view in Japan.....	53
Figure 4.13 Footage having a meal with friends.....	54
Figure 4.14 Matsuri festival in Japan.....	55
Figure 4.15 Snowfall scene in Shirakawago.....	56
Figure 4.16 Cleaning their room .....	57
Figure 4.17 Continuing work in Japan after internship.....	58
Figure 4.18 Script creation.....	60
Figure 4.19 Storyboard.....	61
Figure 4.20 Editing timeline for sound and music .....	62
Figure 4.21 Editing timeline for color grading .....	63
Figure 4.22 Editing timeline for subtitling.....	64

Figure 4.23 Media and language expert validation form ..... 65

Figure 4.24 Content expert validation form..... 65

Figure 4.25 Before adjustment..... 67

Figure 4.26 After adjustment ..... 67

Figure 4.27 Before revision..... 77

Figure 4.28 After revision..... 78

Figure 4.29 Documentary film uploaded in Google Drive ..... 79

## LIST OF APPENDICES

Appendix 1 Consent Forms.....	88
Appendix 2 Validation Form .....	95
Appendix 3 Storyboard .....	97
Appendix 4 Documentary Film Screenshots by Minute .....	106
Appendix 5 Questionnaire Results.....	111
Appendix 6 Copyright Certificate.....	112
Appendix 7 Link and QR Code.....	113
Appendix 8 Turnitin Results .....	114