

## DAFTAR PUSTAKA

1. Roberts M, Tolar-Peterson T, Reynolds A, Wall C, Reeder N, Rico Mendez G. The Effects of Nutritional Interventions on the Cognitive Development of Preschool-Age Children: A Systematic Review. *Nutrients*. 2022;14(3):1–15.
2. Mokone S, Manafae M, Ncube LJ, Veldman FJ. A Comparative Analysis of The Nutritional Status of Children Attending Early Childhood Development Centres in Gauteng, North-West and Limpopo Province, South Africa. *African J Food, Agric Nutrition Dev*. 2022;22(1):19353–69.
3. Mungai BO, Makokha A, Kyallo F, Onyango A. Contribution of School Lunch Programme To Intake of Micronutrients Among Preschool Children in Semi Arid Areas of Kilifi County, Kenya. *African J Food, Agric Nutr Dev*. 2024;24(7):26819–36.
4. Masturina SE, Hardjito K, Rahayu DE. The Relationship Between Feeding Patterns and Nutritional Status of Toddlers. *Sci Midwifery*. 2023;11(1).
5. Joint Child Malnutrition Estimates [Internet]. World Health Organization. 2024. Available from: <https://www.who.int/data/gho/data/themes/topics/joint-child-malnutrition-estimates-unicef-who-wb>
6. Survei Status Gizi Indonesia (SSGI) 2024. Kementrian Kesehatan RI. 2025.
7. Kusmawati II, Nurgraheni A, Sukamto IS, Putri NR. Exploring Nutritional Status, Complementary Feeding Quality, and Parenting Styles in Toddlers. *J Penelit Pendidik IPA*. 2025;11(5):657–63.
8. Mou Y, Jansen PW, Raat H, Nguyen AN, Voortman T. Associations of Family Feeding and Mealtime Practices with Children ' s Overall Diet Quality : Results from a Prospective Population-based Cohort. *Appetite*. 2021;160(December 2020):105083.
9. Zarychta K, Banik A, Kulis E, Lobczowska K. Parental and Child Self-Efficacy Explaining Food Intake through Self-Regulation: A Dyadic Prospective Study. *Appl Psychol Heal Well-Being*. 2021;13(1):174–94.
10. Tarro S, Lahdenperä M, Junttila N, Lampimäki A, Lagström H. Parental Self-Efficacy and Child Diet Quality between Ages 2 and 5: The STEPS Study. *Nutrients*. 2022;14(22):1–13.
11. Putri NDP, Hadju V, Indriasari R, Hidayanty H, Mansur MA. Description of Mother'S Self Efficacy in Complementary Feeding and Stunting Among Children. *J Indones Community Nutr*. 2023;12(1):27–37.

12. Adethia KA, Pangaribuan IK, Sari DM, Rachmat A. The Influence of Peer Education on Mother's Self Efficacy in Providing Nutrition with The Nutritional Status of Toddlers in The Sei Musam Langkat. *Sci Midwifery* [Internet]. 2023;11(4):2721–9453. Available from: [www.midwifery.iocspublisher.orgjournalhomepage:www.midwifery.iocspublisher.org](http://www.midwifery.iocspublisher.orgjournalhomepage:www.midwifery.iocspublisher.org)
13. Yoshii E, Shimpo M. Role of Feeding Coparenting in Children's Healthy Food Intake and Parents' Positive Feeding Practices, Mediated by Feeding Self-efficacy: A cross-sectional Study of Japanese Mothers and Fathers of Preschoolers. *Appetite* [Internet]. 2026;216(April 2025):108272. Available from: <https://doi.org/10.1016/j.appet.2025.108272>
14. Bandura A. Self-efficacy: Toward a Unifying Theory of Behavioral Change. *Adv Behav Res Ther*. 1978;1(4):139–61.
15. Rachmawati S, Hidayat DR, Badrujaman A. Self-Efficacy: Literatur Review. *Pros Semin Nas Bimbing dan Konseling Univ Negeri Malang*. 2021;90–9.
16. Shirey MR. Self-Efficacy and the Nurse Leader. *Nurse Lead*. 2020;18(4):339–43.
17. Kodden B. The Impact of Self-efficacy. *SpringerBriefs Bus*. 2020;31–8.
18. Saks K. The Effect of Self-efficacy and Self-set Grade Goals on Academic Outcomes. 2024;(March).
19. Kleppang AL, Steigen AM, Finbråten HS. Explaining Variance in Self-efficacy Among Adolescents: The Association Between Mastery Experiences, Social Support, and Self-efficacy. *BMC Public Health*. 2023;23(1):1–10.
20. Egele VS, Klopp E, Stark R. An Empirical Ranking of The Importance of The Sources of Self-efficacy for Physical Activity. *Heal Psychol Behav Med*. 2025;13(1).
21. Fitriyah LA, Wijayadi AW, Manasikana OA, Hayati N. Menanamkan Efikasi Diri dan Kestabilan Emosi. Kurniawati IL, editor. *LPPM Unhasy Tebuireng Jombang*; 2019.
22. Bandura A. *Self-Efficacy, The Excercise of Control*. 1997.
23. Belinda H, Susilowaty N. Analisis Kemampuan Pemecahan Masalah Matematis Siswa Berdasarkan Self Efficacy. *JP2M (Jurnal Pendidik dan Pembelajaran Mat*. 2023;9(1):125–35.
24. Siboro E, Agung ASSN, Quinones CA. Exploring The Level of Students Self-Efficacy in Speaking Class. *LTT J A J Lang Lang Teach*.

- 2024;22(1):46–57.
25. Fitriah F, Indrakurniawan M. Influence of Self-Efficacy on Learning Motivation among Primary School Students. *Indones J Multidiciplinary Res.* 2025;5(1):165–74.
  26. Alafghani SW, Purwandari E. Self-efficacy, Academic Motivation, Self-regulated Learning and Academic Achievement. 2019;5:104–11.
  27. Ritanti R, Evanda S. The Relationship between Feeding Parenting and Maternal Self-Efficacy with the Incidence of Stunting in Toddlers. *J Ilmu dan Teknol Kesehat.* 2025;12(2):156–62.
  28. Solikhah MM, Ardiani ND. Hubungan Efikasi Diri Pemberian Makan Oleh Ibu Dengan Status Gizi Balita Di Posyandu Balita Perumahan Samirukun Plesungan Karanganyar. *J Kesehat Kusuma Husada.* 2019;102–7.
  29. Prasetyawati AE, Kassaundra S, Supriyana DS. Stunting Prevention Through Strengthening Mother’S Knowledge and Self-Efficacy With Health Coaching Based on Family Empowerment. *Media Penelit dan Pengemb Kesehat.* 2025;35(2):637–52.
  30. Wang J, Zhu B, Wu R, Chang YS, Cao Y, Zhu D. Bidirectional Associations between Parental Non-Responsive Feeding Practices and Child Eating Behaviors: A Systematic Review and Meta-Analysis of Longitudinal Prospective Studies. *Nutrients.* 2022;14(9).
  31. Hübner HL, Bartelmeß T. Associations of Sugar-related Food Parenting Practices and Parental Feeding Styles with Prospective Dietary Behavior of Children and Adolescents: a Systematic Review of The Literature from 2017 to 2023. *Front Public Heal.* 2024;12(August):1–16.
  32. Burnett AJ, Downing KL, Russell CG. Understanding Bidirectional and Transactional Processes of Child Eating Behaviours and Parental Feeding Practices Explaining Poor Health Outcomes Across Infancy and Early Childhood in Australia: Protocol for The Longitudinal Assessment of Children’s Eatin. *BMJ Open.* 2024;14(9):1–9.
  33. Haryanti F, Andarwati F, Risnawati H, Lusmilasari L, Hartini S. Components of Basic Feeding Rule for Infants Aged 6-24 Months: a Scoping Review. *Int J Public Heal Sci.* 2024;13(4):1938.
  34. Vuong TN, Tran HTD. Prevalence and Associated Factors of Complementary Feeding Practices of Mothers Having Children 6–23 Months in Rural Disadvantaged Areas, Ben Tre province, Vietnam: a Cross-sectional Study. *BMC Med.* 2025;23(1).
  35. Camier A, Chabanet C, Davaisse-Paturet C, Ksiazek E, Lioret S, Charles MA, et al. Characterization of Infant Feeding Practices and Related-Family

- Characteristics in The French Nationwide Elfe Birth Cohort. *Nutrients*. 2021;13(1):1–25.
36. Costa A, Oliveira A. Parental Feeding Practices and Children's Eating Behaviours: An Overview of Their Complex Relationship. *Healthc*. 2023;11(3):1–15.
  37. Wang J, Chang YS, Wei X, Cao Y, Winkley K. The Effectiveness of Interventions on Changing Caregivers' Feeding Practices with Preschool Children: A Systematic Review and Meta-analysis. *Obes Rev*. 2024;25(4):1–24.
  38. Masztalerz-Kozubek D, Zielinska-Pukos MA, Hamulka J. Early Feeding Factors and Eating Behaviors among Children Aged 1–3: A Cross-Sectional Study. *Nutrients*. 2022;14(11).
  39. Oudat Q, Lee RC, Miller EL, Couch SC, Bakas T. The Factors Influencing Feeding Practices of Primary Caregivers of Preschoolers: A Theory-Based Cross-Sectional Study. *Children*. 2025;12(2).
  40. Nurwulansari F, Nurul Aini E, Islamiah A, Sholikhah SM. Pengaruh Karakteristik Keluarga dan Social Support Terhadap Perilaku Responsive Feeding Ibu Balita. *J Midwifery Sci Women's Heal*. 2024;5(1):18.
  41. Alristina AD, Laili RD, Nagy É, Feith HJ. The Importance of Socioeconomic Factors Associated with Maternal Nutrition Knowledge and Undernutrition Among Children Under Five. 2025;1–21.
  42. Sari DP, Helmyati S, Sari TN, Hartriyanti Y. Hubungan Pengetahuan dan Persepsi Ibu tentang Status Gizi Anak dengan Perilaku Ibu dalam Pemberian Makan Anak. *J Nutr Coll*. 2021;10:140–8.
  43. Fikadu K, Yihune M, Boynito WG, Hailemariam Z. Exploring Multiple Barriers to Proper Child Feeding Practices in Rural Districts of Ethiopia. *Food Sci Nutr*. 2025;13(3):1–14.
  44. Shi H, Ren Y, Jia Y. Effects of Nutritional Interventions on The Physical Development of Preschool Children : a Systematic Review and Meta-analysis. 2023;12(5):991–1003.
  45. Killion KE, Corcoran A, Romo-palafox MJ, Harris JL, Kagan I, Gilbert L, et al. Responsive Feeding Practices to Promote Healthy Diets : A Mixed Method Study among Low-Income Caregivers with Toddlers. *Nutrients*. 2024;
  46. Nayak BS, Unnikrishnan B, Shashidhara YN, Mundkur SC. Effect of Nutrition Intervention on Cognitive Development Among Malnourished Preschool Children : Randomized Controlled Trial. *Sci Rep*. 2023;1–8.

47. Solikhah MM, Kusumawardani LH, Ardiani ND, Afni ACN, Murharyati A, Nurjanah S, et al. Effect of Nutritional Literacy on Mother's Self Efficacy in Child Feeding. *J Int Dent Med Res*. 2021;14(4):1688–93.
48. Hendriyani H, Sudargo T, Lusmilasari L, Helmyati S, Susetyowati S, Nindrea RD. Complementary Feeding Self-efficacy: A Concept Analysis. *Open Access Maced J Med Sci*. 2020;8(F):11–22.
49. Solikhah MM, Rohmatika D. Gambaran Efikasi Diri Ibu dalam Pemberian Makan Anak Balita. *J Adv Nurs Heal Sci*. 2021;2(1):49–52.
50. Muqaddaskhan U. Development Of Personality In Children Of Preschool Age. *J Soc Sci Humanit Res Fundam*. 2025;5(6):97–101.
51. Septiani R, Widyaningsih S, Muhammad Khabib BI. Tingkat Perkembangan Anak Pra Sekolah Usia 3-5 Tahun. *J Keperawatan Jiwa*. 2019;4, No 2(2011):114–25.
52. Rafika N, Sit M. Analisis Perkembangan Sosial Emosional Anak pada Usia 3-4 Tahun. *Asian J Early Child Elem Educ*. 2024;2(2):127–50.
53. Oskar R, Khairunnisa FI, Harto K, Suryana E. Early Childhood Development ( Physical , Intellectual , Emotional , Social , Moral and Religious ) and Its Implications toward Early Childhood Education. 2025;6(2):680–90.
54. Daro YA, Komang N, Aristyawati A, Purwanti AS, Samawa U, Besar S, et al. Hubungan Pola Makan Bergizi dengan Perkembangan Motorik Kasar Anak Usia Pra Sekolah di TK Kelurahan Seketeng. *J Ris Kaji Teknol dan Lingkungan*. 2023;6(2019):187–90.
55. Sharma P, Budhathoki CB, Maharjan RK, Singh JK. Nutritional Status and Psychosocial Stimulation Associated with Cognitive Development in Preschool Children: A Cross-sectional Study at Western Terai, Nepal. *PLoS One*. 2023;18(3 March):1–14.
56. P. BS, N. NC, M. RR. The Influence of Parental Styles on the Social-emotional Development of Children Aged 3 to 6 Years Old. *Asian J Educ Soc Stud*. 2025;51(7):549–56.
57. Nuraini K, Pramita DA. Analisis Perkembangan Bahasa Ekspresif Anak Usia 4 – 5 Tahun di Lingkungan Multibahasa. *J Pendidik Bhs dan Anak Usia Dini*. 2025;1(2):24–30.
58. Zatihulwani EZ. The Relationship Between Parenting Patterns and Moral Development of Preschool-Aged Children. *Fundam Manag Nurs J*. 2025;8(1).
59. Burgard L, Jansen S, Spiegler C, Brettschneider AK, Straßburg A, Alexy U, et al. Unfavorable Nutrient Intakes in Children Up to School Entry Age:

- Results from the Nationwide German KiESEL Study. *Front Nutr.* 2023;10(January):1–11.
60. Orkusz A. An Assessment of the Nutritional Value of the Preschool Food Rations for Children from the Wroclaw District, Poland—The Case of a Big City. *Nutrients.* 2022;14(3).
  61. Bettocchi S, D’Oria V, De Cosmi V, Scaglioni S, Agostoni C, Paglia L, et al. Preschool Children’s Eating Habits and Parental Nutritional Status. *Nutr.* 2025;17(3):1–13.
  62. Bandura A. *Self-efficacy in Changing Societies.* 1995.
  63. Laily N, Wahyuni DU. *Efikasi Diri dan Perilaku Inovasi.* Edisi Pert. Indomedia Pustaka; 2018.
  64. Sugiyono. *Metode Penelitian Kuantitatif Kualitatif.* Alfabeta; 2023.
  65. Johan Harlan dan Rita Sutjiati. *Buku Metodologi Penelitian Kesehatan.* Vol. 44, *Metodologi Penelitian Kesehatan.* 2018. 232 p.
  66. Ishak S, Agustawan, Choirunissa R, Purnama Y, Achmad VS, Mua EL, et al. *Metodologi Penelitian Kesehatan.* 2023. 263 p.
  67. Nations O of U. *Guidelines fo Estimating the Month and Year of Birth of Young Children.* 2008.
  68. Karakter JP, Studi P, Fakultas P, Bosowa U. Konflik Peran Ganda Sebagai Prediktor Terhadap Keberfungsian Keluarga Pada Perempuan Bekerja dan Berkeluarga di Kota Makassar. 2024;4(1):293–302.
  69. Octaverani A, Nufus S, Badriyah FQ, Afiza DA, Ardini DA, Aisiyah LN. Pengaruh Pekerjaan Orang Tua terhadap Status Gizi Anak Kelompok A di TKIT Ananda Jember. *J Pendidikan, Pengasuhan, Kesehat dan Gizi Anak Usia Dini.* 2023;4(1):60–74.
  70. Gantini T, Barkah MR. Hubungan Pendapatan Keluarga dengan Status Gizi Balita di Desa Bojong Kecamatan Pameungpeuk Kabupaten Garut. 2024;4(2):99–107.
  71. Tengah GJ. *Daftar Upah Minimum pada 35 Kabupaten/Kota Provinsi Jawa Tengah Tahun 2025.* 2025.
  72. Agustin IW, Rahmawati A. Hubungan Parental Feeding Practices Dengan Perilaku Makan Anak Usia 5-6 Tahun. *Kumara Cendekia.* 2025;13(1):98.
  73. Damayanti MA, Widiyanti CR, Lusiana D, Tinggi S, Kesehatan I, Rapih P. Hubungan Pola Pemberian Makan dengan Status Gizi pada Anak Balita di Sleman Yogyakarta. 2025;13:36–44.

74. Varkey B. Principles of Clinical Ethics and Their Application to Practice. *Med Princ Pract.* 2021;30(1):17–28.
75. Solis Sánchez G, Alcalde Bezhold G, Alfonso Farnós I. Research ethics: From principles to practical aspects. *An Pediatría (English Ed.* 2023;99(3):195–202.
76. Anggari RS, Yunita RDY. Pola Asuh Pemberian Makan terhadap Status Gizi pada Anak Usia Pra-sekolah (3-5 Tahun) di Desa Tegalharjo. 2020;07(01):59–67.
77. Loka LV, Martini M, Sitompul DR. Hubungan Pola Pemberian Makan dengan Perilaku Sulit Makan pada Anak Usia Prasekolah (3-6 Tahun). *J Keperawatan Suaka Insa.* 2018;000.
78. Muryani S, Zahro AF, Wibowo NY. Praktik Pemberian Makan dan Perilaku Picky Eater pada Anak Usia Prasekolah. 2024;10(1):149–60.
79. Nutr JB, Act P, Ruggiero CF, Moore AM, Marini ME, Kodish SR, et al. A Mixed Methods Study of Siblings' Roles in Maternal Feeding Practices in Early Childhood : an Application of The Learning From Experience Process. *Int J Behav Nutr Phys Act [Internet].* 2022;1–13. Available from: <https://doi.org/10.1186/s12966-022-01302-3>
80. Lestari RF, Sari AB, Daniati M. Pengalaman Ibu yang Memiliki Anak Usia Pra-sekolah Kesulitan Makan di PAUD Imanuel Pekanbaru; Studi Fenomenologi. 2017;7(2):21–7.
81. Maulidiyah EC, Fitri R, Reza M, Fadzil AN. Effects of Maternal Age and Parenting Stress on the Social- Emotional Development of Young Children. 2025;13:210–8.
82. Setiarsih D, Habibi R. Hubungan Perilaku Ibu dalam Pemberian Makan dengan Sulit Makan pada Anak Usia 3-5 Tahun. *Indones J Prof Nurs.* 2020;1(2):1–5.
83. Purwanti R, Rahadiyanti A, Kurniawati DM, Wijayanti HS. Maternal Factors and Feeding Practices of Children Under Five with and without Malnutrition. *Amerta Nutr.* 2025;9(1):62–72.
84. Isfaizah, Widyaningsih A, Listiyaningsih MD. Pendidikan dan Pekerjaan Ibu Merupakan Faktor yang Berpengaruh Langsung terhadap Praktik Pemberian Makan pada Anak (PMBA). 2024;7(September):164–75.
85. Syahroni MHA, Astuti N, Indrawati V, Ismawati R. Faktor-faktor yang Memengaruhi Kebiasaan Makan Anak Usia Prasekolah (4-6 Tahun) Ditinjau dari Capaian Gizi Seimbang. 2021;10(1):12–22.
86. Arifin Y, Syofiah PN, Hesti N. Hubungan Karakteristik Ibu dan Dukungan

- Keluarga dengan Pemberian MP-ASI pada Balita. 2020;5(3):836–44.
87. Sembiring IPSB. Hubungan Antara Pendapatan Keluarga dan Pola Asuh Gizi dengan Status Gizi Anak Balita di TK Negeri Pembina Tebing Tinggi. 2023;2(11):1092–103.
  88. Amalia AR, Rasyida AU, Buana AW, Adam OM. Hubungan Antara Pendapatan Keluarga, Pola Pemberian Makan dan Pengetahuan Ibu tentang Gizi dengan Kejadian Stunting di Wilayah Kerja Puskesmas Bangkingan. 2023;
  89. Ratnawati M, Probowati R, Prihatini MS. Self Efficacy Ibu dalam Pemberian Makanan pada Balita BGM ( Bawah Garis Merah ) di Puskesmas Mayangan Kecamatan Jogoroto Jombang. 2020;3(1):29–32.
  90. Harlistyarintica Y, Fauziah PY. Pola Asuh Autoritatif dan Kebiasaan Makan Anak Prasekolah. 2021;5(1):869–78.
  91. Doaei S, Gholamalizadeh M, Entezari MH. Maternal Self-Efficacy and Feeding Practices in Children Aged 3-6 Years. Iran J Psychiatry. 2015;10(4):278–84.
  92. Putri BF, Putri SA, Novayelinda R, Keperawatan PS, Keperawatan F, Riau U. Gambaran Pengetahuan Ibu dalam Pemberian Makan dan Perilaku Picky Eater pada Anak Prasekolah. 2024;5:55–62.
  93. Katupu M, Nur A, Zogara AU. The Relationship Between Maternal Self-Efficacy and Feeding Patterns and The Incidence of Wasting among Children Under Five at the Penfui Community Health Center. 2026;1(2):76–81.
  94. Fatmawati, Wahini M. Pengaruh Pola Asuh Makan Ibu pada Status Gizi Anak Pra Sekolah. J Tata Boga. 2019;8(2):1–4.
  95. Diamantis D V, Emmett PM, Taylor CM. Effect of Being a Persistent Picky Eater on Feeding Difficulties in School-age Children. 2024;1–19.
  96. Purnama NLA, Lusmilasari L, Julia M. Perilaku Orang Tua dalam Pemberian Makan dan Status Gizi Anak Usia 2-5 Tahun. 2015;11(03):97–104.
  97. Fang Y, Boelens M, Windhorst DA, Raat H, Grieken A van. Factors Associated with Parenting Self-efficacy: A Systematic Review. 2021;(December 2020):2641–61.
  98. Starkweather C, Guarino A, Bennion N, Cottam M, Mcghie J, Dearden KA, et al. An interpersonal nutrition campaign and maternal knowledge and childhood feeding practices : a case study from mothers in rural Indonesia. 2020;9:1–6.

99. Baxter KA, Nambiar S, Hei T, So J, Gallegos D, Byrne R. Parental Feeding Practices in Families Experiencing Food Insecurity : A Scoping Review. 2022;
100. Shidiqah RS, Novianti A, Mulyani EY, Nadiyah, Utami DA, Sundjaya T. The Relationship Between Responsive Feeding Practices , Mother ' S Self-Efficacy , Food Diversity , and Socioeconomic. 2025;03(01):16–30.
101. Spyreli E, Mckinley MC, Dean M. An online survey of dietary quality during complementary feeding ; associations with maternal feeding self - efficacy and adherence to dietary recommendations. BMC Nutr [Internet]. 2022;1–15. Available from: <https://doi.org/10.1186/s40795-022-00595-8>