

DAFTAR PUSTAKA

- Aditya, S. (2024). Self-control dalam mengelola perilaku self-harm pada mahasiswa dengan gangguan bipolar [Skripsi sarjana, Universitas Islam Negeri Prof. K.H. Saifuddin Zuhri Purwokerto]. <https://repository.uinsaizu.ac.id/33849/>
- Al Ghozali, I. (2022). Hubungan komunikasi terapeutik perawat dengan kepuasan pasien rawat inap: Literature review [Skripsi sarjana, Universitas 'Aisyiyah Yogyakarta]. <https://digilib.unisayogya.ac.id/6380/>
- American Psychiatric Association. (2024). *Stigma, prejudice and discrimination against people with mental illness*. <https://www.psychiatry.org/patients-families/stigma-and-discrimination>
- Cipriano, A., Cella, S., & Cotrufo, P. (2023). Nonsuicidal self-injury: A systematic review. *Frontiers in Psychology*, 14, Article 1175926. <https://doi.org/10.3389/fpsyg.2023.1175926>
- Fhirawati, F., Sofyan, M., & Hamunung, F. (2022). Pengaruh penerapan komunikasi terapeutik terhadap tingkat kesembuhan pasien kritis di ruang ICU RSUD Labuang Baji. *Jurnal Berita Kesehatan*, 15(2), 90–101. <https://doi.org/10.58294/jbk.v15i1.95>
- Gillies, D., Christou, M. A., Dixon, A. C., Featherston, O., Rapti, I., Garcia-Anguaita, A., Villasis-Keever, M., Reebye, P., & Christou, E. (2023). Prevalence and characteristics of *self-harm* in adolescents: Meta-analysis of community-based studies. *Journal of Affective Disorders*, 323, 418–426. <https://doi.org/10.1016/j.jad.2022.11.102>
- Hawton, K., Saunders, K. E. A., & O'Connor, R. C. (2022). *Self-harm* and suicide in adolescents. *The Lancet*, 399(10338), 1438–1452. [https://doi.org/10.1016/S0140-6736\(21\)02636-5](https://doi.org/10.1016/S0140-6736(21)02636-5)
- Iswanti, D. I., Rahmawati, I., & Nurhidayati, T. (2024). Faktor yang berhubungan dengan perilaku non-suicidal self-injury pada remaja Indonesia. *Jurnal Keperawatan Jiwa Indonesia*, 12(1), 45–53.
- Karman, P., Kool, N., Poslawsky, I., & van Meijel, B. (2022). Nurses' attitudes towards *self-harm* patients: A systematic review. *International Journal of Mental Health Nursing*, 31(2), 247–261. <https://doi.org/10.1111/inm.12917>
- Lim, K. S., Wong, C. H., McIntyre, R. S., Wang, J., Zhang, Z., Tran, B. X., Ho, C. S. H., & Ho, R. C. M. (2023). Global lifetime and 12-month prevalence of suicidal behavior, deliberate self-harm and non-suicidal self-injury in children and adolescents between 1989 and 2018: A meta-analysis. *International Journal of Environmental Research and Public Health*, 20(4), Article 3215. <https://doi.org/10.3390/ijerph20043215>
- Liu, R. T., Sheehan, A. E., Walsh, R. F. L., Sanzari, C. M., Cheek, S. M., & Hernandez, E. M. (2024). Prevalence and correlates of non-suicidal self-injury among adolescents: A systematic review and meta-analysis. *Clinical Psychology Review*, 108, Article 102375. <https://doi.org/10.1016/j.cpr.2023.102375>

- Owens, C., Rowe, S., & House, A. (2023). Accessing psychological therapies following self-harm: Qualitative survey of patient experiences and views on improving practice. *BJPsych Open*, 8(1), e8. <https://doi.org/10.1192/bjo.2021.1066>
- Sembiring, K. A., & Mustikasari. (2023). Tingkat kecemasan, perilaku self-harm, dan mekanisme koping mahasiswa yang menjalani objective structured clinical examination (OSCE). *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 8(3), 171–180. <https://doi.org/10.32419/jppni.v8i3.523>
- Sibarani, D. M., Niman, S., & Widiatoro, F. X. (2021). Self-harm dan depresi pada dewasa muda. *Jurnal Keperawatan Jiwa*, 9(4), 795–802. <https://doi.org/10.26714/jkj.9.4.2021.795-802>
- Sophia, A., Hadiyanto, H., & Andriani, R. (2023). Hubungan komunikasi terapeutik perawat dengan kepuasan pasien di ruang rawat inap. *Jurnal Keperawatan Terpadu*, 5(2), 215–223. <https://doi.org/10.32807/jkt.v5i2.16962>
- Studi literatur self-harm di kalangan remaja.* (2024). ResearchGate. https://www.researchgate.net/publication/391435013_Studi_Literatur_Self-Harm_di_Kalangan_Remaja
- Townsend, E., Ness, J., Waters, K., Kapur, N., Turnbull, P., Cooper, J., While, D., Burns, J., & Hawton, K. (2023). Self-harm and risk of future suicide: A longitudinal cohort study. *The British Journal of Psychiatry*, 222(3), 120–127. <https://doi.org/10.1192/bjp.2022.135>
- Townsend, E., Wadman, R., Sayal, K., Armstrong, M., Harroe, C., Majumder, P., Clarke, D., Davis, M., Holliday, J., House, A., & Kapur, N. (2023). Uncovering key patterns in self-harm in young people: Findings from the multicentre study of self-harm. *BMC Psychiatry*, 23(1), Article 112. <https://doi.org/10.1186/s12888-023-04576-9>
- Valencia, G., Hadisiwi, P., & Prasanti, D. (2024). Psychologist therapeutic communication in handling clients with deliberate self-harm. *Spektrum Komunikasi*, 12(1), 1–12. <https://doi.org/10.37826/spektrum.v12i1.116>
- Wadman, R., Clarke, D., Sayal, K., Armstrong, M., Harroe, C., Majumder, P., Townsend, E., & Miller, J. (2021). Experiences of self-harm and its treatment in mental health services: A qualitative study. *BMJ Open*, 11(2), Article e042988. <https://doi.org/10.1136/bmjopen-2020-042988>
- World Health Organization. (2022). *World mental health report: Transforming mental health for all*. World Health Organization. <https://www.who.int/publications/i/item/9789240049338>
- World Health Organization. (2023). *Mental health, stigma and discrimination*. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/mental-disorders>
- Yoniati, Y., Dewi, N. N. A. I., & Huwae, G. H. (2025). Gambaran perilaku self-harm sebagai bentuk emotion-focused coping pada remaja akhir. *Humanisa*, 4(1), 113–122. <https://doi.org/10.61678/humanisa.v4i1.529>