

CHAPTER IV

CONCLUSION

From the discussion above, the writer finds Adam as the main character in *Frankenstein* (2015) movie suffers anxiety after dealing with severe traumatic experiences throughout the film. Adam shows a deep and emotional journey filled with anxiety, which can be clearly understood using Sigmund Freud's anxiety theory. Through the analysis of the causes, types, and impacts of Adam's anxiety, it becomes clear that his fear and suffering are not simply due to his physical condition, but also come from how he is treated by the people around him.

Adam's anxiety mainly comes from the way he is created and immediately rejected. Instead of being welcomed or loved, he is treated like a failed science experiment. This rejection causes a deep fear within him which he is afraid because he realizes that no one cares for him, and he does not belong anywhere. He is constantly in danger and also confused about who he is, which causes his anxiety to grow stronger.

Throughout the film, we can also see how Adam experiences different types of anxiety. He faces reality anxiety when he is physically attacked or chased, which are real dangers. He also goes through neurotic anxiety, which comes from inside himself which he is afraid of his own actions and violent responses that he is unable to control. Later in the story, after he learns about kindness and right or wrong, he feels moral anxiety, especially when he starts to regret hurting others. These different forms of anxiety show how complex Adam's emotional world is, even though people around him see him as nothing more than a monster.

The effects of anxiety on Adam are very serious. Mentally, he becomes more isolated, confused, and emotionally numb. He loses a clear sense of who he is and starts to believe that he truly is a monster. His behaviour also shows how much he is struggling which can be seen when he sometimes reacts with violence, sometimes tries to hide, and at other times shows a strong need for human connection. Sadly, his efforts to find love or friendship always fail, and this makes him feel even more lost and hopeless.