

## DAFTAR PUSTAKA

1. Cicih LHM, Nugroho DNA. Kondisi Lanjut Usia Di Indonesia Era Bonus Demografi. *Sosio Inf.* 2021;7(2):158–71.
2. Badan Pusat Statistik (BPS). Profil lansia Kota Semarang 2019. *Badan Pus Stat.* 2021;30.
3. Montol A. Lanjut Usia. *Bunga Rampai Keperawatan Gerontik*; 2024. 56 p.
4. WHO. *Ageing and Health.* World Health Organization; 2022.
5. Yaslina, Moidaliza, Srimutia R. Aspek Fisik dan Psikososial terhadap Status Fungsional pada Lansia. *Pros Semin Kesehat Perintis.* 2021;4(2):68–73.
6. INDONESIA. P. Undang-Undang Republik Indonesia Nomor 13 Tahun 1998 Tentang Kesejahteraan Lanjut Usia.
7. Raudhoh S, Pramudiani D. Lansia Asik, Lansia Aktif, Lansia Poduktif. *Med Dedication J Pengabd Kpd Masy FKIK UNJA.* 2021;4(1):126–30.
8. Ardhani AN, Kurniawan Y. Kebermaknaan Hidup Pada Lansia Di Panti Wreda. *J Psikol Integr.* 2020;8(1):82.
9. Juita DR, Shofiyyah NA, Tinggi S, Islam A, Garut S. Peran keluarga dalam merawat lansia. 2022;5(2):206–19.
10. Riyanti, Choiriyati S. Komunikasi Empati Pengasuh Dalam Perubahan Psikologis Lansia (Studi Unit Pelaksanaan Tekhnis Dinas (UPTD) Pelayanan Lanjut Usia (PSLU)Tresna Werdha Natar, Lampung Selatan). *J Ilmu Komun.* 2021;1(1):76–91.
11. Anisa RN, Putri AK, Pamungkas VVT, Hasanah YP, Hikmah S. Studi Kasus Pada Lansia: Perbedaan Sosio Emosional Lansia Di Panti Wredha Dengan Lansia Di Rumah. *J EMPATI.* 2023;13(1):30–7.

12. Lin Y, Xiao H, Lan X, Wen S, Bao S. Living arrangements and life satisfaction: Mediation by social support and meaning in life. *BMC Geriatr.* 2020;20(1):1–8.
13. Wijayanti L, Damawiyah S. Pemahaman Makna Hidup Dalam Perspektif Kesehatan Pada Lansia Di Panti Werdha. *J Keperawatan Muhammadiyah.* 2020;5(2):137–41.
14. Mahmuda U, Jalal M. Dukungan Sosial Dalam Menumbuhkan Kebermaknaan Hidup Lansia di Panti Sosial Tresna Werdha Budi Mulia 3 – Jakarta Selatan. *J Penyul Agama.* 2022;8(2):103–17.
15. Djamhari EA, Ramdlaningrum H, Layyindah A, Chrisnahutama A, Prasetya D. Laporan Riset Kondisi Perlindungan Lansia dan Perlindungan Lansia di Indonesia 2020. 2020. 116 p.
16. Baris ABW, Bidjuni H, Rompas S. Perbedaan Makna Hidup Lansia Yang Tinggal Di Panti Werdha Senja Cerah Dan Yang Tinggal Bersama Keluarga Di Desa. *J Keperawatan.* 2019;7(2):1–8.
17. Rahmawati N. Makna Hidup Pada Lansia Di Panti Wreda Budhi Dharma. *J Mhs Psikol.* 2019;192–204.
18. Wu W, Wang W, Gu Y, Xie Y, Liu X, Chen X, et al. Sleep quality, sleep duration, and their association with hypertension prevalence among low-income oldest-old in a rural area of China: A population-based study. *J Psychosom Res.* 2019;127(September).
19. Bastaman H. *Logoterapi: psikologi untuk menemukan makna hidup dan meraih hidup bermakna.* Jakarta: PT Raja Grafindo Persada; 2007.
20. Yentika Y. Konsep Diri LANSIA di Panti Jompo. *SCHOULID Indones J Sch Couns.* 2018;3(2):46.
21. Lalenoh LAP. *Tingkat Kebermaknaan Hidup, Gangguan Mental & Lansia.* Berk Ilm Kedokt Duta Wacana. 2018;3(1):1.

22. Andriyan A, Hanifah IRU. Kebermaknaan Hidup Lansia (Studi kasus di cabang UPT Pelayanan Sosial Tresna Werdha Magetan Jawa Timur. ROSYADA Islam Guid Couns. 2021;1(1):72–89.
23. Ilali E alsadat, Loleti HA, Charati JY, Khatir MA. Pharmacophore The Relationship Between Attachment Styles And Meaning In Life In Elders. 2019;10(5):37–44.
24. Novendra I, Puspitasari R, Winarni Iatri mei. Literature Review: Dukungan Sosial Menghadapi Masa Pensiun. J Heal Res Sci. 2021;1(1):42–52.
25. Pudjibudojo JK, SU P, Kesumaningsari A PT. Berbagi seputar usia lanjut. Zifatama Jawara; 2021;
26. Lee, S.-J., Ahn, O.-H., & Cha HG. Factors influencing the meaning in life in the old age. Indian J Sci Technol. 2015;8(25).
27. Behrendt D, Spieker S, Sumngern C, Wendschuh V. Integrating social support into interventions among the elderly in nursing homes: A scoping review. BMJ Open. 2023;13(4):1–11.
28. Lase NP, Souisa DLR. Peran Keluarga bagi Orang Usia Lanjut. SUNDERMANN J Ilm Teol Pendidikan, Sains, Hum dan Kebud. 2021;14(2):87–96.
29. Hastari A. Hubungan antara dukungan sosial dengan kebermaknaan hidup pada lansia di Panti Sosial Tresna Werdha Yogyakarta. 2018;
30. Steverink N. Trajectories of Well-Being in Later Life. In Oxford Research Encyclopedia of Psychology. Research Encyclopedia of Psychology. Oxford University Press; 2021.
31. Yesi A. BUKU KEPERAWATAN GERONTIK. Muhammad N, editor. Penerbit NEM; 2023.

32. Adriani RB, Mardiyah S, Wicaksono D, Vioneery D, Sari DH, Aslindar DA, Solikhah MM, Sarifah S, Saputra MK, Adriana NP LM. Pengantar Keperawatan Gerontik. Pradina Pustaka; 2022.
33. Ruswadi I. Keperawatan Gerontik Pengetahuan Praktis Bagi Perawat dan Mahasiswa Keperawatan. Penerbit Adab; 2022.
34. Imam Subekti, Suyanto E, Nataliswati T. Keperawatan Usia Lanjut. Suparyanto dan Rosad (2015. 2020;5(3):248–53.
35. Siregar RR. Edukasi Proses Penuaan dan Perubahan Pada Lansia. Heal Community Serv. 2023;1(1):18–21.
36. Kementerian Kesehatan R. Situasi Lansia Di Indonesia Tahun 2017: Gambar Struktur Umur Penduduk Indonesia Tahun 2017. Pus Data Dan Informasi,. 2017;1–9.
37. Mujiadi, Rachmah S. Buku Ajar Keperawatan Gerontik. STIKes Majapahit Mojokerto. 2022. 1 p.
38. Sudargo T, Aristasari T, Prameswari AA, Ratri FA PS. Asuhan Gizi Pada Lanjut Usia. Ugm Press; 2021.
39. Sarafino SP (2002). Health sychology biopsychological interaction. New John Wiley Sons Inc. 2002;
40. Sarafino EP (1994). Healthy psychology 2nd edition. New York John Wiley n Sons. 1994;
41. Frankl VE. Mencari Makna Hidup: Man’s Search for Meaning. Bandung: Penerbit Nuansa; 2004.
42. Steptoe A, Fancourt D. Leading a meaningful life at older ages and its relationship with social engagement, prosperity, health, biology, and time use. Proc Natl Acad Sci U S A. 2019;116(4):1207–12.
43. Ahyani, L. N., & Kumalasari F. Hubungan antara dukungan sosial dengan

- penyesuaian diri remaja di panti asuhan. Kudus. Univ Muria Kudus. 2012;
44. Zimet GD, Powell SS, Farley GK, Werkman S BK. Psychometric characteristics of the multidimensional scale of perceived social support. *J Personal assessment*. 1990;55(610):3–4.
  45. Friedman A. *Stakeholders: Theory and Practice*. Oxford University Press; 2006.
  46. Sherbourne, Cathy Donald., Stewart AL. The MOS Social Support Survey. *Soc Sci Med*. 1991;32(6):705–14.
  47. Steger MF. Meaning in Life. In S. J. Lopez, & R. Snyder C, *The oxford handbook of positive psychology second edition*. New York: Oxford University Press; 2011. 679–689 p.
  48. Steger, M. F., Frazier, P., Oishi, S., & Kaler M. The Meaning in Life Questionnaire: Assessing the presence of and search for meaning in life. *J Couns Psychol*. 2006;(53):80-93.
  49. Xu X, Xu Y, Zhao J, Ye P, Yu M, Lai Y, et al. Good Personality and Subjective Well-Being: Presence of Meaning in Life and Perceived Social Support as Mediators. *Int J Environ Res Public Health*. 2022;19(21).
  50. Martela, F., & Steger MF. The three meanings of meaning in life: Distinguishing coherence, purpose, and significance. *J Posit Psychol*. 2016;11(5):531–545.
  51. Macdonald, E. M., Wong, P. T., & Gingras DT. *Meaning in life measures and development of a brief version of the personal meaning profile*. New York Routledge. 2011;
  52. Trisnadewi IA, Susanti H, Putri YSE. Logotherapy Pada Lansia Dengan Masalah Psikososial: Systematic. *J Keperawatan*. 2023;15(3):1463–70.
  53. Has EMM, Vallentina TR, Hadisuyatmana S. The Effect of Logo Care on

Elderly ' s Meaning of Life and Quality of Life in Werdha Nursing Home. 2020;11(3):809–12.

54. Mikkelsen ASB, Petersen S, Dragsted AC, Kristiansen M. Social interventions targeting social relations among older people at nursing homes: A qualitative synthesized systematic review. *Inq (United States)*. 2019;56.
55. Bai Y, Bian F, Zhang L, Cao Y. The impact of social support on the health of the rural elderly in China. *Int J Environ Res Public Health*. 2020;17(6).
56. Liu L, Yang Y, Zhao Y, Zhang T. Ethnic Differences in Social Support for Elderly Individuals in Rural Southern China: A Cross-sectional Survey. *Asia-Pacific J Public Heal*. 2023;35(1):21–6.
57. Machielse A, Dury S DDL. Meaning in Life for Socially Frail Older Adults. *J Community Health Nurs*. 2019;36(2):65–77.
58. Golovchanova N, Owiredua C, Boersma K, Andershed H, Hellfeldt K. Presence of Meaning in Life in Older Men and Women: The Role of Dimensions of Frailty and Social Support. *Front Psychol*. 2021;12(September).
59. Lai DWL, Lee VWP, Li J, Dong XQ. The Impact of Intergenerational Relationship on Health and Well-Being of Older Chinese Americans. *J Am Geriatr Soc*. 2019;67:S557–63.
60. Zhou X, Wong H. Caregiver interactions, perceived control, and meaning in life of elderly: the moderating effect of the elderly-to-social worker ratio. *BMC Geriatr*. 2024;24(1):1–10.
61. Krause N, Rainville G. Age differences in meaning in life: Exploring the mediating role of social support. *Arch Gerontol Geriatr*. 2020;88(November 2019):104008.
62. Zhang J, Peng J, Gao P, Huang H, Cao Y, Zheng L, et al. Relationship

between meaning in life and death anxiety in the elderly: self-esteem as a mediator. *BMC Geriatr.* 2019;19(1):1–8.

63. Louis D, Maria H. University of Groningen Meaning in life Debats, Dominique Louis Henri Maria. 1996;7–10.
64. Urata Y. A Psychological Model to Determine Meaning in Life and Meaning of Life. *J Philos Life.* 2015;5(3):215–27.
65. Swarjana IK SM. Populasi-sampel, teknik sampling & bias dalam penelitian. Penerbit Andi; 2022.
66. Nursalam. Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis Edisi 5. Jakarta Selatan: Salemba Medika; 2020.
67. Gregory D. Z. 0732 Zimet - MSPSS - Chapter 1998.pdf. Evaluating Stress. 1998. p. 185–97.
68. Rosyad YS, Malini H, Sarfika R. Validity and reliability the Meaning in Life Questionnaire (MLQ) ; Men who have sex with men at West Sumatera Indonesia. *Ris Inf Kesehat.* 2019;8(1):16.
69. MF S. The Meaning in Life Quesionaire. *J Couns Psychol.* 2010;
70. ZimetGD, Dahlem N, Zimet S, Farley G. Scala Originale. *J Pers Assess.* 1988;52:30–41.
71. Budiastuti D. Validitas dan reliabilitas penelitian. 2022;
72. Saudi ANA, Bintang RS, Loloallo VL, Zainuddin NI. Multidimensional Scale of Perceived Social Support (MSPSS): Uji Validitas Konstruk dengan Confirmatory Factor Analysis (CFA). *Edukatif J Ilmu Pendidik.* 2024;6(4):4266–75.
73. Priadana MS SD. Metode penelitian kuantitatif. Pascal Books; 2021.
74. Wasis. Pedoman Riset Praktis untuk Profesi Perawat. Jakarta: EGC; 2008.

75. Gramedia BM. Dasar-Dasar Ilmu Politik. Jakarta: PT Gramedia Pustaka Utama; 2008.
76. Heryana A. Analisis data penelitian kuantitatif. Jakarta: Penerbit Erlangga; 1–11 p.
77. Putra S, Risnita R, Jailani MS NF. Penerapan Prinsip Dasar Etika Penelitian Ilmiah. *J Pendidik Tambusai*. 2023;7(3):27876–81.
78. Roflin E RF. Analisis Korelasi dan Regresi. Penerbit NEM;
79. Shangguan C, Zhang L, Wang Y, Wang W, Shan M, Liu F. Expressive flexibility and mental health: The mediating role of social support and gender differences. *Int J Environ Res Public Health*. 2022;19(1).
80. Carmel S. Health and Well-Being in Late Life: Gender Differences Worldwide. *Front Med*. 2019;6(October):3–6.
81. Sangar S. Gender Differentials in Economic Independence and Health Status of Elderly in India: Evidence from National Sample Survey. *South Asia Res*. 2024;45:68–87.
82. Soewignjo P, Irawan E, Hudzaifah AF, Saputri U, Saputra A. Hubungan Dukungan Sosial Teman Sebaya Dengan Kualitas Hidup Lansia. *J Online Mhs Progr Stud Ilmu Keperawatan Univ Riau*. 2020;2(2):268–77.
83. RI, Permenkes N 4. Hubungan dukungan sosial dengan hidup lansia. *Keperawatan*. 2019;Vol, 17 No:1–13.
84. Sharifian N, Sol K, Zahodne LB, Antonucci TC. Social Relationships and Adaptation in Later Life. *Compr Clin Psychol Second Ed*. 2022;7(January):52–72.
85. Dewitte L, Dezutter J. Meaning Reflectivity in Later Life: The Relationship Between Reflecting on Meaning in Life, Presence and Search for Meaning, and Depressive Symptoms in Older Adults Over the Age of 75. *Front*

- Psychol. 2021;12(October):1–11.
86. J W. The impact of social support on mental and physical health. *J Ment Heal Aging*. 2024;8(2):191.
  87. Oktavia, N., & Fransiska D. Hubungan Dukungan Sosial dan Penyakit Kronis dengan Kualitas Hidup Lansia di Balai Pelayanan dan Penyantunan Lansia Provinsi Bengkulu. *J Ris Media Keperawatan*. 2020;1(1):11–20.
  88. Pramesona BA, Taneepanichskul S. Factors influencing the quality of life among Indonesian elderly: A nursing home-based cross-sectional survey. *J Heal Res*. 2018;32(5):326–33.
  89. Jiang F, Kong F, Li S. The association between social support and cognitive impairment among the urban elderly in Jinan, China. *Healthc*. 2021;9(11):1–11.
  90. Bakhshandeh Bavarsad M, Stephens C. Social network type contributes to purpose in life among older people, mediated by social support. *Eur J Ageing*. 2024;21(1).
  91. Hajek A, Brettschneider C, Mallon T, Kaduszkiewicz H, Oey A, Wiese B, et al. Social support and health-related quality of life among the oldest old — longitudinal evidence from the multicenter prospective AgeCoDe-AgeQualiDe study. *Qual Life Res*. 2022;31(6):1667–76.
  92. Christiana EH, Yuwono ES. Hubungan Antara Dukungan Sosial Dengan Kebahagiaan Pada Lansia di PPSLU Adi Yuswo Purworejo. *J Penelit Pendidikan, Psikol Dan Kesehat*. 2024;5(2):430–6.
  93. Soh LK, Pang JS. The relationship between living with a spouse and mental health in the elderly population: Moderated mediation effects of loneliness and perceived problems. *Clin Med Insights Psychiatry*. 2019;10:117955731987664.
  94. Wang Y, Chen Z, Zhou C. Social engagement and physical frailty in later

life: does marital status matter? *BMC Geriatr.* 2021;21(1):1–11.

95. Nugroho FJ, Tinggi S, Sangkakala T. Kualitas Hidup Lanjut Usia dan Peran Gereja di Panti Jompo. 2024;1(4).
96. Luthfa I, Fitryasari R, Khasanah NN, Wahyuningsih IS. Spiritual services needed by the elderly in nursing homes. 2024;12.
97. Mackenzie ER, Rajagopal DE, Meibohm M LMR. Spiritual support and psychological well-being: older adults' perceptions of the religion and health connection. *Altern Ther Heal Med.* (6):37–45.
98. Xu F, Zhang J, Xie S, Li Q, Long Y. The impact of social support for older adults in nursing homes on successful aging: a moderated mediation model. *Front Public Heal.* 2024;12.
99. Hung CM, Li IC. Factors Related to Meaning in Life Among Residents of Long-Term Care Institutions. *J Nurs Res.* 2022;30(3):E205.
100. Rinnan E, André B, Drageset J, Garåsen H, Espnes GA, Haugan G. Joy of life in nursing homes: A qualitative study of what constitutes the essence of Joy of life in elderly individuals living in Norwegian nursing homes. *Scand J Caring Sci.* 2018;32(4):1468–76.
101. Pastor-Barriuso R, Padrón-Monedero A, Parra-Ramírez LM, García López FJ, Damián J. Social engagement within the facility increased life expectancy in nursing home residents: a follow-up study. *BMC Geriatr.* 2020;20(1):1–9.
102. Lem K, McGilton KS, Aelick K, Iaboni A, Babineau J, Hewitt Colborne D, et al. Social connection and physical health outcomes among long-term care home residents: a scoping review. *BMC Geriatr.* 2021;21(1):1–10.
103. Amin SM, Khedr MA, Tawfik AF, Gamal Noaman Malek M, El-Ashry AM. The mediating and moderating role of social support on the relationship between psychological well-being and burdensomeness among

elderly with chronic illness: community nursing perspective. *BMC Nurs.* 2025;24(1).

104. Zimet GD, Dahlem NW, Zimet SG FG. The multidimensional scale of perceived social support. *J Pers Assess.* 1988;52(1):30–41.
105. Wu N, Ding F, Zhang R, Cai Y, Zhang H. The Relationship between Perceived Social Support and Life Satisfaction: The Chain Mediating Effect of Resilience and Depression among Chinese Medical Staff. *Int J Environ Res Public Health.* 2022;19(24).
106. Bahtiar B, Noer Rahma AP, Nopriyanto D, Faisal Nur SR. Gambaran Tingkat Depresi dan Dukungan Teman Sebaya pada Lansia di Panti Sosial Tresna Werdha Nirwana Puri Kota Samarinda Kalimantan Timur. *J Nurs Innov.* 2023;2(2):53–60.
107. Schwei RJ, Hetzel S, Kim KM, Mahoney J, DeYoung K, Frumer J, et al. Peer-To-peer support and changes in health and well-being in older adults over time. *JAMA Netw Open.* 2021;4(6):E2112441.
108. Seddigh M, Hazrati M, Jokar M, Mansouri A, Bazrafshan MR, Rasti M, et al. A comparative study of perceived social support and depression among elderly members of senior day centers, elderly residents in nursing homes, and elderly living at home. *Iran J Nurs Midwifery Res.* 2020;25(2):160–5.
109. Rekawati E, Sari NLPDY, Istifada R. “Family support for the older person”: Assessing the perception of the older person as care recipient through the implementation of the cordial older family nursing model. *Enferm Clin.* 2019;29(Insc 2018):205–10.
110. Firdaus M HFHD. Caregiver Dengan Kemandirian Lansia Di Panti Tresna Werdha Nirwana Puri Samarinda. *Borneo Stud Res.* 2020;1(3):1588–92.
111. Man-Ging, C. I., Öven Uslucan, J., Frick, E., Büssing, A., & Fegg MJ. Meaning in life of older adults living in residential and nursing homes. *J*

Relig Spiritual Aging. 2018;31(3):305–22.

112. Drageset J, Haugan G, Tranvåg O. Crucial aspects promoting meaning and purpose in life: Perceptions of nursing home residents. *BMC Geriatr.* 2017;17(1):1–9.
113. Derkx P, Bos P, Laceulle H, Machielse A. Meaning in life and the experience of older people. *Int J Ageing Later Life.* 2020;14(1):37–66.
114. Saarelainen SM, Mäki-Petäjä-Leinonen A, Pöyhiä R. Relational aspects of meaning in life among older people-a group-interview gerontechnology study. *Ageing Soc.* 2022;42(5):1035–53.
115. Li JB, Dou K LY. The relationship between presence of meaning, search for meaning, and subjective well-being: A three-level meta-analysis based on the meaning in life questionnaire. *J Happiness Stud.* 2021;22:467–89.