

## DAFTAR PUSTAKA

1. Persatuan Perawat Nasional Indonesia (PPNI). Standar Kompetensi Perawat Indonesia. Standar Kompetensi Perawat Indonesia- DiPublikasi Oleh Bidang Organisasi PP-PPNI melalui; <http://www.inna-ppni.or.id>. 2005;(15):DF-1.4
2. Zeng Y, Fu Y, Zhang Y, Jiang Y, Liu J, Li J. Emotion regulation in undergraduate nursing students: A latent profile analysis. *Nurse Educ Pract.* 2023;71(April):103722.
3. Ciydem E. The relationship between difficulties in emotion regulation and solution-focused thinking in nursing students. *Nurse Educ Pract.* 2024;79(July):104088.
4. Fauzi F, Fitriani AS, Sanggerti A, Rahmawati FI, Poeni MAI. Gambaran Regulasi Emosi pada Mahasiswa dengan Banyak Peran. *Jurnal Riset Psikologi.* 2024;7(1):19.
5. Durham EL, Micciche ET, Reimann GE, Archer C, Jeong HJ, Dupont RM, et al. Emotion regulation strategies as moderators of the relationship between negative life events and trait anxiety. *J Affect Disord.* 2025;370(November 2023):26–33.
6. Pebriani W, Astuti E, Hartiningsih S. Self Harm Pada Mahasiswa Sarjana Keperawatan. 2023;1–9.
7. Maulidah D, Latiah RA, Nurapipah M. Hubungan Ibu-Anak Perempuan dengan Regulasi Emosi Mahasiswa Fakultas S1 Ilmu Keperawatan. *Citra Delima Scientific journal of Citra Internasional Institute.* 2024;8(1):39–46.
8. World Health Organization (WHO). state of the worlds nursing 2020: investing in education, jobs, and leadership (annex) [Internet]. [www.who.int](http://www.who.int). 2020. Available from: <https://www.who.int/publications/i/item/9789240007017>
9. Brown T, Hall S, Schmaltz R, McBride J, Hamilton J. Reimagining nursing education through virtual reality. *Teaching and Learning in Nursing.* 2023;18(4):e273–5.
10. Qaisar R, Bouzoubaa H, Lajane H, Lamiri A, Benchadlia F, Abidi O, et al. Comparison of Learning Facilitated by Traditional and Virtual Case Studies for Teaching the Nursing Approach to Care. *Open Nurs J.* 2023;17(1):1–7.

11. Akutay S, Kaçmaz HY, Kahraman H. The effect of artificial intelligence supported case analysis on nursing students' case management performance and satisfaction: a randomized controlled trial. *Nurse Educ Pract.* 2024;80(August):104142.
12. Liu Y, Li R, Diao Y, Hou M, Yuan H, Zhang X. An analysis of factors influencing undergraduate students' learning preference in nursing laboratory courses with virtual reality technology: A scoping review. *Education and Information Technologies.* Springer US; 2024.
13. Staykova MP, Stewart D Von, Staykov DI. Back to the Basics and Beyond: Comparing Traditional and Innovative Strategies for Teaching in Nursing Skills Laboratories. *Teaching and Learning in Nursing.* 2017;12(2):152–7.
14. Wong WWC, So GLH. Development of Immersive Virtual Reality Hospital Fire Management and Evacuation Training Program for Nursing Students in Hong Kong. *SN Comput Sci.* 2024;5(5).
15. Bonaduce S. Escaping traditional instruction: The use of escape room simulation to enhance nursing students' clinical judgment skills. *Teaching and Learning in Nursing.* 2024;19(2):e427–31.
16. Shehata B, Tlili A, Huang R, Adarkwah MA, Liu M, Chang T. How are we doing with student-centered learning facilitated by educational technologies? A systematic review of literature reviews. Vol. 29, *Education and Information Technologies.* Springer US; 2024. 7813–7854 p.
17. Msosa A, Bruce J, Crouch R. Effect of a formative assessment intervention on nursing skills laboratory learning in a resource-constrained country. *Nurse Educ Today.* 2021;97(October 2019):104677.
18. Huai P, Li Y, Wang X, Zhang L, Liu N, Yang H. The effectiveness of virtual reality technology in student nurse education: A systematic review and meta-analysis. *Nurse Educ Today.* 2024;138(November 2023):106189.
19. Ramadhani P, Farma SA, Fuadiyah S, Yogica R. Laboratorium Virtual sebagai Langkah Memaksimalkan Skill Keterampilan Siswa. *Prosiding Seminar Nasional Biologi.* 2021;1(1):791–8.
20. Medel D, Bonet A, Jimenez Herrera M, Sevilla F, Vilaplana J, Cemeli T, et al. Interactive Virtual Simulation Case: A Learning Environment for the Development of Decision-Making in Nursing Students. *Teaching and Learning in Nursing.* 2024;000.

21. Han F, Jin S. Evaluation of the combination of virtual simulation and in-person simulation among undergraduate nursing students: A mixed methods study. *Nurse Educ Pract.* 2024;75(January):103899.
22. Luctkar-Flude M, Tyerman J, Larocque M. Pre-simulation Preparation Preferences of Senior Nursing Students: Virtual Simulation Games Versus Traditional Case Studies. *Clin Simul Nurs.* 2024;91:101545.
23. Verkuyl M, Harder N, Southam T, Lavoie-Tremblay M, Ellis W, Kahler D, et al. Advancing Virtual Simulation in Education: Administrators' Experiences. *Clin Simul Nurs.* 2024;90:101533.
24. Dolan H, Amidon BJ, Gephart SM. Evidentiary and theoretical foundations for virtual simulation in nursing education. *Journal of Professional Nursing.* 2021;37(5):810–5.
25. Fajariyah N, Tresna DA. Analisis Asuhan Keperawatan Jiwa dengan Resiko Perilaku Kekerasan melalui Intervensi Latihan Fisik 2: Terapi Pukul Bantal pada Nn A dan Nn D di Pandeglang Banten. *Jurnal Kreativitas Pengabdian Kepada Masyarakat (PKM).* 2023 Apr 1;6(4):1687–92.
26. Pardede JA, Putra Hulu E. Konas Jiwa XVI Lampung 257 PENGARUH BEHAVIOUR THERAPY TERHADAP RISIKO PERILAKU KEKERASAN PADA PASIEN SKIZOFRENIA DI RUMAH SAKIT Jiwa PROF.Dr. MUHAMMAD ILDREM PROVSU MEDAN.
27. JESIKA C. Analisis Bibliometrik Penelitian Laboratorium Virtual Fisika Di Universitas Menggunakan Basis Data Scopus. 2023;
28. Simbolon DH, -- S. Pengaruh Model Pembelajaran Inkuiri Terbimbing Berbasis Eksperimen Riil dan Laboratorium Virtual terhadap Hasil Belajar Fisika Siswa. *Jurnal Pendidikan dan Kebudayaan.* 2015;21(3):299–316.
29. Muhajarah K, Sulthon Moh. Pengembangan Laboratorium Virtual sebagai Media Pembelajaran: Peluang dan Tantangan. *Justek : Jurnal Sains dan Teknologi.* 2020;3(2):77.
30. Asare S, Amoako SK, Biilah DK, Apraku TB. the Use of Virtual Labs in Science Education: a Comparative Study of Traditional Labs and Virtual Environments 1, \*. *International Journal of Science Academic Research.* 2023;04(11):6563–9.

31. Muneeb, Muhammad; Hanif, Aatir; Kazi, Khalil Ahmed; Bhatti, Mahwish; Malik D. Virtual interactive learning in Nursing Education : A Systemic Review. 2021;
32. Lestari DP, Herianto H. Pembelajaran Konstruktivisme Menggunakan virtual Laboratory Ipa Kombinasi Praktikum Real Untuk Meningkatkan Berpikir Kritis. *Jurnal Pendidikan (Teori dan Praktik)*. 2022;6(1):17–22.
33. Jaya, Hendra; Haryoko SL. *Praktikum Simulasi Berbasis Website*. 2015. 6 p.
34. Abdulloh R. *7 in 1 Pemrograman Web untuk Pemula*. 2018.
35. Mustafa Alim F, Palasara N. Sistem Informasi Pemesanan Jasa Fotografi pada PT. Nuansa Putra Alikarya Omaji Project. *Jurnal Sistem Informasi Akuntansi*. 2022;3(2):34–41.
36. Ardana SA. Implementasi ISO/IEC 25010 Pada Website Booking Kantor Dengan Menggunakan Metode Fuzzy Mamdani. Doctoral dissertation, Universitas Muhammadiyah Gresik. 2023;
37. Hastanti RP, Eka B, Indah P, Wardati U. Sistem Penjualan Berbasis Web ( E-Commerce ) Pada Tata Distro Kabupaten Pacitan. 2015;3(2):1–9.
38. Syaifuddin Surya Ardhi M. ANALISA KERUSAKAN MESIN POMPA AIR BERBASIS WEB DENGAN METODE FORWARD CHAINING. Doctoral dissertation, Universitas Muhammadiyah Ponorogo. 2021;
39. Sim JJM, Rusli KD Bin, Seah B, Levett-Jones T, Lau Y, Liaw SY. Virtual Simulation to Enhance Clinical Reasoning in Nursing: A Systematic Review and Meta-analysis. *Clin Simul Nurs*. 2022 Aug 1;69:26–39.
40. Widiasih R, Komariah M, Pramukti I, Susanti RD, Agustina HS, Arifin H, et al. VNursLab 3D Simulator: A Web-Based Nursing Skills Simulation of Knowledge of Nursing Skill, Satisfaction, and Self-Confidence among Nursing Students. *Sustainability (Switzerland)*. 2022 May 1;14(9).
41. Eka NGA, Houghty GS, Juniarta. The Effect of Blended Learning on Nursing Students' Knowledge. *Jurnal Ners*. 2019 Dec 31;14(3 Special Issue):1–4.
42. Mayer, Richard E. *MULTIMEDIA LEARNING*. 2009.
43. Purnomosidi A. REGULASI EMOSI PADA MAHASISWA YANG MENGALAMI HUBUNGAN TOXIC BERPACARAN. 2024;19(1):6–10.

44. Pamungkas DS, Sumardiko DNY, Makassar EF. Dampak-Dampak yang terjadi Akibat Disregulasi Emosi pada Remaja Akhir: Kajian Sistematis. *Jurnal Psikologi*. 2024;1(4):1–10.
45. Reskido A, Dhaisani S, Oksanda E, Nashori F. Regulasi Emosi dan Kesejahteraan Psikologis Mahasiswa Muslim *Emotion Regulation and Psychological Well-Being of Muslim College Student*. *Jurnal Psikologi Islam*. 2022;9(February):57–68.
46. Ayu WT. Konsep Diri, Regulasi Emosi Dan Asertivitas Pada Mahasiswa. *Philanthropy Journal of Psychology*. 2020;4(1):25.
47. Kumala KH, Darmawanti I. Strategi regulasi emosi pada mahasiswa dengan banyak peran. *Character: Jurnal Penelitian Psikologi*. 2012;9:19–29.
48. Luthfianawati, Dewi; Putri, assri Mutiara; Junaidi; Wijayanti, Tri; Vina, Kina Okta; Sari JR. PELATIHAN REGULASI EMOSI PADA MAHASISWA BARU. *JURNAL KREATIVITAS PENGABDIAN KEPADA MASYARAKAT (PKM)*. 2023;6(9):3609–22.
49. Tumanggor O, Lase EE. Copyright : Ekklesia Eunike Lase Psikoedukasi Meningkatkan Kemampuan Regulasi Emosi Siswa SMP Strada Slamet Riyadi Tangerang. *Journal of Human And Education*. 2024;4(3):625–9.
50. Purnawati IR, Fithri W, Arlotas RK. Perbedaan Regulasi Emosi pada Mahasiswa dan Mahasiswi Yang Sedang Menjalani Bimbingan Skripsi di Fakultas Ushuluddin dan Studi Agama UIN Imam Bonjol Padang. *Journal of Psychology Students*. 2022;1(2):85–94.
51. Perwitasari Y, Meiyuntariningsih T, Ramadhani HS. Peran regulasi emosi terhadap kecenderungan self injury pada wanita di masa quarter life crisis. *SUKMA : Jurnal Penelitian Psikologi*. 2024;4(2):176–85.
52. Mariyati LI, Partontari RA, Kusuma MKI. Peranan Regulasi Emosi Terhadap Subjective Well Being pada Santri di Sidoarjo. *Journal of Islamic and Contemporary Psychology (JICOP)*. 2023;3(1s):100–10.
53. Papilaya JO, Huliselan N. Identifikasi Gaya Belajar Mahasiswa. *Jurnal Psikologi Undip*. 2016;15(1):56.
54. Praghlapati A, Hidayati E. Persepsi Caring Mahasiswa Keperawatan. *Jurnal Keperawatan*. 2023;1(2):36–41.

55. Hapsari EH, Efrilianty S, Sagara WM, Eka NGA, Diannita CG. Persepsi Mahasiswa Keperawatan terhadap Profesionalisme Keperawatan Indonesia: Kajian Literatur Sistematis. *Jurnal Kedokteran Meditek*. 2023;29(3):348–61.
56. Hartiti T, NH MZ. Faktor Yang Mempengaruhi Perbedaan Nilai Profesional Perawat Pada Mahasiswa Profesi Ners Kelas Khusus. *Jurnal Kebidanan*. 2019;8(1):18.
57. Riyani W, Rohmah FA. Hubungan antara regulasi emosi dan penyesuaian diri dengan stres perawat yang bertugas di ruang isolasi pasien Covid-19. *Jurnal Psikologi Terapan dan Pendidikan*. 2021;3(1):10–7.
58. Vierdiana D, Setiawati Dewi N, Dwidiayanti M. Gambaran Regulasi Emosi Mahasiswa Keperawatan Tingkat Akhir Di Kota Surakarta. *Jurnal Kesehatan Kusuma Husada*. 2023;14(1):1–8.
59. Tutut Gayanti, Sofa Amalia SM. EFEKTIVITAS PELATIHAN EMPATHY CARE UNTUK MENINGKATKAN EMPATI PADA MAHASISWA KEPERAWATAN Tutut Gayanti Siti Maimunah. *Jurnal Intervensi Psikologi*. 2018;10:43–56.
60. Khedr MA, Alharbi TAF, Alkaram AA, Hussein RM. Impact of resilience-based intervention on emotional regulation, grit and life satisfaction among female Egyptian and Saudi nursing students: A randomized controlled trial. *Nurse Educ Pract*. 2023;73(July):103830.
61. Aprilia J, Hutahaean ESH. HUBUNGAN REGULASI EMOSI DENGAN BURNOUT PADA PERAWAT. *Jurnal Psikologi dan Bimbingan Konseling*. 2025;10.
62. Setyorini C, Andriani Noerlita Ningrum, Ahmad Zamani, Novita Nurhidayati. ANALISIS DUKUNGAN SOSIAL DENGAN KESEHATAN MENTAL PADA MAHASISWA STIKES MAMBA'UL 'ULUM SURAKARTA. *Intan Husada : Jurnal Ilmiah Keperawatan [Internet]*. 2025 Jan 22;13(01):150–8. Available from: <https://akperinsada.ac.id/e-jurnal/index.php/insada/article/view/695>
63. Muhlis M, Meizara Puspita Dewi E, Novita Siswanti D. Regulasi Emosi Perawat Orang Dengan Gangguan Jiwa (ODGJ) Di Rumah Sakit Khusus Daerah (RSKD) Dadi Makassar. Vol. 1. 2022.

64. Staykova MP, Stewart D Von, Staykov DI. Back to the Basics and Beyond: Comparing Traditional and Innovative Strategies for Teaching in Nursing Skills Laboratories. *Teaching and Learning in Nursing*. 2017 Apr 1;12(2):152–7.
65. Naufal Pronorahardjo A, Hari Soetjningsih C. BUDAYA ORGANISASI DAN WORKPLACE BULLYING PADA FUNGSIONARIS LEMBAGA KEMAHASISWAAN FAKULTAS PSIKOLOGI UNIVERSITAS KRISTEN SATYA WACANA SALATIGA. *Jurnal Cakrawala Ilmiah*. 2024 Jul;3.
66. Pahmi S, Hopipah R, Saputri DA, Dewi TP, Yulita H, Widowati A. Studi Literatur Terhadap Kekerasan di Kalangan Remaja. *Jurnal Basicedu*. 2023 Dec 12;8(1):911–20.
67. Mansye Soeli Y, Djunaid R, Rizky A, Rahman D. Analisis Faktor yang Berhubungan Dengan Kejadian Perilaku Kekerasan Pada Remaja. *Jambura Nursing Jurnal*. 2019 Jun;1.
68. Msosa A, Bruce J, Crouch R. Effect of a formative assessment intervention on nursing skills laboratory learning in a resource-constrained country. *Nurse Educ Today*. 2021 Feb 1;97.
69. Staykova MP, Stewart D Von, Staykov DI. Back to the Basics and Beyond: Comparing Traditional and Innovative Strategies for Teaching in Nursing Skills Laboratories. *Teaching and Learning in Nursing*. 2017;12(2):152–7.
70. S J Kahar MK, Situmorang NZ, Urbayatun S. Hubungan antara Regulasi Emosi dengan Perilaku Agresif pada Siswa SMA di Yogyakarta. *Psyche 165 Journal*. 2022;15(1):7–12.
71. Rofifah AA, Widyastuti W. The Relationship Between Emotion Regulation and Emotional Abuse in Dating College Students in Bandung. *Psikologia : Jurnal Psikologi*. 2022;8(2):1–8.
72. Megawati P, Anwar Z, Masturah AN. Hubungan regulasi emosi dengan perilaku kekerasan dalam berpacaran pada mahasiswa. *Cognicia*. 2019;7(2):214–27.
73. Maydiantoro A. Model-Model Penelitian Pengembangan (Research and Development). *Respository LPPM Unila*. 2021;(10):1–8.
74. Rusdi M. Implementasi dan Pemanfaatan E-Learning berbasis ADDIE dan PJBL berbasis Web. Vol. 4. 2023. 1–23 p.
75. Waruwu M. Metode Penelitian dan Pengembangan (R&D): Konsep, Jenis, Tahapan dan Kelebihan. *Jurnal Ilmiah Profesi Pendidikan*. 2024;9(2):1220–30.

76. Batubara HH. Model Penelitian dan Pengembangan Media Pembelajaran. *Media Pembelajaran Efektif*. 2018;(November):82.
77. Ilmu J, Nonformal P, Penggunaan E, Pembelajaran W, Meningkatkan D, Siswa MB, et al. *AKSARA: Jurnal Ilmu Pendidikan Nonformal* 1665. 2023;09(03). Available from: <http://ejurnal.pps.ung.ac.id/index.php/Aksara>
78. Komang Sukendra I, Kadek Surya Atmaja MpI. INSTRUMEN PENELITIAN. Fiktorius T, editor. 2020.
79. Agustina N. MENGUKUR KUALITAS LAYANAN SISTEM INFORMASI AKADEMIK PADA SMP USWATUN HASANAH JAKARTA. *Paradigma*. 19(1).
80. Pamungkas DS, Sumardiko DNY, Makassar EF. Dampak-Dampak yang terjadi Akibat Disregulasi Emosi pada Remaja Akhir: Kajian Sistematis. *Jurnal Psikologi*. 2024 Jun 4;1(4):15.
81. Qaisar R, Bouzoubaa H, Lajane H, Lamiri A, Benchadlia F, Abidi O, et al. Comparison of Learning Facilitated by Traditional and Virtual Case Studies for Teaching the Nursing Approach to Care. *Open Nurs J*. 2023 Feb 24;17(1).
82. Dwi Sukoasih Y. PELATIHAN REGULASI EMOSI DALAM MENURUNKAN EXPRESSED EMOTION PADA PERAWAT PANTI REHABILITASI SOSIAL DI SEMARANG. 2019 Dec;
83. Ria Efkelin, Hardin La Ramba, Ni Made Suarti, Martini Martini, Ary Rahmaningsih, Lipin Lipin, et al. Efektivitas Pembelajaran Dengan Metode E-Learning Pada Mahasiswa Keperawatan. *An-Najat [Internet]*. 2023 May 30;1(2):200–8. Available from: <https://jurnal.stikes-ibnusina.ac.id/index.php/an-Najat/article/view/204>

