

HUBUNGAN KONGRUENSI KARIR REMAJA-ORANG TUA DENGAN KEMATANGAN KARIR PADA SISWA SMA

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ABSTRAK

Kongruensi karir remaja-orang tua adalah hubungan timbal balik antara remaja dengan orang tuanya yang mencakup aspirasi karir, eksplorasi karir, perencanaan karir, penetapan tujuan karir, perasaan mampu membuat kemajuan karir pada remaja, dan kesamaan preferensi karir dengan orang tua. Kematangan karir merupakan kemampuan individu untuk mengambil keputusan karir yang sesuai pada tugas perkembangan karir. Penelitian ini dilakukan untuk menguji hubungan antara kongruensi karir remaja dan orang tua dengan kematangan karir pada siswa SMA. Populasi pada penelitian ini adalah siswa kelas XI di SMAN 1 Tangerang. Subjek berjumlah 167 siswa kelas XI SMAN 1 Tangerang yang dipilih menggunakan teknik *cluster random sampling*. Pengumpulan data menggunakan *The Adolescent-Parent Career Congruence Scale* yang disusun oleh Sawitri dkk. (2013) (12 aitem valid, $\alpha = 0.901$) dan skala kematangan karir (26 aitem valid, $\alpha = 0.896$). Analisis regresi sederhana menunjukkan bahwa terdapat hubungan positif yang signifikan antara kongruensi karir remaja-orang tua dengan kematangan karir. Sumbangan efektif yang diberikan oleh kongruensi karir remaja-orang tua terhadap kematangan karir sebesar 21.3%. Artinya, semakin tinggi tingkat kongruensi karir yang dimiliki siswa dengan orang tuanya maka akan semakin tinggi pula tingkat kematangan karir yang dimiliki siswa.

Kata kunci: kongruensi karir remaja-orang tua; kematangan karir; siswa SMA

THE RELATIONSHIP BETWEEN ADOLESCENT-PARENT CAREER CONGRUENCE AND CAREER MATURITY IN HIGH SCHOOL STUDENTS

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ABSTRACT

Adolescent-parent career congruence is a reciprocal relationship between adolescents and their parents that includes career aspirations, career exploration, career planning, career goal setting, feelings of being able to make career progress in adolescents, and similarities in career preferences with parents. Career maturity is the ability of individuals to make appropriate career decisions on career development tasks. This study was conducted to examine the relationship between adolescent and career congruence with career maturity in high school students. The population in this study were students of grade XI at SMAN 1 Tangerang. Subjects totaled 167 students of class XI SMAN 1 Tangerang who were selected using *cluster random sampling* technique. Data collection used The *Adolescent-Parent Career Congruence Scale* developed by Sawitri et al. (2013) (12 valid items, $\alpha = 0.901$) and career maturity scale (26 valid items, $\alpha = 0.896$). Simple regression analysis showed that there was a significant positive relationship between adolescent-parent career congruence and career maturity. The effective contribution given by adolescent-parent career congruence to career maturity is 21.3%. This means that the higher the level of career congruence that students have with their parents, the higher the level of career maturity that students have.

Keywords: adolescent-parent career congruence; career maturity; high school student