

**HUBUNGAN ANTARA *SELF-EFFICACY* DENGAN KECEMASAN
MENGAJAR PADA MAHASISWA PGSD UNIVERSITAS NEGERI
SEMARANG**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *self-efficacy* dengan kecemasan mengajar pada mahasiswa PGSD Universitas Negeri Semarang. Populasi dalam penelitian ini adalah mahasiswa aktif PGSD Universitas Negeri Semarang angkatan 2020 yang diambil dengan teknik *convenience sampling*. Tingkat *self-efficacy* diukur dengan skala *self-efficacy* yang disusun peneliti berdasarkan dimensi *self-efficacy* menurut Bandura (1997) dengan reliabilitas $\alpha=0.917$. Adapun tingkat kecemasan mengajar diukur dengan skala kecemasan yang disusun peneliti berdasarkan dimensi yang dikemukakan oleh Rogers (2008) dengan reliabilitas $\alpha=0.909$. Uji hipotesis dilakukan dengan teknik analisis regresi sederhana menunjukkan hasil koefisien korelasi R sebesar -0.635 dengan signifikansi $p<0.001$ dan sumbangan efektif 40,3% melalui $R^2= 0,403$. Hal ini dapat diartikan bahwa terdapat hubungan negatif yang signifikan antara *self-efficacy* dengan kecemasan mengajar pada mahasiswa PGSD Universitas Negeri Semarang sehingga hipotesis penelitian dapat diterima.

Kata Kunci : *self-efficacy*, kecemasan mengajar, mahasiswa

THE RELATIONSHIP BETWEEN SELF-EFFICACY AND TEACHING ANXIETY IN PGSD STUDENTS AT SEMARANG STATE UNIVERSITY

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ABSTRACT

This study aims to determine the relationship between self-efficacy and teaching anxiety in PGSD students at Semarang State University. The population in this study were active PGSD students of Semarang State University class of 2020 who were taken with convenience sampling technique. The level of self-efficacy was measured by a self-efficacy scale prepared by the researcher based on the dimensions of self-efficacy according to Bandura (1997) with a reliability of $\alpha = 0.917$. The level of teaching anxiety was measured by an anxiety scale prepared by the researcher based on the dimensions proposed by Rogers (2008) with a reliability of $\alpha = 0.909$. Hypothesis testing was carried out with simple regression analysis techniques showing the results of the correlation coefficient R of -0.635 with a significance of $p < 0.001$ and an effective contribution of 40.3% through $R^2 = 0.403$. This can be interpreted that there is a significant negative relationship between self-efficacy and teaching anxiety in PGSD students at Semarang State University so that the research hypothesis can be accepted.

Keywords: self-efficacy, teaching anxiety, college students