

THE RELATIONSHIP BETWEEN COWORKER SUPPORT AND WORK STRESS AMONG OFFICERS AT CLASS 1 CORRECTIONAL FACILITY IN SEMARANG

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ABSTRACT

This study aims to investigate the relationship between coworker support and work stress among officers at Semarang Class 1 Correctional Facility. Correctional officers, as the frontline workers handling inmates, face numerous job demands that can lead to work-related stress. Work stress is a state of tension that arises from changes in the work environment, such as obstacles, opportunities, and demands related to desires. Coworker support is the care and concern provided by fellow coworkers. The subjects of this study involved 89 correctional officers selected using a simple random sampling technique. Data collection was conducted using a Likert scale, specifically the work stress scale (30 valid items, $\alpha = 0.969$) and the coworker support scale (14 valid items, $\alpha = 0.938$). Hypothesis testing using simple regression analysis showed a significant negative relationship between coworker support and work stress levels ($F = 87.390$, $r = -0.708$, $p < 0.001$ (<0.05), $R^2 = 0.501$). This means that the higher the coworker support, the lower the work stress levels among correctional officers. Coworker support contributes 50.1% in reducing work stress among officers at Semarang Class 1 Correctional Facility.

Keywords: Coworker support, work stress, correctional officers