

HUBUNGAN *PARENT ATTACHMENT* DENGAN PENGAMBILAN KEPUTUSAN JURUSAN KULIAH PADA MAHASISWA BARU FAKULTAS PSIKOLOGI UNIVERSITAS DIPONEGORO

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Abstrak

Mahasiswa semester satu tergolong mahasiswa baru yang sedang memulai persiapan karirnya. Pengambilan keputusan jurusan kuliah pada mahasiswa baru termasuk bagian dalam persiapan karir mereka. Orang tua menjadi salah satu sosok penting untuk mahasiswa dalam mempertimbangkan pemilihan jurusan kuliah. Orang tua dianggap memiliki pengaruh pada pengambilan keputusan jurusan kuliah mahasiswa. Tujuan penelitian yaitu guna menguji hubungan antara *parent attachment* dengan pengambilan keputusan jurusan kuliah pada mahasiswa baru Fakultas Psikologi Universitas Diponegoro. Sampel penelitian berjumlah 196 mahasiswa, didapat menggunakan metode accidental sampling. Skala *Parent Attachment* (24 butir, $\alpha = 0,960$) dan Skala Pengambilan Keputusan Jurusan Kuliah (27 butir, $\alpha = 0,875$) sebagai alat pengumpulan data. Teknik analisis regresi linear sederhana digunakan sebagai analisis data dalam penelitian ini. Hasil menunjukkan bahwa hubungan *parent attachment* dengan pengambilan keputusan jurusan kuliah bersifat positif dan signifikan ($r_{xy} = 0.425$, $p = 0.00$). Semakin tinggi *parent attachment*, maka semakin tinggi pengambilan keputusan jurusan kuliah. Sebaliknya, semakin rendah *parent attachment* maka semakin rendah pengambilan keputusan jurusan kuliah. *Parent attachment* memberikan sumbangan efektif sebesar 18,1% terhadap pengambilan keputusan jurusan kuliah.

Kata kunci: *parent attachment*; pengambilan keputusan jurusan kuliah; mahasiswa baru

**THE RELATIONSHIP BETWEEN
PARENT ATTACHMENT AND COLLEGE MAJOR
DECISION MAKING AMONG FRESHMEN
AT THE FACULTY OF PSYCHOLOGY,
DIPONEGORO UNIVERSITY**

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Abstract

First semester students are classified as freshmen who are starting their career preparation. College major decision making in freshmen is part of their career preparation. Parents are one of the important figures for students in considering the selection of college majors. Parents are considered to have an influence on students' college major decision making. The purpose of the study was to examine the relationship between parent attachment and college major decision making in freshmen at the Faculty of Psychology, Diponegoro University. The research sample amounted to 196 students, obtained using accidental sampling method. Parent Attachment Scale (24 items, $\alpha = 0.960$) and College Major Decision Making Scale (27 items, $\alpha = 0.875$) as data collection tools. Simple linear regression analysis technique was used as data analysis in this study. The results show that the relationship between parent attachment and college major decision making is positive and significant ($r_{xy} = 0.425$, $p = 0.00$). The higher the parent attachment, the higher the college major decision making. Conversely, the lower the parent attachment, the lower the college major decision making. Parent attachment provides an effective contribution of 18.1% to college major decision making.

Keywords: *parent attachment; college major decision making; freshmen*