

Departemen Ilmu Keperawatan
Fakultas Kedokteran
Universitas Diponegoro
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Lely Damayanti

Gambaran Tingkat Kecemasan Perawat Satu Tahun Masa Pandemi Covid-19 Di Ruang Rawat Inap Rumah Sakit Islam Sultan Agung Semarang.

xxxvixxxviii + 56 Halaman + 5 Tabel + 2 Gambar + 11 Lampiran

ABSTRAK

Pandemi Covid-19 menjadi masalah kesehatan selama satu tahun sejak kemunculan pertama di Indonesia yang menimbulkan dampak bagi perawat dalam menangani pasien masa Covid-19. Perawat dalam menjalankan peran dan tanggung jawab dapat mengalami kecemasan. **Tujuan penelitian:** Menggambarkan tingkat kecemasan perawat satu tahun pandemi Covid-19 di ruang rawat inap Rumah Sakit Islam Sultan Agung Semarang. **Metode:** Penelitian ini merupakan deskriptif kuantitatif dengan responden 106 perawat dan pengambilan sampel menggunakan total sampling. Tempat penelitian di Ruang Rawat Inap Rumah Sakit Islam Sultan Agung Semarang menggunakan instrument kuesioner HARS (*Hamilton Anxiety Rating Scale*). **Hasil:** 6 (5,7%) perawat tidak cemas, 38 (35,8%) perawat mengalami kecemasan ringan, 35 (33%) kecemasan sedang, 18 (17%) kecemasan berat serta 9 (8,5%) perawat mengalami kecemasan sangat berat. **Kesimpulan:** Sebagian besar perawat di Ruang Rawat Inap Rumah Sakit Islam Sultan Agung Semarang mengalami kecemasan ringan. Karena itu perlunya peningkatan *support system*, pelatihan dan *workshop* terkait pelayanan pasien selama pandemi, dan manajemen koping adaptif bagi perawat sehingga diharapkan dapat menurunkan atau mencegah kecemasan berkelanjutan.

Kata kunci: Kecemasan, Perawat, Covid-19

Daftar pustaka: 61 (2014-2021)

Department Of Nursing Science
Faculty Of Medicine
Diponegoro University
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Lely Damayanti

The Overview of Level Anxiety's Nurses During The Covid-19 Pandemic in The Inpatient Room of The Sultan Agung Islamic Hospital Semarang.

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ABSTRACT

*The Covid-19 pandemic has been a health problem for one year since its first appearance in Indonesia which had an impact on nurses in handling patients during the Covid-19 period. Nurses in carrying out their roles and responsibilities can experience anxiety. **The purpose of the study:** To describe the anxiety level of nurses in one year of the Covid-19 pandemic in the inpatient room of the Sultan Agung Islamic Hospital, Semarang. **Methods:** This research is a quantitative descriptive with 106 nurses as respondents and the sample is taken using total sampling. The research site is in the Inpatient Room of Sultan Agung Islamic Hospital, Semarang using the HARS (Hamilton Anxiety Rating Scale) questionnaire instrument. **Results:** 6 (5.7%) nurses were not anxious, 38 (35.8%) nurses experienced mild anxiety, 35 (33%) moderate anxiety, 18 (17%) severe anxiety and 9 (8.5%) nurses experienced very heavy anxiety. **Conclusion:** Most of the nurses in the Inpatient Room of Sultan Agung Islamic Hospital Semarang experienced mild anxiety. Therefore, it is necessary to improve the support system, training and workshops related to patient care during the pandemic, and adaptive coping management for nurses so that it is expected to reduce or prevent ongoing anxiety.*

Keywords: *Anxiety, Nurse, Covid-19*

Literature: *61 (2014-2021)*