

DAFTAR PUSTAKA

1. Webber S. IDF Diabetes Atlas 2021. 10th ed. Vol. 102, Diabetes Research and Clinical Practice. 2021.
2. Hestiani DW. Faktor-Faktor yang berhubungan dengan kepatuhan dalam pengelolaan diet pada pasien rawat jalan diabetes melitus Tipe 2 di Kora Semarang. *J Heal Educ*. 2017;2(2):138–45.
3. Fitriyanti ME, Febriawati H, Yanti L. Pengalaman Pasien diabetes melitus dalam pencegahan ulkus diabetik. *J Keperawatan Muhammadiyah Bengkulu*. 2019;07(02):598–603.
4. Sumira, Mustari N, Machmud Y, Ridhai A. Studi Literatur Hubungan pengetahuan diabetes melitus dengan motivasi dalam mencegah komplikasi pada Pasien diabetes melitus. *J Media Keperawatan Politek Kesehatan Makassar*. 2019;10(2):85–91.
5. Kementerian Kesehatan RI. Infodatin tetap produktif, cegah, dan atasi Diabetes Melitus 2020 [Internet]. Pusat Data dan Informasi Kementerian Kesehatan RI. 2020. p. 1–10. Available from: <https://pusdatin.kemkes.go.id/resources/download/pusdatin/infodatin/Infodatin-2020-Diabetes-Melitus.pdf>
6. RSUD Waikabubak. Prevalensi Penyakit malaria tertiana dan diabetes melitus di RSUD Waikabubak [Internet]. Profil Kesehatan RSUD Waikabubak. Available from: <https://dokumen.tips/documents/rsud-waikabubak.html?page=2>

7. Riskesdas. Laporan Provinsi Nusa Tenggara Timur [Internet]. Jakarta: Lembaga Penerbit Badan Penelitian dan Pengembangan Kesehatan (LPB); 2019. 1–550 p. Available from: [http://repository.litbang.kemkes.go.id/3883/1/CETAK LAPORAN RISKESDAS NTT 2018.pdf](http://repository.litbang.kemkes.go.id/3883/1/CETAK_LAPORAN_RISKESDAS_NTT_2018.pdf)
8. Roifah I. Analisis hubungan lama menderita diabetes melitus dengan kualitas hidup Pasien diabetes mellitus. *J Ilmu Kesehat*. 2016;4(2):1–13.
9. Teli M. Kualitas Hidup Pasien Diabetes Melitus Tipe 2 Di Puskesmas se Kota Kupang. *J Info Kesehat*. 2017;15(1):119–34.
10. Saleh F, Mumu SJ, Ara F, Hafez MA, Ali L. Non-adherence to self-care practices & medication and health related quality of life among patients with type 2 diabetes: A cross-sectional study. *BMC Public Health*. 2014;14(1):1–8.
11. Ningrum TP, Alfatih H, Siliapantur HO. Faktor-faktor yang memengaruhi manajemen diri Pasien DM Tipe 2. *J Keperawatan BSI* [Internet]. 2019;7(2):114–26. Available from: <http://ejurnal.ars.ac.id/index.php/keperawatan/article/view/136>
12. Fajrunni'mah R, Lestari D, Purwanti A. Faktor pendukung dan penghambat Pasien diabetes melitus dalam melakukan pemeriksaan glukosa darah. *Glob Med Heal Commun*. 2017;5(3):174–81.
13. Hersanti L, Asriyadi F. Hubungan manajemen diri (self-management) dengan citra tubuh pada pasien diabetes mellitus di wilayah kerja Puskesmas Palaran Samarinda. *J Ilm Kesehat Diagnosis* [Internet]. 2019;502–9.

Available from: <https://journals.umkt.ac.id/index.php/bsr/article/view/1043>

14. Agustiningrum R, Kusbaryanto K. Efektifitas diabetes self management education terhadap self care Pasien diabetes melitus: a literature review. *J Keperawatan Respati Yogyakarta*. 2019;6(2):558.
15. Bhagavathula AS, Gebreyohannes EA, Abegaz TM, Abebe TB. Perceived obstacles faced by diabetes patients attending University of Gondar Hospital, Northwest Ethiopia. *Front Public Heal*. 2018;6(1):1–7.
16. Wahyuni ES, Hermawati H. Persepsi pemenuhan kebutuhan nutrisi pada pasien diabetes melitus di desa Sawah Kuwung Karang Anyar. *Care J Ilm Ilmu Kesehat*. 2017;5(2):306.
17. Ligitaid T, Wickingidy K, Francisid K, Harveyy N, Nurjannah I. Machine Translated by Google bagaimana orang yang hidup dengan diabetes di Indonesia belajar tentang penyakit mereka : Sebuah studi grounded theory Machine Translated by Google. 2019;1–19.
18. Venkatesan M, Dongre AR, Ganapathy K. Physical Violence Against Doctors: A Content Analysis from Online Indian Newspapers. *Indian J Community Med*. 2017;43(2):72–6.
19. Pradesh A, Chittooru CS, Gorantla K, Panati D, Chaudhuri S, Prahalad H. Machine Translated by Google Epidemiologi Klinis dan Kesehatan Global Praktik perawatan diri dan penentunya di antara populasi diabetes di pedesaan. *Epidemiol Klin dan Kesehatan Glob*. 2022;16:101102.
20. Hanum N, Asiah. Pengaruh konseling kelompok teknik self management terhadap pola hidup bersih dan sehat. 2020;

21. Nurzaakiyah S, Budiman N. Teknik self management dalam mereduksi body dysmorphic disorder. 2020;
22. Komalasari G, Wahyuni E. Teori dan teknik konseling. Jakarta: PT Indeks; 2011.
23. Zazworsky D. Self-Management. Zazworsky D, Bolin JN, Gaubeca VB, editors. New York: Springer; 2015.
24. Junaidi M. Hubungan antara manajemen diri dengan prokrastinasi akademik pada siswa aktivis BEM IAIN Sunan Ampel Surabaya. 2010;32–4.
25. Hearnshaw H, Wright K, Dale J, Sturt J, Vermeire E, Royen VP. Development and validation of the diabetes obstacles questionnaire (DOQ) to asses obstacles in living with Type 2 diabetes. *Diabet Med*. 2007;
26. Torabizadeh C, Jalali K, Moattari M, Moravej H. Effects of the problem solving technique in type 2 diabetic patients with cognitive impairment. *Int J Community Based Nurs Midwifery*. 2018;6(3):197–208.
27. Windani M. S C, Abdul, Z.S M, Rosidin U. Gambaran self management pada pasien DM Tipe II di Puskesmas Tarogong Kabupaten Garut. *J Kesehat Komunitas Indones*. 2019;15(1):1–11.
28. Palmas W, March D, Darakjy S, Findley SE, Teresi J, Carrasquillo O, et al. Community Health Worker Interventions to Improve Glycemic Control in People with Diabetes: A Systematic Review and Meta-Analysis. *J Gen Intern Med*. 2015;30:1004–12.
29. Notoadmodjo S. Metodologi Penelitian Kesehatan. Jakarta: Rineka Cipta; 2012.

30. Kusnanto K, Sundari PM, Asmoro CP, Arifin H. Hubungan tingkat pengetahuan dan diabetes self-management dengan tingkat stres pasien diabetes melitus yang menjalani diet. *J Keperawatan Indones*. 2019;22(1):31–42.
31. Bayliss AP, Frischen A, Fenske MJ, Tipper SP. Affective evaluations of objects are influenced by observed gaze direction and emotional expression. *Cognition*. 2007;104(3):644–53.
32. Padang A, Tarigan M, Amelia R. Hambatan pengelolaan kadar gula darah pada pasien DM tipe II. *J Telenursing*. 2022;4(2):495–504.
33. Notoadmodjo S. *Ilmu Perilaku Kesehatan*. Jakarta: Rineka Cipta; 2010.
34. Whittemore R, Vilar-compte M, Cerda SD La, Marron D, Conover R, Delvy R, et al. Tantangan manajemen diri diabetes untuk orang dewasa dengan diabetes tipe 2 di rangkaian sumber daya rendah di Mexico City : studi deskriptif kualitatif. 2019;0:1–10.
35. Notoadmodjo S. *Pendidikan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta; 2003.
36. Chittooru CS, Gorantla Ananda K, Panati DD, Chaudhuri S, Prahalad H. Self-care practices and its determinants among diabetic population in rural Andhra Pradesh, India: A cross-sectional study. *Clin Epidemiol Glob Heal* [Internet]. 2022;16(May):101102. Available from: <https://doi.org/10.1016/j.cegh.2022.101102>
37. Dwitanta S, Dahlia D. Diabetes self management dan faktor yang mempengaruhinya pada usia dewasa pertengahan. *J Ilmu Keperawatan Med*

- Bedah. 2020;3(2):23–31.
38. Rahmadani W, Rasni H, Nur KRM. Hubungan dukungan sosial keluarga dengan perilaku perawatan diri pada klien diabetes melitus tipe 2 di wilayah kerja Puskesmas Kaliwates, Jember. *Pustaka Kesehat*. 2019;7(2):120–6.
 39. Meidikayanti W, Wahyuni CU. The correlation between family support with quality of life diabetes melitus type 2 in Pademawu PHC. *J Berk Epidemiol*. 2017;5(2):240–52.
 40. Ansari RM, Hosseinzadeh H, Harris M, Zwar N. Machine Translated by Google *Epidemiologi Klinis dan Kesehatan Global* Pengalaman manajemen diri di antara populasi paruh baya di daerah pedesaan Pakistan dengan diabetes tipe 2 : Analisis kualitatif. *Epidemiol Klin dan Kesehat Glob*. 2019;7:177–83.
 41. Luthfa I, Fadhilah N. Self management menentukan kualitas hidup pasien diabetes mellitus. *J Endur*. 2019;4(2):402.
 42. Veitch R, Arkkelin D. *Environmental Psychology: An Interdisciplinary Perspective*. New Jersey: Prentices Hall; 1995.
 43. Helmi AF. Beberapa Teori Psikologi Lingkungan. *Bul Psikol [Internet]*. 1999;7(2):7–19. Available from: <https://www.journal.ugm.ac.id/buletinpsikologi/article/viewFile/7404/5758>
 44. Moser G, Uzzell D. *Environmental Psychology*. John Wiley & Sons., editor. *Handbook of Psychology*. New York: Moser, G. and Uzzell, DL; 2003. 1–42 p.
 45. Russell E. Glasgow. *Perceived Barriers to Self-Management and Preventive*

- Behaviors. *Ann Behav Med.* 2008;1–22.
46. Champion V, Skinner CS, Hui S, Monahan P, Juliar B, Daggy J. The effect of telephone versus print tailoring for mammography adherence. *Patient Educ Couns.* 2007;65:416–23.
 47. A. Bandura. *Self Efficacy :The exercise of control.* New York: worth Publishers; 1997.
 48. Garcia WA, King AC. Predicting long-term adherence to aerobic exercise: a Comparison of two models. *J Sport Exerc Psychol.* 1991;13:394–410.
 49. Zheng YF, Sait T, Takahashi M, Ishibashi T, Kai I. Factors associated with intentions to adhere to colorectal cancer screening follow up exams. *BMC Public Health.* 2006;6:272.
 50. Hamdi A. *Metode Penelitian Kuantitatif Aplikasi Dalam Pendidikan.* Yogyakarta: Deepublish; 2014.
 51. Nursalam. *Konsep dan penerapan metodologi penelitian ilmu keperawatan:Pedoman skripsi, tesis, dan instrumen penelitian keperawatan.* Jakarta: Salemba Medika; 2008.
 52. Susila, Suyanto. *Metodologi Penelitian Cross Sectional.* 1st ed. Klaten: BossScript; 2015.
 53. Umar H. *Metode Riset. Perilaku konsumen dan jasa.* Jakarta: Ghalia Indonesia; 2003.
 54. W. Gulo. *Metodologi Penelitian.* Jakarta: Gramedia Widiasarana Indonesia; 2002.
 55. Polit DF, Beck CT. *Essentials of Nursing Researrch.* 9th ed. Philadelphia:

- Wolters Kluwer Health; 2018.
56. Wasis. Pedoman Riset Praktis untuk profesi Perawat. Jakarta: EGC; 2008.
 57. Kuusik A. Development and validation of the Short Version of Diabetes Obstacles Questionnaire (DOQ) to asses obstacles in managing Type 2 Diabetes among patients of Estonia. Univ Tartu Fac Soc Sci Educ. 2012;9.
 58. Budiarto E. Biostatistika untuk kedokteran dan Kesehatan Masyarakat. Jakarta: EGC; 2018.
 59. Hearnshaw H, Wright K, Dale J, Sturt J, Vermeire E, Van Royen P. Development and validation of the Diabetes Obstacles Questionnaire (DOQ) to assess obstacles in living with Type 2 diabetes. Diabet Med. 2007;24(8):878–82.
 60. Notoadmodjo S. Metode Penelitian Kesehatan. Jakarta: Rineka Cipta; 2009.
 61. Pamungkas R, Nusdin S. Statistik Kesehatan. Jakarta: Trans Info Media; 2016.
 62. Ketut S. Statistik Kesehatan. Yogyakarta: Andi Offset; 2016.
 63. Lapau B. Metode Penelitian Kesehatan. Metode ilmiah penulisan skripsi, tesis, dan disertasi. Jakarta: Yayasan Pustaka Obor Indonesia; 2012.
 64. Sumantri A. Metodologi Penelitian Kesehatan. Jakarta: Kencana Perdana Media Group; 2011.
 65. Hamid A. Buku Ajar Riset Keperawatan:konsep, etika, dan instrumentasi. 2nd ed. Jakarta: Buku Kedokteran EGC; 2007.
 66. Hidayat A. Metode Penelitian Keperawatan dan Teknik Analisis Data. Jakarta: Salemba Medika; 2009.

67. Swarjana IK. *Metodologi Penelitian Kesehatan*. Yogyakarta: Andi; 2015.
68. Keyserling T., Samuel-Hodge CD., Ammerman AS, Ainsworth BE, Elasy TA, Skelly AH. A randomized trial of an intervention to improve self care behaviour of African-American women with type 2 diabetes. *Diabetes Care*. 2002;8(2):120–8.
69. Pearl Anna McElfish, MS, MBA P, Melissa D. Bridges E, Jonell S. Hudson, PharmD B, Rachel S. Purvis P, Zoran Bursac, PhD M, Peter O. Kohler M, et al. Family Model of Diabetes Education with a Pacific Islander Community. *Diabetes Educ*. 2017;41(6):1–16.
70. Kirk JK, Graves DE, Bell RA, Hildebrandt CA NK. Racial and ethnic disparities in self-monitoring of blood glucose among US adults: a qualitative review. *Ethn Dis*. 2007;17(1):135–42.
71. Divya S., Nadig P. Factors contributing to non-adherence to medication among type 2 diabetes mellitus in patients attending tertiary care hospital in South India. *Asean J Pharmaseutical Clin Res*. 2015;8:274.
72. Powers MA, Bardsley J, Cypress M, Duker P, Funnell MM, Hess Fischl A, et al. Diabetes Self-Management Education and Support in Type 2 Diabetes: A Joint Position Statement of the American Diabetes Association, the American Association of Diabetes Educators, and the Academy of Nutrition and Dietetics. *J Acad Nutr Diet* [Internet]. 2015;115(8):1–12. Available from: <http://dx.doi.org/10.1016/j.jand.2015.05.012>
73. Tarkun İ, Dumanli Özgöksu S. Attitudes, wishes, and needs of diabetes patients and their relatives: Turkish data from the DAWN2 study. *Turkish J*

- Med Sci. 2017;47(2):447–54.
74. Burns KK, Nicolucci A, Holt RIG, Willaing I, Hermanns N, Pouwer F, et al. Diabetes Attitudes, Wishes and Needs second study (DAWN2TM): Cross-national benchmarking indicators for family members living with people with diabetes. *Diabet Med.* 2013;30:778–88.
 75. Goff SL, Mazor KM, Meterko V, Dodd K, Sabin J. Patients' beliefs and preferences regarding doctors' medication recommendations. *J Gen Intern Med.* 2008;23(3):236–41.
 76. Keirns CC, Care G directed. Patient-Centered Care and Preference-Sensitive Decision Making. *Am Med Assoc.* 2015;302(16):1805–6.
 77. Chan JCN, Sui Y, Oldenburg B, Zhang Y, Chung HHY, Goggins W, et al. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: A randomized clinical trial. *JAMA Intern Med.* 2014;174(6):972–81.
 78. Lestari DUSA dan MD. Peran Dukungan Sosial dan Penerimaan Diri pada Status Diabetes Melitus Tipe II Terhadap Kepatuhan Menjalani Diet pada Pasien Diabetes Melitus Tipe II Berusia Dewasa Madya di Rumah Sakit Umum Daerah Wangaya Kota Denpasar. *J Psikol Udayana.* 2018;5(2):187–200.
 79. Kalda R, Rätsep A, Lember M. Predictors of quality of life of patients with type 2 diabetes. *Patient Prefer Adherence.* 2008;2:21–6.
 80. Chao J, Nau DP, Aikens JE, Taylor SD. The mediating role of health beliefs in the relationship between depressive symptoms and medical adherence in

persons with diabetes. *Res Soc Adm Pharm.* 2005;1:508–25.

81. Hu J, Wallace D, McCoy T, Amirehsani K. A Family-Based Diabetes Intervention for Hispanic Adults and Their Family Members. *Diabetes Educ* [Internet]. 2014;40(1):48–59. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3624763/pdf/nihms412728.pdf>
82. A. C, Chesla R.N., DNSc, Lawrence Fisher Ph.D., Marilyn M. Skaff Ph.D., Joseph T. Mullan Ph.D. CLGDns, R.N. F, M.D. RK. Family Predictors of Disease Management Over One year in Latino and European American Patients with Type 2 Diabetes. *Fam Process.* 2004;42(3):375–90.