

DAFTAR PUSTAKA

1. Kamus Besar Bahasa Indonesia. [Online]. Available from: kbbi.kemdikbud.go.id/entri/religius. Cited on September 27th, 2022.
2. Naim M. Merantau pola migrasi Suku Minangkabau. Jakarta: Raja Grafindo Persada; 2013.
3. Nuralisa A, Machmuroh, Astriana S. Hubungan antara *Adversity Quotient* dan dukungan sosial teman sebaya dengan penyesuaian diri mahasiswa perantauan tahun pertama Fakultas Teknik Universitas Sebelas Maret Surakarta. *Jurnal Wacana Psikologi*. 2016;8(2):1-12.
4. Pitopang A. Filosofi merantau : kontribusi perantau dalam memajukan kampung halaman. Bandung: Rineka Cipta; 2013.
5. Biro Administrasi Perencanaan & Sistem Informasi (BAPSI) Universitas Diponegoro Semarang. Semarang: Data Center; 2022. Available from: <https://baikabp.undip.ac.id>
6. Bidang Akademik dan Kemahasiswaan Keperawatan Universitas Diponegoro. Semarang: Data Mahasiswa: 2022.
7. Dewi FNR. Konsep diri pada masa remaja akhir dalam kematangan karir siswa. *Journal of Guidance and Counseling*. 2021;5(1):46-62.
8. Tagomori H, Fardghassemi S, Joffe H. How young adults cope with loneliness: a study of London's most deprived boroughs. *International Journal of Adolescence and Youth*. 2022;27(1):1-22. DOI: 10.1080/02673843.2021.2013263
9. Sagone E, Caroli MED, Falanga R, Indiana ML. Resilience and perceived self-efficacy in life skills from early to late adolescence. *International Journal of Adolescence and Youth*. 2020;25(1):882-890. DOI: 10.1080/02673843.2020.1771599
10. Swaraswati Y, et al. Memahami *self-compassion* remaja akhir berdasarkan trait kepribadian *big five*. *Jurnal Psikologi Ilmiah*. 2019;11(1):69-81.
11. Maizan SH, Bashori K, Hayati EN. Analytical theory : gegar budaya (*culture shock*). *Jurnal Psycho Idea*. 2020;18(2):149-150.
12. Wardah, Sahbani UD. Adaptasi mahasiswa terhadap *culture shock*. *Jurnal Komunikasi dan Organisasi (J-KO)*. 2020;2(2):120-124.
13. Gawe Y. Gambaran tingkat kecemasan mahasiswa perantauan semester awal Fakultas Kedokteran Universitas Diponegoro. Skripsi. Semarang: Universitas Diponegoro; 2019.

14. Hasibuan M, Anindhita N, Maulida N, Nashori F. Hubungan antara amanah dan dukungan sosial dengan kesejahteraan subjektif mahasiswa perantau. *Jurnal Penelitian Psikolog*. 2018;3(1):101-113.
15. Rufaida H, Kustanti ER. Hubungan antara dukungan sosial teman sebaya dengan penyesuaian diri pada mahasiswa rantau dari Sumatera di Universitas Diponegoro. *Jurnal EMPATI [Online]*. 2018;6(3):217-222. <https://doi.org/10.14710/empati.2017.19751>.
16. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders*. 5th ed. Washington DC: American Psychiatric Association; 2013.
17. Hearn CS, et al. A worrying trend in social anxiety: To what degree are worry and its cognitive factors associated with youth social anxiety disorder?. *Journal of Affective Disorders*. 2016;208(2017):33-40.
18. Herbert JD, Brandsma LL, Fischer L. Assessment of social anxiety and its clinical expressions. 3rd ed. In *Social Anxiety: Clinical, Developmental, and Social Perspectives*. 2014. 45-94. Available from: https://www.researchgate.net/publication/288190941_Assessment_of_Social_Anxiety_and_its_Clinical_Expressions/ doi.org/10.1016/B978-0-12-394427-6.00003-0
19. Oktapiani N, Pranata AP. Gangguan kecemasan sosial dengan menggunakan pendekatan rasional emotif terapi. *Fokus*. 2018;1(6):227-232.
20. Downing VR, Cooper KM, Cala JM, Gin LE, & Brownell SE. Fear of negative evaluation and student anxiety in community college active-learning science courses. *CBE—Life Sciences Education*. 2020;19(2). DOI: 10.1187/cbe.19-09-0186.
21. Elhadad AA, Alzaala MA, Alghamdi RS, et al. Social phobia among Saudi medical students. *Middle East Curr Psychiatry*. 2017;24:68-71.
22. Devinta M, Hidayah N, Hendrastomo G. Fenomena *culture shock* (gegar budaya) pada mahasiswa perantauan di Yogyakarta. *Jurnal Pendidikan Sosiologi*. 2016;5(3).
23. Mohammadi A, et al. Cultural aspects of social anxiety disorder: A qualitative analysis of anxiety experiences and interpretation. *Iran J Psychiatry*. 2019;14(1):33-39.
24. Cohen M, Buzinski SG, Armstrong-Carter E, Clark J, Buck B, & Reuman L. Think, pair, freeze: The association between social anxiety and student discomfort in the active learning environment. *Scholarship of Teaching*

- and Learning in Psychology. 2019;5(4):265–277. DOI: 10.1037/stl0000147
25. England B, Brigati J, Schussler E, & Chen Musgrove, M. Student anxiety and perception of difficulty impact performance and persistence in introductory biology courses. *CBE—Life Sciences Education*. 2019;18(21). doi: 10.1187/cbe.17-12-0284
 26. Counsell A, Furtado M, Iorio C, Anand L, Canzonieri A, Fine A, ... Katzman MA. Intolerance of uncertainty, social anxiety, and generalized anxiety: Differences by diagnosis and symptoms. *Psychiatry Research*. 2017;252:63–69.
 27. Nugroho VH. Tingkat kecemasan dalam penyesuaian diri mahasiswa baru program studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta Tahun Ajaran 2017/2018 [Skripsi]. [Yogyakarta]: Universitas Sanata Dharma Yogyakarta; 2019.
 28. Mao Y, Zhang N, Liu J, Zhu B, He R, Wang X. A systematic review of depression and anxiety in medical students in China. *BMC Med. Educ*. 2019;19(1):327.
 29. Johani, et al. Social anxiety disorder and its associated factors: A cross-sectional study among medical students. *Saudi Arabia*. 2022;22(505):1-8.
 30. Suryaningrum C. College students's social anxiety: A study of the young people mental health in the digital age. *Jurnal Konseling Pendidikan*. 2021;9(1):1-10. DOI: <https://doi.org/10.29210/150100>
 31. Huneke NTM, et al. A novel procedure to investigate social anxiety using video conferencing software: A proof-of-concept study. *Psychiatry Research*. 2022;316:1-7.
 32. Sullivan HS. *The interpersonal theory of psychiatry*. New York: W W Norton & Co. 1953
 33. Peplau HE. *Interpersonal relations in nursing: A conceptual frame of reference for psychodynamic nursing*. America: Bloomsbury Publishing;1988.
 34. Roy C. Research based on the Roy adaptation model: Last 25 years. *Nursing Science Quarterly*. 2011 Oct;24(4):312-20.
 35. Amidos J. *Teori dan model adaptasi Sister Calista Roy: Pendekatan Keperawatan*. 2018.

36. Pulungan ZSA, Elisabhet T. Teori dan model konseptual kesehatan/keperawatan jiwa yang relevan dengan terapi kelompok. *J-HEST Journal of Health Education Economics Science and Technology*. 2021;4(1):7-14.
37. Evans FB. Interpersonal theory of psychiatry (Sullivan). In: Zeigler-Hill, V., Shackelford, T.K. (eds) *Encyclopedia of Personality and Individual Differences*. Springer, Cham. 2020. https://doi.org/10.1007/978-3-319-24612-3_1390
38. Stentz LA, Cogle JR. Effects of safety behavior fading on social anxiety and emotional disclosure. *Behaviour Research and Therapy*. 2022;157:1-9.
39. Luan YS, Zhan-ling G, Mi L, Ying L, Lan B, Tong L. The experience among college students with social anxiety disorder in social situations: A qualitative study. *Neuropsychiatric Disease and Treatment*. 2022;18:1729–1737.
40. Rozen N, Aderka IM. The effect of depression on treatment outcome in social anxiety disorder: an individual-level meta-analysis. *Cogn Behav Ther*. 2021;51(3):185–216. doi:10.1080/16506073.2021.1966089.
41. National Collaborating Centre for Mental Health. *Social anxiety disorder: recognition, assessment and treatment*. Leicester (UK): British Psychological Society (UK). 2013;159(2). Available from: <https://www.ncbi.nlm.nih.gov/books/NBK327674/>
42. Song S, Zhao Z, Gao, et al. Influence of affective verbal context on emotional facial expression perception of social anxiety. *International Journal of Psychophysiology*. 2022:1-32. <https://doi.org/10.1016/j.ijpsycho.2022.09.002>
43. Manning RPC, et al. A systematic review of adult attachment and social anxiety. *Journal of Affective Disorders*. 2017;211:44–59.
44. Mayo Clinic. *Social anxiety disorder (social phobia)*. Retrieved from : [mayoclinic.org](https://www.mayoclinic.org) accessed on November 28th2022.
45. Norton AR, Abbott MJ. The role of environmental factors in the aetiology of social anxiety disorder: A review of the theoretical and empirical literature. *Behaviour Change*. 2017;34(2):76–97. doi 10.1017/bec.2017.7
46. Suryaningrum C. College students's social anxiety: A study of the young people mental health in the digital age. *Jurnal Konseling dan Pendidikan*. 2021;9(1):1-10.

47. Badan Pusat Statistik. [Online]. Available from: <https://www.bps.go.id/indicator/34/617/1/indeks-kebahagiaan-menurut-pendapatan-rumah-tangga.html>. Cited on February, 24th 2023
48. Ranakusuma OI. Perbedaan kualitas hidup, kecemasan, dan faktor-faktor kepribadian antara kelompok sosial ekonomi rendah dan menengah-atas di DKI Jakarta. *Jurnal Psikogenesis*. 2015;3(2):164-176.
49. McEwen BS, & Gianaros PJ. Central role of the brain in stress and adaptation: links to socioeconomic status, health, and disease. *Annual New York Academy of Science*. 2010;1186:190-222. Doi:10.1111/j.1749-6632.2009.05331.x
50. Cheng G, Zhang D, Ding F. Self-esteem and fear of negative evaluation as mediators between family socioeconomic status and social anxiety in Chinese emerging adults. *International Journal of Social Psychiatry*. 2015; 61(6):569–576. DOI: 10.1177/0020764014565405.
51. Reiss F. Socioeconomic inequalities and mental health problems in children and adolescents: A systematic review. *Social Science & Medicine*. 2013;90:24–31.
52. Memik NC, Sismanlar SG, Yildiz O, Karakaya I, Isik C, & Agaoglu, B. Social anxiety level in Turkish adolescents. *European Child & Adolescent Psychiatry*. 2010;19:765–772.
53. Pratiwi D, Mirza R, Akmal ME. Kecemasan sosial ditinjau dari harga diri pada remaja status sosial ekonomi rendah. *Al-Irsyad: Jurnal Pendidikan dan Konseling*. 2019; 9(1):21-34.
54. Miller RS, Perlman D, & Brehm SS. *Intimate Relationships*. 4th Ed. 2007.
55. Septiningsih DS, & Naimah T. Kesepian pada lanjut usia: Studi tentang bentuk, faktor pencetus dan strategi koping. *Jurnal Psikologi*. 2012:6-7.
56. Misnani J. Hubungan perilaku asertif dan kesepian dengan kecemasan sosial korban *bullying* pada siswa. *Psikoborneo*. 2016;4(4):513-521.
57. Greca LAM, & Lopez N. Social anxiety among adolescents: Linkages with peer relations and friendships. *Journal of Abnormal Child Psychology*. (1998);26(2): 83–94. <https://doi.org/10.1023/A:1022684520514>
58. Romano M, et al. Social problem solving in social anxiety disorder. *Journal of Anxiety Disorders*. 2019;68(102152).1-9
59. Pickard H, Happéa F, Mandy W. Navigating the social world: The role of social competence, peer victimisation and friendship quality in the

- development of social anxiety in childhood. *Journal of Anxiety Disorders*. 2018;60:1–1.
60. Juntilla, N., Laakonen, E., Niemi, dan Ranta, K. Modeling the interrelations of adolescent, loneliness, social anxiety and social phobia. Center for Learning Research, University of Turku. 2011.
 61. Kalalo B, Marlietama CA & Cristabel G. Validitas alat ukur Liebowitz Social Anxiety Scale (LSAS). *Jurnal Penelitian dan Pengukuran Psikologi*. 2021;10(1):18-26.
 62. Matos M, Pinto-Gouveia J, & Gilbert P. The effect of shame and shame memories on paranoid ideation and social anxiety. *Clinical Psychology & Psychotherapy*. 2013;20:334–349.
 63. Pittelkow MM. Social anxiety and empathy: A systematic review and meta-analysis. *Journal of Anxiety Disorders*. 2021;78(102357).
 64. Quincy J, Wong, Michelle L. Moulds. The relationship between the maladaptive self-beliefs characteristic of social anxiety and avoidance. *JBehav. Ther. & Exp. Psychiat*. 2011;42:171-178.
 65. Bruffaerts R, Harris MG, Kazdin AE, et al. Perceived helpfulness of treatment for social anxiety disorder: findings from the WHO World Mental Health Surveys. *Soc Psychiatry Psychiatr Epidemiol*. 2022. doi:10.1007/s00127-022-02249-3
 66. Hendriks SM, Spijker J, Licht CMM, Hardeveld F, De Graaf R, Batelaan NM, Penninx BWJH, Beekman ATF. Long-term disability in anxiety disorders. *BMC Psychiatry*. 2016;16(1).
 67. Rowa K, Paulitzki JR, Ierullo MD, Chiang B, Antony MM, McCabe RE, et al. A false sense of security: Safety behaviors erode objective speech performance in individuals with social anxiety disorder. *Behavior Therapy*. 2014. <https://doi.org/10.1016/j.beth.2014.11.004>.
 68. Voncken MJ, & Dijk KFL. Socially anxious individuals get a second chance after being disliked at first sight: The role of self-disclosure in the development of likeability in sequential social contact. *Cognitive Therapy and Research*. 2013. <https://doi.org/10.1007/s10608-012-9449-4>
 69. Devi HM, Purborini N, Chang HJ. Mediating effect of resilience on association among stress, depression, and anxiety in Indonesian nursing students. *Journal of Professional Nursing*. 2021;37:706–713.
 70. Jatmiko A. Sense of place dan social anxiety bagi mahasiswa baru pendatang. *Jurnal Bimbingan dan Konseling*. 2016;3(2):217-228. e-ISSN 2355-8539

71. Topham P, & Russel G. Social anxiety in higher education. *The Psychologist*. 2012;25: 280 – 282.
72. Levpuscek MP & Berce J. Social anxiety, social acceptance and academic self-perceptions in high school students. *Drus. Istraz. Zagreb God*. 2012;2(116):405.
73. Nordstrom AH, Goguen LMS, & Hiester M. The effect of social anxiety and self-esteem on college adjustment, academics, and retention. *Journal of College Counseling*. 2014;(17):48 – 63.
74. Caballo VE, et al. Psychometric properties of the Liebowitz Social Anxiety Scale in a large cross-cultural Spanish and Portuguese speaking sample. *Braz J Psychiatry*. 2019;41(2): 122–130.
75. Swasti IK, Martani W. Menurunkan kecemasan sosial melalui pemaknaan kisah hidup. *Jurnal Psikologi*. 2013;40(1):39-58.
76. Peraturan Pemerintah Republik Indonesia Nomor 60 Tahun 1999 Tentang Pendidikan Tinggi.
77. Azka F, Firdaus DF, Kurniadewi E. Kecemasan sosial dan ketergantungan media sosial pada mahasiswa. *PSYMPATHIC : Jurnal Ilmiah Psikologi*. 2018;5(2):201-210. DOI: 10.15575/psy.v5i2.3315.
78. Mitasari Z & Istikomayanti Y. Hubungan antara *culture shock* dengan hasil belajar mahasiswa tahun pertama. *Jurnal Psikologi Pendidikan dan Konseling: Jurnal Kajian Psikologi Pendidikan dan Bimbingan Konseling*. 2018;4(2):105–113.
79. Hasibuan ENP. Gambaran kecemasan sosial berdasarkan *Liebowitz Social Anxiety Scale (LSAS)* pada remaja akhir di Bandung. *Jurnal Publikasi Berkala Penelitian Pascasarjana Universitas Padjadjaran*. 2019.
80. Paramo F, Tinajero C, & Rodriguez S. Levels of adjustment to college, gender and academic achievement in first-year Spanish students. In book: *Education Applications & Developments*. 2015:35-43.
81. Fauzia N, Asmaran, Komalasari S. Dinamika kemandirian mahasiswa perantauan. *Jurnal Al Husna*. Desember 2020;1(3):167-181. DOI: 10.1234/jah.v1i3.3918.
82. Ghufuron MN dan Rini RS. *Teori-teori psikologi*. Yogyakarta : Ar-Ruzz Media. 2012.
83. Haryanto T, Joko. Relationship, transformation, and adaptation of the traditionalist against Puritanism in Surakarta Indonesia. *Analisa Journal of Sosial Science and Religion*. 2015;22(2).

84. Mulyana D, Rakhmat. Komunikasi antar budaya. Bandung: Rosdakarya. 1998.
85. Hidayat H, Handayani PG. Self regulated learning (study for students regular and training). *Jurnal Penelitian Bimbingan dan Konseling*. 2018;3(1).
86. Furnham. A Culture shock: A review of the literature for practitioners. *PSYCHOLOGY*. 2019;10(13).
87. Salim H. Penelitian pendidikan: Metode, pendekatan, dan jenis. Jakarta: Kencana 2019:57.
88. Mulyadi M. Riset desain dalam metodologi penelitian. *Jurnal Studi Komunikasi Dan Media*. 2012;16(1).
89. Sukarli. Metodologi penelitian pendidikan kompetensi dan praktiknya. Jakarta: PT Bumi Aksara; 2011:53.
90. Sugiyono. Metode penelitian kuantitatif, kualitatif dan R&D. Bandung: Alfabeta CV; 2013.
91. Jasmalinda. Pengaruh citra merek dan kualitas produk terhadap keputusan pembelian konsumen motor yamaha di Kabupaten Padang Pariaman. *Jurnal Inovasi Penelitian*. 2021;1(10):2199-2206.
92. Ariessa. Pemilihan teknik sampling berdasarkan perhitungan efisiensi relatif. *Jurnal Statistika UMS*. 2018;6(2).
93. Rinaldi SF, Mujianto B. Metodologi penelitian dan statistik [Internet]. Jakarta : Kementerian Kesehatan RI; 2017 [cited on 2022 Des 15].
94. Sanjaya W. Penelitian pendidikan. Jakarta: Kencana Prenada Media; 2013: hal 287.
95. Hurlock EB. Psikologi perkembangan [Internet]. Jakarta: Erlangga; 2003.
96. Purwanto. Teknik penyusunan instrumen uji validitas dan reliabilitas penelitian ekonomi syariah (1nd ed.). Magelang: Staial Press; 2018.
97. Liebowitz MR. Social phobia. *Modern Problems of Pharmacopsychiatry*. 1987;22:141-173.
98. Latifah AN. Hubungan kecemasan sosial dengan presentasi diri pada mahasiswa perantau angkatan 2016 di perguruan tinggi negeri Kota Bandung [Skripsi]. [Bandung]: Universitas Pendidikan Indonesia; 2017.
99. Tanzeh A. Metodologi penelitian praktis. Yogyakarta: Teras; 2013.

100. Heryana A. Etika penelitian. Bahan Ajar Mata Kuliah: Metodologi Penelitian Kuantitatif; 2020. Diakses pada 28 November, dari file:///C:/Users/ASUS/Downloads/AdeHeryana_EtikaPenelitian.pdf
101. Walsen, A. Violation practices of ethics in research and publication. *Jurnal Budidaya Pertanian*. 2019;6:1-5.
102. Komite Etik Penelitian dan Pengembangan Kemenkes RI. Pedoman dan standar etik penelitian dan pengembangan kesehatan nasional. Jakarta: Lembaga Penerbit Badan Penelitian dan Pengembangan Kesehatan (LPB); 2021.
103. Paramita GV. Studi kasus perbedaan karakteristik mahasiswa di universitas 'x'-Indonesia dengan universitas 'y'-Australia. *Humaniora*. 2010;1(2):629-635.
104. Wahyuni, Elita V, Dewi WN. Faktor – faktor penyebab stres pada mahasiswa fakultas keperawatan dalam menjalani pembelajaran jarak jauh akibat covid-19. *Jurnal Ners Indonesia*. 2022;12(2):196-204.
105. Apriyani, WA, Satrawan A & Rosyid R. Analisis Faktor Penyebab Siswa Lulusan SMA Tidak Melanjutkan ke Perguruan tinggi di Sintang. 2010.
106. Kharisma N, Latifah L. Pengaruh motivasi, prestasi belajar, status sosial ekonomi orang tua dan lingkungan teman sebaya terhadap minat melanjutkan pendidikan ke perguruan tinggi pada siswa kelas xii kompetensi keahlian akuntansi di SMK Negeri se-Kota Semarang tahun ajaran 2014/2015. *Economic Education Analysis Journal*. 2015;4(3):833-846.
107. Oryza SB, Listiadi A. Pengaruh motivasi belajar dan status sosial ekonomi orang tua terhadap minat melanjutkan ke perguruan tinggi dengan prestasi belajar sebagai variabel mediasi. *Jurnal Pendidikan Ekonomi, Manajemen dan Keuangan*. 2021;5(1):23-36. DOI: 10.26740/jpeka.v5n1.p23-36.
108. Rachmawati V, Mustikasari M. Tingkat kecemasan dan stres pada mahasiswa yang mengikuti objective structure clinical examination (OSCE). *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*. 2020;3(3):157- 164.
109. Mutyah D, Ayu S, Damayanti N. Hubungan karakteristik individu (jenis kelamin dan usia) dengan perkembangan psikososial mahasiswa Keperawatan di Surabaya. *Jurnal Ilmiah Kesehatan (Jurnal of Helath Sciences)*. 2020;13(1):58-65.
110. Siswanto S. Faktor-faktor yang berhubungan dengan motivasi mahasiswa S1 keperawatan untuk melanjutkan profesi ners. 2014.

111. Prosen M. Nursing students' perception of gender-defined roles in nursing: a qualitative descriptive study. *BMC Nursing*. 2022;21(104):1-11. <https://doi.org/10.1186/s12912-022-00876-4>.
112. Mao, et al. "I am called girl, but that doesn't matter" -perspectives of male nurses regarding gender-related advantages and disadvantages in professional development. *BMC Nursing*. 2021;20(24):1-9. <https://doi.org/10.1186/s12912-021-00539-w>
113. Liu HY, Li YL. Crossing the gender boundaries: The gender experiences of male nursing students in initial nursing clinical practice in Taiwan. *Nurse Educ Today*. 2017;58:72-7. <https://doi.org/10.1016/j.nedt.2017.08.006>.
114. Swinney P, Williams M. The great British brain drain. Centreforcities. 2016. Available from: <https://www.centreforcities.org/reader/great-british-brain-drain/migration-students-graduates>
115. Firda S. Hubungan antara kematangan emosi dengan penyesuaian diri pada mahasiswa perantau fakultas psikologi Universitas Muhammadiyah Surakarta. 2015.
116. Datta A. Student migration: An economic opportunity or a challenge?. 2018. Available from: <https://www.financialexpress.com/education-2/student-migration-an-economic-opportunity-or-a-challenge/1315467/>
117. Brezis ES, Soueri A. Why do Students Migrate? Where do they Migrate to?. *Almalaurea Working Papers*. 2011;25:1-25.
118. Papatsiba V. "Political and Individual Rationales of Student Mobility: a Case Study of Erasmus and a French Regional Scheme for Studies Abroad". *European Journal of Education*. 2005;40(2):173-188.
119. Santrock JW. Psikologi pendidikan (edisi 2). Jakarta: Kencana; 2010.
120. Sugihartono, dkk. Psikologi Pendidikan. Yogyakarta: UNY Pers; 2007.
121. Lestarini R. Pengaruh status sosial ekonomi orang tua terhadap prestasi belajar IPS siswa kelas vii di SMP Handayani Sungguminasa. Skripsi. Makassar: Universitas Muhammadiyah Makassar; 2019.
122. Sari R. Hubungan pendapatan orang tua siswa dengan hasil belajar IPS di SDN Gugus 4 Sukowati Kabupaten Sragen. Skripsi. Semarang: Universitas Negeri Semarang; 2016.
123. Husnawati. Pengaruh sosial ekonomi orang tua, perilaku keuangan dikeluarga dan kontrol diri terhadap manajemen keuangan pribadi

mahasiswa jurusan Ekonomi Syariah di Iaim Kabupaten Sinjai. Skripsi. Makassar: Universitas Islam Negeri Alauddin Makassar; 2016.

124. Malfasari E, Devita Y, Erlin F, & Ramadania I. Lingkungan Rumah Sakit dan Tingkat Kecemasan Mahasiswa Saat Melakukan Praktek Klinik. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*. 2018;2(2):117. <https://doi.org/10.32419/jppni.v2i2.89>
125. Aldino KMR. Gejar budaya dan kecemasan: Studi empiris pada mahasiswa Bengkulu dan Maluku di Universitas Gunadarma dalam beradaptasi di lingkungan baru. *Jurnal Ilmu Komunikasi*. 2020;8(2):88-96. doi: 10.21070/kanal.v8i2.267.
126. Steinberg L. *Adolescence*. 13th edition. New York: McGraw Hill; 2022.
127. Brook CA. The social ties that bind: social anxiety and academic achievement across the university years. *J Youth Adolescence*. 2015;44(5):1139-1152.
128. Firmani FFA, Santi DE, Ananta A. Penyesuaian diri pada mahasiswa rantau: Menguji peranan efikasi diri dan kecemasan sosial. *INNER: Journal of Psychological Research*. 2023;3(1): 49–58. Available from : <https://aksiologi.org/index.php/inner>.
129. Lauster P. *Tes kepribadian* (alih bahasa: D.H. Gulo). Jakarta: PT. Bumi Aksara; 2012.
130. Lisnias CV, Loekmono JTL, Windrawanto Y. Hubungan antara kepercayaan diri dengan kecemasan berbicara di depan umum pada mahasiswa prodi pendidikan sejarah UKSW Salatiga. *Jurnal Psikologi Konseling*. 2019;15(2):431-440.
131. Wibowo GV. Hubungan kepercayaan diri dengan kecemasan sosial pada mahasiswa rantau luar Pulau Jawa di Universitas Katolik Soegijapranata Semarang. Skripsi. Semarang: Universitas Katholik Soegijapranata Semarang; 2021.
132. Syafrullah H, Rokayah C, & Nurdini R. Hubungan kepercayaan diri dengan tingkat kecemasan pada mahasiswa kelas alih transfer program sarjana Keperawatan. *Jurnal Keperawatan*. 2017;5(2). Retrieved from <https://jurnal.unimus.ac.id/index.php/JKJ/article/view/4488>.
133. Permatahati F, Noorizki RD. Gambaran kepercayaan diri mahasiswa rantau di Universitas Negeri Malang. *Prosiding Seminar Nasional & Call Paper Psikologi Sosial* 2019; 2019. Retrieved from <http://fppsi.um.ac.id/wpcontent/uploads/2019/07/Faradiba-Permatahati.pdf>

134. Afidati VW. Studi pola penyesuaian diri mahasiswa rantau luar Pulau Jawa di UIN Syarif Hidayatullah Jakarta (perspektif teori integratif adaptasi antar budaya Kim Young Yun). Skripsi. Jakarta: UIN Syarif Hidayatullah Jakarta; 2022.
135. Weisman O, Aderka IM, Marom S, Hermesh H, Gilboa-Schechtman E. Social rank and affiliation in social anxiety disorder. *Behav. Res. Ther.* 2011;49:399–405.
136. Daniel C. Socio-economic Gaps In Subject Interest: The Mediating Role of Parental Cognitive Involvement. *Cargo Large-Scale Assessments In Education.* 2018;6(13):1–38.
137. Agustina R. Pengaruh motivasi belajar, prestasi belajar, status sosial ekonomi orang tua, dan lingkungan teman sebaya terhadap minat melanjutkan ke Perguruan tinggi S1 Akuntansi pada siswa SMK Swasta di Banjarmasin. *Jurnal Ekonomi dan Bisnis.* 2018;11(1):1–16.
138. Hakami RM, et al. Social anxiety disorder and its impact in undergraduate students at Jazan University, Saudi Arabia. *Mental Illness Journal.* 2017;9(2):7274.
139. Suryaningrum C. Terapi Kognitif Tingkah Laku untuk Mengatasi Kecemasan Sosial. Tesis. Depok: Universitas Indonesia; 2005.